

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

30 Realty Drive, Cheshire, Connecticut 06410

Telephone (203) 250-1111 / Fax (203) 250-1345

**2011 BOYS AND GIRLS GOLF CHAMPIONSHIPS**

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**PLAY AND RULES FOR 2011 GOLF SEASON**

To maintain uniformity in interscholastic golf competition, the following stroke play format must be used by every CIAC school which wishes to qualify for the 2011 State Golf Tournament.

1. Stroke play is to be used for all matches.
2. A maximum of four (4) players' scores count for any one match. This may include invitational tournaments where the entire team plays. Teams may play five (5) players and count the four (4) lowest scores towards state tournament qualification.
3. The CIAC Golf Committee recommends the use of the state qualifying format for all matches. Low score wins.

**Dates to Remember**

First Practice Date	Monday, March 21, 2011
First Match Date	Wednesday, April 6, 2011
Last Match Date for Girls/Boys	Wednesday, June 1, 2011
Tournament Forms Due for Girls/Boys	Wednesday, June 1, 2011

State Tournament:

Girls Division	Tuesday, June 7, 2011
Division I - II - IV	Monday, June 6, 2011
Division III	Wednesday, June 8, 2011

New England Tournament	Monday, June 20, 2011
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Maximum Number of Playing Dates	16
Matches Per Week on Original Schedule	3

**\*\*\* REMINDER: Proper golf attire, spikeless golf shoes, shirts with collars, golf shorts and slacks -- is mandatory for all players. Walking or Bermuda shorts are permitted. The inseam of the shorts must be at least four inches. Players may wear slacks or shorts at the individual's discretion. No tennis, gym, or cut-off shorts will be allowed. Denim is not considered appropriate attire. HATS WITH VISORS MUST FACE FORWARD AT ALL TIMES.**

Advertising of beer, wine, liquor or tobacco products on golfer clothing or equipment WILL NOT BE PERMITTED.

# CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

## 2011 CIAC BOYS AND GIRLS GOLF TOURNAMENT

### ALERT PAGE

1. **USGA HANDICAP FOR HIGH SCHOOL STUDENTS AND FACULTY**

The CIAC Golf Committee, in partnership with the Connecticut State Golf Association, is pleased to provide a USGA handicap system for students, teachers and administrators. Log on to [www.csgalinks.org](http://www.csgalinks.org) – click on “Become a Member,” fill out the profile information and it’s that easy. There is NO COST for students below the age of 18.

2. **Girls who participate on boys’ teams, because the school does not offer a girls program in that sport, may enter either the boys or the girls tournament, but not both. Girls who choose to participate on a boys’ team when the school offers a girls’ team in that sport, may only enter the boys’ tournament.**

3. **ONLY SCORES ATTAINED DURING THE REGULAR SEASON MAY BE USED FOR TOURNAMENT QUALIFICATION. LEAGUE TOURNAMENT SCORES CANNOT BE USED FOR TOURNAMENT QUALIFICATION PER CIAC BY-LAWS. However, in golf, league tournaments may be used to make-up matches that were on the school’s original schedule but were postponed due to weather and/or course conditions and could not be rescheduled prior to the league tournament.**

4. **INDIVIDUALS MAY QUALIFY FOR THE CIAC GOLF TOURNAMENT**

If a school’s team does not qualify, it may enter any golfer for individual honors, provided the golfer has attained an average score of the course rating, plus five (5) strokes or less per 9 holes for boys and 10 strokes or less for 9 holes for girls. This must be an average of the best ten (10) varsity scores attained on Connecticut State Golf Association approved courses, and must be attested to by the golf coach. This average must be certified by his/her principal. Of these, the top eight (8) will qualify as individuals.

**Girls who play for a boys team from the boys tees, where a girls’ team does not exist, will have their average course rating adjusted using the women’s rating adjustment table from the USGA.**

See [www.usga.org/playing/handicaps/manual/tables/section5womensadjusttees.html](http://www.usga.org/playing/handicaps/manual/tables/section5womensadjusttees.html)

5. **WEATHER DELAY / SUSPENSION / POSTPONEMENT** – Teams/individuals should come prepared to withstand weather delays. Further, it is to be clearly understood by all that the managers of the courses make the decisions about play or no play; the tournament director does not have control over any aspect of that decision.

