

PRACTICE AND COMPETITION TIMES FOR FRIDAY MARCH 3, 2017

		STRETCH	FOUR STRIPS	FULL MAT	PERFORMANCE
1).	CCSU (Exhibition)	5:30 PM	5:34 PM	5:38 PM	6:20 PM
2).	Amistad (S)	5:34 PM	5:38 PM	5:42 PM	6:24 PM
3).	Torrington (Coed)	5:38 PM	5:42 PM	5:46 PM	6:28 PM
4).	Westbrook (S)	5:42 PM	5:46 PM	5:50 PM	6:32 PM
5).	Hall (Coed)	5:46 PM	5:50 PM	5:54 PM	6:36 PM
6).	St. Paul Catholic (S)	5:50 PM	5:54 PM	5:58 PM	6:40 PM
7).	North Haven (Coed)	5:54 PM	5:58 PM	6:02 PM	6:44PM
8).	Wheeler (S)	5:58 PM	6:02 PM	6:06 PM	6:48 PM
9).	New London (Coed)	6:02 PM	6:06 PM	6:10 PM	6:52 PM
10).	East Hampton (S)	6:06 PM	6:10PM	6:14 PM	6:56 PM
11).	Wamogo (Coed)	6:10 PM	6:14 PM	6:18 PM	7:00 PM
12).	Coginchaug (S)	6:14 PM	6:18 PM	6:22 PM	7:04 PM
13).	Killingly (Coed)	6:18 PM	6:22 PM	6:26 PM	7:08 PM
14).	Holy Cross (S)	6:22 PM	6:26 PM	6:30 PM	7:12 PM
15).	Seymour (Coed)	6:26 PM	6:30 PM	6:34 PM	7:16 PM
16).	Cromwell (S)	6:30 PM	6:34 PM	6:38 PM	7:20 PM
17).	Daniel Hand (Coed)	6:34 PM	6:38 PM	6:42 PM	7:24 PM
18).	Thomaston (S)	6:38 PM	6:42 PM	6:46 PM	7:28 PM
19).	Norwalk (Coed)	6:42 PM	6:46 PM	6:50 PM	7:32 PM
20).	Oxford (S)	6:46 PM	6:50 PM	6:54 PM	7:36 PM
21).	Manchester (Coed)	6:50 PM	6:54 PM	6:58 PM	7:40 PM
22).	Notre Dame Fairfield (S)	6:54 PM	6:58 PM	7:02 PM	7:44 PM
		JUDGES BREAK			
23).	Immaculate (S)	7:04 PM	7:08 PM	7:12 PM	7:54 PM
24).	East Lyme (Coed)	7:08 PM	7:12 PM	7:16 PM	7:58 PM
25).	North Branford (S)	7:12 PM	7:16 PM	7:20 PM	8:02 PM
26).	Branford (Coed)	7:16 PM	7:20 PM	7:24 PM	8:06 PM
27).	Shepaug Valley (S)	7:20 PM	7:24 PM	7:28 PM	8:10 PM
28).	Sacred Heart, (Coed)	7:24 PM	7:28 PM	7:32 PM	8:14 PM
29).	Derby (S)	7:28 PM	7:32 PM	7:36 PM	8:18 PM
30).	Bridgeport Central (Coed)	7:32 PM	7:36 PM	7:40 PM	8:22 PM
31).	Northwest Catholic (S)	7:36 PM	7:40 PM	7:44 PM	8:26 PM
32).	East Hartford (Coed)	7:40 PM	7:44 PM	7:48 PM	8:30 PM
33).	Litchfield (S)	7:44 PM	7:48 PM	7:52 PM	8:34 PM
34).	NFA (Coed)	7:48 PM	7:52 PM	7:56 PM	8:38 PM
35).	Ansonia (S)	7:52 PM	7:56 PM	8:00 PM	8:42 PM
36).	Woodstock Acdmy (Coed)	7:56 PM	8:00 PM	8:04 PM	8:46 PM
37).	Portland (S)	8:00 PM	8:04 PM	8:08 PM	8:50 PM
38).	Morgan (S)	8:04 PM	8:08 PM	8:12 PM	8:54 PM
39).	UNH (Exhibition)	8:08 PM	8:12 PM	8:16 PM	8:58 PM
40).	Daniel Hand (Unified)	8:12 PM	8:16 PM	8:20 PM	9:02 PM
41).		8:16 PM	8:20 PM	8:24 PM	9:06 PM
42).		8:20 PM	8:24 PM	8:28 PM	9:10 PM
43).		8:24 PM	8:28 PM	8:32 PM	9:14 PM
44).		8:28 PM	8:32 PM	8:36 PM	9:18 PM
45).					

PRACTICE AND COMPETITION TIMES FOR FRIDAY MARCH 3, 2017

4:15 pm Gym opens for participants

5:15 pm Gym opens for spectators

5:15 pm Coaches meeting

5:30 pm Practice begins

6:15 pm Announcements

6:20 pm Competition begins

9:15 pm Competition ends

9:30 pm Awards