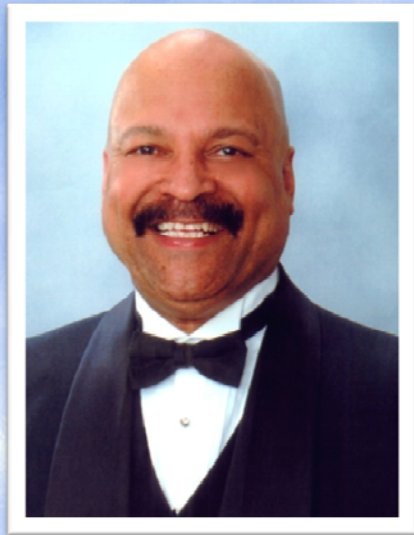


Guest Speaker



Harvey Alston

Considered one of the most dynamic, “high octane” speakers in America. Harvey Alston's unforgettable words of individual responsibility for achievement have improved spirits, spurred growth, and changed lives. His powerful, soul-searching presentations uplift audiences to a higher standard, and to a level where they strive only for the best. Harvey Alston believes in solitary achievement, shared accomplishment and the dignity of human beings.



**A sincere thank you to
Dick's Sporting Goods
for their generous support
of this program.**

The Connecticut Interscholastic Athletic Conference



Sportsmanship Conference



September 24, 2009

Program

- 7:45 – 8:30 a.m.** **Registration**
- 8:30 – 8:35 a.m.** **Welcome – Main Ballroom**
Mr. Paul Hoey, Associate Executive Director, CAS-CIAC
- National Anthem**
Ronald Walter, Nonnewaug High School
- 8:35 – 8:45 a.m.** **Ice Breaker – Conducted by the Students Who Attended the National Student Leadership Conference**
See list of students at right.
- 8:45 – 9:00 a.m.** **CIAC Sportsmanship Standards and Expectations And Sportsmanship Ratings Week(s)**
Ms. Karissa Niehoff, Principal,
Lewis Mills High School and Chairperson of the CIAC Sportsmanship Committee
- 9:00 – 9:45 a.m.** **Keynote Speaker - Main Ballroom**
Mr. Harvey Alston, “Be The Best”
- Introduced by Tanner Brissett**,
Housatonic Valley Regional High School
- 9:55 – 10:40 a.m.** **BREAK-OUT SESSION A**
- 10:50 – 11:35 a.m.** **BREAK-OUT SESSION B**
- 11:40 – 12:20 p.m.** **Luncheon – Main Ballroom**
- 12:20 – 1:00 p.m.** **CIAC Michaels’ Cup Awards Presentation**
Mr. Michael Savage, Executive Director, CAS-CIAC
- 1:00 – 1:30 p.m.** **Closing Remarks**
Mr. Harvey Alston, “Responsible Leadership”
- 1:30 – 1:40 p.m.** **The Next Step**
Ms. Karissa Niehoff
- Mr. David Maloney**,
Assistant Executive Director, CAS-CIAC

Breakout Sessions A & B

(Attendees will be divided by League)

Climbing the Rough Side of the Mountain

This workshop is a highly interactive and spirited search for solutions. This workshop is designed to provide a variety of educational experiences through the delivery of subjects on the cutting edge of team leadership, and to impart practical skills that will enhance the quality of life by reshaping lost abilities, heighten expectations, rebuild hope, confidence, self-respect, and desire.

Mr. Harvey Alston, Guest Speaker

Facilitator: Mr. David Roach, A.D., Lyme-Old Lyme High School

The Do's and Don'ts of Sportsmanship

Participants will work in small groups to discuss and generate a list of appropriate and inappropriate behaviors by athletes, coaches, fans and/or others involved in athletics. Lists will be shared and ultimately combined to create a master list reflecting student voices statewide.

Facilitators:

Ms. Karissa Niehoff, Principal, Lewis Mills High School
Chairperson of the CIAC Sportsmanship Committee

Students Who Attended the National Student Leadership Conference:

Emily Bohmer; Lewis S. Mills HS	Tanner Brissett; Housatonic Valley Reg. HS
Juan Crespo; Bloomfield HS	Cayla Fappiano; Holy Cross HS
Samantha Iacobucci; Newington HS	Kaitlyn Kennedy; Lewis S. Mills HS
Shannon Mainville; Bolton HS	Adam Narducci; Pomperaug HS
Julian Saad; Trumbull HS	Alexandra Tomasi; East Catholic HS

Michaels’ Achievement Cup 2009 Recipients

Class LL, 1st Place	Simsbury High School
Class L, 1st Place	Daniel Hand High School
Class MM, 1st Place	Avon High School
Class M, 1 st Place	Weston High School
Class SS, 1 st Place	Sacred Heart Academy
Class S, 1 st Place	Lauralton Hall
Class LL, 2 nd Place	Cheshire High School
Class L, 2 nd Place	Wethersfield High School
Class MM, 2 nd Place	Branford High School
Class M, 2 nd Place	St. Joseph High School
Class SS, 2 nd Place	East Hampton High School
Class S, 2 nd Place	The Gilbert School
Class LL, 3 rd Place	Ridgefield High School
Class L, 3 rd Place	Pomperaug High School
Class MM, 3 rd Place	Jonathan Law High School
Class M, 3 rd Place	Lewis Mills High School
Class SS, 3 rd Place	Northwest Catholic H.S.
Class S, 3 rd Place	Shepaug Valley High School