

**2011 GIRLS TEAM TENNIS TOURNAMENT**  
*Sponsored by Wilson*

Enclosed in this packet -- Information on both the Girls **TEAM** Tennis Tournament and **INDIVIDUAL** Tennis Tournament.

**PLEASE NOTE THE CHANGE IN FILING THE TEAM TOURNAMENT  
ENTRY FORM AND REPORTING SCORES**

The following dates are important for girls team tennis tournament:

1. Wednesday, April 6, 2011 -- Matches cannot be scheduled after this date.
2. Friday, April 1, 2011 -- Request for Change of Division Form Due via the password-protected online eligibility center -- optional.
3. Friday, May 20, 2011 -- 12:00 Noon -- **TEAM ENTRY ROSTER FORM DUE** via the password-protected online eligibility center.
4. Thursday, May 26, 2011 -- at 7:00 p.m. -- Deadline for reporting scores of matches played.  
**SCORE OF MATCHES NOT REPORTED MAY BE COUNTED AS LOSSES.**
5. Friday, May 27, 2011 -- 3:00 p.m. -- Team pairing and ranking information will be available on the CIAC web site. Information will contain sites, dates and times of matches as well as opponents.

(Committee will meet on Friday, May 27 at 8:00 a.m. for tournament pairings.)

\* **Tournament Director** -- Steve Ludlow, 183 Forest Drive, Newington, CT 06111  
Home -- (860) 666-8566  
E-mail: sludlow711@aol.com  
Cell - (860) 424-6586

---

The following dates are important for the Girls Individual Tennis Tournament:

1. Thursday, May 26, 2011 -- Individual Entry Forms must be submitted via the password-protected online eligibility center-- no later than this date.
2. Saturday, June 4, 2011 -- Individual Tournament begins.

**2011 CIAC GIRLS TENNIS TOURNAMENT**  
**Sponsored by Wilson**

**ALERT**

1. **RECOMMEND THAT COACHES ADVISE PLAYERS TO TAKE THE SAT IN MAY TO AVOID POTENTIAL CONFLICTS. CHECK S.A.T. DATES THAT ARE IN CLOSE PROXIMITY TO THE TENNIS SITE. ALL SAT PLAYERS MUST BE READY TO COMPETE AT 1:00 P.M.**
2. **IN THE EVENT THAT A HIGHER SEEDED SCHOOL HAS FEWER THAN FOUR (4) COURTS, AND MORE THAN TWO TEAMS COMPETING, THE HOME COURT WILL BE SHIFTED TO THE NEXT HIGHEST SEEDED SCHOOL MEETING THE CRITERIA.**
3. **If rain cancels matches, two rounds may be scheduled on the same day. In the event of inclement weather for the quarter-finals and later rounds, the affected teams have the option of scheduling the match at an indoor facility. The indoor court surface must be consistent with outdoor hard court surfaces, e.g., Hartru, carpeted and grass surfaces are not permitted. The cost is to be shared by the two competing schools.**
4. **Host sites are reminded to have the Site Director greet competing teams at least thirty (30) minutes prior to scheduled match time.**
5. **For the team tournament, coaching is permitted by head coach only between sets. For individual tournament, coaching is permitted only by the head coach between the second and third sets.**
6. **Once a player is removed from the line-up, she cannot return to tournament play.**
7. **Girls who participate on boys' teams, because the school does not offer a girls program in that sport, may enter either the boys' or the girls' tournament, but not both. Girls who choose to participate on a boys' team when the school offers a girls' team in that sport, may only enter the boys' tournament.**
8. **Qualifying for the Individual Tournament –**  
**The first singles player must have obtained a 60% win record as a first singles player. Player must have played in ten or more matches as a first singles player. Matches played at any other position will not count.**  
**The first doubles team must have played together as first doubles in a minimum of ten matches and earned an overall record of 60% wins in first doubles matches only. Matches played at any other position will not count.**

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE  
30 Realty Drive, Cheshire, Connecticut 06410

The 41st Annual 2011 CIAC Girls Tennis Tournament will be conducted as two separate and distinct tournaments. One will be contested as a Team Tournament and the other contested as an Individual Tournament. Please read all the information about each of these tournaments.

**2011 GIRLS TEAM TENNIS TOURNAMENT**  
**Sponsored by Wilson**

The 2011 Girls Tennis **TEAM TOURNAMENT** will be operated in three divisions. Placement of teams has been based on the girl enrollment as shown in the 2009-10 Membership Directory.

Large Division -- 650 and Over  
Medium Division -- 430 - 649  
Small Division -- Up to 429

1. **AUTHORITY**

The decisions of the Girls Tennis Committee relative to the operation of the tournament shall be final.

2. **BALLS**

**Each team will be required to bring seven (7) cans of yellow WILSON balls to the first round matches.**

3. **BREAKS BETWEEN SETS**

No break shall be held between the first and second set. Coaching may take place between the first and second set but may not prolong the break between sets. A ten-minute break must occur if requested by any player between the second and third set. During the break coaching may take place.

4. **CANCELED REGULAR SEASON MATCHES**

A canceled game shall not count for tournament qualification or rating unless the Principals of the member schools submit a canceled game/forfeit form found in the CIAC Handbook. Failure to do so will result in the match being declared "no contest."

5. **CHANGE OF DIVISION REQUEST**

Any school wishing to participate in a higher division must submit via the password-protected online eligibility center -- a change of division request form by April 1, 2011. Once a change of division has been made the school will be required to remain in that division for two (2) years.

