

**1999**



***68th Boys & 26th Girls  
CIAC State  
Cross Country  
Records***

## 26<sup>th</sup> CIAC GIRLS CROSS-COUNTRY

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### —CIAC Open Championship Meet—

#### Most Victories

1. ST. BERNARD	6 (runners-up: 5)
2. MONTVILLE	3 (runners-up: 1)
WILTON	3 (runners-up: 1)
3. AVON	2
MANCHESTER	2 (runners-up: 1)
NORWICH	2 (runners-up: 1)

### —Individual Champions—CIAC Open—

1. WATERFORD	5
2. NFA	3
3. DARIEN	2
FARMINGTON	2
GLASTONBURY	2
GREENWICH	2

### —Class Championships—

#### Most Victories

##### LL

1. GREENWICH	4
2. NORWICH	5 (runners-up: 7)
3. ROCKVILLE	3
4. MERCY	2
MANCHESTER	2 (runners-up: 2)

##### L

1. ST. BERNARD	6 (runners-up: 2)
2. EAST CATHOLIC	5
3. STAPLES	2
AMITY	2 (runners-up: 3)
CONARD	2
CHESHIRE	2

##### MM

1. ST. BERNARD	3
WILTON	3 (runners-up: 2)
2. BETHEL	2
3. EO SMITH	2 (runners-up: 1)

##### M

1. MONTVILLE	6 (runners-up: 1)
2. RHAM	4 (runners-up: 2)
3. AVON	3 (runners-up: 3)
ST. BERNARD	3
4. POMPERAUG	2 (runners-up: 1)

##### SS

1. STAFFORD	4 (runners-up: 2)
2. STAMFORD TRINITY CATHOLIC	3 (runners-up: 2)
3. AVON	2
4. COGINCHAUG	1 (runners-up: 3)

##### S

1. LITCHFIELD	6 (runners-up: 5)
2. SHEPAUG	5 (runners-up: 2)
3. LYMAN MEMORIAL	4 (runners-up: 2)

##### LL

1. NORWICH	5
2. MERCY	4
3. GLASTONBURY	2
GREENWICH	2

##### L

1. FITCH	4
ST. BERNARD	4
2. WILTON	3
3. MERCY	1

##### MM

1. DARIEN	3
BETHEL	3
2. EO SMITH	2
WOLCOTT	2

##### M

1. WATERFORD	7
2. GRISWOLD	2
LEWIS MILLS	2
MONTVILLE	2
NW CATHOLIC	2
3. DARIEN	1

##### SS

1. GRISWOLD	3
WESTON	2
NW CATHOLIC	2

##### S

1. LITCHFIELD	8
2. EAST HAMPTON	3

## 26<sup>th</sup> CIAC GIRLS CROSS-COUNTRY

### Open Champions

1974	Cindy Wadsworth	FARMINGTON	9:16.3
1975	Cindy Wadsworth	FARMINGTON	9:43.9
1976	Sue Hoagland	ST. BERNARD	11:19
1977	Noreen Harrison	MORGAN	15:22
1978	Jeremy Edmonds	GLASTONBURY	14:53.3
1979	Ceici Hopp	GREENWICH	14:37.3
1980	Ceici Hopp	GREENWICH	14:20
1981	Vanessa Thompson	ST. MARY	15:07.95
1982	Leslie Wrixon	GLASTONBURY	15:59
1983	Vanessa Thompson	ST. MARY	15:50
1984	Kathy Olsen	WATERFORD	13:56.3
1985	Ruth Filep	LUDLOW	13:39
1986	Daniell Benoit	MERCY	14:22
1987	Cindy Davis	DARIEN	14:44
1988	Cindy Davis	DARIEN	14:01
1989	Liz Mueller	WATERFORD	14:00
1990	Liz Mueller	WATERFORD	13:45
1991	Liz Mueller	WATERFORD	14:35
1992	Liz Mueller	WATERFORD	14:01*
1993	Jil Akus	NFA	16:17
1994	Alison Hanscom	E. HARTFORD	15:35
1995	Jill Akus	NFA	15:51
1996	Jill Akus	NFA	15:35
1997	Jessica Schenk	FITCH	15:15
1998	Jessica Schenk	FITCH	15:13

### CIAC State Open Team Champion

1974	FITCH-90	ST. BERNARD-104
1975	ST. BERNARD-136	CONARD-138
1976	ST. BERNARD-37	FITCH-50
1977	ST. BERNARD-58	CONARD-169
1978	ST. BERNARD-60	CONARD-196
1979	GREENWICH-118	ST. BERNARD-152
1980	CONARD-142	STAPLES-252
1981	MONTVILLE-98	EAST CATHOLIC-118
1982	MONTVILLE-46	EAST CATHOLIC-182
1983	MONTVILLE-88	AVON-198
1984	AVON-154	MONTVILLE-250
1985	AVON-171	LUDLOW-247
1986	DARIEN-134	EAST CATHOLIC-156
1987	ST. BERNARD-99	LYMAN MEMORIAL-173
1988	ST. BERNARD	LEDYARD
1989	BETHELD188	ST.BERNARDØ202
1990	WILTONØ115	ST.BERNARDØ133
1991	WILTONØ52	ST.BERNARDØ125
1992	WILTON-77	MERCY-146
1993	NFA-69	MERCY-114
1994	MANCHESTER-91	CHESHIRE-133
1995	NFA-45	MANCHESTER-90
1996	MANCHESTER-89	NFA-124
1997	EO SMITH-77	NEW MILFORD-150
1998	FAIRFIELD-135	FITCH-142

