



Psychological First Aid & Staff Resilience During a Pandemic

A webinar on building trauma-sensitive schools

August 31, 2020 | 3:00-4:30 PM

The COVID-19 Pandemic has had a significant global impact on the world and our local communities in unprecedented ways and poses a significant challenge to educators as they face school reintegration amidst widespread uncertainty. Many in our communities have experienced significant adversity and losses related to COVID. The risk of getting COVID continues to be a reality, and online education poses substantial challenges to both students and school personnel. Research shows that youth who have witnessed or survived traumatic events experience a wide range of reactions following the event that can profoundly impact their development. Youth who experience trauma are more likely to have academic problems, to exhibit problematic cognitions, emotions, behaviors, and relationships, and are at greater risk of developing mental health problems.

Please join us on August 31 at 3:00 p.m. for “Psychological First Aid and Staff Resilience During a Pandemic,” a webinar on developing a trauma-sensitive learning environment. Guest presenter [Dr. Lata McGinn](#), a licensed clinical psychologist and internationally renowned expert on Cognitive Behavior Therapy, will discuss how trauma-sensitivity has the potential to help students become successful despite experiencing traumatic experiences.

Dr. McGinn will share her expertise on common trauma reactions, risk and resilience factors, and resilience-based approaches such as Psychological First Aid, Cognitive Behavioral Skills for Psychological Recovery, and Cognitive Behavioral Interventions for Trauma in Schools.

Time will be allotted for questions from participants. Please use the link below to register for the webinar, and feel free to share the link with your mental health/student support staff who will also benefit from the information to be provided.

CLICK HERE TO REGISTER:

<https://casci.ac/5939>

