

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
30 Realty Drive, Cheshire, Connecticut 06410
Telephone (203) 250-1111 / Fax (203) 250-1345

71st ANNUAL BOYS CROSS COUNTRY CHAMPIONSHIPS
Sponsored by Bob's Stores

1. **AUTHORITY**

The decisions of the Boys Cross Country Committee and/or the Meet Director relative to the operation of the meets shall be final.

2. **AWARDS**

Individual awards will be given to the first twelve (12) finishers in each Divisional Championship, and also the first twenty-five (25) finishers in the Open Championship. Awards will be given to a maximum of twelve (12) runners listed on the entry form of the first and second place team in each divisional and open championship. A plaque will be awarded to the winner and runner-up teams in each divisional and open championship event. *Awards will be presented at the finish area approximately 35 minutes after the conclusion of the race.*

3. **DATE OF MEETS / SITES / STARTING TIMES**

The **Boys Divisional Championship** Meets for 2002 shall be as follows:

All **Divisional Championship** races will be held at:

Wickham Park, East Hartford, CT
on
Saturday, October 26, 2002

Starting times for each race will be:

L Division	--	10:00 a.m.	SS Division	--	1:30 p.m.
LL Division	--	11:00 a.m.	M Division	--	2:30 p.m.
S Division	--	12:00 Noon	MM Division	--	3:30 p.m.

All races will start promptly at the time listed.

The **Boys State Open Championship** will be held at:

Wickham Park, East Hartford, CT
on
Friday, November 1, 2002

Starting time for the race will be 2:15 p.m.

The **New England Championship** will be held at the

Riverside Golf Course, Portland, Maine
on
Saturday, November 9, 2002

4. **DIVISIONS**

The 2002 Boys Cross Country Championships will be operated in six (6) divisions. Placement of schools is based on the boy enrollment in grades 10, 11, 12 as shown in the 2001-02 Membership Directory.

LL Division	-- 535 and Over	M Division	-- 258 - 345
L Division	-- 412 - 534	SS Division	-- 189 - 257
MM Division	-- 346 - 411	S Division	-- Up to 188

NOTE: SCHOOLS SHOULD NOTIFY THE CIAC OF ANY INCORRECT PLACEMENT BY OCTOBER 4, 2002. NO CHANGES WILL BE MADE ON THE DAY OF THE EVENT.

5. **ENTRY FEE/ENTRY FORM**

- A. Each boys team entering the championships will be assessed an entry fee of \$55, which must be mailed before October 4, 2002, to the CIAC office, 30 Realty Drive, Cheshire, CT 06410. Make check payable to CIAC. Entry forms must be submitted via the CIAC website -- casciac.org -- **NO LATER THAN FRIDAY, OCTOBER 4, 2002.**
- B. **START LIST** -- Start list will be posted on CIAC website approximately five days prior to the class meets. Corrections should be faxed to Irv Black at (860) 826-8532 prior to October 25, 2002.
- B. **RESULTS -- CLASS** -- Results of individual class meets will be made available following the conclusion of each race. **Results will be available on the CIAC web site -- casciac.org**

6. **MEET DIRECTOR**

The Meet Director for both the Divisional and Open Championships will be Bill Baron, 29 Apple Tree Lane, South Windsor, CT 06074 -- Telephone - Home (860) 644-1264

7. **INSPECTION OF COURSE/PARKING FEE**

On the day of the class meets the Wickham Park course will not be open for inspection until 8:00 a.m. Schools may inspect the course prior to the day of the meet. Please be advised a parking fee of \$2 per car weekdays and \$3 per car weekends will be charged. On the day of the Open Meet the Park will not be open until 12:00 Noon.

8. **LATE ENTRY/INACCURATE INFORMATION POLICY**

If a school's game or meet schedule or tournament entry form is late (beyond the established deadlines but prior to the pairings, seeding or heat meeting), or the information contained on those forms is inaccurate, a late fee of \$50 must be paid before the contestant or team is allowed to participate.

TOURNAMENT REGULATIONS VIOLATIONS

If a school fails to comply with tournament regulations, including deadlines, accurate information and/or any other procedure which requires the CIAC tournament sports committee, central office staff, or Board of Control to redo any portion of the tournament pairings or which adversely impacts the management of the tournament, an administrative violations fee of \$250 will be imposed upon the school before entry into the tournament will be allowed.