Teams / individuals should also be prepared for the tournament to be suspended from an 18 hole event to a nine hole event should conditions warrant that. Every effort will be made to complete play on the scheduled date – so come prepared.

6. **ACCOMMODATIONS**

The CIAC Golf Committee will make reasonable accommodations for disabled athletes in our tournament. Please alert the tournament director with such requests in advance of the tournament.

7. **No electronic distance measuring devices will be allowed in any tournament play.**

8. **“X RULE” REVISION** – *Attention Girls Golf Coaches:* The “X Rule” has been modified for the 2010-11 season.

Players who have not holed out by double the par on any given hole will pick up and apply a one stroke penalty. Example: Par 3 – A player not in the hole by 6 strokes will pick the ball up and apply a one stroke penalty for a 7. Par 4 – A player not in the hole by 8 strokes, will pick up for a score of 9. Par 5 – A player not in the hole by the 10<sup>th</sup> stroke, will pick up for a score of 11.

**Please note that the X rule will be used in all regular season matches and conference tournaments. *The X rule will NOT be in effect for the State Tournament.***

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**77th ANNUAL BOYS GOLF TOURNAMENT**  
**8<sup>th</sup> ANNUAL GIRLS GOLF TOURNAMENT**

**\*\* Limited to Members of the Conference \*\***

*Girls Division -- June 7, 2011 – Orange Hills Country Club*  
*Division I -- June 6, 2011 – Timberlin Golf Club, Kensington*  
*Division II -- June 6, 2011 – Crestbrook Park, Watertown*  
*Division III -- June 8, 2011 – Fairview Farms, Harwinton*  
*Division IV -- June 6, 2011 -- Tallwood Country Club, Hebron*

The Connecticut Interscholastic Athletic Conference Golf Championship will consist of four tournaments of eighteen (18) holes for boys and one 18-hole tournament for girls. The team with the lowest total score will be awarded the championship in each division. The second lowest score in each division will be considered the runner-up. In the event of a tie for first place, a 3-hole playoff will be held to determine the championship team.

To qualify:

Division I -- Schools with 671 and over  
Division II -- Schools with 492 - 670  
Division III -- Schools with 315 - 491  
Division IV -- Schools with up to 314  
(Based on grades 9-12 boy enrollment as of 2009-10)

Girls Division -- Schools listed

1. **A TEAM MUST PLAY A MINIMUM SCHEDULE OF TEN (10) VARSITY PLAYING DATES AGAINST CIAC SCHOOLS.**
2. A team consists of five (5) players, each of which is considered an individual honors entrant. If a team wishes, they may bring only four. **Champions in each division shall be determined by the best four of five scores.**
- 3.a. A **boys team** must be one of a **maximum of 20 ranked teams** whose rankings will be determined as follows: Teams meeting qualification 1 and 2 above will be ranked on the basis of their average difference of strokes from the average rating of courses played from APRIL 6, 2011 THROUGH JUNE 1, 2011. **Only scores attained during the regular season may be used for tournament qualification. League tournament scores cannot be used for tournament qualification unless the league tournament is one of the school's sixteen (16) allowed matches and it is listed on the school's original schedule per CIAC By-laws. However, in golf, league tournaments may be used to make up matches that were on the school's original schedule, but were postponed due to weather and/or course conditions and could not be rescheduled prior to the league tournament.** The team with the lowest average difference from its average rating will be ranked #1; the team with the next lowest average difference #2, etc. Teams tying for the twentieth place will qualify.
- b. A **girls team** must be one of a **maximum of fifteen (15) ranked teams** whose rankings will be determined as follows: Teams meeting qualification 1 and 2 above will be ranked on the basis of their average difference of strokes from the average rating of courses played from APRIL 6, 2011 through June 1, 2011. **Only scores attained during the regular season may be used for tournament qualification. League tournament scores cannot be used for tournament qualification unless the league tournament is one of the school's sixteen (16) allowed matches and it is listed on the school's original schedule per CIAC By-laws. However, in golf, league tournaments may be used to make up matches that were on the school's original schedule but were postponed due to weather and/or course conditions and could not be rescheduled prior to the league tournament.** The team with the lowest average difference from its average rating will be ranked #1; the team with the next lowest average difference #2, etc. Teams tying for 15th place will qualify.

