

**CIAC GIRLS GYMNASTICS INDIVIDUAL CHAMPIONS**

**VAULTING**

Year

1970 M. Lulick  
North Haven

1971 V. Reynolds  
Conard, W. Hartford

1972 Ann McCafferty  
North Haven

1973 Cathy Yuhas  
East Lyme

1974 Denise Massini  
North Haven

1975 Colleen Thornton  
Simsbury

1976 Barbara Powell  
Conard, W. Hartford

1977 Linda Tardiff  
Norwich Free Academy

	<u>L Division</u>	<u>M Division</u>	<u>S Division</u>	<u>Open</u>
1978	Liz Reinsmith Conard, W. Hartford	Lisa Spada Old Saybrook	--	Rose Bassilakas Newington
1979	Cammy Johnson Darien	Mary Mayhew E. Catholic, Manchester	--	Wendee Angus Norwalk
1980	Robin Zak Shelton	Laurie Watrous Morgan, Clinton	--	Mary Mayhew E. Catholic, Manchester
1981	Jenny Heussner Wilton	Tina Sawyer Stafford	--	Carol Ann McCloskey Stafford
1982	Wendy Spivak Staples, Westport	Tina Sawyer Stafford	--	Tina Sawyer Stafford
1983	Terri Daniels Simsbury	C. McCloskey Stafford	--	Terri Daniels Simsbury
1984	Jayne LeDoux Norwich Free Academy	Tina Sawyer Stafford	--	Terri Fink Simsbury
1985	Terri Fink Simsbury	K. Rohm Ledyard	--	Terri Fink Simsbury
1986	Terri Fink Simsbury	M. Leach Ledyard	--	Terri Fink Simsbury
1987	Terri Fink Simsbury	Tory Wood St. Bernard, Uncasville	Jada Hildabrand Ledyard	Jada Hildabrand Ledyard
1988				

## Girls Gymnastics -- Vaulting

<u>Year</u>	<u>L Division</u>	<u>M Division</u>	<u>S Division</u>	<u>Open</u>
1989	Kim Clear Westhill, Stamford	Kerry Robitaille Killingly	W. Crocker Joel Barlow, Redding	Kim Clear Westhill, Stamford
1990	D. Polletta Holy Cross, Waterbury	Kristen Drayton Wethersfield	Lisa Shapiro Granby Memorial	Kerry Robitaille Killingly
1991	Meghan Wiggen Simsbury	Kristen Drayton Wethersfield	Shelly Bouchier Joel Barlow, Redding	Kristen Drayton Wethersfield
1992	A. Trantanella Westhill, Stamford	R. Shanley Daniel Hand, Madison	Lisa Shapiro Granby Memorial	R. Shanley Daniel Hand, Madison
1993	Gretchen Albright Southington	Kristy Webster Ridgefield	Kelly Wildowski Griswold	Kathy Aiken Simsbury
1994	J. Fallon New Milford	A. Hutsell Simsbury	S. Foster Wilton	
1995	C. Flynn Brookfield	K. Wildowsky Griswold	C. Petrovita Wamogo, Litchfield	K. Wildowsky, Griswold C. Flynn, Brookfield
1996	Carrie Backlund Glastonbury	Kerry Ann Mullen New Milford Erica Smith Simsbury	Sydney Foster Wilton	Sydney Foster Wilton
1997				
1998	Christy Green Norwich Free Ac.	Sajdah Ahmad New London	She'ree Smith Nonnewaug, Woodbury	Sajdah Ahmad New London
1999	Christy Green Norwich Free Ac.	Ashley Ludwig Ridgefield Nora Humphrey Daniel Hand, Madison	She'ree Smith Nonnewaug, Woodbury	Christy Green Norwich Free Ac.
2000	Emily Smuckler Pomperaug, Southbury	Anna Wyhs New Milford	Jolene Woznicki Wamogo, Litchfield	Anna Wyhs New Milford
2001	Kathryn Bramley South Windsor	Megan Doerrer Morgan, Clinton	Joelene Woznicki Wamogo, Litchfield	Kadee Bramley South Windsor
2002	Helen Strong Norwich Free Ac.	Anna Wyhs New Milford	Alexander Beriozkina New Canaan	Jessica McNell Darien
2003	Gretchen Swarr Fairfield	Jenn Lenches Branford	Rebecca Opalacz East Windsor	Jenn Lenches Branford
2004	Jenn Lenches Branford	Heather Bodington Wethersfield	Rebecca Opalacz East Windsor	Jenn Lenches Branford
2005	Jessica Gianatti Southington	Jenna Bradle New Milford	Carly Rando Old Lyme	Jessica Gianatti Southington
2006	Jenna Bradle New Milford	Justine Basley Killingly	Carly Rando Old Lyme	Yvette Miranda Southington
2007	Jessica Gianatti Southington	Lauren Pytel Holy Cross, Waterbury	Kasey Fillmore Killingly	Yvette Miranda Southington
2008				Mallory Miller Pomperaug, Southbury

