

# ★ NEW ENGLAND ★ 2013 STUDENT LEADERSHIP C O N F E R E N C E

## ADULT DELEGATE APPLICATION

July 16-19, 2013

Stonehill College - Easton, MA



Sponsored by the NFHS Section 1 State Associations



# Tentative Schedule of Events

## Tuesday, July 16

Registration	1:00 pm - 3:00 pm
Opening General Session	4:00 pm - 6:30 pm
Dinner	6:30 pm - 7:30 pm
State Meetings	7:45 pm - 9:00 pm
Recreation Time	9:00 pm - 10:30 pm

## Wednesday, July 17

Breakfast	7:30 am - 8:15 am
General Session/Load Buses	8:30 am - 9:30 am
Community Service Projects	9:30 am - 2:00 pm
1st Breakout Session	3:00 pm - 4:30 pm
State Meetings	4:45 pm - 6:00 pm
Dinner	6:15 pm - 7:15 pm
2nd Breakout Session	7:30 pm - 9:00 pm
Recreation Time	9:00 pm - 10:30 pm

## Thursday, July 18

Breakfast	7:30 am - 8:15 am
General Session/Load Buses	8:30 am - 9:15 am
Special Group Event	9:45 am - 1:00 pm
Lunch	1:00 pm - 2:00 pm
First Elective Session	2:15 pm - 3:15 pm
Second Elective Session	3:30 pm - 4:30 pm
3rd Breakout Session	4:45 pm - 6:15 pm
Dinner	6:30 pm - 7:30 pm
State Meetings	7:45 pm - 9:00 pm
Recreation Time	9:00 pm - 10:30 pm

## Friday, July 19

Breakfast	8:00 am - 9:00 am
State Meetings	9:00 am - 10:00 am
State Action Plan Presentations	10:15 am - 11:45 am
Lunch	11:45 am - 12:45 pm
Closing General Session	1:00 pm - 3:00 pm
Checkout/Return Room Keys	3:00 pm - 4:00 pm

# Conference Overview



## Tomorrow's Leaders: High School Athletics and Activities Participants

Incredible attention is being paid to high school athletics and activities programs today. Participants in these programs are looked up to as leaders because of their position on the team or club. The impact that these young people have on the climate and culture of their schools, fellow students and community is incredible. In fact, studies show that more than one-half of high school students participate in some form of school activity or athletic program. The involvement of these students in the success of a high school is paramount and critical.



The New England state associations of the National Federation of State High School Associations (NFHS) want to be the leaders in training talented, committed young people to become better citizens who will be positive, contributing adults and role models for youth. We are pleased to announce that in partnership, the state associations from Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island and Vermont will be hosting the third annual New England Student Leadership Conference from July 16-19, 2013 at Stonehill College in Easton, MA. This conference is a four-day, residential event for over 300 student and adult leaders who participate in interscholastic athletic and activity programs through their state high school athletic/activities associations.



The conference is modeled after the NFHS National Student Leadership Conference that took place in Indianapolis, IN for over a decade. The NFHS event was the only national student leadership conference for high school athletes and activity participants. The goal of the NFHS event was to assist high school student-athletes and activity participants in developing their leadership abilities while interacting with peers from across the United States and Canada. This conference will replicate the training curriculum for student-athletes and activity participants from across New England.

## Conference Curriculum

The curriculum for the conference will focus on Respect, Positive Values, Perspective, Sportsmanship, Teamwork, Healthy Lifestyles, Community Service and Self-Evaluation. These components will be presented in large and small-group sessions, led by outstanding adult and college facilitators specifically chosen for their involvement in athletics at the high school and collegiate level, and will address contemporary issues that impact a young person being a leader and role model. In addition to group discussion, special guest speakers will share inspirational messages, stories of overcoming adversity and utilizing the power of positive influence. Delegates will be able to choose from a menu of elective topic sessions including: sportsmanship, wellness, leadership, community service and the college admissions process. The conference will also incorporate a community service project as part of the leadership training curriculum that will take place in local communities.



## Supervision

In addition to the 30 college and adult curriculum facilitators, approximately 30 adult delegates will serve as advisors and chaperones as they oversee the student delegates from their respective states. These adults will take an active part in the discussions and curriculum of the conference. The adult delegates and adult staff members will be available to help the students with any questions or concerns they might have during the four-day event. A conference nurse will be on site throughout the week for any medical issues. In addition, Stonehill College Public Safety and staff will be available 24 hours a day on campus for any safety and security needs.