- Note: **An individual girl** may play as a non-scoring member of her home school's boys team if granted permission to do so by the coach of that team. In such cases, the girl would play with the team's #5 boy player and have her score attested accordingly. The purpose is to provide an additional opportunity for individual girl players to participate in matches for tournament qualifying.
  - **“X Rule” Revision – Attention Girl’s Golf Coaches** – The “X Rule” has been modified for the 2010-11 season. Players who have not holed out by double the par on any given hole will pick up and apply a one stroke penalty. Example: Par 3 – A player not in the hole by 6 strokes will pick the ball up and apply a one stroke penalty for a 7. Par 4 – A player not in the hole by 8 strokes, will pick up for a score of 9. Par 5 – A player not in the hole by the 10<sup>th</sup> stroke, will pick up for a score of 11.
4. Matches played after June 1 for girls and boys will not count toward qualification for the tournament. No exception will be made for postponed matches.
  5. The last date to count for tournament ranking purposes will be the day prior to the pairings. Pairings will be held on Thursday, June 2, 2011.
  6. The scores made in any match **during the regular season** will count only once for tournament qualification. FOR QUALIFICATION, ALL MATCHES PLAYED WITHIN THE SEASON LIMITATION DATES MUST BE REPORTED. ONE SCORE PER DATE – MAXIMUM 16 DATES / MINIMUM 10 DATES FOR QUALIFICATION. PLEASE PUT IN THE DATE AND THE SCORE. League tournament scores CANNOT be used for tournament qualification.
  7. **Qualification will be based on the BEST TEN (10) varsity scores during the regular season. *Teams that play 18 hole matches must submit scores for the first 9 holes played only.* ALL TEAM SCORES MUST BE SUBMITTED.**
  8. The first 16 match dates played count for tournament ranking, regardless of the original schedule.
  9. At its meeting on November 16, 1995, the CIAC Board of Control approved for CIAC golfers the opportunity to participate in a maximum of four (4) matches as “unattached players”. These matches must conform to weekly limitations and all other “CIAC unattached” regulations as stated in the CIAC Handbook. At its meeting on December 14, 2002, the CIAC Board of Control approved a girls tournament with one division playing for a state championship.

### INDIVIDUALS MAY QUALIFY!

If a school's team does not qualify, it may enter any golfer for individual honors, provided the golfer has attained an average score of the course rating, plus five (5) strokes or less per 9 holes. For girls 10 strokes or less for 9 holes. This must be an average of the best ten (10) varsity scores attained on Connecticut State Golf Association Approved Courses, and must be attested to by the golf coach. This average must be certified by his/her principal. Of these, the top eight (8) will qualify as individuals. **Girls who play for a boys team from the boys tees will have their average course rating adjusted using the women’s rating adjustment table from the USGA web site – [www.usga.org/playing/handicaps/manual/tables/section5womensadjjusttees.html](http://www.usga.org/playing/handicaps/manual/tables/section5womensadjjusttees.html)** Please see appendix A for conversions.

A school should enter either a team or as many individuals that qualify. Each of the team entries is eligible for individual honors.

Plaques will be given to the winning school and the runner-up school in each division. Medals will be awarded to the winning team members and the winning individual player and the runner-up in each division. In the event of a tie for a team championship, a three-hole aggregate score playoff will be used to determine the champion. If this does not resolve the championship, **co-champions will be declared.** In the event of a tie for individual honors, duplicate medals will be awarded to each individual involved in the tie.

Teams must have a coach or bona fide faculty member as advisor with them. COACHES OR OTHER FACULTY MEMBERS WILL NOT BE ALLOWED TO PLAY THE COURSE. COACHES OR OTHER FACULTY MEMBERS ACCOMPANYING TEAMS SHALL ACCEPT MARSHALING ASSIGNMENTS AS ASSIGNED BY THE CHAIRMAN OF THE COMMITTEE/SITE DIRECTOR.

Any individual entering the tournament shall have a faculty member with him as an advisor. Another advisor from a school in competition may act in this capacity as long as the tournament chairman is so advised IN WRITING IN ADVANCE. UNACCOMPANIED TEAMS OR INDIVIDUALS WILL BE DISQUALIFIED.

