

**TRACK & FIELD
COACHING CLINIC**

SATURDAY, MARCH 21ST 4 PM-7PM
BETHEL HIGH SCHOOL TRACK & FIELD TRAINING CENTER
300 Whittlesey Drive Bethel, CT

POLE VAULT:

RUSS VANSTEEG Founder of SkyJumpers Connecticut & PV Coach at NFA
NEAL PERRY Running Academy PV Coach & TF Coach at Westhill HS

LONG JUMP/TRIPLE JUMP:

JAMES BARBER Head TF Coach 40 years at Southern CT State University

HURDLES/HIGH JUMP:

NICOLE DUMPSON Hurdle/jumps Coach Central CT State University

SHOT PUT/DISCUS:

GREGG SCHMIDT Head TF Coach Post University

All disciplines will run simultaneously. A midway snack break is included.

FEE: \$40 Cash or Check PAYABLE TO BETHEL BOARD OF EDUCATION
QUESTIONS AND TO REGISTER by March 14th: Yvonne
Grimes grimesy@bethel.k12.ct.us