### CIAC LL Champion

1977	Mary Jo Taube	SIMSBURY	20:37
1978	Jeremy Edmonds	GLASTONBURY	14:33
1979	Cecci Hopp	GREENWICH	14:26.1
1980	Cecci Hopp	GREENWICH	13:58.5
1981	Janice Palonen	NORWICH	15:06.17
1982	Leslie Wrixon	GLASTONBURY	
1983	Janice Palonen	NORWICH	14:38
1984	Margaret Barbour	CHESHIRE	14:22
1985	Daniell Benoit	MERCY	14:04
1986	Daniell Benoit	MERCY	14:05
1987	Carolyn Verdon	ROCKVILLE	14:51.03
1988	Rebecca Jorgenson	MERCY	15:09
1989	Cris Sansevero	E.HARTFORD	14:59
1990	Sharon Serivdio	McMAHON	16:02
1991	Liz Swift	MERCY	16:09
1992	Stephanie Johnson	NFA	15:57
1993	Jill Akus	NFA	15:55
1994	Alison Hanscom	E. HARTFORD	15:34
1995	Jill Akus	NFA	16:08
1996	Jill Akus	NFA	16:00
1997	Meghan Lerner	MANCHESTER	16:29
1998	Amy Pleckatis	AMITY	15:38

### CIAC LL Team Champion

1977	NORWICH-61	FITCH-83
1978	CONARD-29	NFA-90
1979	GREENWICH	CONARD
1980	GREENWICH	CONARD-85
1981	GREENWICH	CONARD-100
1982	GREENWICH-127	FITCH-203
1983	E. CATHOLIC-125	NFA-169
1984	S. WINDSOR/NFA-143	LUDLOW-148
1985	ROCKVILLE-95	NFA-118
1986	ROCKVILLE-66	NFA-133
1987	RIDGEFIELD	MERCY
1988	ROCKVILLE-88	MERCY-123
1989	STAPLES-53	GLASTONBURY-82
1990	MERCY	HOLY CROSS
1991	MERCY-51	ROCKVILLE-89
1992	NFA-60	MERCY-63
1993	NFA-31	MANCHESTER-54
1994	MANCHESTER-36	NFA-39
1995	NFA-21	MANCHESTER-43
1996	MANCHESTER-39	NFA-54
1997	NFA-46	MANCHESTER-72
1998	FAIRFIELD-84	NFA-85

## 26<sup>th</sup> CIAC GIRLS CROSS-COUNTRY

### CIAC L Champion

1974	Cynthia Wadsworth	FARMINGTON	8:33
1975	Janet MacColl	WILTON	10:04.6
1976	Karen Hungerford	CONARD	14:15
1977	Sue Hoagland	ST. BERNARD	20:12
1978	Sue Hoagland	ST. BERNARD	14:12.5
1979	Mary Stoner	WATERFORD	14:57
1980	Linda Reddy	EAST CATHOLIC	15:07.8
1981	Wendy Smith	WILTON	14:55.4
1982	Wendy Smith	WILTON	
1983	Carolyn Palloff	ST. BERNARD	15:19
1984	Carolyn Palloff	ST. BERNARD	14:16
1985	Ruth Filep	LUDLOWE	13:28
1986	Meredith Gordon	HALL	14:36
1987	Margaret Barbour	CHESHIRE	14:22
1988	Brenda O'Connel	FITCH	15:11
1989	Brenda O'Connel	FITCH	14:36
1990	Katie O'Toole	RIDGEFIELD	15:25
1991	Megan Boden	STAPLES	15:49
1992	Maureen McGovern	NEWTON	16:29
1993	Liz Swift	MERCY	16:00
1994	Amy Baxter	CHESHIRE	15:55
1995	Maura Danahy	S.WINDSOR	16:00
1996	Abby Ames	E.O.SMITH	16:13
1997	Jessica Schenk	FITCH	15:59
1998	Jessica Schenk	FITCH	15:18

### CIAC M Champion

1974	Mary McNutt	AVON	9:09
1975	Cindy Wadsworth	FARMINGTON	9:44.7
1976	Sue Hoagland	ST. BERNARD	13:41
1977	Noreen Harrison	MORGAN	19:42
1978	Mary Cobb	NW. CATHOLIC	14:05.6
1979	Chris Russell	E.O. SMITH	
1980	Kim Hawkes	MONTVILLE	15:21
1981	Kathy Olsen	WATERFORD	14:38.58
1982	Kathy Olsen	WATERFORD	
1983	Vanessa Thompson	ST. MARY'S	
1984	Kathy Olsen	WATERFORD	13:48
1985	Ann Cullagh	POMPERAUG	14:09
1986	Tracey Dowden	NW. CATHOLIC	14:59
1987	Andrea Mulevoll	RHAM	15:13
1988	Bec Dahborg	MONTVILLE	16:01
1989	Liz Mueller	WATERFORD	14:08
1990	Liz Mueller	WATERFORD	14:19
1991	Liz Mueller	WATERFORD	14:11
1992	Liz Mueller	WATERFORD	14:02
1993	Meredith Kalish	DARIEN	16:49
1994	Nicol Denman	NEW CANAAN	16:23
1995	Megan Coombs	GRISWOLD	15:56
1996	Suzy D'Angelo	LEWIS MILLS	16:03
1997	Megan Coombs	GRISWOLD	16:04
1998	Suzy D'Angelo	LEWIS MILLS	15:54

### CIAC L Team Champion

1974	ST. BERNARD-70	FITCH-106
1975	CONARD-58	NFA-107
1976	CONARD	
1977	ST. BERNARD-34	PENNY-65
1978	ST. BERNARD-36	HAND-113
1979	ST. BERNARD-65	LEDYARD-134
1980	E. CATHOLIC-67	LEDYARD-78
1981	E. CATHOLIC-41	ST. BERNARD-89
1982	E. CATHOLIC-31	WILTON-91
1983	ST. BERNARD-84	WILTON-123
1984	E. CATHOLIC-81	ST. BERNARD-108
1985	E. CATHOLIC-86	DARIEN-146
1986	ST. BERNARD-75	NEW MILFORD-95
1987	HALL	NEW MILFORD
1988	AMITY-42	CONARD-104
1989	AMITY-69	ROCKVILLE-90
1990	STAPLES	AMITY
1991	STAPLES-41	NEWTON-74
1992	NEWTOWN-70	ROCKVILLE-82
1993	MERCY-36	AMITY-69
1994	CHESHIRE-54	SIMSBURY-68
1995	S.WINDSOR-76	AMITY-92
1996	CHESHIRE-59	E.O.SMITH-62
1997	NEW MILFORD-50	GUILFORD-77
1998	FITCH-51	NEW MILFORD-55