6. **COACH OR SUPERVISOR**

Each team MUST be accompanied by the team coach or school faculty member duly appointed by the school principal. Failure to comply with this regulation could result in a team forfeit.

7. **DATES -- TOURNAMENT**

|                                |   |
|--------------------------------|---|
| <i>Tuesday, May 31, 2011</i>   | <i>Qualifying and First Round Matches</i> |
| <i>Wednesday, June 1, 2011</i> | <i>Quarter-final Matches</i>              |
| <i>Thursday, June 2, 2011</i>  | <i>Semi-final Matches</i>                 |
| <i>Friday, June 3, 2011</i>    | <i>Final Matches</i>                      |

NOTE: If rain cancels matches, two rounds may be scheduled on the same day. **In the event of inclement weather for the quarter-finals and later rounds, the affected teams have the option of scheduling the match at an indoor facility. The indoor court surface must be consistent with outdoor hard court surfaces, e.g., Hartru, carpeted and grass surfaces are not permitted. The cost is to be shared by the two competing schools.**

8. **ENTRY FEE**

There will be a \$75 Entry Fee for every school that enters a team in the tournament. Checks are to be made payable to CIAC and mailed to 30 Realty Drive, Cheshire, CT 06410. If a team does not qualify for the tournament the entry fee will be returned. If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the "Generate Tournament Invoice" link under the girls tennis options in the password-protected online eligibility center.

9. **FOOD AND BEVERAGES**

Teams must provide their own food and beverages at the sites. Don't count on the availability of either food or beverages at the sites. Carry out what you carry in -- please.

10. **ENTRY FORM**

- a. **A Team Entry Roster** must be submitted via the password-protected online eligibility center -- no later than **Friday, May 20, 2011**. Any request for changes after the initial roster is submitted must be made on a "support ticket" via the online eligibility center.

List all matches scheduled to be played throughout the season on the **Team Entry/Schedule Form**. All scores of matches played shall be completed and entered via the password-protected online eligibility center no later than Thursday, May 26, 2011.

- b. Failure to file a roster/entry form by Noon, Friday, May 20, 2011 may result in disqualification.
- c. ANY MATCH SCORE NOT SUBMITTED BY THURSDAY, MAY 26, 2011, MAY BE COUNTED AS A LOSS.
- d. All matches to be considered for tournament ranking must be listed on the Team Schedule/Entry Form.
- e. Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC board of control. Cancellation of any regular season contest/make-up to play in a league tournament will not be allowed.

11. **FORFEITS DURING TOURNAMENT**

A team match will consist of seven (7) points determined by playing four singles and three doubles matches. A team not having personnel to contest each of the seven points will forfeit a point each time they fail to put a player or players on the court to contest that point.

12. **LATE ENTRY POLICY**

- No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.
- Corrections requested by a school to an entry form that was submitted by the established deadline but prior to seeding/pairing data being published on the web site, will be assessed a fee of \$50 per correction to a maximum of \$250.
- All requests for corrections must be submitted on a support ticket via the online eligibility center. **No phone request will be considered.**

**TOURNAMENT REGULATIONS VIOLATIONS**

If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committee, central office staff, or the CIAC Board of Control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of \$500 will be imposed upon the school before entry into the tournament will be allowed.

13. **LAST DATE TO COUNT FOR QUALIFYING**

All matches to count toward qualifying must be submitted on the web site by Thursday, May 26, 2011. Matches played after this date and time will not count toward qualifying.

14. **MATCHES -- SETS**

Team matches will consist of seven points contested by playing four singles and three doubles matches. All singles and doubles matches will be decided by playing two out of three sets with a twelve point (12) tie breaker if tied at 6 all in a set. **All seven (7) matches must be played to completion.**

15. **MATCHES PER DAY**

Teams will be required to play no more than two team matches in one day. Teams will be required to play on consecutive days unless there is postponement due to weather or other unforeseen emergencies.

16. **ORDER OF PLAY**

Each team will be required to have all singles matches either played or on the courts playing before any of the team's doubles matches may be started. Play will be continuous from first round matches through the quarter-final round matches. Each player will be entitled to a forty-five (45) minute break between matches.

17. **PAIRINGS INFORMATION**

a. The pairings for each division will be:

| <u>Round One</u> | <u>Quarter-finals</u> | <u>Semi-finals</u> | <u>Finals</u> |
|------------------|-----------------------|--------------------|---------------|
| 1 vs 16          |                       |                    |               |
| 8 vs 9           | 1 vs 8                |                    |               |
|                  |                       | 1 vs 4             |               |
| 4 vs 13          |                       |                    |               |
| 5 vs 12          | 4 vs 5                |                    |               |
|                  |                       |                    | 1 vs 2        |
| 2 vs 15          |                       |                    |               |
| 7 vs 10          | 2 vs 7                |                    |               |
|                  |                       | 2 vs 3             |               |
| 3 vs 14          |                       |                    |               |
| 6 vs 11          | 3 vs 6                |                    |               |

b. If more than sixteen teams qualify, the following qualifying pairings shall be used.

| <u>If 17 teams</u> | <u>If 18 teams</u> | <u>If 19 teams</u> | <u>If 20 teams</u> |
|--------------------|--------------------|--------------------|--------------------|
| 16 vs 17           | 15 vs 18           | 14 vs 19           | 13 vs 20           |
|                    | 16 vs 17           | 15 vs 18           | 14 vs 19           |
|                    |                    | 16 vs 17           | 15 vs 18           |
|                    |                    |                    | 16 vs 17           |

c. Announcements of rankings and pairings will be made by 3:00 p.m. on Friday, May 27, 2011 via the CIAC web site -- [casciac.org](http://casciac.org).

d. The ranking of teams will be determined by the percentage method.

e. Teams having the same winning percentage will be ranked using this procedure.

