



2022 GIRLS GYMNASTICS *State Championships*



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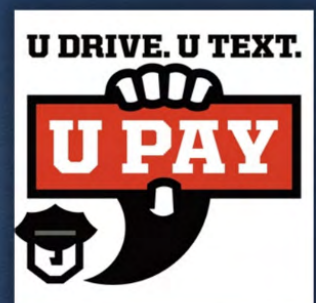
The CIAC is proud to continue its partnership with the Connecticut Department of Transportation's Highway Safety Office.

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2022 CIAC GIRLS GYMNASTICS CHAMPIONSHIPS

CIAC GYMNASTICS CHAIR:	PAT SIMON
CIAC COACHES CHAIR:	HAL RETTSTADT
CIAC GYMNASTICS COMMITTEE:	LORI BUGGEE
	JOE CANZANELLA
	ALISON LANEY
	KIM LONGOBUCCO
	JOHN KROT
	JASON SEGAL
	HOLLY SINGLETON
	KELLY SMITH
	KASEY TOCCHIO

WE EXTEND A SPECIAL THANK YOU TO PAT SIMON, VJ SARULLO AND THE JONATHAN LAW CUSTODIAL STAFF. THEIR HARD WORK AND EFFORT HELP PROVIDE OUR TOURNAMENT WITH A BEAUTIFUL FACILITY.

FOR THE SAFETY OF THE GYMNASTS,
NO FLASH PHOTOGRAPHY IS ALLOWED.

On Wednesday, **March 16, 2022** at 6:30 we will be holding our thirty first Connecticut High School Coaches Association Gymnastics All State Banquet at the Aqua Turf Country Club in Plantsville. We will be honoring First and Second Team All-State gymnasts. Open competitors finishing in places 1-20 in each event and All Around at the Open are First Team. Finishers in places 21-40 are Second Team. The National Team Selection Committee will announce the team members at the banquet. Tickets for the banquet are at chsca.org

CIAC OPEN GYMNASTICS CHAMPIONSHIPS

Gymnasts 1-40 on the CIAC website per event and 1-20 in the All Around are qualified for the Open. The top four scoring teams from the Divisional meets will also compete at the Open to determine a state champion. The Open will be held at New Milford High School next Saturday, March 5th with a warm up/compete format. (Gymnasts warm up an event then compete on it and then travel to the next event.) Coaches meeting and stretch at 9:00am. The meet starts at 10:00am. Tickets for this event are at <https://gofan.co/app/school/CIAC> or gofan.co.

NEW ENGLAND HIGH SCHOOL GYMNASTICS CHAMPIONSHIPS

The top six finishers in each event and the top three scoring teams from the Open meet are eligible to compete in the New England Gymnastics Championships. Contact Kim Longobucco to register at: longobuccok@newtown.k12.ct.us

You can find information for all of the above meets at ciacsports.com. Results of this meet will be emailed to the CIAC web master immediately following the meet.

National High School Gymnastics Assoc. Senior Showcase Invitational meet will be in Estero, Florida on May 20 & 21, 2022. This meet is for seniors only. Other honors are available for the rest of the CT gymnasts on the NHSGA site.



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This publication is funded by a grant from the United States Department of Health and Human Services (HHS) through the CT Department of Mental Health and Addiction Services (DMHAS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Substance Abuse and Mental Health Services Administration or HHS.

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2022 CIAC GIRLS GYMNASTICS CHAMPIONSHIPS

- ✓ No gymnast is allowed on any equipment until the first warm up period begins, except for a bar set.
- ✓ The competition will be **warm up/compete format** with a constant rotation to each event.
- ✓ Warm ups will be timed 1 ½ minutes per gymnast.
 - Vault- one flip off of the table then a run back. A maximum of **3 runs/vault** per gymnast will be allowed
 - Bars- blocked by each team, 1 ½ minutes per gymnast.
 - Beam- first 3 warm up then bump in for the entire rotation, 1 ½ minutes per gymnast.
 - Floor- Team #8 has a 6-minute team warm up. Then each succeeding team will “bump” in their 1st 3 competitors between the competing team’s routines. They then get a 4 ½ minute team warm up prior to competing.
- ✓ After the teams compete, they are to remain seated at their event and then move to their next event as a team to start warming up. All gymnasts are to remain together as a team and not wander all around the gym. Upon completion of their last event teams will remain at that event until competitors have completed the meet!
- ✓ Teams will present themselves to the judges prior to beginning competition on each event.
- ✓ There will be sufficient matting at this meet. Do not bring mats into the gym.