### CIAC M Team Champion

1974	GRANBY-73	PORTLAND-116
1975	ST. BERNARD-67	LEDYARD-71
1976	ST. BERNARD-19	LEDYARD-166
1977	N.BRANFORD-117	MORGAN-157
1978	MONTVILLE-45	NW CATHOLIC-157
1979	MONTVILLE	
1980	MONTVILLE	
1981	MONTVILLE	
1982	MONTVILLE-46	AVON-154
1983	MONTVILLE-39	AVON-60
1984	AVON-55	MONTVILLE-59
1985	AVON-56	BROOKFIELD-97
1986	BLOOMFIELD-56	RHAM-86
1987	AVON	POMPERAUG
1988	POMPERAUG-118	SACRED HEART-122
1989	POMPERAUG-74	TOLLAND-76
1990	EO SMITH	HAD KILLINWORTH
1991	ST. BERNARD	EO SMITH
1992	EO SMITH-84	AVON-91
1993	RHAM-57	DARIEN-78
1994	RHAM-65	MIDDLETOWN-91
1995	NEW CAANAN-62	RHAM-85
1996	RHAM-54	GRISWOLD-119
1997	RHAM-50	NONNEWAUG-101
1998	JOEL-BARLOW-47	WILTON-72

## 26<sup>th</sup> CIAC GIRLS CROSS-COUNTRY

### CIAC MM Champion

1986	Heather Waddington	DARIEN	14:40
1987	Cindy Davis	DARIEN	14:37
1988	Cindy Davis	DARIEN	14:10
1989	Yvonne Barnes	ST. BERNARD	15:07
1990	Erin St.John	BETHEL	15:18
1991	Erin St.John	BETHEL	15:51
1992	Erin St.John	BETHEL	15:24
1993	Leslie Almeida	WOLCOTT	16:20
1994	Katie Lerz	WOLCOTT	16:10
1995	Sarah Titus	WATERTOWN	16:14
1996	Nicole Denman	NEW CANAAN	16:25
1997	Abby Ames	EO SMITH	16:16
1998	Frances Russell	EO SMITH	16:08

### CIAC MM Team Champion

1986	DARIEN-39	E.CATHOLIC-52
1987	ST. BERNARD	
1988	ST. BERNARD-51	LEDYARD-55
1989	BETHEL-46	ST. BERNARD-51
1990	ST.BERNARD	WILTON
1991	WILTON	BETHEL
1992	BETHEL-59	WILTON-62
1993	WILTON-74	BETHEL-97
1994	WILTON-62	WOLCOTT-70
1995	E.O. SMITH-56	WILTON-58
1996	NEW CANAAN-93	STAPLES-100
1997	EO SMITH-37	BETHEL-128
1998	STAPLES-68	EO SMITH-69

### CIAC S Champion

1975	Mary McNutt	AVON	10:08
1976	Jeremy Edmonds	GLASTONBURY	14:05
1977	Shelia Pekari	EAST HAMPTON	20:59
1978	Shelia Pekari	EAST HAMPTON	14:36
1979	Shelia Pekari	EAST HAMPTON	14:55
1980	Paula Brunetto	LITCHFIELD	15:10
1981	Paula Brunetto	LITCHFIELD	15:19
1982	Paula Brunetto	LITCHFIELD	
1983	Lara Kelly	ST. THOMAS	15:32
1984	Lara Kelly	ST. THOMAS	14:27
1985	Kelly Morin	LITCHFIELD	14:52
1986	Leigh Minta	LYMAN HALL	15:10
1987	Kim Worth	HOLY FAMILY	15:37
1988	Fran Spaulding	GRISWOLD	15:34
1989	Fran Spaulding	GRISWOLD	14:47
1990	Shannon Tomlinson	WINDTECH	16:03
1991	Tara Schettler	LITCHFIELD	16:53
1992	Karen Kerr	LITCHFIELD	16:57
1993	Mindy Morse	SHEPAUG	16:47
1994	Kara Kerr	LITCHFIELD	16:11
1995	Kara Kerr	LITCHFIELD	15:57
1996	Kelly O'Rourke	OLD LYME	17:14
1997	Aline Speckhart	TRINITY CATHOLIC	17:11
1998	Sarah Hackett	ST BERNARD	16:47

### CIAC S Team Champion

1975	GRANBY-60	WHEELER-106
1976	CANTON	
1977	E. HAMPTON-95	GRANBY-125
1978	WAMOGO-128	GRANBY-127
1979	LITCHFIELD	
1980	SHEPAUGH	
1981	SHEPAUG	
1982	SHEPAUG-75	PORTLAND-89
1983	PORTLAND-51	SHEPAUG-70
1984	PORTLAND-54	SHEPAUG-68
1985	SHEPAUG-61	LYMAN MEM.-110
1986	SHEPAUG-37	LYMAN MEM.-53
1987	LYMAN MEM.	LITCHFIELD
1988	LYMAN MEM.-49	LITCHFIELD-72
1989	LYMAN MEM.-58	LITCHFIELD-63
1990	LYMAN MEM.	LITCHFIELD
1991	TRINITY CATH.-52	LITCHFIELD-60
1992	LITCHFIELD-39	TOURTELOTTE-70
1993	LITCHFIELD-62	TOURTELOTTE-91
1994	LITCHFIELD-56	TRINITY CATH.-76
1995	LITCHFIELD-58	CANTON-103
1996	LITCHFIELD-38	CANTON-94
1997	IMMACULATE-103	TRINITY CATHOLIC-108
1998	ST.BERNARD-99	PORTLAND-101