- 1) Total wins
- 2) Head-to-head
- 3) By lot

18. **POSTPONEMENTS**

Team matches postponed for whatever reason will be played on the next possible date.

19. **PROTEST**

a. Protests involving "Tournament Regulations" and/or match play will be adjudicated by the divisional Tournament Director, the Committee Chair and a CIAC Executive Staff member.

20. **QUALIFICATION STANDARDS**

- a. Only CIAC member schools may enter these tournaments.
- b. To be eligible for consideration a team must play a minimum of **ten (10)** matches and have won 50% or more of the total matches scheduled.
- c. Only matches played with CIAC member schools or eligible out-of-state schools shall be considered. Out-of-state schools must be members of their state athletic association and must be approved by their state department of education.
- d. Only the first two matches against the same opponent will be counted. No matches played after Thursday, May 26, 2011 will be counted. Scores must be submitted via the password-protected online eligibility center.
- e. Matches played with non-member Connecticut secondary schools shall not be considered in the rating of teams.

21. **REPORTING SCORES**

**THE COACH OF EACH TEAM ADVANCING TO THE NEXT LEVEL OF PLAY MUST TELEPHONE THE DIVISION DIRECTOR AND THE TOURNAMENT DIRECTOR.**

**REPORT THE SCORES OF MATCHES PLAYED AT THE SITE IMMEDIATELY FOLLOWING THE CONCLUSION OF PLAY. (BY 7:00 P.M.)**

|                |                                 |   |
|----------------|---------------------------------|---|
| <b>CLASS L</b> | Steve Ludlow, Newington         | H - (860) 666-8566 / C - (860) 424-6586 |
| <b>CLASS M</b> | John Reisert, Fairfield Ludlowe | H - (203) 426-0220 / C - (203) 767-6537 |
| <b>CLASS S</b> | Martin Antisdale, Luralton Hall | H - (203) 878-2894                      |

***FAILURE TO COMPLY WITH THIS REGULATION SHALL RESULT IN A \$50 FINE.***

22. **RULES**

- a. All matches will be governed by the USTA rules of tennis.
- b. All matches will be the best two out of three sets. The winning team advances, the losing team is eliminated.

23. **SCHEDULE -- REGULAR SEASON**

A complete schedule of regular season matches must be submitted via the password-protected online eligibility center . Games cannot be added to schedule after April 6, 2011.

24. **SITES**

All rounds, except the finals, will be played at the site of the higher ranked school. **Courts: In the event that a higher seeded school has fewer than four (4) courts, and more than two teams competing, the home court will be shifted to the next highest seeded school meeting the criteria.**

Final round matches will be played at Yale. When the pairings information is released on Friday, May 27, 2011 site designations will be included. Information will be on CIAC web site -- [www.casciac.org](http://www.casciac.org). **EVERY HOST SITE MUST PROVIDE A SITE DIRECTOR TO GREET COMPETING SCHOOLS AT LEAST 30 MINUTES PRIOR TO SCHEDULED MATCH TIME.**

25. **TEAM SCORES**

Seven points will be contested in each team match. The team winning the most points out of a possible seven advances. **ALL SEVEN (7) MATCHES SHALL BE COMPLETED. A VIOLATION OF THIS RULE MAY RESULT IN DISQUALIFICATION.**

26. **TEAM COMPOSITION**

- a. Each team will be required to contest four single matches and three doubles matches with a total of ten (10) players. A total of ten players. Players may not be stacked, the number one player from a team must either play in the first singles position or the first doubles position for that team.
- b. SINGLES PLAYERS MUST BE PLAYED IN DESCENDING ORDER OF ABILITY. DOUBLES TEAMS MUST BE PLAYED IN DESCENDING ORDER OF ABILITY. VIOLATIONS OF PLAYERS' POSITIONS COULD RESULT IN FORFEITURE.
- c. Teams not having enough players to play four singles and three doubles may play the match but will forfeit in the following order: In singles the fourth singles, then the third, then the second, etc.; in doubles the third doubles, then the second, etc.
- d. Once tournament play begins for a team in either a qualifying round match or a first round match, players competing as singles or doubles must play singles or doubles throughout the entire tournament. Players will be committed to singles play or doubles play once they have played their first match in the tournament.
- e. **Once a player is removed from the line-up, she cannot return to tournament play.**
- f. NOTE: Line-up changes can ONLY be made in case of injury or illness, in consultation with the Meet Director.

27. **TIME OF MATCHES**

Times for each of the matches will be part of the pairings information released on Friday, May 27, 2011 on the CIAC web site. Generally all matches will begin at 3:00 p.m. Note this is general information and not absolute.

28. **TRANSPORTATION EMERGENCIES**

- a. If a transportation problem should arise the coach is to telephone the CIAC office (203) 250-1111 and the site.
- b. If notification of the transportation problem is not made a forfeit may result. Decision to be made by the tournament director and a CIAC staff executive.
- c. If there is not adequate time for warm-ups (**20 minutes**) or if there is a chance the match will extend into darkness, the match will be rescheduled for the next day.

29. **SITE AVAILABILITY**

**ALL QUALIFYING SCHOOLS SHALL MAKE AVAILABLE THEIR RESPECTIVE HOME COURTS FOR TOURNAMENT USE.**

**2011 GIRLS TENNIS INDIVIDUAL TOURNAMENT**  
*Sponsored by Wilson*

The 2011 CIAC Girls Tennis Individual Tournament will be an open tournament for singles and doubles players.

