# New England Student Leadership Conference

July 21-24, 2011 Stonehill College North Easton, MA



Sponsored by the NFHS Section 1 State Associations











# New England Student Leadership Conference July 21-24, 2011

# **Tentative Schedule of Events**

**New England Student Leadership Conference** 

Thursday, July 21	
Registration	1:00 pm - 3:00 pm
Opening General Session	4:00 pm - 6:00 pm
Dinner	6:00 pm - 7:00 pm
State Meetings	7:00 pm - 8:00 pm
<b>Breakout Session/Presentation</b>	8:00 pm - 9:00 pm
Friday, July 22	
Breakfast	7:00 am - 8:15 am
General Session	8:30 am - 9:15 am
1st Breakout Session	9:30 am - 11:00 am
Elective Session #1	11:15 am - 12:15 pm
Lunch	12:15 pm - 1:15 pm
Elective Session #2	1:30 pm - 2:30 pm
2nd Breakout Session	2:45 pm - 4:15 pm
State Meetings	4:30 pm - 5:15 pm
Load Buses	5:15 pm - 5:30 pm
Special Group Event	6:30 pm - 10:00 pm
Saturday, July 23	
Breakfast	7:00 am - 8:15 am
3rd Breakout Session	8:30 am - 9:30 am
State Meeting	9:45 am - 10:30 am
General Session	10:45 am - 11:45 am
Load Buses/Lunch	11:45 am - 12:30 pm
Community Service	12:30 pm - 5:00 pm
Dinner	6:00 pm - 7:00 pm
Special Group Event	7:00 pm - 10:00 pm
Sunday, July 24	
Breakfast	7:00 am - 8:15 am
Ecumenical Service	8:00 am - 8:30 am
Facilitator Skits	9:00 am - 9:30 am
Closing General Session	9:30 am - 11:00 am

# **Conference Overview**

**New England Student Leadership Conference** 

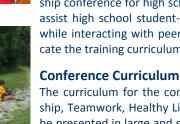


#### **Tomorrow's Leaders: High School Athletics and Activities Participants**

Incredible attention is being paid to high school athletics and activities programs today. Participants in these programs are looked up to as leaders because of their position on the team or club. The impact that these young people have on the climate and culture of their schools, fellow students and community is incredible. In fact, studies show that more than one-half of high school students participate in some sort of school activity or athletic program. The involvement of these students in the success of a high school is paramount and critical.



The New England state associations of the National Federation of State High School Associations (NFHS) want to be the leader in training talented, committed young people to become better citizens who will be positive, contributing adults and role models for youth. We are pleased to announce that in partnership, the state associations from Connecticut, Maine, Massachusetts, New Hampshire and Rhode Island will be hosting a New England Student Leadership Conference from July 21-24, 2011 at Stonehill College in North Easton, MA. This conference is a four-day, residential leadership event for over 200 student and adult leaders who participate in interscholastic athletics and activity programs through their state high school athletic/activities associations.



The event is being modeled after the NFHS National Student Leadership Conference that has taken place in Indianapolis, IN for the past decade. The NFHS event was the only national student leadership conference for high school athletes and activity participants. The goal of the NFHS event was to assist high school student-athletes and activity participants in developing their leadership abilities while interacting with peers from across the United States and Canada. This conference will replicate the training curriculum for student-athletes and activity participants from across New England.



The curriculum for the conference will focus on Respect, Positive Values, Perspective, Sportsmanship, Teamwork, Healthy Lifestyles, Community Service and Self-Evaluation. These components will be presented in large and small-group sessions, led by outstanding adult and college facilitators specifically chosen for their involvement in athletics at the high school and collegiate level, and will address contemporary issues that impact a young person being a leader and role model. In addition to group discussion, special guest speakers will share inspirational messages, stories of overcoming adversity and utilizing the power of positive influence. Delegates will be able to choose from a menu of elective topic sessions including: bullying/cyberbullying; hazing; drug and alcohol prevention; the role of the high school captain; participation in collegiate athletics; the college admissions process; mental toughness and peak performance; and personal wellness. The conference will also incorporate a community service project as part of the leadership training curriculum that will take place in the local community.