## Attire

The conference takes place in a relaxed atmosphere to encourage learning and facilitate interaction. The high temperatures and humid weather during the mid-summer dictate casual clothing for this event. Jeans, shorts, sneakers and t-shirts are appropriate for the majority of the conference functions. Participants will be provided with three t-shirts during registration that are intended to be worn on specific days of the conference. Participants are encouraged to bring a set of clothing/footwear that they will not mind getting dirty as a community service project will take place on Wednesday morning. Please do not bring any questionable or offensive attire. For further information, please see the recommended packing list on page 7.



## Housing

Conference staff and adult delegates from the six states will be placed in each residence hall for supervision purposes. Students will be housed in traditional college dormitories. Each room will accommodate 2-4 delegates. There will be bathrooms and showers on each floor. Bed linens (sheets and blanket) and towels will be provided for each participant. However, participants are encouraged to bring their own pillow as this item will not be provided. Delegates are to sleep in rooms to which they have been assigned. Visiting a room assigned to the opposite sex is not permitted. The sponsoring state associations and Stonehill College are not responsible for key/cards lost or misplaced for any reason.

## Meals

Meals will be served by the college food service in the college dining hall. All meals will be provided beginning with lunch on Tuesday, July 16 and ending with lunch on Friday, July 19. Individuals who have food allergies or special dietary needs are asked to indicate such information on the Health History Form (page 9). Some dorms have vending machines that can be utilized for snacks during the week. A snack bar will also be available in the main conference registration area during regular conference hours. Participants are encouraged to bring small amounts of money for vending machines and the snack bar in addition to their own snacks/bottled drinks if necessary.

## Code of Conduct/Conference Policies

Participants are expected to act in a responsible manner that will reflect well on themselves, their schools, their state associations and the New England Student Leadership Conference. Participants are expected to respect each other and themselves while following the rules of the conference. The use of alcohol, tobacco and drugs is strictly prohibited. In addition, students are expected to observe the established conference and Stonehill College campus curfews each night, sleep in their assigned rooms and not visit housing areas of the opposite gender. Students are not permitted to leave the college campus. Students who violate any of the conference policies will be asked to leave at their own expense without a refund.

## Transportation

Students are not permitted to drive to the conference or leave cars on the Stonehill College campus. Participants from Massachusetts should make arrangements to be dropped off at the event registration area between 1:00-3:00 pm on July 16. Participants travelling from outside Massachusetts will be contacted by their local state associations regarding travel arrangements.

## Adult Delegates

Adult delegates will be counted upon to play a major role in this conference as mentors and role models. Adult delegates will participate in the conference curriculum and elective sessions in the same manner as the student delegates and are often relied upon to assist the facilitators and staff during group discussions and activities. The participation of adult delegates is particularly important during state specific meetings when students develop action plans on the school, community and state levels. In addition, adult delegates have supervisory responsibilities in the residence halls and during community service activities. There is no registration fee for adult delegates and room and board will be provided for the four days of the conference. To submit an application, please see the application checklist on page 7. For additional information, please contact your local state association (contact information on page 12).



## Harvey Alston

[www.harveyalston.com](http://www.harveyalston.com)

Considered one of the most dynamic, “high octane” speakers in America, Harvey Alston has been a full-time speaker since 1989. He has spoken to millions of people throughout the United States who have benefited not only from his knowledge, but also from the wisdom that Harvey Alston brings to the finish line. His unforgettable words of individual responsibility for achievement have improved spirits, spurred growth, and changed lives. His powerful, soul-searching presentations uplift audiences to a higher standard, and to a level where they strive only for the best. Harvey Alston believes in solitary achievement, shared accomplishment and the dignity of human beings. He has the courage it takes to remind people that life is only what they make it, that self-respect does not come with the job, but is brought to the job by people who do the best they can do, with whatever work is available to them. Harvey Alston’s enterprise is called Best Inc., based on his philosophy and the book titled “Be the Best.” He is a member of the National Speakers Association and serves as advisor to many civic boards, panels, and commissions.



