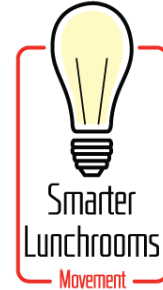


# Smarter Lunchrooms Makeover Pilot

*The Smarter Lunchrooms Makeover Pilot (SLMP) is part of a Team Nutrition grant from the U.S. Department of Agriculture (USDA) to the Connecticut State Department of Education (CSDE) for the period of September 30, 2013 through September 30, 2015. This grant is implemented in collaboration with the State Education Resource Center (SERC), the Rudd Center for Food Policy and Obesity at Yale University (Rudd Center) and the Cornell Center for Behavioral Economics in Child Nutrition Programs (BEN Center).*



## OVERVIEW

**Smarter Lunchrooms** uses evidence-based principles to promote healthy eating and increase students' selection of reimbursable meals. The SLMP will provide a state model for identifying effective strategies to positively influence students' daily food choices. Selected applicants will receive a \$5,000 stipend and personalized technical assistance and training on using successful Smarter Lunchrooms strategies in the school cafeteria. The pilot period is January 2014 through June 2015. For more information, see "SLMP Timeline" on page 2.



## BENEFITS

Pilot schools will implement strategies to promote school nutrition programs and:

- help students **choose healthy foods**;
- increase students' selection of **reimbursable meals**; and
- influence students' daily food choices for **increased meal participation**.

Each SLMP school will receive:

- an **assessment** of current cafeteria operations and an **action plan** with personalized strategies for success;
- on-site **training and technical assistance** for school food service staff; and
- a **\$5,000 stipend** for activities to support activities related to SLMP implementation.

## WHO CAN APPLY

The SLMP application is open to all **public schools** participating in the National School Lunch Program (NSLP) that have completed their **six cents certification** and have no outstanding corrective action from the most recent state review. The application is for an **individual school** not a school district. Up to six schools will be selected. Districts can apply for more than one school but priority will be given to selecting schools from different districts and including representation from urban, suburban and rural settings.

## REQUIREMENTS

Successful applicants must demonstrate the commitment and capacity to change cafeteria operations to incorporate Smarter Lunchrooms strategies. Applicants must also be able to:

- create a SLMP leadership team consisting of the food service director, cafeteria manager, school principal and other individuals as appropriate to local needs;
- provide data to the CSDE for all SLMP baseline and intervention assessments, including meal counts, production records, meal participation and financial information;
- participate in nine plate waste collections conducted by CSDE grant staff;
- attend a two-day Smarter Lunchrooms orientation workshop in early winter 2014 (leadership team);
- attend an on-site Smarter Lunchrooms workshop prior to the start of school year 2014-15 (leadership team and all cafeteria staff); and
- attend additional meetings as required (leadership team).

**Application Deadline: December 3, 2013**

## Smarter Lunchrooms Makeover Pilot, continued

### SLMP TIMELINE

<b>December 3, 2013</b>	Deadline for application.
<b>December 18, 2013</b>	Pilot schools announced.
<b>January 2014 *</b>	SLMP orientation workshop for leadership team in all pilot schools.
<b>January to June 2014</b>	<b>Baseline Pilot Phase:</b> On-site cafeteria assessment and development of personalized Smarter Lunchrooms action plan. Collection of baseline data including three plate waste studies, selected meal components and plate waste, meal counts, production records, meal participation and financial information.
<b>June to August 2014 *</b>	On-site Smarter Lunchrooms training for all school cafeteria staff.
<b>August 2014 to June 2015</b>	<b>Intervention Pilot Phase:</b> Smarter Lunchroom strategies begin. Pilots receive ongoing technical assistance. Ongoing cafeteria assessment and data collection including three plate waste studies in fall 2014 and three plate waste studies in spring 2015.

\* *Training dates may be subject to change.*

### APPLICATION PROCESS

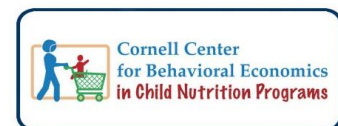
The SLMP application form is available on the [Connecticut Team Nutrition](#) Web page. Submit the original application and six copies by **4:00 p.m. on Tuesday, December 3, 2013** to: Susan S. Fiore, M.S., R.D., Nutrition Education Coordinator, Connecticut State Department of Education, Bureau of Health/Nutrition, Family Services and Adult Education, 25 Industrial Park Road, Middletown, CT 06457. Applications cannot be faxed or e-mailed.

### QUESTIONS

For more information, please contact Susan Fiore at 860-807-2075 or [susan.fiore@ct.gov](mailto:susan.fiore@ct.gov).



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