



Connecticut Association of Schools *presents*

A Conference For Student Leaders *Go for the G.O.L.D* On & Off the Field

Inside this issue:

Mark Scharenbroich Bio	2
Daniel Switchenko Bio	2
Suzy Whaley Bio	2
Workshops Topics	3
Advisor/Coach Strand	3
Conference Agenda	4
Registration Instructions	5
Code of Conduct Form	6
Student Health History	7
Registration Form	8

Special Thanks to:
CAS
CIAC CAAD
CASC
Lifetouch



Student members of the Conference Planning Committee in a meeting last spring. This year, students represent East Hartford High School, Hamden High School, Holy Cross High School, Manchester High School, Middletown/Wesleyan Upward Bound Program, Plainville High School, Pomperaug High School and St. Paul's Catholic High School.

University of Connecticut ~ March 12-13, 2004

Directions to the Nathan Hale Inn and Conference Center:

I-84 East or West
Take Exit No. 68, CT-195 South.
Proceed onto 195 South and follow it straight to the University of Connecticut.
Take a right onto Mansfield Road

(Look for a large pond on your right. Mansfield Road is at the next set of lights.)

At the first stop sign, go left onto Gilbert Road.
Go left onto Gilbert Extension. The Nathan Hale Inn is straight ahead.

Directions to the Best

Western Regent Inn:

I-84 East or West
Take Exit No. 68, CT-195 South.
Proceed onto 195 South and follow it straight to the University of Connecticut. Pass campus and proceed for 5 miles to Mansfield Center. Hotel will be on the right.



Keynote Speaker on Friday, March 12, 2004.

Mark has presented over 3500 programs from as far north as the Arctic Circle to as far south as the Panama Canal.

KEYNOTE SPEAKER—FRIDAY, March 12th
Mark Scharenbroich

Through connecting the mind and heart, today's speaker will help us understand how simple acts can have a big impact in both our professional and our personal lives.

Over the past twenty-five years, Mark "Sharon-brock" has traveled over two million miles speaking to audiences in every state in the United States, every province of Canada and in Europe.

Mark has presented over 3500 programs from as far north as

the Arctic Circle to as far south as the Panama Canal.

He is well known as a writer, performer and director of several award-winning films and video training programs. His video, "Is This Your First?" is used in over 1000 hospital pre-natal education classes. Mark also earned an Emmy award for his ABC television special, "Doing Great."

Mark's presentation will help all of us connect mind and heart in the workplace, in our homes and

in our communities.

School spirit is not pom pons and pep rallies. School spirit is a simple process of connecting the dots. If each group within your school—the skaters, the music kids, the staff, the jocks—is a dot, then school spirit is the connections made between those dots. Healthy schools promote connections between these groups so that students and staff feel connected.

For more information visit: www.markthespeaker.com

KEYNOTE SPEAKER—SATURDAY, March 13th
Daniel Switchenko, Ph.D.

Dr. Switchenko earned his doctorate from The Ohio State University in Exercise Science. He is a professor of exercise physiology and the former head basketball coach at Eastern Connecticut State University. He

now serves as a Substance Abuse Prevention Specialist and travels sharing a messages about the effect of substance abuse upon academic and athletic performance. In addition to substance abuse, he also covers important

topics concerning success and leadership. Dr. Switchenko appears regularly at the Massachusetts Sportsmanship Summit and the State of Vermont State Leadership Conference.



Suzy Whaley to be Closing Speaker on Saturday, March 13, 2004.

"I was certainly happy to win the PGA of America's Connecticut Section Championship. It is one of the biggest local events of the year, but I had no idea how big a deal it would become."

CLOSING SPEAKER—SATURDAY, March 13th
Suzy Whaley

Suzy Whaley, a 36-year-old club pro who played collegiate golf at University of North Carolina and briefly on the LPGA Tour in the early 1990s, teed it up against the men in the PGA TOUR's Greater Hartford Open (GHO) in July 2003. She is the first woman to qualify for a PGA TOUR event since Babe Zaharias in 1945.

Whaley earned the right to play against the men by winning the Connecticut section PGA Championship in the fall of 2002. She was hitting from the shorter

women's tees then, but when she teed off at the GHO she played the course's full 6,820-yard distance.

Whaley finished 148th, 13 over par, missing the cut at the GHO. She tied with three men and ahead of three.

Whaley is a Class A Member of the LPGA Teaching and Club Professional division, Class A Member of the PGA of America and the Head Professional at Blue Fox Run, a public golf course in

Avon, Connecticut.

She has submitted her application to attend LPGA Tour school this fall.

