## Look for the Good Teacher Training December 8th, 2016 8:45 am – 12:00pm Connecticut Association of Schools

Connecticut Association of Schools 30 Realty Drive, Cheshire, CT 06410

The "Look For The Good Project" is a research backed program built around a core belief that gratitude changes everything - especially in elementary and middle schools. This half-day training will reveal how to transform your classroom and entire school into a gratitude community of practice. CEO and Founder Anne Kubitsky is back by popular demand!



For Teachers, Counselors & Administrators in Elementary and Middle Schools

LOOK FOR THE GOOD

PROJECT.ORG

This workshop will trace a brief history of the "Look For The Good Project" which is grounded in scientific research. Participants will receive a "toolkit" of concrete ideas, strategies, and hands-on techniques that can be immediately implemented in any classroom / school setting. Gratitude based practices can support character education initiatives and instructional pedagogy, be linked to school climate plans, and have a dramatic positive effect within classroom settings and even entire school communities!

## THE RESEARCH IS CLEAR - GRATITUDE IS:

- ✓ The antidote to bullying and mean spirited behaviors
- ✓ Decreases violence and suicide behaviors
- ✓ Improves communication and builds positive relationships
- ✓ Improves mental health and decreases addictive behaviors
- ✓ Lowers blood pressure
- ✓ Boosts the immune system
- ✓ Good for your health

The CAS Division of Student Activities is pleased to be able to offer this half-day workshop with CT resident and founder of the "Look For The Good Project", Anne Kubitsky. A portion of the proceeds will go to establishing the "Look For The Good Hero Award".

Cost is \$25 per person. Includes continental breakfast. Registration Deadline is December 5, 2016. Refunds are not given for cancellations after December 3, 2016 or for nonattendance.

Register online at: www.casciac/register

Inquiries to Dave Maloney, Director of Student Activities, 203-250-1111, Ext. 3936 or dmaloney@casciac.org