### CIAC SS Champion

1986	Amy Walsh	GRANBY	15:14
1987	Heather Porch	NW. CATHOLIC	15:04
1988	Kim Borst	HOUSATONIC	15:10
1989	Heather Cummings	TRINITY CATH.	15:04
1990	Frances Spaulding	GRISWOLD	15:25
1991	Frances Spaulding	GRISWOLD	15:42
1992	Jill DiFrancesco	ST.BERNARD	16:26
1993	Barbara LaFlamme	STAFFORD	16:46
1994	Emily Kane	WESTON	16:11
1995	Emily Kane	WESTON	16:52
1996	Amy Griffin	NW CATHOLIC	16:20
1997	Suzy D'Angelo	LEWIS MILLS	15:53
1998	Megan Coombs	GRISWOLD	15:42

### CIAC SS Team Champion

1986	HADDAM KILLINGWORTH	TRINITY CATH.
1987	NW CATHOLIC	
1988	STAMFORD-72	EO SMITH-116
1989	TRINITY CATH.-69	STAFFORD-72
1990	STAFFORD	COGINCHAUG
1991	STAFFORD-63	ELLINGTON-66
1992	ST.BERNARD-34	TRINITY CATH.-68
1993	STAFFORD-78	ST.BERNARD-94
1994	AVON-96	E.HAMPTON-99
1995	TRINITY CATH.-57	STAFFORD-90
1996	GILBERT-107	COGINCHAUG-119
1997	STAFFORD-51	COGINCHAUG-64
1998	COGINCHAUG-26	NW CATHOLIC-103

# 68<sup>th</sup> CIAC BOYS CROSS-COUNTRY

## —CIAC OPEN CHAMPIONSHIP MEET—

### MOST VICTORIES

1. MANCHESTER	12 (runners-up: 5)
2. XAVIER	9 (runners-up: 11)
3. NORWICH	8 (runners-up: 4)
4. HARTFORD	7 (runners-up: 8)
5. NEW BRITAIN	4 (runners-up: 4)

## —Class Championships—

### MOST VICTORIES

#### LL

1. XAVIER	12 (runners-up: 7)
2. MANCHESTER	6 (runners-up: 5)
3. NEW BRITAIN	5 (runners-up: 4)
4. NFA	4 (runners-up: 5)
5. STAPLES	2 (runners-up: 2)
FAIRFIELD PREP	2

#### L

1. XAVIER	4
2. NEWTOWN	3 (runners-up: 1)
3. ST. BERNARD	2 (runners-up: 2)
SIMSBURY	3

#### MM

1. ST. BERNARD	4
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#### M

1. FARMINGTON	5
2. GRISWOLD	3
JOEL BARLOW	3 (runners-up: 2)
3. Several tied at	2

#### S

1. CROMWELL	7
2. STAFFORD	5
3. TOURTELLOTTE	4 (runners-up: 2)
4. HADDAM KILLINGWORTH	3
SHEPAUG VALLEY	3

#### SS

1. TOLLAND	3 (runners-up: 2)
2. STAFFORD	3 (runners-up: 2)
3. ELLIS TECH	2

## —INDIVIDUAL CHAMPIONS—

### CIAC OPEN

1. HARTFORD	11 (8 consecutive 1938-45)
2. NEW LONDON	6
3. NORWICH	6
4. MANCHESTER	4

5. NEW CANAAN	3
6. XAVIER	2

## —INDIVIDUAL CHAMPIONS—

#### LL

1. XAVIER	7
2. NFA, NEW CANAAN, HARTFORD	4

#### L

1. EAST CATHOLIC	3
RIDGEFIELD	3
2. BETHEL, NEW MILFORD,	
STAPLES	2

#### M

1. E. O. SMITH	4
2. BROOKFIELD	3
3. PLAINVILLE, RHAM, WINDHAM TECH	2

#### MM

1. ST. BERNARD	2
KILLINGLY	2

#### S

1. LITCHFIELD	5
2. CROMWELL	3
(6 teams with 2)	

#### SS

1. VALLEY REGIONAL, GRISWOLD,	
STAFFORD, TOLLAND	2

## —Scoring Records—

### CIAC CHAMPIONSHIP OPEN

XAVIER 29 ROCKVILLE 193 - 1985

#### Class Record LL

XAVIER 26 ROCKVILLE 103 - 1985

### 5000M RECORDS—CIAC OPEN MEET

1978	Gary Warder	TORRINGTON	14:35
	Cromwell*(2.9mi.)		
1979	Jay O'keefe	E. O. SMITH	15:10
1999	Ren Provey	FAIRFIELD	15:44
	(Wickham Park)		

#### Class Championships

1983	John Gere	BETHEL	14:54
	TIMBERLAIN	CIAC L	
1983	Richie Black	SOUTHINGTON	15:01
	TIMBERLAIN	CIAC LL	
1977	Kevin O'keefe	E.O. SMITH	14:57
	TIMBERLAIN	CIAC M	
1983	Tony Tuccitto	VALLEY REG.	15:30
	TIMBERLAIN	CIAC S	
1984	Tom Paskus	TERRYVILLE	15:30
	TIMBERLAIN	CIAC S	