Girls Gymnastics -- Vaulting

Open

2009

Allie Black  
Fitch/Waterford

2010

Stephanie Kiback  
Newington

2011

Katie Freese  
Valley Reg.

**CIAC GIRLS GYMNASTICS INDIVIDUAL CHAMPIONS**

**UNEVEN PARALLEL BARS**

Year

1970 Karen Mahon  
Hamden

1971 V. Reynolds  
Conard, W. Hartford

1972 C. Buslovitz  
Hamden

1973 Wendy Hayes  
Wm. Hall, W. Hartford

1974 Wendy Hayes  
Wm. Hall, W. Hartford

1975 Winky Ward  
Darien

1976 Winky Ward  
Darien

1977 Linda Tardiff  
Norwich Free Academy

	<u>L Division</u>	<u>M Division</u>	<u>S Division</u>	<u>Open</u>
1978	Marilyn Hansler Greenwich	Lisa Spada Old Saybrook	--	Sue Hopkins Norwich Free Academy
1979	Kathy Raftis Simsbury	Mary Mayhew E. Catholic, Manchester	--	Mary Mayhew E. Catholic, Manchester
1980	Jayne Dean Staples, Westport	Tina Craven St. Bernard, Uncasville	--	Jayne Dean Staples, Westport
1981	Wendy Spivak Staples, Westport	Tina Craven St. Bernard, Uncasville	--	Wendy Spivak Staples, Westport
1982	Wendy Spivak Staples, Westport	Jody McCalmont Farmington	--	Beth Cook Cheshire
1983	Jayne LeDoux Norwich Free Academy	Debbie Camarata Wilton	--	Kelly Witt Simsbury
1984	Terri Fink Simsbury	Kim Streng Joel Barlow, Redding	--	Kim Streng Joel Barlow, Redding
1985	Terri Fink Simsbury	B. Wellman Wilton	--	Kelly Witt Simsbury
1986	Kelly Witt Simsbury	Kira Rohm Ledyard	--	Kira Rohm Ledyard
1987	Melissa Wishart Glastonbury	K. Kindler Wilton	Kira Rohm Ledyard	Jada Hildabrand Ledyard
1988				