She is the mother of two daughters, Jennifer, 8, and Kelly, 6. Her husband, Bill, is the general manager and director of golf of the TPC at River Highlands in Cromwell, Conn., the course where the GHO was held.

For more info on Suzy Whaley visit: www.pjp.com/

WORKSHOPS

Leadership Skills, Choices & Ideas

There are 10 different workshops from which you can choose. Please read the descriptions for each and check off the three most interesting topics and indicate that on the registration form on page 8.

Communication: Stresses verbal and nonverbal communication as well as the skills of listening.

Conflict Resolution: Using role play, groups will act how they would handle various situations.

Cooperation: Groups will accomplish tasks together and discuss what essential skills are in-

involved.

Leadership: Discuss what qualities make a good leader and which characteristics are most important.

Problem Solving: Using activities the students will be challenged with a number of problems and discuss what methods were successful in addressing which kinds of problems.

Respect: Males and females will discuss ways in which each gender can show respect for the other. They will have an opportunity to listen to each side and respond.

Self-Esteem: Students will identify ways in which self-esteem impacts their ability to interact with others and their performance.

Teambuilding: Students will determine what helps a group to work better together and what behaviors need to be avoided.

Time Management: Students will discuss the need to prioritize, plan ahead, and make time to sleep and eat wisely.

Values: Students will examine their own values and identify how they affect their individual decisions.



Don't forget to indicate your interest on the registration form p. 8!

Advisor/Coach Training Strand

Adult delegates have an opportunity to participate in a number of exciting programs. A special session with Mark Scharenbroich will be given for all adult delegates. In addition, students and adults will be able to attend a session on college planning that helps identify the best means for preparing students for the search

and application process.

Several other exciting programs are in the works, including tentative meetings with members of the athletics staff at UCONN, tours of facilities, and a choice of adult only workshops.

Information on these programs will be included in your confirmation packets, so make sure you register early for the best opportunities.



School recognition is important. Enter your group to be recognized.

School Recognition Programs

The Conference Committee would like to recognize schools for their outstanding contributions both within their schools and toward their communities. If your school has a great project that you would like to have recognized, submit for TOP TEN PROJECTS. In order to qualify, submissions must include a typed summary of the project as well as the name and phone number of an adult contact so people

could duplicate the program.

SPIRIT AWARD—want to be named the most spirited school? Have a POP TOP drive and bring the results to the conference. The CIAC S,M, and L school with the most POP TOPS (the tabs off soda cans) will be awarded a 6 Foot Spirit Stick. Winners will be announced during the awards segment of the program.

SPORTSMANSHIP AWARD—does your school have an individual, coach, team or other group that demonstrates great sportsmanship? Nominate them for the sportsmanship award. The recipient(s) will receive a plaque.

HONOR COUNCIL—is your student council an Honor Council? Is your Advisor an ADVISOR OF THE YEAR? Find out in April!

Tentative Schedule

VISIT
WWW.CASCIAC.ORG



Friday, March 12, 2004

- 8:30-9:30 a.m. Registration
- 9:30 a.m. Welcome—Conference Hosts
- 9:40 a.m. Welcome—Conference Sponsor
- 9:45 a.m. Keynote Speaker— Mark Scharenbroich ~ (see bio p. 2)
- 11:00 a.m. Students: Leadership Practicum
Adults: Mark Scharenbroich Adviser/Coach Session
- 12:30 p.m. Lunch
- 1:30 p.m. All Delegates: Workshop I—Planning for College
- 2:15 p.m. Students: Workshop II—Choice (sees choices p. 3)
Adult Strand A
- 3:00 p.m. Refreshment Break
- 3:15 p.m. Students: Workshop III—Choice (sees choices p. 3)
Adult Strand B
- 4:15 p.m. Diversity Panel
- 5:30 p.m. Dinner
- 6:15 p.m. Tour of Athletic Facilities/Shopping at UCONN CO-OP
- 7:30 p.m. Camfel Productions ~ *Quest for Respect*
- 8:15 p.m. Dance, Games, Make Your Own Sundae
- 10:15 p.m. Tranquility
- 10:30 p.m. Bus Departs for Best Western Hotel
- 11:30 p.m. Curfew—Lights Out

Saturday, March 13, 2004

- 7:30 a.m. Room Check-Out (both hotels)
- 7:45 a.m. Bus Departs from Best Western Hotel
- 8:00 a.m. Group Pictures—Sponsored by Lifetouch Photography
- 8:30 a.m. Breakfast
- 9:15 a.m. Keynote Speaker—Daniel Switchenko, ECSU
- 10:15 a.m. School Action Planning
- 11:00 a.m. School Plan Reports
- 12:00 p.m. Lunch
- 12:45 p.m. Closing Speaker: Suzy Whaley ~ (see bio p. 2)
Awards Program & Video Presentation of Conference
- 2:00 p.m. Closing