9. **MEET REGULATIONS**

All state meets shall be governed by the following regulations:

- a. Only institutional members of the Conference may enter these championships.
- b. All courses will be 5,000 meters.

- c. The team roster for the state and open meets shall consist of seven (7) runners, plus all other eligible to compete. There is no minimum as to the number of competitors a school may enter be it 1, 2, 3, etc. There is a maximum of seven (7) runners who may run in an event. Seven (7) runners may compete in the state and open meets, these seven (7) runners need not be the same for each meet. Substitutions may be made to the original seven up to thirty (30) minutes before the start of the race.
- d. The Open Meet will be made up of the top two (2) teams from each division decided by points, plus eight (8) additional teams decided by having the fastest team times or having run a team time of 1:28.30 minutes or better. In a division any team ranked higher in place scoring than a team advanced to the Open based on time, will also advance.
- e. Individual qualifiers for the Open Meet will include the top ten (10) runners in each division plus the top thirty (30) runners overall or any runner whose time is 17 minutes 24 seconds or better.
- f. Each boy runner must be eligible for interscholastic competition under the Rules of Eligibility and Control for Boys and Girls High School Athletics in Connecticut and have been a member of his team for four (4) separate regular season meets held on four (4) separate dates.
- g. Coaches are expected to maintain discipline over their runners at all times. We are guests at the Championship site and every precaution must be taken to insure that the site is not damaged or that acts of theft and vandalism do not occur. Coaches and their schools will be held liable for the actions of their runners. **PRINCIPALS AND COACHES ARE ASKED TO INFORM THEIR RUNNERS AND FANS THAT FOOTBALLS, FRISBEES, RADIOS AND OTHER SUCH ITEMS ARE NOT TO BE BROUGHT TO THE CHAMPIONSHIP SITE.**
- h. Runners will not be allowed to participate without the presence of their coach or an adult officially designated in writing by their principal.
- i. EACH TEAM MEMBER SHALL WEAR THE SAME COLOR AND DESIGN TEAM UNIFORMS (JERSEY AND TRUNKS). APPAREL WORN UNDER THE JERSEY BY MORE THAN ONE (1) TEAM MEMBER (TWO OR MORE), THAT APPAREL MUST BE THE SAME COLOR. NOTE: APPAREL WORN UNDER THE UNIFORM JERSEY AND SHORTS MUST BE OF A SINGLE COLOR. (NAMES ON TIGHTS, ETC. PROHIBITED.) NOTE -- THIS RULE WILL BE STRICTLY ENFORCED IN ALL CIAC CHAMPIONSHIP MEETS. VIOLATORS MAY BE DISQUALIFIED.
- j. Scoring will be in accordance with National Federation Rules. (NOTE: If fewer than five competitors of a team finish the places of all members of that team shall be disregarded and all other team scores re-ranked.)
- k. **Any runner who uses an illegal aid other than a watch, such as a heart rate monitor, shall be disqualified.**
- l. An ambulance will be on site for all races. If called away or in use the races will continue.
- m. The finish line area is "off limits" to coaches, spectators and parents. Team or competitor disqualification may occur.
- n. Coaches are to bring a large plastic garbage bag so that what the team packs in may be packed out.

10. NUMBERS

Coaches are to check in at the registration area no later than 30 minutes prior to the start of the race in which their runners are competing. Numbers will be given at that time. Pins will be provided by the meet director.

11. QUALIFYING FOR A PLAQUE

To qualify for a first or second place team plaque, at least five (5) runners shall finish. Runners must cross the finish line not later than twenty-five (25) minutes after the starting gun has been fired, in order to qualify as having finished.

12. **TEAM PICTURES**

Divisional and Open Championship winning teams are asked to submit team pictures to the CIAC office for publication in the CAS BULLETIN.

13. **TRAVELING EXPENSES**

Competing schools must provide their own transportation at their expense, they will not be reimbursed.

14. **UNIFORMS / DRESSING FACILITIES**

UNIFORMS MUST BE IN COMPLIANCE WITH THE NATIONAL FEDERATION RULES AS STATED IN THE NATIONAL FEDERATION RULE BOOK. ALL TEAM AND INDIVIDUAL RUNNERS MUST COME DRESSED FOR COMPETITION. DRESSING ROOM ACCOMMODATIONS WILL NOT BE AVAILABLE. NOTE -- THIS RULE WILL BE STRICTLY ENFORCED AT ALL CIAC CHAMPIONSHIP MEETS.