1. **AUTHORITY**

The decision of the Girls Tennis Committee relative to the operation of the tournament shall be final.

2. **BREAK**

Each contestant will be given a *thirty (30) minute* break between matches. **COACHING MAY TAKE PLACE DURING THIS BREAK.**

3. **STOP!!! STOP!!! -- COACHES/FACULTY MEMBERS/PARENTS**

***EACH CONTESTANT IN THIS INDIVIDUAL TOURNAMENT MUST BE ACCOMPANIED BY THE TEAM COACH OR SCHOOL FACULTY MEMBER DULY APPOINTED BY THE SCHOOL PRINCIPAL. FAILURE TO COMPLY WITH THIS REGULATION MAY RESULT IN A FORFEIT.***

4. **DATES - SITES - SITE DIRECTORS**

I. **SATURDAY, JUNE 4, 2011 -- STARTING AT 1:00 P.M. \*** (Check-in by 12:30 p.m.)

**QUALIFYING, FIRST AND SECOND ROUNDS**

AT YALE UNIVERSITY, NEW HAVEN

Tournament Directors are:

Vic Sesto, Trumbull High School, 72 Strobel Road, Trumbull, CT 06611

Home Telephone -- (203) 452-7425 School -- (203) 452-4555 Fax -- (203) 452-4361

Steve Ludlow, 183 Forest Drive, Newington, CT 06111

Home Telephone -- (860) 666-8566 E-mail: sludlow711@aol.com

Cell - (860) 424-6586

II. **MONDAY, JUNE 6, 2011 -- STARTING AT 1:00 P.M.**

**ROUND OF 16 AND QUARTER-FINALS**

AT YALE UNIVERSITY

III. **TUESDAY, JUNE 7, 2011 -- STARTING AT 3:00 P.M.**

**SEMI FINALS**

AT YALE UNIVERSITY

IV. **WEDNESDAY, JUNE 8, 2011 -- STARTING AT 3:00 P.M.**

**FINALS**

AT YALE UNIVERSITY

Rain Date -- Thursday, June 9, 2011-- Time TBA

5. **GIRLS ON BOYS TEAMS**

Girls who participate on boys' teams, because the school **does not offer a girls program** in that sport, may enter either the boys' or the girls' tournament, but not both. **Girls who choose to participate on a boys' team when the school offers a girls' team in that sport, may only enter the boys' tournament.**

6. **ENTRY FEE**

Fifteen dollars (\$15) for each singles player AND/OR \$30 FOR EACH DOUBLES TEAM entered must be sent to the CIAC, 30 Realty Drive, Cheshire, CT 06410. If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the "Generate Tournament Invoice" link under the girls tennis options in the password-protected online eligibility center.

7. **ENTRY FORM**

a. ***Individual Tournament Entry Form*** must be submitted via the password-protected online eligibility center -- no later than 12 Noon, Thursday, May 26, 2011.

b. Matches played after Thursday, May 26, 2011 will not count. Do not include them in the report or the calculations to determine the win record.

\*\* c. **A PLAYER WILL NOT BE SEEDED AND PERMITTED TO PARTICIPATE IN THE INDIVIDUAL TOURNAMENT IF THE ENTRY FORM IS NOT FILED BY THE DEADLINE OF THURSDAY, MAY 26, 2011.**

8. **MATCHES THAT QUALIFY**

a. Only regular season play will be counted toward meeting the qualifying standard.

b. In leagues where a singles player repeats during a match in doubles, only the singles match counts toward the players' record.

c. Only the first two matches against the same opponent counts toward the record.

9. **MEDALS**

Winners and runner-ups in singles and doubles will receive a gold medal for first and a silver medal for second.

10. **NUMBER OF ENTRIES PER SCHOOL**

A school may enter **one #1 singles player** and **one #2 singles player** who meets the qualifying standard and **one #1 and one #2 doubles team** who meet the qualifying standard in the Individual Tournament.

11. **OPEN TOURNAMENT**

The individual tournament is an open tournament. There will be no divisional play.

12. **ORDER OF PLAY**

Players will be scheduled to play according to the bracketing which will be done after all entries have been seeded. Single and doubles matches will begin at 1:00 p.m.

|   |
|---|
| <b>ALL PLAYER AND PARENT TOURNAMENT INQUIRIES SHALL BE DIRECTED TO THE INDIVIDUAL COACH OR ATHLETIC DIRECTOR.</b> |
|---|

**13. QUALIFYING**

To qualify a player must meet the win/loss ratio requirement established by the CIAC Girls Tennis Committee. The win record qualification is as follows:

- a. A first singles player to be eligible must have obtained a 60% win record as a first singles player. **PLAYER MUST ALSO HAVE PLAYED IN TEN (10) OR MORE MATCHES AS A FIRST SINGLES PLAYER. Matches played at any other position will not count.**
- b. A number two singles player must have obtained a 75% win record as a first or second singles player. **PLAYERS MUST ALSO HAVE PLAYED IN AT LEAST TEN (10) OR MORE MATCHES AS FIRST OR SECOND SINGLES PLAYER.** Matches played at the number three or four singles will not count.
- c. A first doubles team must have played together as first doubles in a minimum of **TEN (10)** matches, and have earned an overall record of 60% wins in first doubles matches only. **Matches played at any other position will not count.**
- d. A second doubles team must have played together as first or second doubles in a minimum of **TEN (10)** matches, and have earned an overall record of 75% wins in first or second doubles matches. Matches played at third doubles will not count.