Contestants must conform in every respect to the eligibility rules of the Conference and be vouched for by the signature of the principal of the school. FINAL RESPONSIBILITY FOR THE TRANSMITTING OF THE COMPLETED ENTRY FORM RESTS SOLELY WITH THE COACH.

Schools will bear their own expenses going to and from the tournament.

CONTESTANTS MUST REPORT AT 7:30 A.M., D.S.T., AT THE TOURNAMENT SITE UNLESS NOTIFIED OF A DEFINITE STARTING TIME.

U.S.G.A. and local rules will govern the Tournament.

No practice or play will be allowed on the tournament course, except on the putting green or practice fairway (if available) on the day of the tournament. No caddies or caddy wagons are allowed unless granted a waiver by the CIAC Golf Committee. Coaches are not permitted to accompany team members of his/her team on the course.

### **BOYS NEW ENGLAND INDIVIDUAL GOLF TOURNAMENT:**

*To Qualify* -- The top three (3) boys and ties from CIAC Division I, II, III, and IV will represent Connecticut in the New England Individual Golf Tournament. If one or more cannot participate -- we will select the next boy from that division.

The New England Individual Golf Tournament will be held at Bretwood Golf Club North Course, Keene, New Hampshire on Monday, June 20, 2011 at 8:00 a.m. All information pertaining to the New England's will be handed to the individual golfers representing Connecticut at their division tournament.

### **GIRLS NEW ENGLAND INDIVIDUAL GOLF TOURNAMENT:**

*Eligibility* -- Girls listed on the school's golf team eligibility form will be eligible to compete in the Girls New England Tournament which will be conducted in conjunction with the Division I, II, III and IV CIAC Golf Tournaments. **The top seven (7) from the CIAC girls championship will qualify.**

**To Qualify** -- Any girl competing in the CIAC Division I, II, III or IV golf tournament on a boys team will have her score considered for possible advancement to the New England Tournament. Individuals may qualify provided she has attained an average score of the course rating, plus ten (10) strokes or less per 9 holes for all dates played. **This must be an average of at least ten (10) scores attained on Connecticut State Golf Association approved courses, and must be attested to by the golf coach.** Of these the top seven (7) will qualify as individuals and play in this New England Qualifier. **NOTE: The plus ten strokes per nine holes calculated using the women's tees. Girls using men's tees will be granted additional strokes in accordance with the course ratings for men versus women (3.0).**

**All girls wishing to participate in the New England Tournament MUST enter their scores on the Girls Golf Individual Entry Form. Last day to count – Wednesday prior to pairings. State tournament qualifies first seven (7) positions. Next five (5) entries will be from entry form.**

**Matches played after Wednesday, June 8, 2011 will not count towards qualifications for the New England Tournament.** Tournament rosters must be submitted to the CIAC by June 8, 2011.

The New England Individual Golf Tournament will be held at Bretwood Golf Club North Course, Keene, New Hampshire on Monday, June 20, 2011 at 8:00 a.m. All information pertaining to the New England's will be handed to the individual golfers representing Connecticut at their division tournament.

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2011 CIAC BOYS AND GIRLS GOLF TOURNAMENT

To help minimize the loss of school time for golfers and coaches, we recommend the following:

- a. All practice sessions (including before matches) should be after school hours.
- b. Establish starting times for home matches with the principal and athletic director. (These should be after school wherever possible.)
- c. Student-athletes are responsible for any and all work missed due to athletic events. Teachers should know if any early dates are required for athletic events.
- d. TEAMS SHOULD SCHEDULE TO MINIMIZE LOSS OF SCHOOL TIME FOR AWAY MATCHES.  
*Example* -- Schedule three (3) matches the week of school vacation, league matches should be scheduled during daylight savings hour.
- e. Limit the number of tournaments the team may enter. This should be established between principal, coach and athletic director.
- f. Point out to all parties involved the problem of finding courses to play. Golf is one of the few if not the only sport that is not played on school property. Schools are often subject to the rules and regulations of municipal or private clubs. Try to emphasize to coaches and golf course managers the problems we are faced with and urge them to make necessary adjustments to insure that later starting times when necessary for some schools be made available.
- g. Individual leagues determine the starting time for home matches.
- h. Playing in the state tournament is an all day affair, but it is also representing your school on a state level and the competition is the thrill of a lifetime and limited to the top twenty (20) teams for boys in Division I, II, III and IV and top fifteen (15) teams for girls.