#### **Supervision**

In addition to the 30 college and adult curriculum facilitators, approximately 20 adult delegates will serve as advisors and chaperones as they oversee the student delegates from their respective states. These adults will take an active part in the discussions and curriculum of the conference. The adult delegates and adult staff members will be available to help the students with any questions or concerns they might have during the four-day event. Stonehill College Public Safety and staff will also be available 24 hours a day on campus for any safety and security needs.

The conference takes place is a relaxed atmosphere to encourage learning and facilitate interaction. The high temperatures and humid weather during the mid-summer dictate casual clothing for this event. Jeans, shorts, sneakers and t-shirts are appropriate for the majority of the conference functions. Participants will be provided with two t-shirts during registration that are intended to be worn on specific days of the conference. There are two occasions when attire needs to be specific. The

# **Conference Overview**

**New England Student Leadership Conference** 

first event is a community service project when you should wear clothing/footwear that you will not mind getting dirty. The second event is a celebration/dance on Saturday evening when you should wear casual clothes. Do not bring any questionable or offensive attire. Please see the recommended packing list on page 5 for further details.

#### Housing

Delegates will be housed in traditional college dormitories. Each room will accommodate 2-4 delegates. There will be bathrooms and showers on each floor. Bed linens (sheets, pillow, blanket) and towels will be provided for each participant. Delegates are to sleep in rooms to which they have been assigned. Visiting a room assigned to the opposite sex is not permitted. Delegates must submit a separate check made payable to "Stonehill College" in the amount of \$60 as a dorm key/card deposit. When the room key/card is returned at the end of the conference, the check will be returned to the delegate. In the event that a delegate loses a room key/card, the check will be deposited by Stonehill College. The sponsoring state associations and Stonehill College are not responsible for key/cards lost or misplaced for any reason.

#### Meals

Meals will be provided by the college food service in the college dining hall. All meals will be provided beginning with dinner on Thursday, July 21 and ending with breakfast on Sunday, July 24. Students who have food allergies or special dietary needs are asked to indicate such information on the Student Health History Form. Some dorms have vending machines that can be utilized for snacks during the week. Students are encouraged to bring small amounts of money for vending machines or their own snacks/bottled drinks if necessary.

#### **Code of Conduct/Conference Policies**

Student participants are expected to act in a responsible manner that will reflect well on themselves, their schools, their state associations and the New England Student Leadership Conference. Students are expected to respect each other and themselves while following the rules of the conference. The use of alcohol, tobacco and drugs is strictly prohibited. In addition, students are expected to observe curfews each night, sleep in their assigned rooms and not visit housing areas of the opposite gender. Students are not permitted to leave the college campus. Students who violate any of the conference policies will be asked to leave at their own expense without a refund.

#### **Transportation**

Students are not permitted to drive to the conference or leave cars on the Stonehill College campus. Participants from Massachusetts should make arrangements to be dropped off at the event registration area from 1:00-3:00 pm on July 21. Participants travelling from outside Massachusetts will be contacted by their local state associations regarding travel arrangements.

#### Registration

The student registration fee to attend this conference is \$100. This fee will cover the cost of meals, lodging, training materials, and transportation during the four days. To register for this conference, please complete the materials listed below and submit them to your local state association (contact information listed on page 13). **The registration deadline is May 18, 2011**. Registrants will be contacted by their local state association with further information upon receipt of materials.