14. **Any withdrawals made following the completion of the draw (Friday, May 27, 2011) will be reviewed by the Tournament Director and the school in question may be subject to a fine as prescribed in the CIAC Handbook.**

**15. SETS/MATCH**

- a. **FIRST AND SECOND ROUND PLAY WILL BE EIGHT (8) GAME PRO SET WITH A TWELVE (12) POINT TIE-BREAKER PLAYED AT 8-8.**
- b. **SUBSEQUENT MATCHES WILL BE DECIDED BY TWO OUT OF THREE SETS WITH A TWELVE (12) POINT TIE-BREAKER IF TIED AT SIX (6) ALL IN A SET.**

**16. SINGLES OR DOUBLES**

No entrant may play in both singles and doubles.

**17. SITES**

The individual tournament will take place at Yale University

**18. TOURNAMENT DIRECTOR**

The co-tournament directors will be Vic Sesto, Trumbull High School, 72 Strobel Road, Trumbull, CT 06611 -- Home Telephone (203) 452-7425 and Steve Ludlow, 183 Forest Drive, Newington 06111 -- Home Telephone (860) 666-8566 / Cell - (860) 424-6586.

**19. WHO MAY ENTER**

Girl tennis players who meet the qualifying standards and are listed on their school's spring tennis CIAC eligibility list either for a girls or boys team may enter. No one else may enter this individual tournament.

**20. DEFAULTING**

A player or players not present to compete **10 minutes** after call will default.

**PLAYERS SHALL NOT LEAVE THE TOURNAMENT SITE.**

DIRECTIONS TO THE YALE TENNIS CENTER / COXE CAGE INDOOR TRACK  
73 Derby Avenue, West Haven, CT 06516  
Yale Tennis Center Telephone -- (203) 764-9227

FROM I-95 HEADING NORTH

Take Exit 44, bear right. Take first left onto Ella T. Grasso Boulevard (Route 10). Follow Ella T. Grasso Boulevard for 2 miles to Route 34 (Derby Avenue). Take left onto Route 34 at light, when you see Subway on the right. Go through one light, past the stone pillars of the Walter Camp Gate, and past the next (brick) building. Take a right into the entrance driveway, immediately after the wall, in front of the brick building. If you come to another (second) traffic light, at Central Avenue, you've missed it.

FROM I-95 HEADING SOUTH

Take Exit 45, continue straight onto Ella T. Grasso Boulevard (Route 10). Follow Ella T. Grasso Boulevard 2.2 miles to Route 34 (Derby Avenue). Take left onto Route 34 at light, when you see Subway on the right. Go through one light, past the stone pillars of the Walter Camp Gate, and past the next (brick) building. Take a right into the entrance driveway, immediately after the wall in front of the brick building. If you come to another (second) traffic light, at Central Avenue, you've missed it.

FROM I-91 HEADING SOUTH

Take Exit 1 -- Downtown New Haven -- This becomes Route 34. Follow Route 34 West to Exit 3. This exit will not turn, but will continue you straight on Route 34. Continue straight on Route 34 West, after Exit 3, until the road ends, and you must take a left or right. Take a right at this light onto Ella T. Grasso Boulevard. Follow Ella T. Grasso Boulevard only 1/4 mile, to the next traffic light (Route 34). Take a left on Route 34 (at light, you will see Subway on the right). Go through one light, past the stone pillars of the Walter Camp Gate, and past the next (brick) building. Take a right into the entrance driveway, immediately after the wall in front of the brick building. If you come to another (second) traffic light, at Central Avenue, you've missed it.

FROM ROUTE 15 HEADING NORTH

Take Exit 58, (Route 34 East) toward West Haven. This becomes Route 34 East (Derby Avenue). Follow Route 34 for approximately 4 miles, and through six traffic lights (the sixth is Central Avenue). Go through the light at Central Avenue, and past one home and one building (on the left). Take a left into the entrance driveway, immediately after passing the building on the left. The building has a sign that says "Giordano Bros" in front. We are located directly behind that building.

FROM ROUTE 15 HEADING SOUTH

Take Exit 57, onto Route 34 East (Derby Avenue). Follow Route 34 for approximately 4 miles, and through six traffic lights (the sixth is Central Avenue). Go through the light at Central Avenue, and past one home and one building (on the left). Take a left into the entrance driveway, immediately after passing the building on the left. The building has a sign that says "Giordano Bros" in front. We are located directly behind the building.

2011 GIRLS TEAM TENNIS DIVISIONS

Class L -- 650 and Over (40)

|                          |      |
|--------------------------|------|
| Bristol Central          | 672  |
| Cheshire                 | 746  |
| Danbury                  | 1411 |
| East Hartford            | 937  |
| Fairfield - Ludlowe      | 762  |
| Fairfield - Warde        | 664  |
| Farmington               | 653  |
| Glastonbury              | 1030 |
| Greenwich                | 1277 |
| Groton - Fitch           | 680  |
| Hamden                   | 941  |
| Manchester               | 998  |
| Middletown               | 657  |
| Middletown - Mercy       | 692  |
| Naugatuck                | 710  |
| New Britain              | 1308 |
| New Canaan               | 659  |
| New Milford              | 781  |
| Newington                | 704  |
| Newtown                  | 868  |
| North Haven              | 659  |
| Norwalk                  | 768  |
| Norwalk - Brien McMahon  | 880  |
| Norwich Free Academy     | 1271 |
| Ridgefield               | 870  |
| Shelton                  | 799  |
| Simsbury                 | 755  |
| South Windsor            | 736  |
| Southbury - Pomperaug    | 690  |
| Southington              | 1018 |
| Stamford                 | 853  |
| Stamford - Westhill      | 1108 |
| Trumbull                 | 1152 |
| Waterbury - Kennedy      | 696  |
| West Hartford - Conard   | 772  |
| West Hartford - Wm. Hall | 769  |
| West Haven               | 809  |
| Westport - Staples       | 889  |
| Windsor                  | 665  |
| Woodbridge - Amity       | 787  |