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

2011 CIAC GOLF TOURNAMENT DIVISIONS

**Division I - 671 and over** (41)

Bridgeport Central	1091
Bridgeport - Warren Harding	801
Bristol Central	725
Cheshire	842
Danbury	1432
East Hartford	955
Fairfield Ludlowe	693
Fairfield Prep	921
Farmington	671
Glastonbury	1076
Greenwich	1427
Hamden	1045
Hartford - Bulkeley	730
Manchester	982
Middletown	672
Middletown - Xavier	867
Naugatuck	730
New Britain	1481
New Haven - Wilbur Cross	775
New Milford	786
Newington	765
Newtown	861
Norwalk	745
Norwalk - Brien McMahon	825
Norwich Free Academy	1151
Ridgefield	910
Shelton	832
Simsbury	848
South Windsor	843
Southbury - Pomperaug	731
Southington	1014
Stamford	886
Stamford - Westhill	1117
Trumbull	1000
Waterbury - Crosby	695
Waterbury - Kennedy	677
West Hartford - Conard	791
West Hartford - Wm. Hall	791
Westport - Staples	898
Windsor	708
Woodbridge - Amity	844

No Team

Hartford Public (737)  
West Haven (774)

**Division II - 492 - 670** (41)

Avon	563
Berlin	512
Branford	541
Bridgeport - Bassick	634
Bristol Eastern	602
Brookfield	508
Colchester - Bacon Academy	509
Darien	639
East Lyme	611
Enfield - Enrico Fermi	564
Fairfield Warde	633
Groton - Fitch	629
Guilford	547
Hebron - RHAM	599
Madison - Daniel Hand	634
Manchester - Cheney Tech.	516
Meriden - Maloney	608
Meriden - Platt	526
Milford - Jonathan Law	492
Milford - Foran	492
Milford - Platt Tech.	590
Monroe - Masuk	670
New Canaan	633
New Haven - Hillhouse	502
New London	515
North Haven	619
Storrs - E. O. Smith	614
Stratford - Bunnell	600
Tolland	492
Torrington	618
Torrington - Wolcott Tech.	510
Wallingford - Lyman Hall	522
Wallingford - Sheehan	500
Vernon - Rockville	531
Waterbury - Wilby	629
Waterford	500
Watertown	504
West Haven - Notre Dame	637
Wethersfield	597
Wilton	661
Woodstock Academy	544

No Team

New Fairfield (521)

**Division III - 315 - 491** (42)

Ansonia - O'Brien Tech.	364
Ansonia / Derby *	394
Beacon Falls - Woodland Reg.	414
Bethel	481
Bloomfield	343
Bridgeport - Bullard Havens	426
Burlington - Lewis Mills	434
Danbury - Abbott Tech.	460
East Haven	470
Ellington	375
Enfield	428
Granby Memorial	394
Griswold	369
Groton - Grasso Southeastern Tech.	338
Hartford - Weaver	409
Higganum - Haddam-Killingworth	363
Killingly	369
Killingly - Ellis Tech.	420
Ledyard	433
Meriden - Wilcox Tech.	484
Middletown - Vinal Tech.	432
Montville	411
New Britain - Goodwin Tech.	348
North Branford	336
Norwich Tech.	382
Plainfield	417
Plainville	440
Redding - Joel Barlow	464
Rocky Hill	398
Seymour	340
Stonington	418
Stratford	457
Suffield	416
Trumbull - St. Joseph	390
Waterbury - Holy Cross	397
Waterbury - Kaynor Tech.	443
Weston	379
Windham	468
Windham Tech.	357
Winsted - N.W. Reg.	380
Wolcott	429
Woodbury - Nonnewaug	385

**No Team**

Eli Whitney Tech., Hamden (352)

