

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
30 Realty Drive, Cheshire, Connecticut 06410
Telephone (203) 250-1111 / Fax (203) 250-1345

Sponsored by Dove, IGA and Macy's

TO: Cheerleading Coach/Advisor
FROM: Cheerleading Committee
DATE: January, 2008
RE: **2008 CHEERLEADING CHAMPIONSHIPS**

PLEASE BE SURE YOUR CHEERLEADING COACH RECEIVES THIS INFORMATION.

Your school has filed a cheerleading Intent-to-Enter Form and has been scheduled to perform in the championship on Friday, March 7, 2008 or Saturday, March 8, 2008. This is the **ONLY** copy of this information being sent to your school. Please make copies for all who may need this information.

PLEASE NOTIFY THE CAS-CIAC OFFICE IMMEDIATELY IF YOU MUST WITHDRAW. IF A TEAM FAILS TO NOTIFY THE CIAC THAT THEY ARE WITHDRAWING THEN THEY WILL FORFEIT THEIR ENTRANCE FEE.

IF YOU MUST WITHDRAW AFTER 2:00 P.M. ON FRIDAY, MARCH 7, 2008, PLEASE NOTIFY SHERRIE ZEMBRZUSKI AT (203) 233-0881.

Five classes of competition have been formed. Your school has been placed in one of these classes based on girl enrollment or having both genders on the squad.

- | | | |
|----|----------|----------------------------------|
| 1) | Class LL | Enrollment – 517 and above |
| 2) | Class L | Enrollment – 380 - 516 |
| 3) | Class M | Enrollment – 241 - 379 |
| 4) | Class S | Enrollment – 240 and below |
| 5) | Co-ed | (Both genders make up the squad) |

Three separate and distinct Championships will be held at

THE NEW HAVEN CITY-WIDE FIELD HOUSE
on Friday, March 7, 2008
or Saturday, March 8, 2008

The first championship on **Friday will involve Class LL schools and the Co-ed division.** The second championship on **Saturday morning will involve Class L schools and Class S schools .** The third championship on **Saturday afternoon will involve Class M schools.** **NOTE:** The gym will be cleared between the second and third competition. There is a **SEPARATE** charge for **EACH** Championship.

Do not arrive prior to the gym opening for your session. Time is needed to make sure that the gym and lobby areas are set up and clean for each session. You will be asked to remain on your bus until the designated time. We ask for your cooperation in this matter.

Every attempt has been made to schedule the cheerleading competition so that it will not conflict with the boys and girls state basketball tournament games. We would like to make you aware of the fact that the boys quarter-finals for basketball for Class L and Class S are scheduled for Friday, March 7, 2008. The girls finals are on Saturday, March 8, 2008 -- Class M at 11:00 a.m., Class S at 2:00 p.m., Class LL at 5:00 p.m. and Class L at 8:00 p.m.

Friday, March 7, 2008**1st Championship -- Class LL and Co-ed**

4:30 p.m.	Gym opens for participants
5:15 p.m.	Gym opens for spectators
5:30 p.m.	Coaches' Meeting
6:00 p.m.	Practice begins
6:15 p.m.	Announcements
6:30 p.m.	Competition begins
10:00 p.m.	Competition ends/Awards

Saturday, March 8, 2008**2nd Championship -- Class L and Class S**

9:00 a.m.	Gym opens for participants
9:30 a.m.	Gym opens for spectators
9:45 a.m.	Coaches' Meeting
10:00 a.m.	Practice begins
10:15 a.m.	Announcements
10:30 a.m.	Competition begins
1:30 p.m.	Competition ends/Awards

3rd Championship -- Class M

3:00 p.m.	Gym opens for participants
3:45 p.m.	Gym opens for spectators
4:00 p.m.	Coaches' Meeting
4:30 p.m.	Practice begins
4:45 p.m.	Announcements
5:00 p.m.	Competition begins
7:00 p.m.	Competition ends/Awards

Sunday, March 9, 2008 is the snow date. If the competition on Friday, March 7, 2008 is cancelled the time schedule will be as follows:

1st Championship -- Class LL and Co-ed

11:00 a.m.	Gym opens for participants
11:45 a.m.	Gym opens for spectators
12:00 p.m.	Coaches' Meeting
12:30 p.m.	Practice begins
12:45 p.m.	Announcements
1:00 p.m.	Competition begins
4:00 p.m.	Competition ends / Awards

Sunday, March 9, 2008 is the snow date. If the competition on Saturday, March 8, 2008 is cancelled, the time schedule will be as follows:

2nd Championship -- Class L and S

9:30 a.m.	Gym opens for participants
10:15 a.m.	Gym opens for spectators
10:30 a.m.	Coaches' Meeting
11:00 a.m.	Practice begins
11:15 a.m.	Announcements
11:30 a.m.	Competition begins
2:30 p.m.	Competition ends / Awards

3rd Championship -- Class M

3:30 p.m.	Gym opens for participants
4:15 p.m.	Gym opens for spectators
4:30 p.m.	Coaches' Meeting
5:00 p.m.	Practice begins
5:15 p.m.	Announcements
5:30 p.m.	Competition begins
7:30 p.m.	Competition ends / Awards

In the event of inclement weather local radio and TV stations will be notified. A decision will be made by noon for the competition on March 7, 2008. A decision will be made very early on the morning of March 8, 2008 for the Saturday competition. In addition you can check the CAS web site, www.casciac.org for any changes to the schedule.