## Stephen Bargatze

[www.magicofstephen.com](http://www.magicofstephen.com)

Stephen Bargatze is an internationally acclaimed comedian and motivational speaker. With over 25 years experience, Stephen is a rare talent among entertainers. His genuine personality endears him to any audience, and he quickly develops a strong, positive relationship with the crowd. No longer merely spectators, audiences find themselves caught up in the comedy and amazement of Stephen’s zany performance. He sticks with direct, simple effects that are easy for the audience to understand. His personal story of overcoming an alcoholic home life as well as a childhood accident that left him with a speech impediment touches men and women on an emotional level. As Director of Student Services Program for the Tennessee Secondary School Athletic Association, he speaks to thousands of students each year using his magic to show today’s youth how drugs, alcohol and tobacco can effect their lives. Stephen has a unique way of combining humor and magic with impacting messages to motivate audiences. His Magic With a Message presentations are not only enlightening but inspirational. His career highlights include being chosen to represent the US at the World Summit of Magic; a featured entertainer, magician, comedian and lecturer at the Blackpool Magic Convention, the largest magic convention in the world; and a featured entertainer at the Country Music Awards post-ceremony celebration.



## Eddie Slowikowski

[www.eddiespeak.com](http://www.eddiespeak.com)

Eddie’s story has always been about taking the lead and going the extra mile. Through his years as a world-class runner and now as an internationally known Speaker/Trainer, you can count on Eddie to be out in front. His accomplishments include: 3-time Division I All-American in Track and Cross Country at Loyola University Chicago; USA Gold Medal winner at International Competition in London, England; Fastest college indoor mile (3 minutes 58 seconds) in the nation, 1990; Member of illustrious Sub-Four Group (run mile in under four minutes); Represented the United States at the 1987 Pan Am games, 1990 USA Track & Field Team in London, England, as well as the 1992 Olympic Trials; Inducted into Loyola Athletic Hall of Fame, 1998; Founder and Operator of the LifeRide Leadership Camp for disadvantaged youth; Special Guest to the Illinois School Bullying Task Force. In almost 20 years of speaking, Eddie has found a way to combine the high energy of his competitive running years with a service to community. A self-made businessman, Eddie once again sets the pace - this time in a world of professional speaking. He has set a new example as an entrepreneur, building his speaking business from the ground up, one school, one business, one client at a time. Eddie uses music and sound effects and amazing dance moves that bring his memorable presentations to life. His dynamic approach creates an interactive experience for the audience that is unforgettable!



# About Stonehill College

## STONEHILL COLLEGE

320 Washington Street - Easton, MA 02357

Founded by the Congregation of Holy Cross in 1948, Stonehill College is a selective Catholic college located near Boston on a beautiful 384-acre campus in Easton, Massachusetts. With a student:faculty ratio of 13:1, the College engages over 2,300 students in 80+ rigorous academic programs in the liberal arts, sciences, and pre-professional fields. The Stonehill community helps students to develop the knowledge, skills and character to meet their professional goals and to live lives of purpose and integrity. The college is a member of the Northeast-10 Conference with 20 varsity teams that compete at the NCAA Division II level. For more information, please go to [www.stonehill.edu](http://www.stonehill.edu).

### ***From Boston and Directly North of Boston***

- At Route 3/93 split, bear right
- Follow signs for Route 93 South to Route 95 Dedham
- Stay left to Exit 4—Route 24 South/Brockton, Fall River
- Exit 17B—Route 123 West/Easton
- College is 1/2 mile on right

### ***From Cape Cod***

- Route 25 West into Route 495 North
- Exit 7A - Route 24 North
- Exit 17B - Route 123 West/Easton
- College is 1/2 mile on right

### ***From West of Boston***

- Route 90 East
- Route 95 South
- Stay on Route 95 South past Dedham
- At the junction of 95 South and 93 North, Stay in left lanes (Exit 12) for Route 93 North toward Braintree. (Do not take Route 95 South exit)
- Exit 4 - Route 24 South/Brockton, Fall River
- Exit 17B - Route 123 West/Easton
- College is 1/2 mile on right

### ***From Western CT, Western MA and Northern NY***

- Route 84 East in CT or Route 90 East in MA
- Exit 11A - Route 495 South
- Exit 7A - Route 24 North/Boston
- Exit 17B - Route 123 West/Easton
- College is 1/2 mile on right

### ***From Northwest of Boston***

- Route 93 South
- Exit 37B - Route 95 South
- Stay of Route 95 South past Waltham and Dedham
- At the junction of 95 South and 93 North, Stay in left lanes (Exit 12) for Route 93 North toward Braintree. (Do not take Route 95 South exit)
- Exit 4 - Route 24 South/Brockton, Fall River
- Exit 17B - Route 123 West/Easton
- College is 1/2 mile on right

### ***From Southern CT, Rhode Island, Southern NY and NJ***

- Route 95 North into Massachusetts
- Exit 6A - Route 495 South
- Exit 7A - Route 24 North/Boston
- Exit 17B—Route 123 West/Easton
- College is 1/2 mile on right



# Adult Delegate Checklist

## Application Checklist

To apply for this conference, please submit the following materials to your local state association (see page 12) before Friday, May 24.