**Division IV - up to 314** (42)

Bolton	131
Bristol - St. Paul	163
Canton	291
Chaplin - Parish Hill	77
Clinton - Morgan School	287
Coventry	284
Cromwell	310
Danbury - Immaculate	186
Deep River - Valley Reg.	312
Durham - Cuginchaug	280
East Granby	129
East Haddam - Hale Ray	182
East Hampton	282
East Windsor	196
Fairfield - Notre Dame	233
Falls Village - Housatonic Valley	258
Hartford - A.I. Prince Tech.	314
Hartford - Capital Prep. Magnet	63
Hartford - Classical	165
Lebanon - Lyman Memorial	242
Litchfield	200
Manchester - East Catholic	314
New Haven - Career	253
No. Stonington - Wheeler	120
Old Lyme	215
Old Saybrook	258
Oxford	298
Portland	188
Putnam	176
Somers	291
Stamford - Trinity Catholic	218
Stafford	253
Terryville	265
Thomaston / Wamogo *	178
Thompson - Tourtellotte	182
Uncasville - St. Bernard	173
Washington - Shepaug Valley	180
Waterbury - Sacred Heart	194
West Hartford - N.W. Catholic	313
Westbrook	167
Windsor Locks	275
Winsted - Gilbert School	171
Hartford - SMSA (JV)	202

**No Team - S**

Kolbe-Cathedral, Bridgeport (142)  
 University, Hartford (219)  
 Amistad, New Haven (78)  
 Hyde Leadership, New Haven (150)  
 Stamford Academy (72)

SCHOOLS WITH GIRLS GOLF TEAMS  
Spring 2011

Ladies Division (55)

Avon  
Berlin  
Brookfield  
Burlington - Lewis Mills  
Canton  
Chaplin - Parish Hill  
Cheshire  
Colchester - Bacon Academy  
Danbury  
Darien  
Durham - Cuginchaug  
East Hampton  
Ellington  
Fairfield - Ludlowe  
Fairfield - Warde  
Farmington  
Glastonbury  
Greenwich  
Hamden - Sacred Heart Academy  
Higganum - Haddam Killingworth  
Ledyard  
Madison - Daniel Hand  
Manchester  
Manchester - East Catholic  
Meriden - Maloney  
Middletown  
Middletown - Mercy  
Milford - Lauralton Hall  
Milford - Jonathan Law  
Monroe - Masuk  
Montville  
New Britain  
New Canaan  
Newington  
Brien McMahon/Norwalk Co-op  
Norwich Free Academy  
Oxford

Redding - Joel Barlow  
Ridgefield  
Rocky Hill  
Simsbury  
Stratford - Bunnell  
Suffield  
Trumbull  
Trumbull - St. Joseph  
Uncasville - St. Bernard  
Wallingford - Lyman Hall  
West Hartford - Conard  
West Hartford - Wm. Hall  
West Hartford - N.W. Catholic  
Weston  
Westport - Staples  
Wethersfield  
Wilton  
Woodstock Academy

**2011 GOLF SCHEDULE** -- Must be submitted via the password-protected online eligibility center. Game results must be submitted on a weekly basis (scores for all matches through a Saturday must be entered no later than the following Monday) via the password-protected online eligibility center. Regardless of regular season postponed matches, the date of Wednesday, June 1, 2011 must be the final day to count for the tournament for both boys and girls golf teams.

Minimum number of varsity playing dates is ten (10) in order to qualify for CIAC tournament. Both team and individuals. **League tournament scores cannot be used for tournament qualification except for make-up matches as noted on the alert page.**

Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC board of control. Cancellation of any regular season contest/make-up to play in a league tournament will not be allowed.

### **CIAC LATE FEE POLICY**

- No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.
- Corrections requested by a school to an entry form that was submitted by the established deadline but prior to seeding/pairing data being published on the web site, will be assessed a fee of \$50 per correction to a maximum of \$250.
- All requests for corrections must be submitted on a support ticket via the online eligibility center. **No phone request will be considered.**

**TOURNAMENT REGULATION VIOLATIONS** – If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committee, central office staff, or the CIAC board of control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of \$500 will be imposed upon the school before entry into the tournament will be allowed.

**TOURNAMENT ROSTERS** -- Must be submitted via the password-protected online eligibility center by June 1 for both boys and girls teams and/or individuals.

Scores of varsity matches played and rating of courses played on June 1 must be reported via the password-protected online eligibility center by June 2 at 8:30 a.m.

The golf committee will meet on Thursday, June 2 at 9:00 a.m. to draw up pairings for the girls and boys tournaments. All pairings will be put on the CIAC web site for all teams on Thursday, June 2, 2011. All qualifiers will be given a starting time, individual and team.