CIAC Girls Gymnastics -- Uneven Parallel Bars

<u>Year</u>	<u>L Division</u>	<u>M Division</u>	<u>S Division</u>	<u>Open</u>
1989	Kim Clear Westhill, Stamford	Kerry Robitaille Killingly	H. Waters Nonnewaug, Woodbury	Kerry Robitaille Killingly
1990	Julie Richardson Simsbury	Kerry Robitaille Killingly	Lisa Shapiro Granby Memorial	Kerry Robitaille Killingly
1991	Julie Richardson Simsbury	Ellen Myerson Conard, W. Hartford	Amy Roberts Nonnewaug, Woodbury	Ellen Myerson Conard, W. Hartford
1992	Ellen Myerson Conard, W. Hartford	Kathy Aiken Simsbury	Amy Roberts Nonnewaug, Woodbury	Ellen Myerson Conard, W. Hartford
1993	Kathy Aiken Simsbury	Courtney Santagata Branford	Kelly Wildowski Griswold	Kathy Aiken Simsbury
1994	J. Fallon New Milford	A. Hutsell Simsbury	Amy Roberts Nonnewaug, Woodbury	
1995	C. Flynn Brookfield	K. Wildowsky Griswold	S. Foster Wilton	C. Flynn Brookfield
1996	Jeri Bellwin Stamford Joey Marie Kochanski Norwich Free Ac.	Courtney Santagata Branford	Sydney Foster Wilton	Jeri Bellwin Stamford
1997				
1998	Christy Green Norwich Free Ac.	Caitlin MacAlpine Foran, Milford	Shaela Wells Wilton	Christy Green Norwich Free Ac.
1999	Jenna Rettstadt Pomperaug Joey Marie Kochanski Norwich Free Ac.	Liz Napolitano Wethersfield Liz Sands Farmington	Tara Cartier East Granby	Christy Green Norwich Free Ac.
2000	Jenna Rettstadt Pomperaug, Southbury	Liz Kellogg Conard, W. Htfd.	Jessica McNell Darien	Liz Kellogg Conard, W. Hartford
2001	Katie Zilm Hamden	Jenna Rettstadt Pomperaug, Southbury	Jessica McNell Darien	Amanda Terrien Valley Reg., Deep River
2002	Jennifer Freeman Westhill, Stamford	Christine McAulay Pomperaug, Southbury	Jessica McNell Darien	Jade Fairclough Pomperaug, Southbury
2003	Katie Zilm Hamden	Jenn Lenches Branford	Talia Moyher Lauralton Hall	Katie Zilm Hamden
2004	Jenn Lenches Branford	Anne Bordieri Wethersfield	Kasey Fillmore Killingly	Kasey Fillmore Killingly
2005	Kristy Dougan Southington	Kasey Fillmore Killingly	Alyssa Strickland Daniel Hand, Madison	Kasey Fillmore Killingly
2006	Yvette Mirando Southington	Kasey Fillmore Killingly	Katie Lawrence Old Lyme	Justine Basley Killingly
2007	Katie Lawrence Old Lyme	Ashley O'Connor New Milford	Kasey Fillmore Killingly	Kasey Fillmore Killingly
2008				Christine Caron Killingly

Girls Gymnastics -- Uneven Parallel Bars

Open

2009

Stephanie Kiback  
Newington

2010

Morgan Whitehead  
Darien

2011

Morgan Whitehead  
Darien

**CIAC GIRLS GYMNASTICS INDIVIDUAL CHAMPIONS**

**FLOOR EXERCISE**

Year

1970 S. Coffey  
East Lyme

1971 V. Reynolds  
Conard, W. Hartford

1972 Ann McCafferty  
North Haven

1973 Ann McCafferty  
North Haven

1974 Carol Dziedzic  
Jonathan Law, Milford

1975 Colleen Thornton  
Simsbury

1976 Karen Arneberg  
Darien

1977 Linda Tardiff  
Norwich Free Academy

	<u>L Division</u>	<u>M Division</u>	<u>S Division</u>	<u>Open</u>
1978	Karen Hungerford Conard, W. Hartford	Kathy Hickey Mercy, Middletown	--	Allison Kuczo Norwalk
1979	Lynn Rosenberg Simsbury	Mary Mayhew E. Catholic, Manchester	--	Louise Liskiewicz Norwich Free Academy
1980	Jayne Dean Staples, Westport	Jody McCalmont Farmington	--	
1981	Wendy Spivak Staples, Westport	Tina Craven St. Bernard, Uncasville	--	Robin Zak Shelton
1982	Wendy Spivak, Staples Robin Zak, Shelton	Jody McCurry North Branford	--	Robin Zak Shelton
1983	Wendy Spivak Staples, Westport	Betsy Wellman Wilton	--	Jayne Ledoux Norwich Free Academy
1984	Terri Fink Simsbury	Tina Sawyer Stafford	--	Terri Fink Simsbury
1985	Terri Fink Simsbury	Betsy Wellman Wilton	--	Terri Fink Simsbury
1986	Terri Fink Simsbury	Kira Rohm Ledyard	--	Terri Fink Simsbury
1987	Terri Fink Simsbury	K. Kindler Wilton	Kira Rohm Ledyard	K. Kindler Wilton
1988				