- Student Delegate Application Page 7
- Student Health History/Consent for Treatment Page 8
- Release and Waiver of Liability and Indemnity Agreement Page 9
- Student Code of Conduct Page 10
- Elective Session Selection Form Page 11
- Registration check in the amount of \$100 made payable to your local state association
- Room key/card deposit check in the amount of \$60 made payable to "Stonehill College"











# **Conference Overview**

**New England Student Leadership Conference** 

Application Checklist
To apply for this conference, please submit the following materials to your local state association (see page 13) before Wednesday, May 18
Student Delegate Application Student Health History/Consent for Treatment Release and Waiver of Liability and Indemnity Agreement Student Code of Conduct Elective Session Selection Form Registration check in the amount of \$100 made payable to your local state association Room key/card deposit check in the amount of \$60 made payable to "Stonehill College". (Deposit checks will be returned to students when room key/cards are returned at
the conclusion of the conference)

Recommended Packing List*
Alarm Clock Clothing Sneakers/Comfortable Shoes Community Service Clothes/Sneakers Soap, Shampoo, Toothpaste and other toiletries Rain Gear/Jacket/Umbrella Room Fan (Rooms can be hot during the summer) Sunscreen Notebook/Pens Snacks/Drinks
*The sponsoring state associations and Stonehill College are not responsible for any lost or stolen items.

# STONEHILL

COLLEGE

Founded by the Congregation of Holy Cross in 1948, Stonehill College is a welcoming, academically challenging community of 2,500 students on a beautiful, active campus located 22 miles south of Boston, offering easy access to internships, job opportunities, museums, athletic events, and more. Stonehill's dedicated and supportive faculty mentor students in more than 80 diverse majors and minors in the liberal arts, sciences, business, and pre-professional advising programs. Stonehill is a vibrant place where students learn to think, act, and lead with courage toward the creation of a more just and compassionate world. The college is a member of the Northeast-10 Conference with 20 varsity teams that compete at the NCAA Division II level. For more information, please go to www.stonehill.edu.

#### **Directions to Campus**

#### From Boston and Directly North of Boston

- At Route 3/93 split, bear right
- Follow signs for Route 93 South to Route 95 Dedham
- Stay left to Exit 4—Route 24 South/Brockton, Fall River
- Exit 17B—Route 123 West/Easton (College is 1/2 mile on right)

#### From Cape Cod

- Route 25 West into Route 495 North
- Exit 7A Route 24 North
- Exit 17B Route 123 West/Easton (College is 1/2 mile on right)

#### From West of Boston

- Route 90 East
- Route 95 South
- Stay on Route 95 South past Dedham
- At the junction of 95 South and 93 North, Stay in left lanes (Exit 12) for Route 93 North toward Braintree.
   (Do not take Route 95 South exit)
- Exit 4 Route 24 South/Brockton, Fall River
- Exit 17B Route 123 West/Easton
- College is 1/2 mile on right

#### From Western CT, Western MA and Northern NY

- Route 84 East in CT or Route 90 East in MA
- Exit 11A Route 495 South
- Exit 7A Routh 24 North/Boston
- Exit 17B Route 123 West/Easton (College is 1/2 mile on right)

#### From Northwest of Boston

- Route 93 South
- Exit 37B Route 95 South
- Stay of Route 95 South past Waltham and Dedham
- At the junction of 95 South and 93 North, Stay in left lanes (Exit 12) for Route 93 North toward Braintree.
   (Do not take Route 95 South exit)
- Exit 4 Route 24 South/Brockton, Fall River
- Exit 17B Route 123 West/Easton (College is 1/2 mile on right)

#### From Southern CT, Rhode Island, Southern NY and New Jersey

- Route 95 North into Massachusetts
- Exit 6A Route 495 South
- Exit 7A Route 24 North/Boston
- Exit 17B—Route 123 West/Easton (College is 1/2 mile on right)



# **Guest Speakers**

**New England Student Leadership Conference** 

#### **Harvey Alston**

A remarkable communicator and one of the most in-demand speakers, Harvey H. Alston's career has spanned diverse positions – from head football coach of Columbus East High School in Ohio to assistant director of student financial aid at the university level. As an educator, he has taught English, biology, health, life sciences and math curricula. In addition, he has been instrumental in the promotion of body-building and in the direction of physical education programming. Harvey also served in business management and in supervisory positions in the food and restaurant industry. As supervisor, he was able to help alter the attitudes of employees.