If the school team does not qualify and any team member does qualify, please indicate under entry - individual the golfer(s) to participate as individuals. The appropriate entry fee will be taken from the team entry fee and the balance returned to the school.

**Girls who participate on boys' teams, because the school does not offer a girls program in that sport, may enter either the boys or girls tournament, but not both. Girls who choose to participate on a boys' team when the school offers a girl's team in that sport, may only enter the boys' tournament. Boys may not participate on girls teams. Individual entry forms must be submitted by Wednesday, June 1, 2011 for girls participating on boys teams, where a girl's team does not exist, indicating which tournament (boys or girls) they intend to participate in.**

**An individual girl may play as a non-scoring member of her home school's boys team if granted permission to do so by the coach of that team. In such cases, the girl would play with the team's #5 boy player and have her score attested accordingly. The purpose is to provide an additional opportunity for individual girl players to participate in matches for tournament qualifying.**

List varsity matches played in order of play -- Use course rating for specific 9 holes played -- Minimum of 10 playing dates required to qualify for CIAC tournament. List scores for ALL playing dates. **League tournament scores cannot be used for tournament qualification except for make-up matches as noted on the alert page.**

It is recommended that any individual that has a course rating average differential of 5.0 or less -- individual entry form should be included with the team entry form.

**ENTRY FEE** -- \$100 per team or \$20 per individual qualifier. Entry fee should be mailed to the CIAC, 30 Realty Drive, Cheshire, CT 06410. If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the "Generate Tournament Invoice" link under the golf options in the password-protected online eligibility center.

**PROPER DRESS -- REMINDER:** Proper golf attire, golf shoes, shirts with collars, including mock and turtleneck shirts, golf shorts and slacks -- is mandatory for all players. Walking or bermuda shorts are permitted. The inseam of the shorts must be at least four inches. Players may wear slacks or shorts at the individual's discretion. No tennis, gym, or cut-off shorts will be allowed. Denim is not considered appropriate attire. Hats with visors must face forward at all times.

Advertising of beer, wine, liquor or tobacco products on golfer clothing or equipment will not be permitted.

All tournament courses will be spikeless.

**No electronic distance measuring devices will be allowed in any tournament play.**

## CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

### CONCUSSION MANAGEMENT AND RETURN TO PLAY REQUIREMENTS

#### “WHEN IN DOUBT – SIT IT OUT”

*A concussion is a type of traumatic brain injury or (TBI), “that changes how the cells in the brain normally work. A concussion is caused by a blow to the head or body that causes the brain to move rapidly inside the skull. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious. Concussions can also result from a fall or from players colliding with each other or with obstacles, such as a goalpost” (Centers for Disease Control and Prevention, 2009).*

#### **PART I -- SIGNS AND SYMPTOMS OF A CONCUSSION**

**– A concussion should be suspected if any one or more of the following signs or symptoms are present, or if the coach/evaluator is unsure.**

##### **1. Signs of a concussion may include (what the athlete looks like):**

- Confusion / disorientation / irritability
- Trouble resting / getting comfortable
- Lack of concentration
- Slow response / drowsiness
- Incoherent / slurred speech
- Slow / clumsy movements
- Loss of consciousness
- Amnesia / memory problems
- Act silly / combative / aggressive
- Repeatedly ask same questions
- Dazed appearance
- Restless / irritable
- Constant attempts to return to play
- Constant motion
- Disproportionate / inappropriate reactions
- Balance problems

##### **2. Symptoms of a concussion may include (what the athlete reports):**

- Headache or dizziness
- Nausea or vomiting
- Blurred or double vision
- Over sensitivity to sound / light / touch
- Ringing in ears
- Feeling foggy or groggy

**Note: Public Act No. 10-62 requires that a coach MUST immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who (A) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or (B) is diagnosed with a concussion, regardless of when such concussion or head injury may have occurred.**

#### **PART II – RETURN TO PARTICIPATION (RTP)**

**– Currently, it is impossible to accurately predict how long concussions will last. There must be full recovery before someone is allowed to return to participation. Connecticut Law now requires that no athlete may resume participation until they have received written medical clearance from a licensed health care professional (Physician, Physician Assistant, Advanced Practice Registered Nurse, Athletic Trainer) trained in the evaluation and management of concussions.**