SPECIFIC RULES RELATIVE TO THE COMPETITION

1. Schools will perform according to the order of performance listed. Please note: "Bumping up" by Class (division) will occur in each and every case for "no shows". For example -- if your school is slated to perform in Class L in the sixth position and the Class L school ahead of you doesn't show up, then your squad will perform in the spot ahead and all schools in the Class will "bump up" one Class position.
2. In the first session several Class LL teams will perform followed by Co-ed teams alternating with Class LL teams. In the second session a Class L team will perform followed by a Class S team and in the third session all Class M teams will perform.
3. Practice times will be assigned as squads arrive at the New Haven City-Wide Athletic Field House. Each team will be allotted four (4) minutes to warm-up. Warm-ups for full routines will be allowed. Warm-ups will take place just before a team goes on the mat. **WARM-UPS WILL BE IN THE ORDER OF PERFORMANCE AND APPROXIMATELY THIRTY MINUTES BEFORE YOUR PERFORMANCE TIME. PLEASE BE ON TIME AND DO NOT MISS YOUR ASSIGNED WARM-UP TIME.** A safety judge **WILL NOT** be present at this time. If you will be warming up your entire routine make sure you have your own CD or tape player since a DJ will not be present at the warm-up area. Penalty Points will be deducted for any infraction that occurs during the competition. (See enclosed Penalty Sheet) If you are in doubt about the legality of a stunt or pyramid submit a picture or video tape at least two weeks prior to the competition. A decision will be made within three days of the receipt of the video or picture. Mail to Sherrie Zembrzusi, Notre Dame Catholic High School, 220 Jefferson Street, Fairfield, CT 06825.
4. In the event of a tie for first place, both teams will be awarded first place and the next team would place second. If two teams place second, both teams will be awarded second place and the next team would be third, etc.
5. When the teams arrive at the New Haven Athletic Field House, the coach/advisor is asked to enter with the team and with a copy of their roster. Please make sure that this roster is typed and in alphabetical order. The roster will be verified with the intent-to-enter form that has been submitted. **A CHEERLEADER WILL NOT BE ALLOWED TO PERFORM IF SHE/HE DOES NOT APPEAR ON THE INTENT-TO-ENTER FORM.**
6. The site at the New Haven Athletic Field House has several locker rooms with locker space available for your use. We ask that your gym bags be placed under the bleachers, or in the locker rooms. They may not be placed in front of doors or in the walkways. These areas need to be left free of obstructions so that participants and spectators can move about and also are accessible in the event of an emergency. You are advised that CAS-CIAC and the New Haven City-Wide Athletic Field House are not responsible for items lost or stolen.
7. Spectators will not be allowed on the competition floor. Only cheerleaders and coaches with sneakers on will be allowed on the matted surface. Shoes will not be allowed on the competition area.
8. Please remind all spectators that the New Haven City-Wide Athletic Field House is a smoke free facility. Smoking is not allowed inside or outside of the building. There is absolutely **NO SMOKING** at the New Haven City-Wide Athletic Field House.
9. No food or drinks are permitted in the New Haven City-Wide Athletic Field House. Only cheerleaders will be allowed to have plastic water bottles inside the field house.
10. A trainer will be available for injuries that occur at the competition. Please bring your own tape if you need to be taped or have a prior injury.
11. Squads given permission to enter after this notice will perform first in the order of performance.
12. **CONDUCT AND GOOD SPORTSMANSHIP** -- For the most part, we have been exceedingly proud of our high school students and their following of adult fans. We especially request that all school personnel -- administrators, faculty and coaches -- give definite emphasis to the subject of good sportsmanship so that your students will conduct themselves in a manner that will reflect nothing but credit upon your school and its fine team. Any seemly or unsportsmanlike conduct on the part of students or adults is a direct reflection on the school. Please remember that you are the guests of the site school, as guests you may want to be invited back next year.