Saturday 9:00am

~M DIVISION~

1. Fairfield Warde
2. Woodstock Acad.
3. HK/HR/CO CO-OP
4. New Milford
5. Wilton
6. Newtown
7. Darien
8. Farmington

Saturday 1:00pm

~L DIVISION~

1. Trumbull
2. Fairfield Ludlowe
3. Southington
4. Staples
5. Glastonbury
6. Norwich Free Acad.
7. Greenwich
8. Conard

Saturday 5:00pm

~S DIVISION~

1. Daniel Hand
2. St. Joseph
3. Ellington
4. Law
5. Oxford
6. Stonington
7. Valley Reg.
8. Killingly

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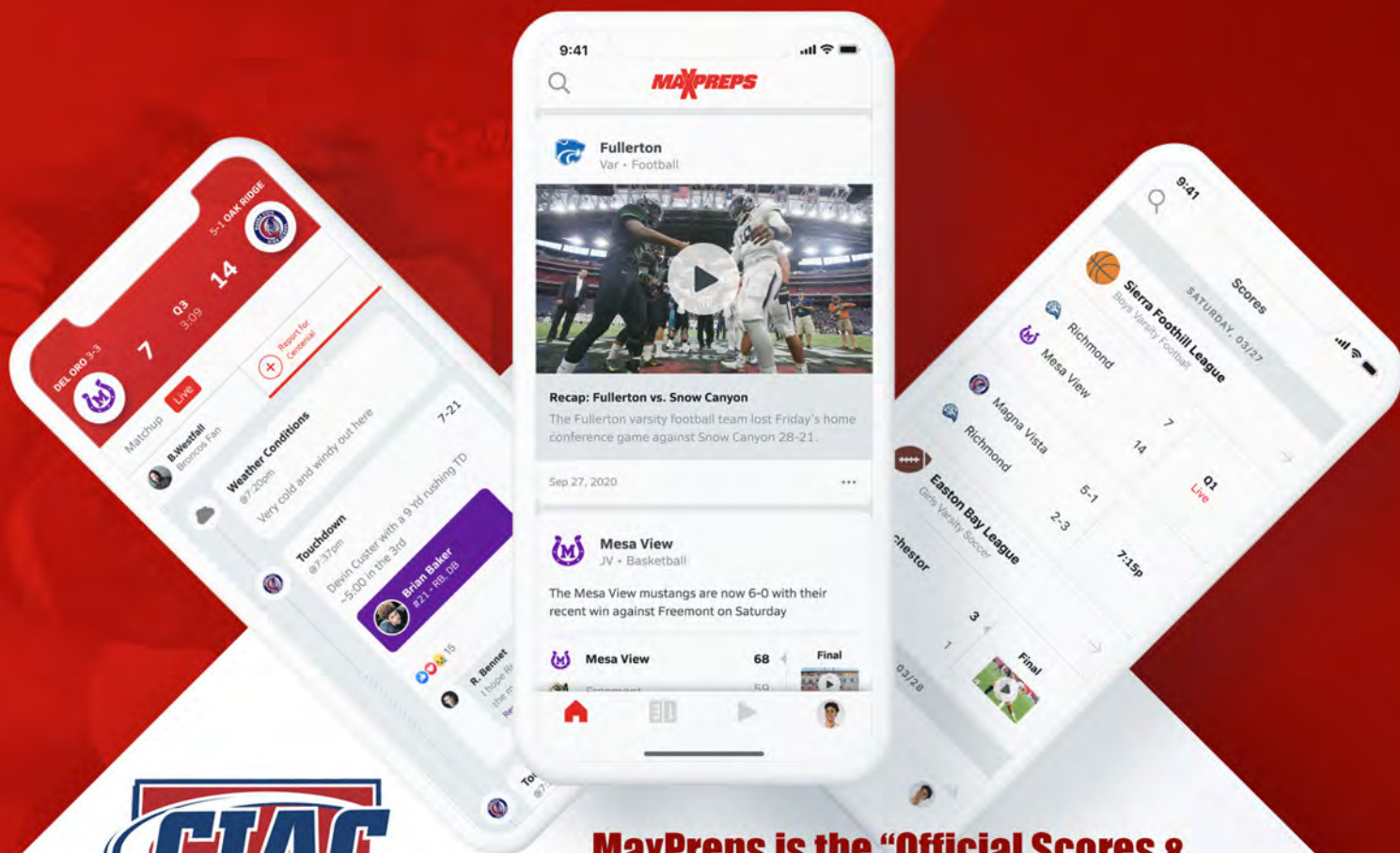
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2022 CIAC GIRLS GYMNASTICS CHAMPIONSHIPS**- M DIVISION -**