REGISTRATION INSTRUCTIONS

Registration Timeline:

Early bird registrations postmarked by Monday, January 12, 2004:

\$90 per person with school CASC membership

\$100 per person without school CASC membership

Regular registrations postmarked by Monday, February 9, 2004:

\$115 per person with school CASC membership

\$125 per person without school CASC membership

Completed Registration Packets Include:

- Conference Registration Form (p. 8 of this packet)
- Student Health History Form (p. 7 of this packet)
- Code of Conduct Form (p. 6 of this packet)
- TOP TEN PROJECTS, HONOR COUNCIL, & ADVISOR OF THE YEAR NOMINATION & SPORTSMANSHIP AWARD(due February 27, 2004)


A completed registration packet for each student and adult delegate should be sent to the Connecticut Association of Schools Office:

CAS
30 Realty Drive
Cheshire, CT 06410
Attn: Pat Gray

In order for all t-shirt orders, nametags and other administrative functions to take place please have your registrations to CAS on time. There is a limited number of spaces available for this conference—so DO NOT DELAY!



Don't forget to submit a top ten project!



Do you have an ADVISOR OF THE YEAR?



Does your school have an HONOR COUNCIL?



DO YOU HAVE GREAT SPORTSMANSHIP?

STUDENT/PARENT CODE OF CONDUCT

Student Name: _____ School: _____

Date of Activity: March 12-13, 2004 Location: Connecticut Student Leadership Conference, UCONN ~ Storrs

I, the undersigned student leader, do hereby agree:

1. To abide by all the rules and regulations set forth by the Connecticut Association of Schools (CAS), the Connecticut Interscholastic Athletic Conference (CIAC), the Connecticut Association of Student Councils (CASC), the Adult Delegates and all adult supervisors.
2. To waive and release any and all rights and claims for any damages I may have against the Connecticut Association of Schools (CAS) the Connecticut Interscholastic Athletic Conference (CIAC), the Connecticut Association of Student Councils (CASC), and any other employee of CAS/CIAC/CASC for any injuries arising from my participation in this activity.
3. To accept responsibility for my behavior so that it does not reflect discredit on my school, my state associations, or myself.
4. To abstain from tobacco, alcohol or illegal drugs at the Conference.
5. To treat all student and adult delegates with respect and dignity.

I understand that if I break any of the rules of the Conference, I will be sent home immediately after CAS/CIAC/CASC has made arrangements with my parent/legal guardian.

Signature

Date

Printed Name

I, the parent/guardian of the above signed student, understand the obligations accepted by my son/daughter as outlined above and give my consent for his/her participation in the Connecticut Student Leadership Conference. I do further release the Connecticut Association of Schools (CAS), the Connecticut Interscholastic Athletic Conference (CIAC), Connecticut Association of Student Councils (CASC), sponsors of this conference and any other employee of said organizations from any claim for damages incurred by the said student that might be a direct or indirect out-growth of his/her participation in this conference.

Signature

Date

Address

Telephone Number

STUDENT HEALTH HISTORY & PERMISSION TO TREAT FORM

Last Name: _____ First Name: _____

Street Address: _____ City: _____

Telephone Number: _____ Sex: F M Date of Birth: _____ Age: _____

Name of Parent/Legal Guardian: _____

Mother Telephone Number (H) _____ (W) _____ (M) _____

Father Telephone Number (H) _____ (W) _____ (M) _____

Emergency Contact (other than Parent/Guardian) Name: _____

Relation to the Student: _____ Number: _____

Family Physician: _____ Number: _____

Insurance Company: _____ Group Plan Number: _____

Policy Number: _____ Insurance Benefit Code: _____

Does the student have any special physical needs? Y N (If yes, please explain.)

Is the student allergic to any drugs? Y N If yes, please list: _____

Is the student allergic to bee stings? Y N If yes, can student take antihistamines? Y N

Is the student currently under medical treatment? Y N (If, yes, please explain.)

Please list all medications the student is currently taking. (including inhalers, etc.) _____

Please list any operations within the last year. _____

Emotional Problems (hyperventilation, hysteria, depression, etc.) _____

"I hereby give permission for the above named student to be treated by a physician or licensed nurse at a hospital or on the scene in the event of a medical or surgical emergency."

Signature of Parent/Legal Guardian

Date