With his No. 1 record in this business, it gives him insight to the many aspects of positive customer service. He has spoken to millions of people who have benefited not only from his knowledge, but from his wisdom. He's authored four books, including "Be The Best" and "Black Males." Over the years, Harvey has received numerous awards and national recognition. He is a member of the National Speakers Association and the Ohio Speakers Forum, and serves as advisor



to many civic boards, panels and commissions. Harvey has taken his personal, proven message "Be the Best" to literally millions of people. His unforgettable words of individual responsibility for achievement have improved spirits, spurred growth, and changed lives. Harvey's powerful, soul-searching presentation uplifts people to a higher standard – to a level where people strive only for the BEST.



#### Stephen Bargatze

Stephen Bargatze is an internationally acclaimed comedian and motivational speaker. With over 25 years experience, Stephen is a rare talent among entertainers. His genuine personality endears him to any audience, and he quickly develops a strong, positive relationship with the crowd. No longer merely spectators, audiences find themselves caught up in the comedy and amazement of Stephen's zany performance. He sticks with direct, simple effects that are easy for the audience to understand. His personal story of overcoming an alcoholic home life as well as a childhood accident that left him with a speech impediment touches men and women on an emotional level.

As Director of Student Services Programs for the Tennessee Secondary School Athletic Association, he speaks to thousands of students each year using his magic to show today's youth how drugs, alcohol and tobacco can effect their lives. Steven has a unique way of combining humor and magic with impacting messages to motivate audiences. His "Magic With a Message" presentations are not only enlightening but inspirational.

Stevens' career highlights include: Chosen to represent the US at the World Summit of Magic; Featured entertainer, magician, comedian and lecturer at the Blackpool Magic Convention, the

largest magic convention in the world; Featured entertainer at the Country Music Awards post-ceremony celebration; Has performed for numerous national and world-wide corporations like Kroger, MCA Records, Pepsi, Sprint, MADD, United Parcel Service, Vanderbilt University, and the Cleveland Browns and Tennessee Titans football teams.

Additional guest speakers will be announced soon!

# **Student Delegate Application**

#### **New England Student Leadership Conference**

Male	Female	Current Grade in School:	T-Shirt	Size (based on men's sizing):	
Student Fire	st and Last Name:				
Home Addr	ess:				
City:			State:	Zip:	
Home Phor	ie:	Cell P	hone:		
Email Addre	ess:				
Parent/Gua	rdian Name(s):				
Parent/Gua	rdian Email Address:				
School Prin	cipal:				
What does	* *	ver the following questions: p skills through sports and activities me	an to you and	d how do you put your beliefs into prac	tice
Why should	I you be chosen to att	tend the New England Student Leadersh	nip Conferenc	ce?	
		elegates, I agree to attend the New Eng			
	rdian Signature:			Date:	

# **Student Health History/Consent for Treatment**

#### **New England Student Leadership Conference**

Student First and Last Name:	
Male / Female Date of Birth:	Age:
Home Address:	
City:	State: Zip:
Home Phone:	Cell Phone:
Parent/Guardian Names:	
Home Phone:	Cell Phone:
Work Phone:	
Home Phone:	Cell Phone:
Work Phone:	
Emergency Contact (Other than Parent/Guardian):	
Relation to Student:	Phone:
Family Physician:	Phone:
Insurance Company:	Group Plan Number:
Policy Number:	Insurance Benefit Code:
Does the student have any special physical needs?	Yes No
If yes, please explain:	
Does the student have any special dietary needs?	Yes No
If yes, please explain:	
Is the student allergic to any drugs? (e.g. penicillin, insulin)	:
La Alexandra de La Carte de La	Constitution and the constitution of the const
	Can the student take antihistamines?
Is the student currently under any medical treatment? (ple	ase explain)
Please list any medication student is currently taking (inclu	uding antihictamines, anti convulcivos insulin etc.)
riease list any medication student is currently taking (inclu	unig antinistaninies, anti-convuisives, insuini, etc.)
Please list any special health problems (past and present) _	
rease ist any special reach problems (pase and present)	
Please list any operations the student has undergone within	in the past year:
The state of the s	
Please list any emotional problems (e.g. hyperventilation, h	hysteria, depression, etc.)
(-8)	
*I hereby give permission for the above named student	to be treated by a physician or licensed nurse at a hospital or on the
	a medical or surgical emergency.
Parent/Guardian Signatura:	Date:
	od in confidence by the Conference Director