15. **ROAD RACE PARTICIPATION**

Participation on the part of any interscholastic cross country team member in any road race conducted after his/her school's first scheduled meet of the CIAC season will be considered a violation of Rule II.E. of the CIAC Rules of Eligibility and Control. Any cross country runner male or female, who so participates will be declared ineligible.

NOTE: Teams and individual runners qualifying for the New England Championship are subject to all CIAC rules. The season for those competing in the New England ends after the New England Meet.

16. **COMPETITORS / CHUTES**

Coaches are to instruct their runners to continue forward to the end of the chute. Runners are not to stop after crossing the finish line. 180 plus runners compete in each race.

17. **BOYS CROSS COUNTRY DIVISIONS AND THE SCHOOLS PARTICIPATING IN THEM**

<u>Division LL</u>	(26 teams)	(535 and Over)	<u>Division MM</u>	(29 teams)	(346 - 411)
Bridgeport Central		710	Berlin		382
Cheshire		549	Darien		360
Danbury		885	East Lyme		402
East Hartford		689	Enfield		358
Fairfield		732	Hartford Public		349
Fairfield Prep.		653	Hartford - Weaver		377
Glastonbury		663	Ledyard		361
Greenwich		908	Madison - Daniel Hand		365
Hamden		685	Meriden - Platt		369
Hartford - Bulkeley		536	Middletown		385
Manchester		731	Milford - Foran		359
Middletown - Xavier		595	Milford - Jonathan Law		366
Naugatuck		574	Milford - Platt RVT		386
New Britain		955	New Canaan		358
Norwalk		639	North Haven		366
Norwich Free Academy		769	Norwalk - Brien McMahon		395
Shelton		552	Seymour		388
Simsbury		577	Southbury - Pomperaug		408
Southington		737	Torrington - Wolcott RVT		357
Stamford		726	Wallingford - Lyman Hall		394
Stamford - Westhill		672	Waterbury - Crosby		369
Trumbull		618	Waterbury - Holy Cross		363
West Hartford - Conard		555	Waterbury - Kaynor RVT		347
West Hartford - Wm. Hall		551	Waterbury - Wilby		366
West Haven		612	Watertown		354
Woodbridge - Amity		536	Wethersfield		376
			Wilton		368
			Windham		358
			Woodstock Academy		368

L Division (24 teams) (412 - 534)

Branford	451
Bridgeport - Warren Harding	419
Bristol Central	527
Bristol Eastern	487
East Haven	420
Enfield - Enrico Fermi	441
Farmington	420
Groton - Fitch	489
Guilford	447
Meriden - Maloney	439
Monroe - Masuk	451
New Haven - Wilbur Cross	428
New Milford	504
Newington	514
Newtown	519
Ridgefield	459
South Windsor	489
Storrs - E.O.Smith	472
Stratford - Bunnell	432
Torrington	426
Vernon - Rockville	428
West Haven - Notre Dame	500
Westport - Staples	454
Windsor	520

2002 Boys Cross Country Championships

Division M (29 Teams) (258 - 345)

Bethel	344
Bloomfield	302
Bridgeport - Bassick	308
Bridgeport - Bullard Havens	330
Brookfield	289
Burlington - Lewis Mills	259
Colchester - Bacon Academy	259
Danbury - Abbott RVT	311
Groton - Grasso RVT	286
Hebron - RHAM	344
Killingly	338
Manchester - Cheney Tech.	316
Meriden - Wilcox RVT	299
Middletown - Vinal RVT	286
Montville	284
New Fairfield	332
New Haven - Hillhouse	333
Norwich RVT	262
Plainville	303
Redding - Joel Barlow	277
Stonington	259
Stratford	309
Tolland	284
Trumbull - St. Joseph	279
Wallingford - Sheehan	330
Waterbury - Kennedy	303
Waterford	315
Windham RVT	275
Wolcott	314

Division SS (25 teams) (189 - 257)

Ansonia - O'Brien RVT	256
Avon	257
Clinton - Morgan School	253
Coventry	193
Durham - Coginchaug	208
Ellington	241
Fairfield - Notre Dame Cath.	239
Falls Village - Housatonic Valley	199
Granby Memorial	218
Griswold	225
Hartford - A.I. Prince RVT	256
Higganum - Haddam-Killing.	256
Lebanon - Lyman Memorial	190
Manchester - East Catholic	217
New Haven - Career	196
New London	216
North Branford	226
Plainfield	245
Rocky Hill	255
Suffield	244
West Hartford - N.W. Catholic	204
Weston	193
Windsor Locks	229
Winsted - N.W. Reg.	255
Woodbury - Nonnewaug	257

