

DAVID L. KATZ MD, MPH, FACPM, FACP, is the founding (1998) director of Yale University's Prevention Research Center. He received his BA from Dartmouth College in three years (1984; Magna Cum Laude); his MD from the Albert Einstein College of Medicine (1988); and his MPH from the Yale University School of Public Health (1993). He is a two-time diplomate of the American Board of Internal Medicine, a board-certified specialist in Preventive Medicine/Public Health, and a clinical instructor in medicine at the Yale School of Medicine.

Dr. Katz is the Editor-in-Chief of the journal *Childhood Obesity*, President-Elect of the *American College of Lifestyle Medicine*, founder and President of the non-profit *Turn the Tide Foundation*, and medical director for the *Integrative Medicine Center at Griffin Hospital* in Derby, CT. He is the principal inventor of the NuVal nutritional guidance system, currently in roughly 1700 US supermarkets in more than 30 states, coast to coast.

Dr. Katz has published over 150 scientific articles and textbook chapters; innumerable blogs and columns; nearly 1,000 newspaper articles; and authored or c-authored 15 books to date, including multiple editions of textbooks in both Nutrition and Preventive Medicine.

He is the recipient of many awards for his contributions to public health and medical education. He has been named one of America's Top Physicians in Preventive Medicine three times by the Consumer's Research Council of America. In 2009, he was a widely supported nominee for the position U.S. Surgeon General. He was named one of the 25 most influential people in the lives of children by Children's Health Magazine. In 2012 he was cited by Greatist.com as one of the 100 most influential people in Health and Fitness (#19: <http://greatist.com/health/most-influential-health-fitness-people/>). He has been honored for career accomplishments by numerous organizations including the Association of Yale Alumni in Public Health; the Academy of Nutrition and Dietetics; and the American College of Preventive Medicine.

Dr. Katz has an extensive media portfolio, having worked for ABC News/Good Morning America as an on-air contributor, a writer for the New York Times syndicate, and a columnist to O, the Oprah Magazine. Currently, he is a blogger/medical review board member for the Huffington Post, a health contributor to US News & World Report, and one of the original 150 'thought leader' bloggers for LinkedIn.

Dr. Katz speaks routinely at conferences and meetings throughout the United States, and the world, and has delivered addresses in at least 7 countries. Widely recognized as a gifted public speaker, Katz has been acclaimed by peers as the "poet laureate of health promotion."

Dr. Katz and his wife Catherine live in CT; they have 5 children.
