



2022-23 Annual Report
MIDDLE LEVEL BOARD OF CONTROL
Submitted by Dr. Alicia Bowman, CAS Associate Executive Director
Tiffany Caouette, Assistant Executive Director

Middle Level Board Meetings

The Middle Level Board of Control met both in-person and virtually this year for general discussion of topics of interest and concern to members, including school climate and culture, rethinking school schedules, managing bullying investigations, networking opportunities for middle level principals and assistant principals, navigating social media with students, recruiting and retaining teachers within shortage areas. The Board was instrumental with providing ideas, input and feedback to the Center for Leadership and Innovation.

NAESP and NASSP National Leadership Conference and Virtual Capitol Hill Day

This year, the NAESP and NASSP National Leadership Conference took place in person in Washington, DC, and an advocacy team of principals from Connecticut attended the meetings with Congressional leaders and their staffers. The Connecticut delegation included five school leaders - Mike Litke, Scott Nozik, Andre Hauser, Donna Hayward, and Jim Wygonik – and three CAS staff members - Glenn Lungarini, Alicia Bowman, and Tiffany Caouette.

Professional Development

The Middle Level Board of Control regularly engaged in discussion about professional development including, the what, how, and when. We used member feedback to drive our decisions. Middle Level Board members also participated in the Center for Leadership and Innovation Planning Summit in April, which was quite a productive afternoon! Details on the professional development offerings are included in the [Center for Leadership and Innovation Annual Report](#).

Student Activities

The middle school student leadership conference was held in person, for the first time since 2020, at Naugatuck Valley Community College in Waterbury. Over 300 students, advisors and administrators were in attendance and gave very positive reviews at the end. Students and advisors participated in extensive leadership training, fun anti-bullying activities, diversity awareness, and community service initiatives to bring back to their schools.

For more details, see the [CT Student Activities Conference Annual Report](#).

2022-2023 Middle Level Awards

Connecticut Association of Schools was excited to once again present the following awards and recognitions:

- Middle School Principal of the Year: Rachael Caggiano, Derby Middle School, Derby
- Middle School Assistant Principal of the Year: Suzanne Coyne, Western Middle School, Greenwich
- William Cieslukowski Outstanding First Year Principal: Larry Barlow, Mansfield Middle School, Storrs
- CAS 2023 Middle School of the Year: Lyme-Old Lyme Middle School