

**PLEASE CHECK ALL THAT APPLY:**

- MAY 31 - INSTRUCTOR - DR. ELIZABETH O'NEILL (\$30)  
*Coaching the Female Athlete*
- JUNE 2 - INSTRUCTOR - DR. DAVID HARACKIEWICZ (\$30)  
*Drugs and Performance Enhancing Supplements (including enhancing athletic performance through proper nutrition)*
- JUNE 2 - INSTRUCTOR - PAUL HOEY (\$30)  
*CIAC Rules and Regulations*
- JUNE 2 - INSTRUCTOR - DR. STEPHEN HOAG (\$30)  
*The All-Adult Construct of Coaching (building the structure for all adults connected with the athletic program)*
- JUNE 3 - INSTRUCTOR - CHARLES EGER (\$30)  
*Strength and Conditioning Design for Interscholastic Athletics Programs*
- JUNE 3 - INSTRUCTOR - DOROTHY FRANCO-REED (\$30)  
*Leadership of Interscholastic Athletics Programs (including communication with parents, players and the media)*

**NOTE:** The State Department of Education requirement can be fulfilled by taking any five of the above courses. Participants are offered a special rate of five courses for \$125.



THE CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE  
30 Realty Drive • Cheshire, CT 06410  
• (203)250-1111 • FAX: (203)250-1345 • [www.casciac.org](http://www.casciac.org) •

THE CONNECTICUT HIGH SCHOOL COACHES' ASSOCIATION  
• [www.cthssports.com](http://www.cthssports.com) •

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THE CONNECTICUT INTERSCHOLASTIC ATHLETIC  
CONFERENCE  
30 REALTY DRIVE  
CHESHIRE, CT 06410



The Connecticut Interscholastic Athletic Conference  
The Connecticut High School Coaches' Association  
**COACHES RE-CERTIFICATION  
COURSES**

**Spring  
2007**



*an investment in youth and sport*

**Coaches Re-Certification Courses**  
Cheshire, CT -- May-June 2007

■ What are Coaches Re-certification Courses?

These course offerings provide an opportunity for coaches to experience quality professional development while also satisfying the State Department of Education requirement to obtain fifteen hours of approved course work during the five years for which a coaching permit is approved. Outstanding presenters will provide contemporary, interesting and important information to coaches.

■ Who should attend?

Any coach interested in furthering his/her coaching knowledge and/or any coach interested in satisfying the requirements for renewal of the coaching permit.

■ General description

Interested individuals may sign up for any number of courses. There is no requirement that all the courses or even a minimal number be taken. The topics covered include ethics and sportsmanship; practical sport psychology for middle school and high school programs; team organization as well as team selection; gender equity and diversity; contemporary drug issues; and, sport nutrition.

■ Cost

Individual courses are \$30.00 each. Take any combination of five courses and pay only \$125.

*Sign up for the five weekend courses (June 2nd & 3rd) and take advantage of the opportunity to earn all of the required fifteen hours of course work within a two-day time period!*

■ Benefits

Participants will receive CEUs for their attendance and they will receive a certificate indicating the number of class hours earned toward re-certification.

■ When and Where?

The re-certification courses will be offered in May and June (see schedule on center panel). All courses will be held at the CIAC offices, 30 Realty Drive, Cheshire, CT.

Visit [www.casciac.org/directions.shtml](http://www.casciac.org/directions.shtml) for directions.

Enrollment will be limited to 30 participants.

# COURSE OFFERINGS

■ MAY 31 - INSTRUCTOR - DR. ELIZABETH O'NEILL  
6:00-9:00 P.M.

**Coaching the Female Athlete**

■ JUNE 2 - INSTRUCTOR - DR. DAVID HARACKIEWICZ  
8:00 - 11:00 A.M.

**Drugs and Performance Enhancing Supplements**

*(including enhancing athletic performance through proper nutrition)*

■ JUNE 2 - INSTRUCTOR - PAUL HOEY  
11:30 A.M. - 2:30 P.M.

**CIAC Rules and Regulations**

■ JUNE 2 - INSTRUCTOR - DR. STEPHEN HOAG  
2:45 - 5:45 P.M.

**The All-Adult Construct of Coaching**

■ JUNE 3 - INSTRUCTOR - CHARLES EGER  
8:00 A.M. - 11:00 A.M.

**Strength and Conditioning Design for Interscholastic Athletics Programs**

■ JUNE 3 - INSTRUCTOR - DOROTHY FRANCO-REED  
11:00 A.M. - 2:00 P.M.

**Leadership of Interscholastic Athletics Programs**

*(including communication with parents, players and the media)*

## Connecticut State Department of Education Requirement

A coaching permit shall be renewable every five years upon completion of not less than 15 clock hours of seminars, course work, or workshops which provide information on safe and healthful coaching practices and understanding child and adolescent development. *(SDE Coaching Fact Sheet #105)*

# REGISTRATION

CIAC COACHES RE-CERTIFICATION COURSES

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SCHOOL AFFILIATION (IF APPLICABLE) \_\_\_\_\_

TELEPHONE NUMBER \_\_\_\_\_ SS# (FOR CEUs ONLY) \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

**PLEASE COMPLETE COURSE SELECTION FORM ON REVERSE SIDE**  
**OR REGISTER ON-LINE AT:**  
**[www.casciac.org/register](http://www.casciac.org/register)**

**PAYMENT INFORMATION:**

*Check one of the following*

- Check enclosed (make payable to CAS)
- PO # \_\_\_\_\_
- Visa  Master Card

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

**Mail registration and payment to:**

**CIAC Coaches Re-certification Courses**  
**30 Realty Drive**  
**Cheshire, CT 06410**