Darien High School	Fairfield Warde High School	Farmington High School
Annabel Clas	Claire Agee	McKenna Brennwald
Megan Cutler	Jaden Aliberti	Alyssa Brown
Alexandra Decsi	Reese Aliberti	Haley Christian
Julia Decsi	Lina Alkatib	Noelle Ciravolo
Elise DeGennaro	Olivia Benisch	Kelly Harris
Annelise Enters	Lainie Bliss	Olivia Palewicz
Fiona Garfield	Ciari Dawson	Charlotte Pare
Emma Kennedy	Caroline Garrett	Kyra Sardinas
Isabella Koproski	Emma C Johnson	Gabriella Tycz
Sloane Kosowsky	Emma J Johnson	
Olivia Perkins	Bailey Klein	
Anna Primmer	Julia Steele	
Maggie Russell	Kaia Vadas	
Sommer Schmidt		
HK/Morgan/Westbrook High Schools	New Milford High School	Newtown High School
Jayani Bennett	Taormina Amelio	Cyrena Arokium
Megan Cafferty	Riley Herring	Kelsey Brennan
Hannah Freund	Claire Joffrion	Renee Chard
Juliana Gagliardi	Emmaline Moore	Camden Hawk
Rebecca Rosenblum-Jones	Kyleigh O'Brien	Shannon O'Donnell
Madeleine Valiante	Kristina Polo	Addie Sullivan
	Hannah Rainey	Lauren Young
	Leanna Ryan	
	Abigail Staib	
	Regan Williams	

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- L DIVISION -

Conard High School	Fairfield Ludlowe High School	Glastonbury High School
Gabrielle Alekshun	Caitlin Benson	Maija Adams
Grace Babcock	Abigail Cerny	Kara Anderson
Jillian da Costa Pinto	Isabella Factora	Olivia Aselton
Kelly Delaney	Esme Fagan	Sydney Barcikowski
Nona Ferney	Ava Golding	Kaye Barry
McKenzie Franklin	Julia Gove	Lucy Boisoneau
Reese Gibson	Olivia Lariccia	Macey Burns
Sarah Glasier	Jane Luczaj	Alison Buyers
Claire Goglia	Tori Schreiber	Jade-Su Casey
Veide Krisst	Emma Senatore	Lola DeFranco
Ellin Messina	Katie Torello	Caitlin Downing
Lillian Norton	Lyla Vogel	Anna Edwards
Ava Peterson		Addison Fastiggi
Cheyenne Rheault		Jenna Fradin
Mia Rosario		Vivian Fuller
Lilliana Sardilli		Courtney Gallagher
Lucia Sardilli		Francesca Gionfriddo
Grace Sullivan		Abigail Guy
Rylie Waterbury		Sarah McKinney
Zoe Weissman		Brianna Miclette
Sydney Wilcox		Madeline O'Connell
		Kaylin Ostuni
		Julia Pistorius
		Sydney Salazar
		Amanda Steckler
		Veronica Thomas
		Sophia Urban
		Aliya Vansoest

- L DIVISION -

Greenwich High School	Norwich Free Academy	Southington High School
Emma Bookless	Patrice Carrigan	Alivia Adams
Sophie Brachet	Julia Cote	Madison Allister
Isabella Canale	Jayla Davis	Katherine Beaulieu
Alexandra Cimador	Sarah Fedeli	Riley Corr
Gabriella Collazo	Emma Field	Alyssa Ferreira
Genesis Cortez	Gracyn Goodale	Gabrielle Ferreira
Helena Holdsworth	Roselin Parraga	Samantha Freyler
Yume Inagawa	Morgan Sadler	Tia Guay
Emma Kelly	Ja'Ryee Silva	Tori Harrington
Sofia Khan	Rylee Snyder	Kelly Jameson
Shayna Moeller	Kaitlyn Titus	Maya Kasica
Cameron O'Carroll	Ky'Anna VanAlstyne	Taylor Kelly
Sophia Riche	Jasmine Wen	Kelsey Lamson
Olivea Rosenbaum		Rylee LeClair
Anabella Salamone		Jillian Miller
Skylar Seides		Catherine Morgan
Evelyn Sherman		Megan Peterson
Brook Wallace		Kelsey Salerno
Noelle Wilkinson		Avery Shea
Lauren Windels		Haylie Vieser
Claire Yee		
Staples High School	Trumbull High School	
Sofia Alarcon-Frias	Marcella Cecere	
Ava DeDomenico	Leah Cody	
Victoria Fidalgo Schioppa	Ellie Forma	
Emma Guster	Farrah Hass	
Mia Guster	Alyssa Lalli	
Grace Horton	Talia Lalli	
Phoebe Miller	Gianna Lemma	
Abigail Pleiter	Cayden Paymer	
Mimi Schindler	Allison Pucciarelli	
Daisy Seaborne	Juliana Pucciarelli	
Eliza Walmark	Morgan Rizzo	
	Paige Rudich	
	Ariana Sebourne	
	Anna Simpson	