No Team

|                             |      |
|-----------------------------|------|
| Bridgeport Central          | 1102 |
| Bridgeport - Warren Harding | 792  |
| Hartford Public             | 786  |
| New Haven - Wilbur Cross    | 747  |

\* Co-op Team

Class M -- 430 - 649 (45)

|                                  |     |
|----------------------------------|-----|
| Avon                             | 533 |
| Berlin                           | 515 |
| Bethel                           | 507 |
| Branford                         | 588 |
| Bristol Eastern                  | 640 |
| Brookfield                       | 508 |
| Colchester - Bacon Academy       | 514 |
| Darien                           | 643 |
| East Haven                       | 503 |
| East Lyme                        | 612 |
| Ellington / Somers *             | 439 |
| Enfield - Enrico Fermi           | 596 |
| Guilford                         | 574 |
| Hamden - Sacred Heart Academy    | 494 |
| Hartford - Bulkeley              | 616 |
| Hebron - RHAM                    | 504 |
| Ledyard                          | 499 |
| Madison - Daniel Hand            | 630 |
| Meriden - Maloney                | 616 |
| Meriden - Platt                  | 574 |
| Milford - Foran                  | 533 |
| Milford - Luralton Hall          | 431 |
| Milford - Jonathan Law           | 487 |
| Monroe - Masuk                   | 637 |
| New Fairfield                    | 502 |
| New Haven - Career / Hillhouse * | 457 |
| Plainville                       | 447 |
| Redding - Joel Barlow            | 495 |
| Storrs - E.O. Smith              | 622 |
| Stratford                        | 510 |
| Stratford - Bunnell              | 625 |
| Suffield                         | 448 |
| Tolland                          | 450 |
| Torrington                       | 567 |
| Vernon - Rockville               | 593 |
| Wallingford - Lyman Hall         | 640 |
| Wallingford - Sheehan            | 496 |
| Waterbury - Crosby               | 633 |
| Waterbury - Wilby                | 581 |
| Waterford                        | 477 |
| Watertown                        | 504 |
| Wethersfield                     | 588 |
| Wilton                           | 632 |
| Woodbury - Nonnewaug             | 459 |
| Woodstock Academy                | 610 |

No Team

|                             |     |
|-----------------------------|-----|
| Bridgeport - Bassick        | 522 |
| Bridgeport - Bullard Havens | 459 |
| Plainfield                  | 432 |

**Class S -- Up to 429** (57)

|                                   |     |
|-----------------------------------|-----|
| Ansonia                           | 383 |
| Beacon Falls - Woodland Reg.      | 381 |
| Bloomfield                        | 293 |
| Bolton                            | 165 |
| Bristol - St. Paul                | 155 |
| Burlington - Lewis Mills          | 381 |
| Canton                            | 252 |
| Clinton - Morgan School           | 284 |
| Coventry                          | 279 |
| Cromwell                          | 297 |
| Danbury - Immaculate              | 155 |
| Deep River - Valley Reg.          | 306 |
| Durham - Coginchaug               | 298 |
| East Granby                       | 127 |
| East Hampton                      | 288 |
| Enfield                           | 396 |
| Fairfield - Notre Dame            | 250 |
| Falls Village - Housatonic Valley | 251 |
| Granby Memorial                   | 359 |
| Griswold                          | 371 |
| Hartford - Capital Prep.          | 80  |
| Hartford - Classical              | 216 |
| Hartford - Weaver                 | 385 |
| Higganum - Haddam-Killingworth    | 330 |
| Killingly                         | 420 |
| Lebanon - Lyman Memorial          | 317 |
| Litchfield                        | 199 |
| Litchfield - Wamogo               | 221 |
| Manchester - East Catholic        | 370 |
| Meriden - Wilcox Tech.            | 298 |
| Milford - Platt Tech.             | 290 |
| Montville                         | 381 |
| New Britain - Goodwin Tech        | 204 |
| New London                        | 415 |
| North Branford                    | 351 |
| Norwich Tech.                     | 174 |
| Old Lyme                          | 224 |
| Old Saybrook                      | 275 |
| Oxford                            | 268 |
| Rocky Hill                        | 383 |
| Seymour                           | 367 |
| Stamford - Trinity Catholic       | 237 |
| Stonington                        | 378 |
| Thomaston                         | 183 |
| Trumbull - St. Joseph             | 415 |
| Uncasville - St. Bernard          | 158 |
| Washington - Shepaug Valley       | 142 |
| Waterbury - Holy Cross            | 355 |
| Waterbury - Sacred Heart          | 187 |
| West Hartford - N. W. Catholic    | 338 |
| Westbrook                         | 133 |
| Weston                            | 427 |
| Windham                           | 396 |
| Windsor Locks                     | 168 |
| Winsted - Gilbert School          | 211 |
| Winsted - N.W. Reg.               | 417 |
| Wolcott                           | 413 |