#### **Concussion management requirements:**

1. No athlete SHALL return to participation (RTP) on the same day of concussion.
2. Any loss of consciousness, vomiting or seizures the athlete MUST be immediately transported to the hospital.
3. Close observation of an athlete MUST continue following a concussion. This should be monitored for an appropriate amount of time following the injury to ensure that there is no escalation of symptoms.
4. Any athlete with signs or symptoms related to a concussion MUST be evaluated from a licensed health care professional (Physician, Physicians Assistant, Advanced Practice Registered Nurse, Athletic Trainer) trained in the evaluation and management of concussions.
5. The athlete MUST obtain written clearance from one of the licensed health care professionals mentioned above directing them into a well defined RTP stepped protocol similar to one outlined below. If at any time signs or symptoms should return during the RTP progression the athlete should cease activity\*.
6. After the RTP protocol has been successfully administered (no longer exhibits any signs or symptoms or behaviors consistent with concussions), final written medical clearance is required by one of the licensed health care professionals mentioned above for them to fully return to unrestricted participation in practices and competitions.

## Medical Clearance RTP Protocol (Recommended one full day between steps)

<b>Rehabilitation stage</b>	<b>Functional exercise at each stage of rehabilitation</b>	<b>Objective of each stage</b>
1. No activity	Complete physical and cognitive rest until asymptomatic. School may need to be modified.	Recovery
2. Light aerobic activity	Walking, swimming or stationary cycling keeping intensity, <70% of maximal exertion; no resistance training	Increase Heart Rate
3. Sport Specific Exercise	Skating drills in ice hockey, running drills in soccer; no head impact activities	Add Movement
4. Non-contact training drills	Progression to more complex training drills, i.e., passing drills in football and ice hockey; may start progressive resistance training	Exercise, coordination and cognitive load
5. Full Contact Practice	Following medical clearance, participate in normal training activities	Restore confidence and assess functional skills by coaching staff

\* If at any time symptoms should return during the RTP progression the athlete should stop activity that day. If the athlete's symptoms are gone the next day, s/he may resume the RTP progression at the last step completed in which no symptoms were present. If symptoms return and don't resolve, the athlete should be referred back to their medical provider.

### References:

- NFHS. Concussions. 2008 NFHS Sports Medicine Handbook (Third Edition). 2008: 77-82.  
<http://www.nfhs.org>
- McCrory, Paul MBBS, PhD; Meeuwisse, Willem MD, PhD; Johnston, Karen MD, PhD; Dvorak, Jiri MD; Aubry, Mark MD; Molloy, Mick MB; Cantu, Robert MA, MD. Consensus Statement on Concussion in Sport 3rd International Conference on Concussion in Sport held in Zurich, November 2008. *Clinical Journal of Sport Medicine*: May 2009 - Volume 19 - issue 3 - pp 185-200  
[http://journals.www.com/cjsportsmed/Fulltext/2009/05000/Consensus\\_Statement\\_on\\_Concussion\\_in\\_Sport\\_3rd.1.aspx](http://journals.www.com/cjsportsmed/Fulltext/2009/05000/Consensus_Statement_on_Concussion_in_Sport_3rd.1.aspx)
- Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports*.  
[http://www.cdc.gov/NCIPC/tbi/Coaches\\_Tool\\_Kit.htm](http://www.cdc.gov/NCIPC/tbi/Coaches_Tool_Kit.htm).
- U.S. Department of Health and Human Services Centers for Disease Control and Prevention. *A Fact Sheet for Coaches*. (2009). Retrieved on June 16, 2010. [Http://www.cdc.gov/concussion/pdf/coaches\\_Engl.pdf](http://www.cdc.gov/concussion/pdf/coaches_Engl.pdf)
- American Academy of Pediatrics - Healthychildren. *Symptom Check: Head Injury*. Retrieved on June 16, 2010. [Http://www.healthychildren.org/english/tips-tools/symptom-checker/pages/Head-Injury.aspx](http://www.healthychildren.org/english/tips-tools/symptom-checker/pages/Head-Injury.aspx)

### Resources:

- Centers for Disease Control and Prevention. *Injury Prevention & Control: Traumatic Brain Injury*. Retrieved on June 16, 2010.  
<http://www.cdc.gov/TraumaticBrainInjury/index.html>
- Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports Guide for Coaches*. Retrieved on June 16, 2010.