All teams are to refer to the 2007-08 National Federation Spirit Rule Book regarding sportsmanship. “A participant, coach, substitute, trainer or team attendant must not commit an unsporting act. This includes, but is not limited to, acts or conduct such as:

- a. **Disrespectfully addressing or contacting an official or gesturing in such a manner as to indicate resentment.**
- b. **Using profane or inappropriate language or gestures.**
- c. **Baiting or taunting an opponent. The NFHS disapproves of any form of taunting which is intended or designed to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender or national origin.”**

The Connecticut Cheerleading Committee has ruled that from the time a team enters the competition site until said team exits the competition site failure to abide by any of the above standards or expectations will result in a 25-point penalty assessed by the competition officials. This may result in the placing in a different position as well as plaques and medals being returned after the results have been announced.

13. Seating at the New Haven City-Wide Athletic Field House is on a first come, first serve basis. Seats cannot be saved for spectators.
14. **SIGNS, NOISEMAKERS AND BANNERS FORBIDDEN** -- Please stress to pupils over your public address system the regulation that the use of confetti, glitter, signs, banners, placards, and streamers are DEFINITELY NOT ALLOWED. Bugles, horns, drums, whistles, or other noisemakers contribute nothing to the competition and they can be a source of annoyance to the other spectators as well as the cheerleaders. **THEY WILL NOT BE PERMITTED, AND ANYONE RESPONSIBLE FOR SUCH ANNOYANCE WILL BE ASKED TO LEAVE THE COMPETITION.** We also ask that you **DO NOT** bring balloons into the New Haven City-Wide Athletic Field House. They are forbidden.
15. ***Tee shirts, team pictures and a professional video tape of the competition will be available for purchase on the day of the competition.***
16. **Included in this mailing are five (5) complimentary tickets which are to be used for faculty, spouses or administrators. THEY ARE NOT TO BE GIVEN TO PARENTS.**
17. Admission prices for the competition are: \$7.00 for adults; \$5.00 for students (grades 1-12); \$5.00 for senior citizens (age 65 & older); Free for children 5 and under.
18. Once a spectator leaves the competition during the competition or after the competition they will not be allowed to re-enter unless another entry fee is paid.

NEW ENGLAND REGIONAL CHEERLEADING COMPETITION

Only three teams from each division are allowed to compete at the New England Regional Cheerleading Competition. The New England Competition is Saturday, March 15, 2008 at Woburn High School, Woburn, Massachusetts

In the event that teams are tied, in any division, at the conclusion of the Connecticut State Championship, the following procedure will be used to determine the top three teams eligible to advance to the New England Regionals:

- * The points awarded from each judge in the category for “overall effect/overall appeal” will be totaled and the team with the highest score in that category will be eligible to advance.
- * If a tie remains, the highest and lowest score from each judge will be deleted and the remaining scores will be tabulated with the team awarded the highest point total given the higher rank.

ORDER OF PERFORMANCE**Friday, March 7, 2008****4:30 p.m.****Class LL and Co-ed**

- 1) Naugatuck (LL)
- 2) Southington (LL)
- 3) Ridgefield (LL)
- 4) West Haven (LL)
- 5) Norwalk (LL)
- 6) Bunnell, Stratford (LL)
- 7) Bolton (Co-ed)
- 8) Newington (LL)
- 9) Bacon Academy (Co-ed)
- 10) South Windsor (LL)
- 11) Branford (Co-ed)
- 12) Simsbury (LL)
- 13) Stamford (Co-ed)
- 14) Hamden (LL)
- 15) Norwich Free Academy (Co-ed)
- 16) Wm. Hall, W. Hartford (LL)
- 17) New Milford (Co-ed)
- 18) Newtown (LL)
- 19) East Windsor (Co-ed)
- 20) Cheshire (LL)
- 21) Rocky Hill (Co-ed)
- 22) Shelton (LL)
- 23) Wolcott (Co-ed)
- 24) Masuk, Monroe (LL)
- 25) Middletown (Co-ed)
- 26) Greenwich (LL)
- 27) Mercy, Middletown (Co-ed)
- 28) Bridgeport Central (LL)
- 29) East Hartford (Co-ed)
- 30) Westhill, Stamford (LL)
- 31) Windsor (Co-ed)
- 32) Glastonbury (LL)
- 33) New Britain (LL)
- 34) Trumbull (LL)
- 35) Danbury (LL)
- 36) Crosby, Waterbury (LL)
- 37) Amity Reg., Woodbridge (LL)
- 38) Staples, Westport (LL)

