



CIAC Summer Series Proposal

Overview

The CIAC Summer Series is an opportunity for interscholastic athletic coaches to engage student-athletes in education-based learning and sport skill development opportunities during the months of June and July. Activities run through this program are designed to extend the CIAC's belief that interscholastic athletic programs and competition are an integral part of a student's academic, social, emotional, mental, and physical development. The CIAC Summer Series will further the CIAC's mission to provide quality experiences that reflect high ethical standards and expectations for fairness, equity, and sportsmanship for all student-athletes and coaches.

Participation in the CIAC Summer Series will immerse student-athletes in a culture that seeks to develop leadership skills, positive sportsmanship behaviors, and sport-specific performance skills, as well as an understanding of the NCAA recruiting process for those interested in playing at the collegiate level. Lead coaches will design the sport-specific skill sessions and will be required to submit an activity plan to the CIAC. The lead coaches will be provided with a short curriculum of leadership and sportsmanship activities (based on the CIAC's Class Act Program) as well as information on the NCAA eligibility center and college recruiting process, both of which will be incorporated into their activity plan.

Student-athlete participation in any CIAC Summer Series experience must be voluntary.

Structure

The CIAC Summer Series will be operated by the CIAC and run independently of its member schools. As such, all organization, insurance, staffing, fees, facility usage, player registration, and programming will be managed through the CIAC. Use of school facilities will follow the process of obtaining permission from each district in the same manner as all other non-school entities.

A CIAC Summer Series Administrative Director will work with CIAC staff to identify team groupings and site locations, coordinate registrations, approve daily schedules, organize athletic training services, and provide general oversight.

A CIAC Summer Series Site Director will be assigned to each location. That person will be responsible for adherence to program structures and curriculum, site organization, and implementation of the daily schedule.

The CIAC Summer Series will be comprised of one-week (5-days) of experiences. Each day will be limited to two (2) and one-half (1/2) hours of in-person instruction. A minimum of 30 minutes per day, for 4-days will be dedicated to in-person leadership and sportsmanship skill building. Additional time to complete the leadership and sportsmanship curriculum, as well as the NCAA components, will be given

and these activities may be conducted with the coach online or in-person. Coaches and student-athletes may participate in a maximum of three (3) weeks of CIAC Summer Series experiences.

CIAC Summer Series experiences will take place at regional host sites with a minimum of 4 teams per locations.

The CIAC will manage registration for all coaches, players, and parents. A \$75.00 individual player fee will be charged for each week of participation. A financial hardship assistance program will be developed to support those in need and encourage participation of all student-athletes.

Date Range

CIAC Summer Series experiences may take place the weeks of June 21, June 28, July 12, July 19, and July 26. Normal out-of-season conditioning will continue from August 1 to the start of the fall season.

Sample Daily Schedule

Session 1	15 minutes	Teen Leadership
Session 2	25 minutes	Offensive Skills
	5 minutes	Water Break
	25 minutes	Defensive Skills
	5 minutes	Water Break
Session 3	60 minutes	Team Activities Session with Team Coach - May include: 7v7; timing plays; blocking progressions; tackling progressions
Session 4	15 minutes	NCAA Tutorial