CIAC Girls Gymnastics - Floor Exercise

<u>Year</u>	<u>L Division</u>	<u>M Division</u>	<u>S Division</u>	<u>Open</u>
1989	Kim Clear Westhill, Stamford	Kerry Robitaille Killingly	E. Spreng Morgan, Clinton	Kim Clear Westhill, Stamford
1990	Julie Richardson Simsbury	Kerry Robitaille Killingly	Lisa Shapiro Granby Memorial	Kerry Robitaille Killingly
1991	Kathy Aiken Simsbury	Ellen Myerson Conard, W. Hartford	Amy Roberts Nonnewaug, Woodbury	Amy Roberts Nonnewaug, Woodbury
1992	M. Albanese, Greenwich A. Trantanella, Westhill	Meghan Wiggen Simsbury	Amy Roberts Nonnewaug, Woodbury	Lisa Shapiro, Granby Amy Roberts, Nonnewaug
1993	Meghan Wiggen simsbury	Trisha Dwyer Conard, W. Hartford	Amy Roberts Nonnewaug, Woodbury	Kathy Aiken Simsbury
1994	K. Mullen New Milford	A. Hutsell Simsbury	Amy Roberts Nonnewaug, Woodbury	
1995	C. Flynn Brookfield	K. Wildowsky Griswold	M. Cahill Darien	K. Wildowsky Griswold
1996	Joey Marie Kochanski Norwich Free Ac.	Kerry Ann Mullen New Milford	Sydney Foster Wilton	Joey Marie Kochanski Norwich Free Ac.
1997				
1998	Joey Marie Kochanski Norwich Free Ac.	Ginny Nukols New Canaan	Cathy Yanosy Granby Memorial	Joey Marie Kochanski Norwich Free Ac.
1999	Christy Green Norwich Free Ac.	Amy Sfara Farmington	Jolene Woznicki Wamogo, Litchfield	Christy Green Norwich Free Academy
2000	Kendal Mainville Norwich Free Ac.	Anna Wyhs New Milford	Jolene Woznicki Wamogo, Litchfield	Jolene Woznicki Wamogo, Litchfield
2001	Alyssa Rosen Westhill, Stamford	Anna Wyhs New Milford	Sara Steuer Wilton	Kadee Bramley South Windsor
2002	Ali Bronson Torrington	Anna Wyhs New Milford	Jessica McNell Darien	Ann Wyhs New Milford
2003	Katie Zilm Hamden	Christie McAulay Pomperaug, Southbury	Nicole Dauphinais Litchfield	Christine McAulay Pomperaug, Southbury
2004	Jenn Lenches Branford	Heather Bodington Wethersfield	Kasey Fillmore Killingly	Jenn Lenches Branford
2005	Yvette Miranda Southington	Heather Bodington Wethersfield	Katie Lawrence Old Lyme	Christine McAulay Pomperaug
2006	Kristy Dougan Southington	Justine Basley Killingly	Katie Lawrence Old Lyme	Kasey Fillmore Killingly
2007	Yvette Miranda Southington	Lauren Pytel Holy Cross, Waterbury	Kasey Fillmore Killingly	Kasey Fillmore Killingly
2008				Mallory Miller Pomperaug, Southbury