**No Girls Tennis Team**

|                                    |     |
|------------------------------------|-----|
| Ansonia - O'Brien Tech.            | 152 |
| Bridgeport - Kolbe-Cathedral       | 166 |
| Chaplin - Parish Hill              | 74  |
| Danbury - Abbott Tech.             | 206 |
| Derby                              | 187 |
| East Haddam - Hale Ray             | 224 |
| East Windsor                       | 180 |
| Groton - Grasso Southeastern Tech. | 252 |
| Hamden - Eli Whitney Tech.         | 247 |
| Hartford - A.I. Prince             | 373 |
| Hartford - SMSA                    | 234 |
| Hartford - University              | 141 |
| Killingly - Ellis Tech.            | 147 |
| Manchester - Cheney Tech.          | 110 |
| Middletown - Vinal Tech.           | 175 |
| New Haven - Amistad                | 96  |
| New Haven - Hyde Leadership        | 43  |
| N. Stonington - Wheeler            | 103 |
| Portland                           | 174 |
| Putnam                             | 152 |
| Sprague - Academy of Holy Family   | 60  |
| Stafford                           | 269 |
| Stamford Academy                   | 60  |
| Terryville                         | 256 |
| Thompson - Tourtellotte            | 195 |
| Torrington - Wolcott Tech.         | 250 |
| Waterbury - Kaynor Tech.           | 306 |
| Windham Tech.                      | 201 |

**Do not have teams** -- If you have a girls spring tennis team, please notify the CIAC office (203) 250-1111.

**2011 GIRLS TENNIS SCHEDULE** -- Must be submitted via the password-protected online eligibility center. Failure to submit schedule of games may result in disqualification for the tournament. Games cannot be added to schedule after April 6, 2011.

Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC board of control. Cancellation of any regular season contest/make-up to play in a league tournament will not be allowed.

**2011 GIRLS TENNIS CHANGE OF DIVISION** -- Any principal desiring a change to a higher division must make a request to the Girls Tennis Committee via the password-protected online eligibility center no later than Friday, April 1, 2011. Schools electing to move up a division must remain in the division for a period of two (2) years.

**GIRLS TENNIS TEAM ROSTER FORM** -- Must be submitted via the password-protected online eligibility center by Friday, May 20, 2011. Report all matches won or lost with member schools on a weekly basis. Date of last match to count is Thursday, May 26, 2011. Scores for all matches played should be completed and reported via the password-protected online eligibility center by Thursday, May 26, 2011, by 7:00 p.m. All matches canceled should be reported on tournament entry in place of score. Principals must file canceled game / forfeit form if match is to be counted. Any request for changes after the initial roster is submitted must be made on a "support ticket" via the online eligibility center.

If your team qualifies for tournament play, your courts must be made available for CIAC tournament play.

**ALL REGULAR SEASON TEAM SCORES MUST BE REPORTED TO THE CIAC OFFICE IMMEDIATELY FOLLOWING THE MATCH, NOT LATER THAN MAY 26.**

**THIS INCLUDES TEAMS THAT DO NOT QUALIFY FOR THE TOURNAMENT.**

Entry Fee of \$75 must be mailed to the CIAC office, 30 Realty Drive, Cheshire, CT 06410.

**Team Tournament Roster** -- Do not list the same player in the single ladder and double ladder -- even though you may change the player to singles OR doubles before their first match. List all members of your team -- a player not listed will NOT be permitted to compete in the tournament. Players will be played in the order of their listing.

**GIRLS INDIVIDUAL TENNIS ENTRY FORM** -- Entry form for each singles or doubles entry must be submitted via the password-protected online eligibility center by Thursday, May 26, 2011.

A #1 singles player must have obtained a 60% win record as a first singles player. Player must also have played in ten (10) or more matches as a first singles player.

A number two singles player must have obtained a 75% win record as a first or second singles player. Player must also have played in at least ten or more matches as first or second singles player. Matches played at the number three or four singles will not count.

A first doubles team must have played together as first doubles in a minimum of ten matches, and have earned an overall record of 60% wins in first doubles matches only.

A second doubles team must have played together as first or second doubles in a minimum of ten matches and have earned an overall record of 75% wins in first or second doubles matches. Matches played at third doubles will not count.

Entry fee of \$15 for each singles player and/or \$30 for each doubles team must be sent to the CIAC office, 30 Realty Drive, Cheshire, CT 06410

**A school may enter one #1 singles player and one #2 singles player who meets the qualifying standard and one #1 and one #2 doubles team who meet the qualifying standard in the individual tournament.**

## CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

### CONCUSSION MANAGEMENT AND RETURN TO PLAY REQUIREMENTS

#### “WHEN IN DOUBT – SIT IT OUT”

*A concussion is a type of traumatic brain injury or (TBI), “that changes how the cells in the brain normally work. A concussion is caused by a blow to the head or body that causes the brain to move rapidly inside the skull. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious. Concussions can also result from a fall or from players colliding with each other or with obstacles, such as a goalpost” (Centers for Disease Control and Prevention, 2009).*

#### **PART I -- SIGNS AND SYMPTOMS OF A CONCUSSION**

**– A concussion should be suspected if any one or more of the following signs or symptoms are present, or if the coach/evaluator is unsure.**

**Signs of a concussion may include (what the athlete looks like):**

- Confusion / disorientation / irritability
- Trouble resting / getting comfortable
- Lack of concentration
- Slow response / drowsiness
- Incoherent / slurred speech
- Slow / clumsy movements
- Loss of consciousness
- Amnesia / memory problems
- Act silly / combative / aggressive
- Repeatedly ask same questions
- Dazed appearance
- Restless / irritable
- Constant attempts to return to play
- Constant motion
- Disproportionate / inappropriate reactions
- Balance problems