## 68<sup>th</sup> CIAC BOYS CROSS-COUNTRY

### CIAC STATE CHAMPIONS

1932	Mort Krupiak	BACON ACADEMY	14:20
1933	Ivar Pearson	NEW LONDON	14:48
1934	Brad Byers	BRIDGEPORT	16:11
1935	Francis Leary	MANCHESTER	14:25
1936	Francis Leary	MANCHESTER	13:54
1937	Francis Leary	MANCHESTER	13:27
1938	Warren Morrow	HARTFORD	13:56
1939	Ken Gagne	HARTFORD	13:53
1940	Chester Kobialka	HARTFORD	13:49
1941	Chester Kobialka	HARTFORD	13:55
1942	Edward Lemieux	HARTFORD	13:32
1943	Edward Lemieux	HARTFORD	13:14
1944	Roland Breaux	HARTFORD	13:54
1945	Roland Breaux	HARTFORD	13:55
1946	George Terry	NEW LONDON	13:50
1947	George Terry	NEW LONDON	13:42
1948	Johnny Kelly	NEW LONDON	13:51
1949	Johnny Kelly	NEW LONDON	13:27
1950	Tom Wright	STAMFORD	13:56
1951	James Boyington	HARTFORD	14:01
1952	Norman Richards	NEW LONDON	14:13
1953	Allan Frazer	HARTFORD	14:08
1954	Frank Shea	WINDHAM	13:58
1955	Robert Vinton	MANCHESTER	13:27
1956	Clement McGrath	NORWICH	13:32
1957	Don Wilde	BRISTOL	13:25
1958	Mark Roderick	NEW BRITAIN	13:04
1959	William Johnson	GLASTONBURY	12:30
1960	Ted Benedict	NEW CANAAN	12:20
1961	Ed Coleman	PLAINVILLE	11:52
1962	Richie Bright	WOODROW WILSON	12:22
1963	Willie Green	HARTFORD	14:08
1964	William Young	CROMWELL	13:05
1965	Mike Brault	NORWICH	12:47
1966	Val Fazdiewicz	NEW BRITAIN	13:49
1967	James Hall	NEWINGTON	14:41
1968	James Euell	NORWICH	13:53
1969	James Euell	NORWICH	13:43
1970	Charles Duggan	HARTFORD	14:54
1971	Bruce Clark	EAST HAMPTON	14:23
1972	Bruce Clark	EAST HAMPTON	14:31
1973	Robert Flora	LEDYARD	14:56
1974	Robert Fitzsimmons	E.O. SMITH	13:17
1975	Mike Cotton	NEW CANAAN	16:29
1976	Mike Cotton	NEW CANAAN	16:00
1977	Kevin O'Keefe	E.O. SMITH	15:29
1978	Gary Warder	TORRINGTON	14:35
1979	Jay O'Keefe	E.O. SMITH	15:10
1980	Jay O'Keefe	E. O. SMITH	15:13
1981	Jeff Hyman	AVON	15:25
1982	Steve Kitteridge	EAST CATHOLIC	15:37
1983	John Gere	BETHEL	15:30
1984	Hector Ortiz	EAST HARTFORD	15:45
1985	Charles Kitteridge	ROCKVILLE	15:55
1986	J. T. Burke	XAVIER	16:04
1987	Tom Sheeran	STAPLES	16:18
1988	Tom Sheeran	STAPLES	15:49

1989	Chris Ray	EAST CATHOLIC	16:13
1990	Ed Porter	HALL	16:05
1991	Chad Johnson	NORWICH	16:60
1992	Chad Johnson	NORWICH	16:03
1993	Matt Papuga	GRISWOLD	16:36
1994	Steve Maheu	XAVIER	16:09
1995	Dan Wilson	NOTRE DAME	16:20
1996	Eric Blake	LYMAN MEMORIAL	16:05
1997	Matt Gioffre	RIDGEFIELD	15:58
1998	Ren Provey	FAIRFIELD	15:44

### CIAC STATE TEAM CHAMPIONS AND RUNNERS UP

1932	HARTFORD	HILLHOUSE
1933	NORWICH	HILLHOUSE
1934	NORWICH	HILLHOUSE
1935	NORWICH	MANCHESTER
1936	MANCHESTER	NORWICH
1937	MANCHESTER	MIDDLETOWN
1938	HARTFORD	WEAVER
1939	WEAVER	HARTFORD
1940	HARTFORD	MIDDLETOWN
1941	HARTFORD	MANCHESTER
1942	HARTFORD	MANCHESTER
1943	MANCHESTER	NEW BRITAIN
1944	MANCHESTER	HARTFORD
1945	MANCHESTER	HARTFORD
1946	MANCHESTER	HARTFORD
1947	HARTFORD	GREENWICH
1948	MANCHESTER	HARTFORD
1949	MANCHESTER	BULKELEY
1950	HARTFORD	GREENWICH
1951	STAMFORD	NEW LONDON
1952	NEW LONDON	HARTFORD
1953	MANCHESTER	HALL
1954	MANCHESTER	NEW LONDON
1955	MANCHESTER	EAST HARTFORD
1956	NORWICH	EAST HARTFORD
1957	FITCH	HARTFORD
1958	NEW BRITAIN	NORWICH
1959	GLASTONBURY	MANCHESTER
1960	DANBURY	HARTFORD
1961	NORWICH	WEAVER
1962	NORWICH	PLAINVILLE
1963	NORWICH	NEW BRITAIN
1964	NEW CANAAN	NORWICH
1965	NEW BRITAIN	NORWICH
1966	FITCH	NEW BRITAIN
1967	BRISTOL EAST.	NEW BRITAIN
1968	ST. BERNARD	WATERFORD
1969	ST. BERNARD	CHESHIRE
1970	XAVIER	MALONEY
1971	NORWICH	XAVIER
1972	FARMINGTON	EAST HARTFORD
1973	FITCH	GREENWICH
1974	FARMINGTON	WATERFORD
1975	XAVIER	SIMSBURY
1976	NW CATHOLIC	BETHEL

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1977	WINDHAM	XAVIER	1992	Chad Johnson	NORWICH	16:03
1978	XAVIER	E.O. SMITH	1993	Samson Yohannes	HARTFORD	16:28
1979	XAVIER	EAST CATHOLIC	1994	Steve Maheu	XAVIER	16:08
1980	XAVIER	E.O. SMITH	1995	Steve Maheu	XAVIER	16:33
1981	ST. BERNARD	EAST CATHOLIC	1996	Neal D'Amato	XAVIER	16:46
1982	EAST CATHOLIC	WINDHAM	1997	Neal D'Amato	XAVIER	16:38
1983	CONARD	XAVIER	1998	Ren Provey	FAIRFIELD	15:47
1984	SOUTHINGTON	XAVIER				
1985	XAVIER	ROCKVILLE				
1986	XAVIER	STAPLES				
1987	STAPLES	XAVIER				
1988	XAVIER	STAPLES				
1989	STAPLES	XAVIER				
1990	STAPLES	XAVIER				
1991	NEW BRITAIN	ROCKVILLE				
1992	NEW BRITAIN	XAVIER				
1993	MANCHESTER	XAVIER				
1994	SIMSBURY	MANCHESTER				
1995	MANCHESTER	XAVIER				
1996	XAVIER	AMITY				
1997	FAIRFIELD PREP	XAVIER				
1998	FITCH	FAIRFIELD PREP				

