

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

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TO: CIAC Board of Control  
 FROM: Michael H. Savage, Executive Director  
 RE: ***Out-of-Season Rule -- Final Wording***

2.0 DURING SCHOOL YEAR OUT-OF-SEASON INCLUDING THE SUMMER

2.1.b. Member schools may not permit their coaches to coach or instruct their member school athletes\* in the sport which they coach.

\* Member school athletes are CIAC athletes whose names appear on the previous year’s eligibility list and who have eligibility remaining in the sport.

Exceptions to 2.1.b.

3. A member school coach may coach one non-school team per year provided no more than the number of member school athletes listed in the chart below are on the out-of-season team roster. Out-of-season rosters must remain fixed. Individual athletes may not be rotated on and off out-of-season non-school team rosters.

Sport	Girls Team Sports		Boys Team Sports		
	# Reg. Season	# Out-of-Season	Sports	# Reg. Season	# Out-of-Season
Field Hockey	11	6	Football	11	6
Soccer	11	6	Soccer	11	6
Volleyball	6	3	Basketball	5	3
Basketball	5	3	Ice Hockey	6	3
Softball	9	5	Baseball	9	5
Lacrosse	12	6	Lacrosse	10	5
			Volleyball	6	3

**QUESTION #2** -- Can a coach who has been hired by a school, but not yet coaches in that school, coach and instruct athletes from that school during the summer prior to assuming his/her coaching duties?

**Answer #2** -- No, a new coach must comply with the CIAC out-of-season regulation. For consistency, a new coach and a returning coach are treated the same. Coaching/instructing applies to “member school athletes” defined as CIAC athletes whose names appear on the previous eligibility list and who have CIAC eligibility remaining in the sport.

**QUESTION #5** -- As a freshman coach, who has no contact with the varsity team, can I coach or instruct next years’ varsity team in the summer league?

**Answer #5** -- No, all coaches on the staff (freshman, JV or varsity) for that sport are prohibited from coaching “member school athletes” defined in the answer to question #2.

**QUESTION #22** -- Can a volunteer who worked exclusively with soccer goalies during the season, coach the school’s soccer team during the summer?

**Answer #22** -- No, that volunteer is considered a coach and must comply with the CIAC out-of-season regulation.