Girls Gymnastics -- Floor Exercise

Open

2009

Mackenzie Driscoll  
Fitch/Waterford

2010

Ashley O'Connor  
New Milford

2011

Montera Tomasetti  
Waterford

**CIAC GIRLS GYMNASTICS INDIVIDUAL CHAMPIONS**

**BALANCE BEAM**

Year

1970 S. Galligan  
East Lyme

1971 Ann McCafferty  
North Haven

1972 Pam Gustavson  
Hamden

1973 Pam Gustavson  
Hamden

1974 Carol Dziedzic  
Jonathan Law, Milford

1975 Colleen Thornton  
Simsbury

1976 Lynn Rosenberg, Simsbury  
Katie Baptie, North Haven

1977 Linda Tardiff  
Norwich Free Academy

	<u>L Division</u>	<u>M Division</u>	<u>S Division</u>	<u>Open</u>
1978	Lynn Rosenberg Simsbury	Ellen McMurray Daniel Hand, Madison	--	Barbie Lord Greenwich
1979	Marilyn Hanssler Greenwich	Mary Mayhew E. Catholic, Manchester	--	Barbie Lord Greenwich
1980	Robin Zak Shelton	Tina Craven St. Bernard, Uncasville	--	
1981	Wendy Spivak Staples, Westport	Dawn Smith New Milford	--	Wendy Spivak Staples, Westport
1982	Wendy Spivak Staples, Westport	Dana Pendelton Daniel Hand, Madison	--	Daracie Muro, Norwalk Wendy Spivak, Staples Tina Spurkeland, Staples
1983	Wendy Spivak Staples, Westport	Debbie Camarata Wilton	--	Jayne LeDoux Norwich Free Academy
1984	Betsy Wellman Wilton	Tina Sawyer Stafford	--	Terri Fink Simsbury
1985	Terri Fink Simsbury	L. Heffernan Stonington	--	Terri Fink Simsbury
1986	M. Granito Wilton	Kira Rohm Ledyard		Leslie St. Amant Simsbury
1987	Terri Fink Simsbury	K. Kindler Wilton	Jada Hildabrand Ledyard	Leslie St. Amant Simsbury
1988				

CIAC Girls Gymnastics - Balance Beam

<u>Year</u>	<u>L Division</u>	<u>M Division</u>	<u>S Division</u>	<u>Open</u>
1989	Kim Clear Westhill, Stamford	M. Winston Stamford	E. Spreng Morgan, Clinton	Kerry Robitaille Killingly
1990	Janna Crowley Fairfield	Kerry Robitaille Killingly	Lisa Shapiro Granby Memorial	Kristen Drayton Wethersfield
1991	Amy Trantanella Westhill, Stamford	Ellen Myerson Conard, W. Hartford	Lee Blinn Morgan, Clinton	Ellen Myerson Conard, W. Hartford
1992	Ellen Myerson Conard, W. Hartford	Kathy Aiken Simsbury	Lisa Shapiro Granby Memorial	Amy Trantanella Westhill, Stamford
1993	Kathy Aiken Simsbury	Emily Gee Killingly	Sydney Foster Wilton	Amy Roberts Nonnewaug, Woodbury
1994	L. Lee Glastonbury	A. Hutsell Simsbury	S. Foster Wilton	
1995	A. Surette Norwich Free Academy	J. Sanderson Ridgefield	M. Cahill Darien	K. Wildowsky Griswold
1996	Vanessa Karasiewicz Greenwich	Laura McClure Ridgefield	Sydney Foster Wilton	Anne Marie Surette Norwich Free Ac.
1997				
1998	Joey-Marie Kochanski Norwich Free Ac.	Sajdah Ahmad New London	Cathy Yanosy Granby Memorial	Joey-Marie Kochanski Norwich Free Ac.
1999	Joey Marie Kochanski Norwich Free Ac.	Pam Knight Ridgefield	Jolene Woznicki Wamogo, Litchfield	Tara Cartier East Granby
2000	Kendal Mainvelle Norwich Free Ac.	Liz Sands Farmington	Jolene Woznicki Wamogo, Litchfield	Jolene Woznicki Wamogo, Litchfield
2001	Kathryn Bramley South Windsor	Jenna Rettstadt Pomperaug, Southbury	Jolene Woznicki Wamogo, Litchfield	Kadee Bramley South Windsor
2002	Kendal Mainvelle Norwich Free Ac.	Christine McAulay Pomperaug, Southbury	Jessica McNell Darien	Kendal Mainvelle Norwich Free Ac.
2003	Samantha Stalley Rockville/Somers	Hannah Scott Valley Reg.	Kelly Conron Wamogo, Litchfield	Christine McAulay Pomperaug, Southbury
2004	Jenn Lenches Branford	Jeanne Bradle New Milford	Kasey Fillmore Killingly	Kasey Fillmore Killingly
2005	Kristy Dougan Southington	Kasey Fillmore Killingly	Katie Lawrence Old Lyme	Kristy Dougan Southington
2006	Kristy Dougan Southington	Kasey Fillmore Killingly	Katie Lawrence Old Lyme	Kristy Dougan Southington
2007	Kristy Dougan Southington	Lauren Pytel Holy Cross, Waterbury	Kasey Fillmore Killingly	Justine Basley Killingly
2008				Jennifer Fuggi West Haven