To be submitted with the Student Delegate Application, Code of Conduct, Liability and Release Waiver, and Elective Session Selection Forms. Please return to your local state association office by May 18, 2011 (contact information is located on page 13)

### Release and Waiver of Liability and Indemnity Agreement

**New England Student Leadership Conference** 

(the "Agreement") For the New England Student Leadership Conference, July 21-24, 2011 (The "Event")

In consideration for being permitted to observe, work for, or for any purpose participate in any way in the Event, EACH OF THE UNDERSIGNED, for him or herself, his personal representatives, heirs, next of kin, acknowledges, agrees, and represents that he has, or will immediately upon enter the Event:

RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE: Any and all sponsors of the Event, their subsidiaries, parents, affiliates, officers, directors, agents and representatives, the Event promoters, participants, venue operators and owners, city officials, competitors, technicians, any persons in any restricted area, lessees of premises used to conduct the Event and each of them, all for the purpose herein referred to as "releases", from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any and all loss or damage, and any claim or demands therefore on account of inquiry to the persons or property resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in or upon any restricted areas, and/or, competing, officiating in, observing, working for, or for any purpose participating in the Event.

AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or upon the restricted areas or in any way competing, officiating, observing, or working for, or for any purpose participating in the Event and whether caused by the negligence of the releases or otherwise.

ASSUME FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE due to the negligence of releases or otherwise while in or upon restricted areas and/or while participating, observing, working for, or for any purpose participating in the Event. EACH OF THE UNDERSIGNED EXPRESSLY ACKNOWLEDGES AND AGREES THAT THE ACTIVITIES OF THE Event are dangerous and involve the risk of serious injury and/or property damage. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement portion thereof is intended to be as broad and inclusive as is permitted and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED hereby grants permission to the sponsoring state associations, severally, full permission now and forever, with no obligation to compensate me further, to use photographs, videotapes, motion pictures, recordings, or other record of my participation for advertising and promotional materials and for any other purpose the sponsoring state associations, in its sole discretion deems necessary. This includes the posting of such photographs, recordings, or other media representation of myself, on any website, or licensing others to do so in their promotional materials or websites.

NOTICE: BY SIGNING THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, RELEASEOR IS AGREEING TO HAVE ANY CLAIM DECIDED BY NEUTRAL ARBITRATION AND IS GIVING UP THE RIGHT TO A JURY OR COURT TRIAL. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representation, statements or inducements apart from the foregoing written agreement have been made.

Print Delegate Name:	Date:
Delegate Signature:	Date:
Legal Parent/Guardian Signature:	Date:

To be submitted with the Student Delegate Application, Student Health History, Code of Conduct, and Elective Session Selection Forms.

Please return to your local state association office by May 18, 2011 (contact information is located on page 13)

# **Student Code of Conduct**

**New England Student Leadership Conference** 

Student First and Last Name: \_\_\_\_\_\_

School:
I, the undersigned student leader, do hereby agree:
To abide by all the rules and regulations set forth by the sponsoring state associations, the Adult Delegates, and all adult supervisors.
To waive and release any and all rights and claims for any damages I may have against the sponsoring state associations, and any other employee of the state associations, for any injuries arising from my participation in this activity.
To accept responsibility for my behavior so that it does not reflect discredit on my school, my state association, or myself.
Not to use tobacco, alcohol or illegal drugs at the conference.
To treat all student and adult delegates, college and adult facilitators, conference staff, state association staff, speakers, and Stonehill College staff with respect and dignity.
I understand that if I break any of the rules of the conference that I will be sent home immediately at my own ex-
pense, after the sponsors have made arrangements with my parent/legal guardian.
Signature: Date:
Print Name:
I, the parent/guardian of the above signed student, understand the obligations accepted by my son/daughter as outlined above and give my consent for his/her participation in the New England Student Leadership Conference. I do further release the sponsoring state associations, sponsors of this conference, and any other employee of said organizations from any claim for damages incurred by the said student that might be a direct or indirect outgrowth of his/her participation in this conference.
Signature: Date:
Print Name:
Home Address:
Telephone Number:

To be submitted with the Student Delegate Application, Student Health History,
Liability and Release Waiver, and Elective Session Selection Forms.