- \_\_\_\_\_ Adult Delegate Application
- \_\_\_\_\_ Adult Health History
- \_\_\_\_\_ Release and Waiver of Liability and Indemnity Agreement
- \_\_\_\_\_ Adult Delegate Code of Conduct

## Recommended Packing List\*

- \_\_\_\_\_ Alarm Clock
- \_\_\_\_\_ Pillow
- \_\_\_\_\_ Sneakers/Comfortable Shoes
- \_\_\_\_\_ Community Service Clothes/Sneakers
- \_\_\_\_\_ Soap, Shampoo, Toothpaste and other toiletries
- \_\_\_\_\_ Rain Gear/Jacket/Umbrella
- \_\_\_\_\_ Room Fan  
*(Not all rooms will be equipped with air conditioning. Participants are highly encouraged to bring their own room fan for comfort during this conference.)*
- \_\_\_\_\_ Sunscreen
- \_\_\_\_\_ Notebook/Pens
- \_\_\_\_\_ Snacks/Beverages
- \_\_\_\_\_ Spending Money

***\*The sponsoring state associations and Stonehill College are not responsible for any lost or stolen items.***



# Adult Delegate Application

Male \_\_\_\_\_ Female \_\_\_\_\_ T-Shirt Size (based on men's sizing): \_\_\_\_\_

First and Last Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

T-Shirt Size (based on men's sizing): \_\_\_\_\_

School: \_\_\_\_\_

School Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

School Principal: \_\_\_\_\_

Principal Email Address: \_\_\_\_\_

Principal Phone: \_\_\_\_\_

Describe the activities that you supervise, coach or advise:

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In 200 words or less, please answer the following question: What does developing citizenship skills through sports and activities mean to you and how do you put your beliefs into practice in your school and community?

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If selected as a state delegate, I agree to attend the New England Student Leadership Conference, July 16-19, 2013.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**To be submitted with the Health History, Liability and Release Waiver and Code of Conduct.**

**Please return to your local state association office by May 24, 2013**





# Adult Health History

Student First and Last Name: \_\_\_\_\_

Male / Female      Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Contact Names: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Group Plan Number: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Insurance Benefit Code: \_\_\_\_\_

Do you have any special physical needs?      Yes      No

If yes, please explain: \_\_\_\_\_

Do you have any special dietary needs and/or food allergies?      Yes      No

If yes, please explain: \_\_\_\_\_

Do you have any life threatening food allergies?      Yes      No

If yes, please explain: \_\_\_\_\_

Are you allergic to any medications? (e.g. penicillin or other antibiotics, pain medications, etc.): \_\_\_\_\_

Do you carry an Epi-Pen?      Yes      No      Are you allergic to bee stings?      Yes      No

Can you take antihistamines?      Yes      No

Are you currently under any medical treatment? (please explain) \_\_\_\_\_

Please list any medications you are currently taking (including antihistamines, anti-convulsives, insulin, cardiac, etc.) \_\_\_\_\_

Please list any special health problems (past and present): \_\_\_\_\_

Please list any operations you have undergone within the past year: \_\_\_\_\_

Please list any emotional concerns (e.g. anxiety, depression, phobia, manic tendencies, etc.) \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

To be submitted with the Adult Delegate Application, Liability and Release Waiver and Code of Conduct.

Please return to your local state association office by May 24, 2013



# Release and Waiver of Liability and Indemnity Agreement

(the "Agreement") For the New England Student Leadership Conference, July 16-19, 2013 (the "Event")

In consideration for being permitted to observe, work for, or for any purpose participate in any way in the Event, EACH OF THE UNDERSIGNED, for him or herself, his personal representatives, heirs, next of kin, acknowledges, agrees, and represents that he has, or will immediately upon enter the Event:

RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE: Any and all sponsors of the Event, their subsidiaries, parents, affiliates, officers, directors, agents and representatives, the Event promoters, participants, venue operators and owners, city officials, competitors, technicians, any persons in any restricted area, lessees of premises used to conduct the Event and each of them, all for the purpose herein referred to as "releases", from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any and all loss or damage, and any claim or demands therefore on account of inquiry to the persons or property resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in or upon any restricted areas, and/or, competing, officiating in, observing, working for, or for any purpose participating in the Event.

AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or upon the restricted areas or in any way competing, officiating, observing, or working for, or for any purpose participating in the Event and whether caused by the negligence of the releases or otherwise.

ASSUME FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE due to the negligence of releases or otherwise while in or upon restricted areas and/or while participating, observing, working for, or for any purpose participating in the Event. EACH OF THE UNDERSIGNED EXPRESSLY ACKNOWLEDGES AND AGREES THAT THE ACTIVITIES OF THE Event are dangerous and involve the risk of serious injury and/or property damage. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement portion thereof is intended to be as broad and inclusive as is permitted and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED hereby grants permission to the sponsoring state associations, severally, full permission now and forever, with no obligation to compensate me further, to use photographs, videotapes, motion pictures, recordings, or other record of my participation for advertising and promotional materials and for any other purpose the sponsoring state associations, in its sole discretion deems necessary. This includes the posting of such photographs, recordings, or other media representation of myself, on any website, or licensing others to do so in their promotional materials or websites.

**NOTICE: BY SIGNING THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, RELEASEOR IS AGREEING TO HAVE ANY CLAIM DECIDED BY NEUTRAL ARBITRATION AND IS GIVING UP THE RIGHT TO A JURY OR COURT TRIAL. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representation, statements or inducements apart from the foregoing written agreement have been made.**

Print Adult Delegate Name: \_\_\_\_\_ Date: \_\_\_\_\_

Adult Delegate Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**To be submitted with the Adult Delegate Application, Health History Form and Code of Conduct.  
Please return to your local state association office by May 24, 2013.**



# Adult Delegate Code of Conduct

Adult Delegate First and Last Name: \_\_\_\_\_

School: \_\_\_\_\_

I, the undersigned Adult Delegate, do hereby agree:

To abide by all the rules and regulations set forth by the sponsoring state associations.

To waive and release any and all rights and claims for any damages I may have against the sponsoring state associations, and any other employee of the state associations, for any injuries arising from my participation in this activity.

To accept responsibility for my behavior so that it does not reflect discredit on my school/college, my state association, or myself.

Not to use tobacco, alcohol or illegal drugs at the conference.

To treat all student and adult delegates, college and adult facilitators, conference staff, state association staff, speakers, and Stonehill College staff with respect and dignity.

I understand that if I break any of the rules of the conference it is grounds for dismissal from the event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

**To be submitted with the Adult Delegate Application, Health History Form and Release/Waiver of Liability.**

**Please return to your local state association office by May 24, 2013**

# State Association Contact Information

Please submit the required registration materials to your local state association at the address listed below by May 24, 2013. For additional information, please contact your local state association.

**Connecticut Interscholastic Athletic Conference (CIAC)**

30 Realty Drive  
 Cheshire, CT 06410  
 Phone: (203) 250-1111  
 Fax: (203) 250-1345  
[www.casciac.org](http://www.casciac.org)



**New Hampshire Interscholastic Athletic Association (NHIAA)**

251 Clinton Street  
 Concord, NH 03301  
 Phone: (603) 228-8671  
 Fax: (603) 225-7978  
[www.nhiala.org](http://www.nhiala.org)



**Maine Principals' Association (MPA)**

50 Industrial Drive  
 Augusta, ME 04338  
 Phone: (207) 622-0217  
 Fax: (207) 622-1513  
[www.mpa.cc](http://www.mpa.cc)



**Rhode Island Interscholastic League (RIIL)**

Building 6, R.I. College Campus  
 600 Mt Pleasant Avenue  
 Providence, RI 02908  
 Phone: (401) 272-9844  
 Fax: (401) 272-9838  
[www.riil.org](http://www.riil.org)



**Massachusetts Interscholastic Athletic Association (MIAA)**

33 Forge Parkway  
 Franklin, MA 02038  
 Phone: (508) 541-7997  
 Fax: (508) 541-9888  
[www.miaa.net](http://www.miaa.net)



**Vermont Principals' Association (VPA)**

Two Prospect Street  
 Suite #3  
 Montpelier, VT 05602  
 Phone: (802) 229-0547  
 Fax: (802) 229-4801  
[www.vpaonline.org](http://www.vpaonline.org)



# Special Thanks

*The participating state associations give special thanks to the following organizations for making this event possible:*