### CIAC LL CROSS COUNTRY CHAMPIONS

1958	Mark Roderick	NEW BRITAIN	13:04
1959	Ted Neidhart	DANBURY	12:52
1960	Eugene Tetreault	HARTFORD	12:33
1961	Richie Bright	WOODROW WILSON	12:21
1962	Richie Bright	WOODROW WILSON	12:22
1963	Willie Green	HARTFORD	14:03
1964	Tim Smith	NORWICH	11:53
1965	Bill Rogers	NEWINGTON	12:17
1966	John Westergom	NEW BRITAIN	13:59
1967	James Hall	NEWINGTON	13:54
1968	James Euell	NORWICH	13:09
1969	James Euell	NORWICH	13:17
1970	Charles Duggan	HARTFORD	14:50
1971	Jerry Bareman	NEW CANAAN	12:50
1972	John Foran	NEW CANAAN	12:57
1973	Gerald Whitaker	TORRINGTON	14:59
1974	Bill Turley	CONARD	14:07
1975	Mike Cotton	NEW CANAAN	14:42
1976	Mike Cotton	NEW CANAAN	14:09
1977	Dan Anderson	NOTRE DAME	15:18
1978	Ed Lemieux	MANCHESTER	15:31
1979	Kevin King	WESTHILL	15:22
1980	Kevin King	WESTHILL	15:09
1981	Mike Chase	BRIDGEPORT	15:43
1982	Roy Mascolini	STAPLES	15:22
1983	Rick Black	SOUTHINGTON	15:27
1984	Rick Black	SOUTHINGTON	15:01
1985	Tom Wimler	XAVIER	15:08
1986	Chuck Kitteridge	ROCKVILLE	15:43.9
1987	J. T. Burke	XAVIER	16:06.7
1988	Tom Sheeran	STAPLES	16:16
1989	Louis Sanabria	NEW BRITAIN	16:43
1990	Greg Swift	XAVIER	16:12
1991	Chad Johnson	NORWICH	16:07

### CIAC LL TEAM WINNERS

1958	NEW BRITAIN	NORWICH
1959	MANCHESTER	DANBURY
1960	DANBURY	HARTFORD
1961	NORWICH	WEAVER
1962	NORWICH	NEW BRITAIN
1963	NORWICH	NEW BRITAIN
1964	NORWICH	NEW BRITAIN
1965	NEW BRITAIN	NORWICH
1966	FITCH	NEW BRITAIN
1967	NEW BRITAIN	NORWICH
1968	NEW BRITAIN	NEWINGTON
1969	PULASKI	NORWICH
1970	XAVIER	NORWICH
1971	NORWICH	SIMSBURY
1972	SIMSBURY	EAST HARTFORD
1973	NEW CANAAN	GREENWICH
1974	CONARD	TORRINGTON
1975	XAVIER	MANCHESTER
1976	GREENWICH	MANCHESTER
1977	MANCHESTER	SOUTHINGTON
1978	NEW CANAAN	MANCHESTER
1979	MANCHESTER	SOUTHINGTON
1980	XAVIER	MANCHESTER
1981	XAVIER	SOUTHINGTON
1982	MANCHESTER	XAVIER
1983	XAVIER	SOUTHINGTON
1984	SOUTHINGTON	XAVIER
1985	XAVIER	ROCKVILLE
1986	XAVIER	STAPLES
1987	STAPLES	XAVIER
1988	XAVIER	STAPLES
1989	STAPLES	XAVIER
1990	XAVIER	NEW BRITAIN
1991	NEW BRITAIN	ROCKVILLE
1992	XAVIER	NEW BRITAIN
1993	MANCHESTER	XAVIER
1994	XAVIER-76	MANCHESTER-110
1995	MANCHESTER-54	XAVIER-80
1996	XAVIER-39	RIDGEFIELD-79
1997	FAIRFIELD PREP-42	XAVIER-61
1998	FAIRFIELD PREP-49	Danbury-126



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## CIAC L CROSS COUNTRY CHAMPIONS

1976	Art Switchenko	WINDHAM	14:59
1977	John Clifford	EAST CATHOLIC	15:19
1978	Israel Caro	BULKELEY	15:06
1979	Mike Regan	GUILFORD	15:19
1980	Todd Renehan	ST. BERNARD	15:33
1981	Steve Kitteridge	EAST CATHOLIC	15:36
1982	Steve Kitteridge	EAST CATHOLIC	15:31
1983	John Gere	BETHEL	14:54
1984	John Gere	BETHEL	15:11
1985	Mike Lewis	WILBY	15:43
1986	Joe Smith	NEWTOWN	16:25
1987	Eric Dunn	NEW MILFORD	16:27
1988	Eric Dunn	NEW MILFORD	16:31
1989	Gavin Daly	FERMI	17:14
1990	Rich Vogt	STAPLES	16:09
1991	Justin Childers	STAPLES	16:42
1992	Jon Nipper	FERMI	16:54
1993	Michael Brouillett	SIMSBURY	16:49
1994	Chris Longo	HOLY CROSS	16:22
1995	Dan Wilson	NOTRE DAME	16:54
1996	Bryan Kovalsky	RIDGEFIELD	16:36
1997	Matt Gioffre	RIDGEFIELD	16:50
1998	Ethan Kearns	RIDGEFIELD	16:04