Please return to your local state association office by May 18, 2011 (contact information is located on page 13

# **Elective Session Selection Form**

**New England Student Leadership Conference** 

First and Last Name:				
School:				
Home Address:				
City:	State:	Zip:		
participate in two elective sessions. Each of the contemporary topic with an expert in the subje sessions on a first-come, first-served basis through the sessions of their choice. However, due to	ese one-hour s ct field. Stude ugh the use of o space limitat ne following p	s, student participants will have the opportunity to sessions will involve interactive discussion about a ents have the opportunity to pre-register for these if this form. Conference staff will try to place students tions we reserve the right to place students in a sesotential session topics and indicate your top areas of		
Bullying/Cyberbullying		Drug and Alcohol Prevention		
Collegiate Athletic Participatio	n	Role of the High School Captain		
Mental Toughness/Peak Perform	ance	<b>College Admissions Process</b>		
Social Networking Responsibility  Student Leadership		Collegiate Athletic Recruiting  Sportsmanship		
1				
2				
3				

To be submitted with the Student Delegate Application, Student Health History, Liability and Release Waiver, and Code of Conduct Forms.

Please return to your local state association office by May 18, 2011 (contact information is located on page 13)

# **Adult Delegate Application**

**New England Student Leadership Conference** 

Male Female	T-Shirt Size (based on men's sizing):	
First and Last Name:		
Home Address:		
City:	State:	Zip:
Home Phone:	Cell Phone:	
Email Address:		
T-Shirt Size (based on men's sizing)		
School:		
City:	State:	Zip:
School Principal:		
Principal Phone:		
Describe the activities that you sup	ervise, coach or advise:	
In 200 words or less, please answer	r the following question: What does de	veloping citizenship skills through sports
and activities mean to you and how	v do you put your beliefs into practice in	n your school and community?
If selected as a state delegate, I agr	ree to attend the New England Student	Leadership Conference, July 21-24, 2011
Signature:		Date:

Please return to your local state association office by May 18, 2011 (contact information is located on page 13).

# **State Association Contact Information**

**New England Student Leadership Conference** 

Please submit the required registration materials to your local state association at the address listed below by May 18, 2011. For additional conference information, please contact your local state association.

# Connecticut Interscholastic Athletic Conference (CIAC)

30 Realty Drive Cheshire, CT 06410-1655 Phone: (203) 250-1111 Fax: (203) 250-1345

www.casciac.org

# New Hampshire Interscholastic Athletic Association (NHIAA)

251 Clinton Street Concord, NH 03301-8432 Phone: (603) 228-8671

Fax: (602) 225-7978 www.nhiaa.org



# Maine Principals' Association (MPA)

PO Box 2468 50 Industrial Drive Augusta, ME 04338-2468 Phone: (207) 622-0217

Fax: (207) 622-1513 www.mpa.cc



# Rhode Island Interscholastic League (RIIL)

Building 6, R.I. College Campus 600 Mt Pleasant Avenue Providence, RI 02908-1991 Phone: (401) 272-9844

Fax: (401) 272-9838

www.riil.org



# Massachusetts Interscholastic Athletic Association (MIAA)

33 Forge Parkway Franklin, MA 02038-3135 Phone: (508) 541-7997

Fax: (508) 541-9888 www.miaa.net



# **Special Thanks**

**New England Student Leadership Conference** 

The participating state associations give special thanks to the following sponsors for making this event possible:





