



**2022-23 Annual Report**  
**HIGH SCHOOL BOARD OF CONTROL**  
*Submitted by Dr. Alicia Bowman, CAS Associate Executive Director*  
*Tiffany Caouette, Assistant Executive Director*

High School Board Meetings

The HS Board of Control met both in-person and virtually this year for general discussion of topics of interest and concern to members, including school climate and culture, managing curriculum mandates and changes, navigating social media with students, recruiting and retaining teachers within shortage areas. Further, several members of the board engaged in site visits to recognize the great work happening at board member's high schools, while sharing best practices amongst colleagues. The Board was instrumental with providing ideas, input and feedback to the Center for Leadership and Innovation.

NAESP and NASSP National Leadership Conference and Virtual Capitol Hill Day

This year, the NAESP and NASSP National Leadership Conference took place in person in Washington, DC, and an advocacy team of principals from Connecticut attended the meetings with Congressional leaders and their staffers. The Connecticut delegation included five school leaders - Mike Litke, Scott Nozik, Andre Hauser, Donna Hayward, and Jim Wygonik – and three CAS staff members - Glenn Lungarini, Alicia Bowman, and Tiffany Caouette.

Professional Development

The HS Board of Control regularly engaged in discussion about professional development, using member feedback to drive our decisions. Several of the HS board members also participated in a smaller planning committee for the March administrators' retreat, which was quite a success! Details on the professional development offerings are included in the [Center for Leadership and Innovation Annual Report](#).

Student Activities

For more details, see the [CT Student Activities Conference Annual Report](#).

2022-2023 High School Awards

Connecticut Association of Schools was excited to once again present the following awards and recognitions:

- High School Principal of the Year: Kristen St. Germain, Wheeler MS/HS, North Stonington, CT
- High School Assistant Principal of the Year: Dr. Carolyn Gbunblee, Valley Regional HS, Deep River
- William Cieslukowski Outstanding First Year Principal Award: Debra Lewis, The Gilbert School, Winsted