AM Saturday, March 8, 2008**9:00 a.m.****Class L and Class S**

- 1) East Lyme (L)
- 2) Gilbert, Winsted (S)
- 3) Fairfield Warde (L)
- 4) Tourtellotte (S)
- 5) Ledyard (L)
- 6) Hale Ray (S)
- 7) Torrington (L)
- 8) New London (S)
- 9) Fitch, Groton (L)
- 10) Valley Reg., Deep River (S)
- 11) Wilton (L)
- 12) Wheeler, N. Stonington (S)
- 13) Lyman Hall, Wallingford (L)
- 14) Parish Hill, Chaplin (S)
- 15) Pomperaug, Southbury (L)
- 16) St. Paul, Bristol (S)
- 17) Foran, Milford (L)
- 18) Thomaston (S)
- 19) Farmington (L)
- 20) Sacred Heart, Waterbury (S)
- 21) North Haven (L)
- 22) Coventry (S)
- 23) Fairfield Ludlowe (L)
- 24) Oxford (S)
- 25) Berlin (L)
- 26) Granby Memorial (S)
- 27) Woodstock Academy (L)
- 28) Derby (S)
- 29) Jonathan Law, Milford (L)
- 30) Rockville, Vernon (L)
- 31) Putnam (S)
- 32) Waterford (L)
- 33) St. Bernard, Uncasville (S)
- 34) Daniel Hand, Madison (L)
- 35) Wamogo, Litchfield (S)
- 36) Enrico Fermi, Enfield (L)
- 37) Kolbe-Cathedral, Bridgeport (S)
- 38) East Haven (L)
- 39) Cromwell (S)
- 40) Guilford (L)
- 41) Litchfield (S)
- 42) New Canaan (L)
- 43) Darien (L)

PM Saturday, March 8, 2008**3:00 p.m.****Class M**

- 1) Brookfield (M)
- 2) Ansonia (M)
- 3) North Branford (M)
- 4) Stratford (M)
- 5) Avon (M)
- 6) Montville (M)
- 7) Killingly (M)
- 8) Watertown (M)
- 9) Plainville (M)
- 10) Sacred Heart Ac., Hamden (M)
- 11) Woodland, Beacon Falls (M)
- 12) New Fairfield (M)
- 13) Nonnewaug, Woodbury (M)
- 14) Holy Cross, Waterbury (M)
- 15) Lauralton Hall, Milford (M)
- 16) Lewis Mills, Burlington (M)
- 17) Stonington (M)
- 18) St. Joseph, Trumbull (M)
- 19) Seymour (M)
- 20) Sheehan, Wallingford (M)
- 21) Ellington (M)
- 22) Tolland (M)
- 23) Haddam-Killingworth (M)
- 24) Plainfield (M)
- 25) Griswold (M)
- 26) Trinity Cath., Stamford (M)
- 27) East Catholic, Manchester (M)

DIRECTIONS TO THE NEW HAVEN CITY-WIDE ATHLETIC FIELD HOUSE

480 Sherman Parkway, New Haven, CT 06511

From I-95 North or South -- Take Exit 47 to Rt. 34 to where the highway ends, go straight for 3/4 of a mile to Sherman Avenue. Take the right onto Sherman Avenue, go straight through 6 lights, the Field House is on the left. As you proceed towards the field house make your first left onto Munson Street and then make your first left into the main parking lot.

From I-91 South -- Take Rt. 34 exit. Follow Rt. 34 to where the highway ends, go straight for 3/4 of a mile to Sherman Avenue. Take the right onto Sherman Avenue, go straight through 6 lights, the Field House is on the left. As you proceed towards the field house make your first left onto Munson Street and then make your first left into the main parking lot.

From Rt 15 (Wilbur Cross Parkway) -- Take Exit 59, take a right onto Whalley Avenue (toward New Haven). Then turn left onto Ella Grasso Boulevard. Continue straight until the end and then make a right onto Crescent Street. Field House will be 1/2 mile down on your left. As you proceed towards the field house, make your first left onto Munson Street and then make your first left into the main parking lot.

From Rt 15 South -- Take Exit 60, take a right onto Dixwell Avenue. Continue on Dixwell Avenue until you see Burger King on the left and Dunkin Donuts on your right. * At the light (St. Ann's Church) make a right onto Arch Street. At first light take a left onto Bowen Street -- continue on Bowen -- street name will change to Sherman Avenue, then Sherman Parkway -- after baseball field on right -- take a right onto Munson Street then make your first left into the main parking lot.

* When you make the right onto Arch Street you may also follow to the second light -- take a left onto Fitch Street -- pass Southern Connecticut State University (left) cemetery (right) -- follow Fitch Street until you go under overpass -- after overpass take a left at light -- Crescent Street -- follow Crescent Street which will bring you to New Haven Athletic Field House on your left.

2008 CHEERLEADING ROSTER

*Coaches: Please Bring this COMPLETED to the New Haven City-Wide Athletic Center
(Please Print or Type)*

Team Name _____ Town _____

Members of the Team:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____
- 7) _____
- 8) _____
- 9) _____
- 10) _____
- 11) _____
- 12) _____
- 13) _____
- 14) _____
- 15) _____
- 16) _____
- 17) _____
- 18) _____
- 19) _____
- 20) _____

Coaches: 1) _____
2) _____