Connecticut Coaching Education Program

CEU Module Offerings (3 Hours Each)

Coaching Principles & Module 1 Revised Practice – Philosophy. Motivation and Character Module 2 Communication, Public Revised **Relations and Organization** Module 3 Safety Rules, Care & Revised Prevention of Athletic Injuries Module 4 Legal Aspects of Interscholastic Coaching I – (14 Duties) **CIAC Rules and Regulation** Module 5 Module 6 Legal Aspects of Interscholastic Coaching II -Revocation, Hazing, Harassment Module 7 CIAC Guide To the Roles and Responsibilities of a Coach Module 8 Strength & Conditioning **Design for Interscholastic Athletic Programs Sport Psychology for** Module 9 Interscholastic Coaches Module 10 **Gender Equity & Diversity Awareness for Coaches** Module 11 **Coaching the Female Athlete** Module 12 **All-Adult Construct of** Coaching **Nutrition, Performing** Module 13

Enhancing Supplements

Under Development

Module 14 Emergency & Critical

Incident Response for Interscholastic Athletic

Programs

Module 20 Coaching at the Middle

School Level

"Coaching for Life: Building Men and Women for Others" Initiative

In addition to the Continuing Educational Unit Offering's listed, the Connecticut Coaching Education Program in conjunction with the Connecticut Justice Education Center will be providing CEU Workshops with Joe Erhmann throughout the year.

2007 - 08 CEU Module Workshop Dates

September 7 & 8, 2007 November 16 - 18, 2007 January 11 - 13, 2008 March 14 - 16, 2008 May 23-25, 2008

All Module workshops will be conducted at the CIAC building located at 30 Realty Drive Cheshire, CT 06410.

For specific Module offerings and information go to www.casciac.org or email Fred Balsamo at fbalsamo@casciac.org or call him at (203) 651-3921.

CONNECTICUT COACHING EDUCATION PROGRAM



An Alliance of the: Connecticut Interscholastic Athletic Conference Connecticut Association of Athletic Directors Connecticut High School Coaches Association

Providing Coaches with the

Necessary Education to Obtain Their 5 Year Renewable Coaching Permit & 15 Hours

> OT CEU's

Coaching Education Made "User Friendly"

The Alliance

Last June an agreement was reached among the Connecticut Interscholastic Athletic Association (CIAC), the Connecticut Association of Athletic Directors (CAAD), and the Connecticut High School Coaches Association (CHSCA) merging the coaching education efforts of each organization into a unified program. This alliance, now called the Connecticut Coaching Education Program (CCEP), is under the direction of Fred Balsamo. The aims of the program are to provide coaches and school athletic administrators more opportunities to access the 45 hour coaching permit course and other CEU workshops, to assist in the tracking and data entry of coaches, and to dispel confusion for people going through the coaching certification process.



More Offerings

Through the combined efforts of the Alliance, the CCEP will provide coaches and athletic directors increased opportunities to receive relevant and pertinent coaching modules that will enhance the quality of coaching high school athletes and underscore the important role they play in teaching the values inherent in participating in high school athletics.

The 45 hour permit course will continue to be offered each semester on Wednesday evenings at CIAC. Also, additional classes will be designed to better fit the busy schedules of coaches. For example, this past summer the CCEP sponsored a "power" class covering the 45 hours in just 6 days. Based on the positive evaluations received, this class will be offered periodically throughout the year. In addition, "satellite" programs modifying times and days to fit specific situations will be developed in different locations in the state.

All CEU workshops offered in the past by CIAC, CAAD and the CHSCA will now be referred to as "modules" and each assigned a number. This will help coaches better understand what they have completed and prevent duplication. New modules are also being developed in order to meet the needs of schools and their coaches. Current modules as well as those being developed are listed in this brochure.

Data Entry & Tracking

Merging the existing data bases of the three organizations is now underway. The end result will be a password protected site with access for coaches and athletic directors. The centralized data base will also be made available to the State Department of Education which will make its auditing efforts of coaches less cumbersome and more accurate.

Dispelling Confusion

In addition to generating additional course offerings and merging data, the coaching education office is now available to handle calls to help coaches and member schools with their coaching education questions. Fred Balsamo staffs the office daily and contacted be directly can (203) 651-3921. Additionally, the CIAC website has been made easier to navigate by the creation of a separate page for the **Connecticut Coaching Education Program.** This permits online registrations for the 45 hour coaching permit course and other coaching modules.

If you have any questions or suggestions as to how the Connecticut Coaching Education Program can better serve you, please don't hesitate to call Fred Balsamo (203) 651-3921 or email at fbalsamo@casciac.org.