## CIAC L TEAM WINNERS

1976	XAVIER	WINDHAM
1977	XAVIER	WINDHAM
1978	XAVIER	EAST HARTFORD
1979	XAVIER	ST. BERNARD
1980	GUILFORD	ST. BERNARD
1981	ST. BERNARD	
1982	WINDHAM	EAST CATHOLIC
1983	ST. BERNARD	EAST CATHOLIC
1984	NEW MILFORD	BETHEL
1985	EAST CATHOLIC	GUILFORD
1986	GUILFORD	WINDHAM
1987	NEWTOWN	NEW MILFORD
1988	NEWTOWN	STAMFORD
1989	NEWTOWN	AMITY
1990	STAPLES	AMITY
1991	AMITY	STAPLES
1992	SIMSBURY	ROCKVILLE
1993	SIMSBURY	FITCH
1994	SIMSBURY-64	FITCH-103
1995	S. WINDSOR-88	NOTRE DAME, CONARD, NEWTON-89
1996	AMITY-57	FITCH-85
1997	RIDGEFIELD-60	FITCH-65
1998	FITCH-54	S. WINDSOR-64

## CIAC CLASS M CROSS COUNTRY CHAMPIONS

1958	James Keefe	DERBY	13:08
1959	William Johnson	GLASTONBURY	12:30
1960	Ted Benedict	NEW CANAAN	12:20
1961	Ed Coleman	PLAINVILLE	11:52
1962	Ed Coleman	PLAINVILLE	12:23
1963	Richard Potter	WILSON	14:42
1964	Larry Serreto	EAST CATHOLIC	12:12
1965	Ron Platt	ST. JOSEPH	13:06
1966	Roger Jackuewicz	PULASKI	14:12
1967	Roger Jackuewicz	PULASKI	14:03
1968	Peter Squires	NEW MILFORD	13:26
1969	Bruce Bernacki	ST. THOMAS	13:45
1970	William Osouch	NEW MILFORD	15:15
1971	Buddy Harris	AVON	13:07
1972	Bruce Fori	FARMINGTON	12:46
1973	Robert Flora	LEDYARD	14:50
1974	Joe Guinan	FARMINGTON	14:25
1975	Art Switchenko	WINDHAM	15:15
1976	Kevin O'Keefe	E.O. SMITH	15:05
1977	Kevin O'Keefe	E.O. SMITH	14:57 5K
1978	Terry Perrault	ST. PAUL	15:03
1979	Jay O'Keefe	E.O. SMITH	15:06
1980	Jay O'Keefe	E.O. SMITH	15:03
1981	Jeff Hyman	AVON	15:27
1982	Shawn Bennett	MONTVILLE	15:36
1983	Mark Hixon	SOUTH CATHOLIC	15:21
1984	Brian Lenihan	AVON	15:16
1985	Michael Remigino	NW CATHOLIC	15:19
1986	Peter Rea	FARMINGTON	15:56
1987	Lou Bregou	BROOKFIELD	16:23
1988	Dan Martin	WINDHAM TECH	17:33
1989	Dan Martin	WINDHAM TECH	17:28
1990	Mike Judenis	RHAM	16:44
1991	Mike Judenis	RHAM	16:49
1992	Jeff Schultz	SHEEHAN	16:45
1993	Dave Robinson	PLAINVILLE	16:40
1994	Dave Quist	WILTON	16:36
1995	Mike Regan	BROOKFIELD	16:46
1996	JJ John	PLAINFIELD	16:51
1997	Jason Braaten	WOODSTOCK	17:24
1998	Brendan Gallagher	BROOKFIELD	16:47

## CIAC M TEAM CHAMPIONS

1958	GLASTONBURY
1959	GLASTONBURY
1960	WATERFORD
1961	NEW CANAAN
1962	PLAINVILLE
1963	NEW CANAAN
1964	NEW CANAAN
1965	RIDGEFIELD
1966	PULASKI
1967	PLATT
1968	ST. BERNARD
1969	CHESHIRE

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1970	EAST LYME
1971	FARMINGTON
1972	FARMINGTON
1973	FARMINGTON
1974	FARMINGTON
1975	EAST CATHOLIC
1976	BETHEL
1977	BETHEL
1978	E.O. SMITH
1979	O'BRIEN TECH
1980	E.O. SMITH
1981	O'BRIEN TECH
1982	MONTVILLE
1983	EAST HARTFORD
1984	NORTHWEST CATHOLIC
1985	NORTHWEST CATHOLIC
1986	BROOKFIELD ST. JOSEPH
1987	BROOKFIELD VINAL TECH
1988	WATERFORD ST. PAUL
1989	FARMINGTON WATERFORD
1990	JOEL BARLOW PLAINVILLE
1991	ELLIS TECH ST. BERNARD
1992	ELLIS TECH ST. BERNARD
1993	POMERAUG BROOKFIELD
1994	JOEL BARLOW-71 WINDHAM TECH-113
1995	GRISWOLD-42 BARLOW-REDDING-85
1996	GRISWOLD-42 BARLOW-REDDING-65
1997	BARLOW-REDDING-61 WOODSTOCK-103
1998	GRISWOLD-67 TOLLAND-83

## CIAC MM CHAMPIONS

1986	Kevin Reiley	ST. BERNARD	16:25.90
1987	Bill Gill	ST. BERNARD	16:33.5
1988	Peter Sakalowski	HAND	16:36
1989	Peter Anastasio	WILTON	17:04
1990	Chris Ray	E.CATHOLIC	16:34
1991	Bryan Zadora	KILLINGLY	16:35
1992	Bryan Zadora	KILLINGLY	16:25
1993	Chris Longo	HOLY CROSS	16:27
1994	Joe Carprisassi	POMPERAUG	16:34
1995	Kevin Kargle	BETHEL	17:16
1996	Calvin Harris	WINDHAM	17:05
1997	Kris James	STAPLES	17:12
1998	Kevin O'Connor	EO SMITH	16:10

## CIAC MM TEAM CHAMPIONS

1986	ST. BERNARD	EAST CATHOLIC
1987	ST. BERNARD	TORRINGTON
1988	ST. BERNARD	EAST CATHOLIC
1989	EAST CATHOLIC	ST. BERNARD
1990	ST. BERNARD	WETHERSFIELD
1991	KILLINGLY	LEDYARD
1992	MIDDLETOWN	BETHEL
1993	ELLIS TECH	HOLY CROSS
1994	WINDHAM-87	FARMINGTON-127
1995	KAYNOR TECH-99	HAND-102
1996	WOODSTOCK-73	WOLCOTT-101

