

## Skill Development:

The training is designed to enable participants to learn the well-researched psychological theory of attachment so that their behavior becomes naturally aligned to what has been discovered to be a basic need of all human beings. In addition, participants learn to engage in a reflection process protocol that results in insights into understanding and changing both student and teacher behavior.

We have found that the skills learned can be applied to enhancing school climate and building effective leadership capacity within the school.

## Comments from Workshop Participants:

*"The workshop allowed me to reflect on my own behavior in the classroom."*

*"The workshop helped me better understand student behavior."*

*"The workshop helped me realize that I'm not alone in these struggles."*

## Intended Audience:

- A school team consisting of the Principal and two to three faculty.
- The intention of the workshop is to train this team so that faculty learning the basic theory and protocol can provide support and training to others in their building as well as parents.

## AGENDA:

*Each session will include the use of a protocol for addressing difficult behavior in classrooms.*

*Each participant must make a commitment to attend all four sessions.*

### Session 1

*The Science of Attachment Theory and Brain Development*

Nov 10, 2015  
8:30am-12:00pm (includes breakfast)  
CAS, 30 Realty Drive, Cheshire, CT

### Session 2

*Classroom Strategies for Creating Calmer Classrooms*

Jan 19, 2016  
8:30am-11:30am  
ACES, 205 Skiff Street, Hamden, CT

SNOW DATE Jan 28, 2016

### Session 3

*School Wide Approaches to Relationship Building*

Mar 30, 2016  
8:30am-11:30am  
CAS, 30 Realty Drive, Cheshire, CT

### Session 4

*Making the Change to an Attachment Conscious School*

June 7, 2016  
8:30am-1:00pm (includes lunch)  
ACES, 205 Skiff Street, Hamden, CT

# Using a New Lens: A Unique Approach To Understanding Challenging Behavior In Our Schools

A Joint Project of



The Connecticut Association of Schools

&

Area Cooperative Educational Services

aces



The "New Lens" workshop series is designed to support school teams who are committed to changing their school culture to one that sees positive, respectful relationships as the foundation for children's success in learning and in life.

The underlying principle of the series comes from the field of attachment theory which places the quality of relationships between children and their parents, caregivers and teachers as central to the development of healthy brains and security in life.

The school teams who participate will gain a basic understanding of attachment theory, its relevance to the classroom and school environment, and strategies for improving the school culture so that children develop strong connections with adults, their educational and emotional needs are met, and they can thrive to their maximum potential.

*"I think we are entering a time in Connecticut where we can begin to use the concept of quality of relationship as a foundational organizing principle by schools to design and implement school-wide efforts to help many more children thrive in life."*

*Charlie Slaughter  
CT Department of Children & Families*

## Key questions for you to consider:

- Are you looking for ways to improve the quality of relationships in your school so that children can thrive academically and emotionally?
- Are you worried about the rising incidence of children lacking self-regulatory skills?
- Are disruptive behaviors taking up too much of your time?
- Are you looking for a safe, effective, research-based, approach?
- Are you looking for that approach to honor the needs of the child, the teacher, the parent and the overall needs of your school?

## Program Presenters:

### Barbara Stern:

MS, MBA, 6th Year in Ed. Leadership

Barbara Stern Barbara is currently a consultant for the ACES Early Childhood Services on PreK-3rd Grade Initiatives, is an executive coach for LEAD CT, the board chair for the Gesell Institute of Child Development, and in her career in education has been a teacher, staff developer, consultant and elementary principal.

### Patrick Howley:

MS, Certificate of Advanced Graduate Study in Counseling Psychology (CAGS)

Pat Howley, Patrick is an Assistant Executive Director at the Connecticut Association of Schools' Executive Coaching Program and is also a member of the Yale School Development Program National Faculty. He has had a varied career in education that has included teaching at all levels, guidance counseling at the middle and high school levels, a private practice in counseling, and consulting with individuals, schools and business teams nationally and internationally.

*Pat and Barbara are both registered Circle of Security® facilitators.*

## Participants will:

- Build knowledge of the basic tenets of attachment theory, its connection to neurological development, and its impact on a child's approach to learning and relationships.
- Build capacity for viewing classroom behavior as the communication of children's needs.
- Build capacity for responding to children's needs in a way that supports their growth as learners and in relationship capabilities.
- Build capacity for self-reflection to understand how we might make stronger connections to children in distress.

## Registration & Fees:

Register online at:

[www.aces.org/professional-development/workshops](http://www.aces.org/professional-development/workshops)

For registration information contact Mary Lou Woods at [mwoods@aces.org](mailto:mwoods@aces.org)

For questions regarding the workshop content email either presenter:

[bstern@aces.org](mailto:bstern@aces.org)  
[patrickhowley0@gmail.com](mailto:patrickhowley0@gmail.com)

A program fee of \$500 will be assessed for each participant. The fee covers all four sessions, materials and refreshments.