**Symptoms of a concussion may include (what the athlete reports):**

- Headache or dizziness
- Nausea or vomiting
- Blurred or double vision
- Over sensitivity to sound / light / touch
- Ringing in ears
- Feeling foggy or groggy

**Note: Public Act No. 10-62 requires that a coach MUST immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who (A) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or (B) is diagnosed with a concussion, regardless of when such concussion or head injury may have occurred.**

#### **PART II – RETURN TO PARTICIPATION (RTP)**

**– Currently, it is impossible to accurately predict how long concussions will last. There must be full recovery before someone is allowed to return to participation. Connecticut Law now requires that no athlete may resume participation until they have received written medical clearance from a licensed health care professional (Physician, Physician Assistant, Advanced Practice Registered Nurse, Athletic Trainer) trained in the evaluation and management of concussions.**

#### **Concussion management requirements:**

1. No athlete SHALL return to participation (RTP) on the same day of concussion.
2. Any loss of consciousness, vomiting or seizures the athlete MUST be immediately transported to the hospital.
3. Close observation of an athlete MUST continue following a concussion. This should be monitored for an appropriate amount of time following the injury to ensure that there is no escalation of symptoms.
4. Any athlete with signs or symptoms related to a concussion MUST be evaluated from a licensed health care professional (Physician, Physicians Assistant, Advanced Practice Registered Nurse, Athletic Trainer) trained in the evaluation and management of concussions.
5. The athlete MUST obtain written clearance from one of the licensed health care professionals mentioned above directing them into a well defined RTP stepped protocol similar to one outlined below. If at any time signs or symptoms should return during the RTP progression the athlete should cease activity\*.

- After the RTP protocol has been successfully administered (no longer exhibits any signs or symptoms or behaviors consistent with concussions), final written medical clearance is required by one of the licensed health care professionals mentioned above for them to fully return to unrestricted participation in practices and competitions.

**Medical Clearance RTP Protocol (Recommended one full day between steps)**

| <b>Rehabilitation stage</b>    | <b>Functional exercise at each stage of rehabilitation</b>  | <b>Objective of each stage</b>                                    |
|--------------------------------|---|---|
| 1. No activity                 | Complete physical and cognitive rest until asymptomatic. School may need to be modified.  | Recovery  |
| 2. Light aerobic activity      | Walking, swimming or stationary cycling keeping intensity, <70% of maximal exertion; no resistance training                             | Increase Heart Rate   |
| 3. Sport Specific Exercise     | Skating drills in ice hockey, running drills in soccer; no head impact activities   | Add Movement  |
| 4. Non-contact training drills | Progression to more complex training drills, i.e., passing drills in football and ice hockey; may start progressive resistance training | Exercise, coordination and cognitive load                         |
| 5. Full Contact Practice       | Following medical clearance, participate in normal training activities  | Restore confidence and assess functional skills by coaching staff |

\* If at any time symptoms should return during the RTP progression the athlete should stop activity that day. If the athlete’s symptoms are gone the next day, s/he may resume the RTP progression at the last step completed in which no symptoms were present. If symptoms return and don’t resolve, the athlete should be referred back to their medical provider.

References:

- NFHS. Concussions. 2008 NFHS Sports Medicine Handbook (Third Edition). 2008: 77-82.  
<http://www.nfhs.org>
- McCrory, Paul MBBS, PhD; Meeuwisse, Willem MD, PhD; Johnston, Karen MD, PhD; Dvorak, Jiri MD; Aubry, Mark MD; Molloy, Mick MB; Cantu, Robert MA, MD. Consensus Statement on Concussion in Sport 3rd International Conference on Concussion in Sport held in Zurich, November 2008. Clinical Journal of Sport Medicine: May 2009 - Volume 19 - issue 3 - pp 185-200  
[http://journals.www.com/cjsportsmed/Fulltext/2009/05000/Consensus\\_Statement\\_on\\_Concussion\\_in\\_Sport\\_3rd.1.aspx](http://journals.www.com/cjsportsmed/Fulltext/2009/05000/Consensus_Statement_on_Concussion_in_Sport_3rd.1.aspx)
- Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports*.  
[http://www.cdc.gov/NCIPC/tbi/Coaches\\_Tool\\_Kit.htm](http://www.cdc.gov/NCIPC/tbi/Coaches_Tool_Kit.htm).
- U.S. Department of Health and Human Services Centers for Disease Control and Prevention. *A Fact Sheet for Coaches*. (2009). Retrieved on June 16, 2010. [Http://www.cdc.gov/concussion/pdf/coaches\\_Engl.pdf](http://www.cdc.gov/concussion/pdf/coaches_Engl.pdf)
- American Academy of Pediatrics - Healthychildren. *Symptom Check: Head Injury*. Retrieved on June 16, 2010. [Http://www.healthychildren.org/english/tips-tools/symptom-checker/pages/Head-Injury.aspx](http://www.healthychildren.org/english/tips-tools/symptom-checker/pages/Head-Injury.aspx)

Resources:

- Centers for Disease Control and Prevention. *Injury Prevention & Control: Traumatic Brain Injury*. Retrieved on June 16, 2010. <http://www.cdc.gov/TraumaticBrainInjury/index.html>
- Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports Guide for Coaches*. Retrieved on June 16, 2010.