Girls Gymnastics – Balance Beam

Open

2009

Ashley O'Connor  
New Milford

2010

Ashley O'Connor  
New Milford

2011

Lauren McCormick  
Glastonbury

**CIAC GIRLS GYMNASTICS INDIVIDUAL CHAMPIONS**

**ALL AROUND**

Year

1970 M. Kulick  
North Haven

1971 S. Galligan  
East Lyme

1972 Ann McCafferty  
North Haven

1973 Ann McCafferty  
North Haven

1974 Ann McCafferty  
North Haven

1975 Coleen Thornton  
Simsbury

1976

1977 Linda Tardiff  
Norwich Free Academy

L Division

M Division

S Division

Open

1978			--	Lynn Rosenberry Simsbury
1979			--	Mary Mayhew E. Catholic, Manchester
1980			--	Jayne Dean Staples, Westport
1981			--	Tina Craven Staples, Westport
1982	Wendy Spivak Staples, Westport	Judy McCurry No. Branford	--	Judy McCurry No. Branford
1983	Wendy Spivak Staples, Westport	Betsy Wellman Wilton	--	Jayne Ledoux Norwich Free Ac.
1984	Jayne Ledoux Norwich Free Ac.	Tina Sawyer Stafford	--	Terri Fink Simsbury
1985	Terri Fink Simsbury	Betsy Wellman Wilton	--	Terri Fink Simsbury
1986	Terri Fink Simsbury	Kira Rohm Ledyard	--	Terri Fink Simsbury
1987				
1988				

CIAC Girls Gymnastics -- All Around

<u>Year</u>	<u>L Division</u>	<u>M Division</u>	<u>S Division</u>	<u>Open</u>
1989	Kim Clear Westhill, Stamford	Kerry Robitaille Killingly	E. Spreng Morgan, Clinton	Kerry Robitaille Killingly
1990	Julie Richardson Simsbury	Kerry Robitaille Killingly	Lisa Shapiro Granby Memorial	Kerry Robitaille Killingly
1991	Julie Richardson Simsbury	Ellen Myerson Conard, W. Hartford	Shelly Bouchier Joel Barlow, Redding	Ellen Myerson Conard, W. Htfd.
1992	Amy Trantanella Westhill, Stamford	Meghan Wiggen Simsbury	Lisa Shapiro Granby Memorial	Meghan Wiggen Simsbury
1993	Kathy Aiken Simsbury	Lee Blinn Morgan, Clinton	Sydney Foster Wilton	Kathy Aiken Simsbury
1994				
1995				
1996	Joey Marie Kochanski Norwich Free Ac.	Erica Smith Simsbury	Sydney Foster Wilton	Joey Marie Kochanski Norwich Free Ac.
1997				
1998	Joey-Marie Kochanski Norwich Free Ac.	Caitlin MacAlpine Foran, Milford	Cathy Yanosky Granby Memorial	Joey-Marie Kochanski Norwich Free Ac.
1999	Joey-Marie Kochanski Norwich Free Ac.	Liz Sands Farmington	Tara Cartier East Granby	Christy Green Norwich Free Ac.
2000	Kendal Mainvelle Norwich Free Ac.	Liz Sands Farmington	Jolene Woznicki Wamogo, Litchfield	Jolene Woznicki Wamogo, Litchfield
2001	Kathryn Bramley South Windsor	Jenna Rettstadt Pomperaug, Southbury	Jolene Woznicki Wamogo, Litchfield	Kadee Bramley South Windsor
2002	Jennifer Freeman Westhill, Stamford	Anna Wyhs New Milford	Jessica McNell Darien	Christine McAulay Pomperaug, Southbury
2003	Katie Markelz Fairfield	Jenn Lenches Branford	Talia Moyher Lauralton Hall	Christine McAulay Pomperaug, Southbury
2004	Jenn Lenches Branford	Jeanne Bradle New Milford	Kasey Fillmore Killingly	Kasey Fillmore Killingly
2005	Kristy Dougan Southington	Kasey Fillmore Killingly	Katie Lawrence Old Lyme	Kristy Dougan Southington
2006	Yvette Mirando Southington	Kasey Fillmore Killingly	Katie Lawrence Old Lyme	Kasey Fillmore Killingly
2007	Rebecca Mirando Southington	Lauren Pytel Holy Cross, Waterbury	Kasey Fillmore Killingly	Justine Basley Killingly
2008				Molly McKinnon Southington

Girls Gymnastics -- All Around

Open

2009

Ashley O'Connor  
New Milford

2010

Ashley O'Connor  
New Milford

2011

Katie Freese  
Valley Reg.