Division S (28 teams) (Up to 188)

Beacon Falls - Woodland Reg.	67
Bolton	100
Bristol - St. Paul Catholic	123
Canton	166
Cromwell	156
Danbury - Immaculate	166
Deep River - Valley Reg.	162
Derby	139
East Granby	97
East Hampton	162
East Windsor	149
Hamden - Eli Whitney RVT	137
Litchfield	144
Litchfield - Wamogo	129
No. Stonington - Wheeler	96
Old Lyme	154
Old Saybrook	167
Portland	110
Somers	168
Stafford	177
Stamford - Trinity Catholic	184
Terryville	178
Thomaston	124
Thompson - Tourtellotte	129
Uncasville - St. Bernard	154
Washington - Shepaug Valley	134
Waterbury - Sacred Heart	188
Winsted - Gilbert School	180

No Team

If your school appears on this list but you now have a boys cross country team please contact the CIAC office.

Ansonia	223
Bridgeport - Kolbe-Cathedral	111
Chaplin - Parish Hill	81
East Haddam - Hale Ray	112
Hamden - Hyde Leadership	102
Hartford - Sport Science	79
Killingly - Ellis RVT	307
New Britain - Goodwin RVT	309
Putnam	134
Stamford - Wright RVT	169
Westbrook	122

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2002 CROSS COUNTRY TOURNAMENT ENTRY FORM

1. This entry form must be submitted via the CIAC website -- casciac.org -- ON FRIDAY, OCTOBER 4, 2002. Mail entry fee of \$55 to the CIAC Office, 30 Realty Drive, Cheshire, CT 06410.
2. This entry form lists seven who are likely to run. Substitutions may be made to the original seven up to thirty minutes before the start of the race, but not after. (Substitutes must be listed on eligibility list submitted to CIAC office.)
3. Only seven runners may run. The runners in the Class Championship need not be the same for the Open Championship.
4. Entrants for tournament meets must be eligible for interscholastic competition under the Rules of Eligibility and Control for Boys and Girls High School Athletics in Connecticut and have been a member of his team for four (4) regular season meets held on separate dates.
5. **Send tournament entry fee of \$55 to: the CIAC Office, 30 Realty Drive, Cheshire, CT 06410.** If schools require a P.O. for fee payment, please indicate that payment will be forthcoming. **Make check payable to CIAC.**

Submit entry form via the CIAC website -- casciac.org.

6. **Late Fee/Inaccurate Information Policy** -- If a school's game or meet schedule or tournament entry form is late (beyond the established deadlines but prior to the pairings, seeding or heat meeting), or the information contained on those forms is inaccurate, a late fee of \$50 must be paid before the contestant or team is allowed to participate.

Tournament Regulations Violations -- If a school fails to comply with tournament regulations, including deadlines, accurate information and/or any other procedure which requires the CIAC tournament sports committee, central office staff, or Board of Control to redo any portion of the tournament pairings or which adversely impacts the management of the tournament, an administrative violations fee of \$250 will be imposed upon the school before entry into the tournament will be allowed.

7. **Start List / Corrections** -- Start lists will be posted on CIAC website approximately five days prior to the class meets. Corrections should be faxed to Irv Black at (860) 826-8532 prior to October 25, 2002.

BOYS CROSS COUNTRY ENTRY FORM

DEADLINE
DUE -- FRIDAY, OCTOBER 4, 2002
DON'T FORGET \$55 ENTRY FEE

School _____ School Telephone () _____

Coach _____ Coach's Home Telephone () _____

Division _____

**Sample Form Only
Form must be
submitted through
CIAC Website**

LIST SEVEN RUNNERS MOST LIKELY TO RUN:

	<u>Last Name</u>	<u>First Name</u>	<u>Grade</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____

Substitutions may only be made from the original eligibility list submitted to the CIAC.

The above entrants are eligible to represent this school according to the CIAC requirements and tournament regulations.

I certify that the individuals listed on the Official Tournament Form have satisfied the State Health Statutes and local regulations regarding physical examinations and are physically fit to participate in the Tournament.

Name of Principal _____

Name of Athletic Director _____

Name of Coach _____

School Medical Official _____