1997	POMPERAUG-53	STAPLES-82
1998	LEDYARD-105	HAND-127

## CIAC S CROSS COUNTRY CHAMPIONS

1958	D. Lohman	WOODBURY	13:31
1959	Bill Mann	WOODSTOCK	13:41
1960	Bill Mann	WOODSTOCK	13:01
1961	Jim Slade	WILTON	13:13
1962	Robert Neil	COVENTRY	13:12
1963	Robert Patrick	AVON	14:58
1964	Bill Young	CROMWELL	12:06
1965	Tim Potter	WASHINGTON	12:57
1966	Tim Potter	WASHINGTON	14:25
1967	Dave Adams	CROMWELL	15:18
1968	Allan Winslow	WHEELER	14:11
1969	Allan Winslow	WHEELER	14:00
1970	Bruce Clark	EAST HAMPTON	15:49
1971	Dave Tierney	BETHEL	13:06
1972	Bruce Clark	EAST HAMPTON	12:56
1973	Dean Stephens	THOMASTON	15:05
1974	Dan Healy	CROMWELL	14:31
1975	Tim Mulligan	IMMACULATE	15:36
1976	Caron Bradley	EAST HAMPTON	15:50
1977	Joe Stanford	BACON ACADEMY	16:02 5K
1978	Bill Thompson	DERBY	15:45
1979	Jeff Zinn	LITCHFIELD	15:38
1980	Jeff Zinn	LITCHFIELD	16:01
1981	Larry Briggs	GILBERT	15:40
1982	Darren Eisman	BACON ACADEMY	16:04
1983	Tony Tuccitto	VALLEY REGIONAL	15:30
1984	Tom Paskus	TERRYVILLE	15:30
1985	Mark Wainwright	SHEPAUG	15:40
1986	John Costello	EAST HAMPTON	17:11
1987	George Milward	NW CATHOLIC	16:40
1988	Sam Sharky	TOURELLOTTE	17:02
1989	Harlan Shannon	PORTLAND	17:45
1990	Tony Martin	LYMAN	17:01
1991	Tony Martin	LYMAN	16:51
1992	Brian Shafer	LITCHFIELD	17:27
1993	Brian Shafer	LITCHFIELD	16:39
1994	Brian Shafer	LITCHFIELD	16:28
1995	Mike Schwartz	COGINCHAUG	17:37
1996	Mike Hall	SHEPAUG VALLEY	17:09
1997	Godfrey Berger	COVENTRY	16:52
1998	Darryl Giard	ST BERNARD	16:26

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## CIAC S TEAM CHAMPIONS

1958	WOODBURY	
1959	NEW MILFORD	
1960	WOODBURY	
1961	WILTON	
1962	CROMWELL	
1963	CROMWELL	
1964	CROMWELL	
1965	COVENTRY	
1966	CROMWELL	BETHEL
1967	CROMWELL	
1968	CROMWELL	
1969	CROMWELL	
1970	WHEELER	
1971	BETHEL	
1972	STAFFORD	
1973	THOMASTON	STAFFORD
1974	TOLLAND	STAFFORD
1975	SACRED HEART	
1976	STAFFORD	
1977	ST. JOSEPH	
1978	ST. JOSEPH	
1979	STAFFORD	
1980	H.KILLINGWORTH	STAFFORD
1981	HADDAM-KILLINGWORTH	
1982	HADDAM-KILLINGWORTH	
1983	LYMAN MEMORIAL	
1984	SHEPAUG	
1985	TERRYVILLE	
1986	PORTLAND	GRANBY
1987	TOURTELOTTE	COGINCHAUG
1988	TOURTELOTTE	VALLEY REGIONAL
1989	STAFFORD	TOURTELOTTE
1990	GRISWOLD	COVENTRY
1991	GRISWOLD	LITCHFIELD
1992	EAST HAMPTON	TOURTELOTTE
1993	STAFFORD	COVENTRY
1994	COVENTRY-80	E.HAMPTON-92
1995	TOURTELOTTE-80	COGINCHAUG-122
1996	TOURTELOTTE-65	OLD LYME-76
1997	SHEPAUG VALLEY-59	St.BERNARD-104
1998	SHEPAUG VALLEY-56	St.BERNARD-63

## CIAC SS CHAMPIONS

1986	Michael Remigino	NW CATHOLIC	16:09
1987	Joe Cardin	TOLLAND	16:16.9
1988	Doug Whitely	ELLIS TECH	16:52
1989	Eric Woronick	VALLEY REGIONAL	17:47
1990	Eric Woronick	VALLEY REGIONAL	16:39
1991	Clint Santoro	STAFFORD	17:09
1992	Matt Papuga	GRISWOLD	16:20
1993	Matt Papuga	GRISWOLD	15:59
1994	Eric Brouseau	STAFFORD	16:09
1995	Stephen Palmer	TOLLAND	17:13
1996	Eric Blake	LYMAN MEMORIAL	16:42
1997	Matt Chaney	SUFFIELD	17:27
1998	Tyler McCabe	STONINGTON	16:18

## CIAC SS TEAM CHAMPIONS

1986	E.O.SMITH	NORTHWEST CATHOLIC
1987	ELLIS TECH	TOLLAND
1988	ELLIS TECH	RHAM
1989	TOLLAND	VALLEY REGIONAL
1990	STAFFORD	WESTON
1991	TOLLAND	STAFFORD
1992	TOLLAND	STAFFORD
1993	GRISWOLD	TOLLAND
1994	STAFFORD-57	GRISWOLD-68
1995	STAFFORD-80	TOLLAND-82
1996	ELLINGTON-69	St. BERNARD-90
1997	NONNEWAUG-51	NWCATHOLIC-90
1998	SUFFIELD-60	NONNEWAUG-120