



Botvin's LifeSkills Training Teacher Training

April 12 & 13, 2005

ACES / SDA Building
205 Skiff Street / Hamden, CT
8:30 am - 3:30 pm

There is no charge for this training, but registration is required.

Materials fee: \$100 per person

LifeSkills Training (LST) is the highest rated, recommended and researched school-based substance abuse prevention program today. It is uniquely designed, proven effective, and grounded in over 20 years of research. Rather than simply teaching information about drugs, **LifeSkills** combats the underlying causes of substance use.

The **LifeSkills** program is designed for both Elementary school students and Middle/junior high school students (grades 3-9). There is also a new parent component available designed to support the school-based program.

The **LifeSkills** program consists of three major components that cover the critical domains found to promote drug use. Research has shown that students who develop skills in these three domains are far less likely to engage in a wide range of high-risk behaviors. The three components include:

- **Drug Resistance Skills**
- **Personal Self-Management Skills**
- **General Social Skills**

More information on the **LifeSkills** program can be found at www.lifeskillstraining.com

Registration and Information

Please contact The Governor's Prevention Partnership at (860) 523-8042

Registration Questions

Christina Smith, x25

Botvin's LifeSkills Training Program Information

Marta Koonz, x12

Sponsored by the Department of Mental Health and Addiction Services

1.0 CEUs (Act. #756-05-208-001) and CPPC Domain-Education and Skill Development (ESD).