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- S DIVISION -

Daniel Hand High School	Ellington High School	Jonathan Law High School
Eva Alquist	Kaitlyn Delaney	Lexi Borecki
Brooke Anderson	Teagan Dieterle	Liv Coddington
Paris Cartelli	Peyton Holden	Paige Kantor
Riley Caruso	Natalie Kiessling	Gina Lombardi
Olivia Consiglio	Natalie Marshall	Dani Matist
Elisabeth Davern	Lauren Sardinha	Natalie Morrell
Paige Dean	Abigail Shuman	Claire Moulton
Morgan Flickinger	Anna Sirois	Emma Nelly
Dylan Friedman	Nicole Thomann	Mackensie Ott
Ally Gabrynowicz		Olivia Pisacane
Jacqueline Kennedy		Mackenzie Powers
Kelly Kilbourn		Angie Robinson
Abigail Lombardi		Bailey Seaberg
Morgan McMahon		
Camryn McParland		
Reese Newman		
Sophia Prestash		
	Oxford High School	St. Joseph High School
Nicole Quain		
Hadley Reiss	Gabriella Argonese	Lindsay Capobianco
Abby Simpson	Sadie Chagnon	Elise Daly
Isabelle Smethurst	Molly Clifford	Grace DeDonato
Sydney Williams	Raleigh Daly	Caitlyn Kelly
	Olivia Ellison	Emily Lathlean
Killingly High School	Julia Esteves	Emma Moher
Sage Bukowski	Anna Gramlich	Alexandra Murawski
Jocelyn Crowley	Brooke Gutheil	Katie Nguyen
Natalie Guzman	Emily Rice	Ava Ramirez
Lilah Moran	Juliana Scioscia	Julianna Rizzitelli
Savannah Turner	Madysen Scioscia	Kinsey Spoelstra
Ava Williams		Justine Turcotte
Jadyn Williams		Marianna Wegiel

- S DIVISION -

Stonington High School	Valley Regional High School	
Haley Adamson	Holly Board	
Kaelyn Bevington	Kendra Cika	
Shay Burnside	Reagan Furgueson	
Fiona Fulton	Isabella Giuliano	
Kyleigh Hubbard	Lily Glaski	
Lydia Laskey	Julie Hartt	
Mary Lord	Chelsea Hays	
Melina Torruella	Grace Jacaruso	
Haley Adamson	Sienna Joplin	
Kaelyn Bevington	Corina Pagliuco	
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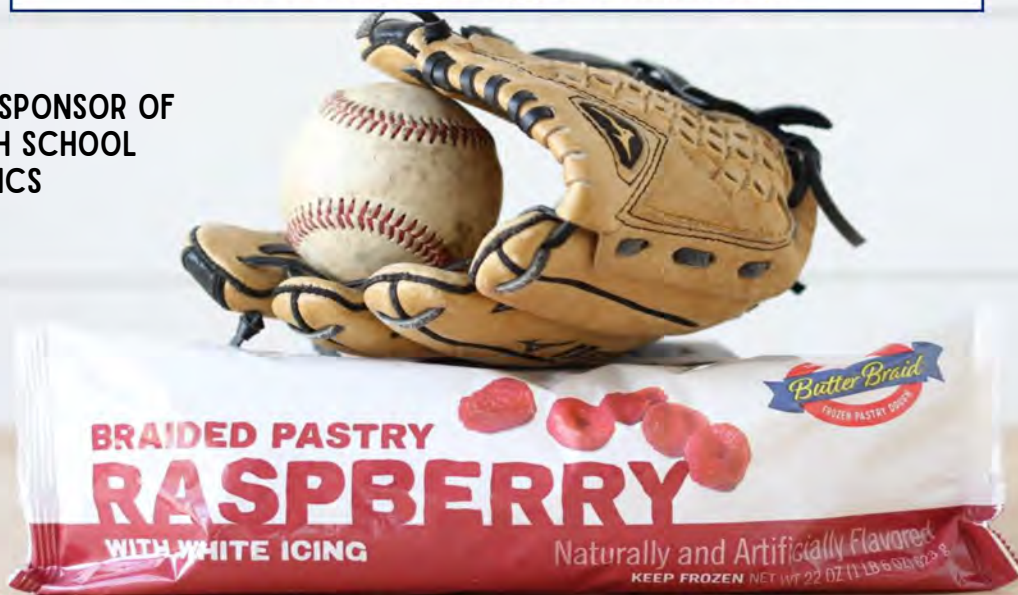
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