

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE  
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**2010**  
**47th ANNUAL GIRLS VOLLEYBALL TOURNAMENT REGULATIONS**

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THE VOLLEYBALL TOURNAMENT INFORMATION IS ARRANGED IN TWELVE (12) SECTIONS.

- 1.0 DIVISIONS**
- 2.0 SITES/DATES**
- 3.0 ENTRY PROCEDURES**
- 4.0 EXPENSES/TICKETS**
- 5.0 FORFEITS**
- 6.0 OFFICIALS**
- 7.0 PROTESTS**
- 8.0 QUALIFYING**
- 9.0 RANKING/SEEDING**
- 10.0 SUPERVISION/SPORTSMANSHIP**
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CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE  
2010 GIRLS VOLLEYBALL TOURNAMENT

**ALERT PAGE**

1. **QUALIFYING FOR THE CIAC TOURNAMENT HAS BEEN CHANGED TO 40%.**

2. Warm-up routine – First ten minutes – both teams warm up  
Six minutes – determined by first team serving  
Six minutes – other team warms up

Teams may use the six minute warm-up periods as they choose.

3. **MEMBER SCHOOLS MUST MAKE EVERY EFFORT TO COMPLETE THEIR SEASON AS SCHEDULED INCLUDING MAKE-UP GAMES. ANY EFFORT TO GAIN AN ADVANTAGE IN TOURNAMENT PLAY BY NOT PLAYING A GAME IS UNACCEPTABLE AND IS SUBJECT TO ACTION BY THE CIAC BOARD OF CONTROL. CANCELLATION OF ANY REGULAR SEASON CONTEST / MAKE-UP TO PLAY IN A LEAGUE TOURNAMENT WILL NOT BE ALLOWED.**

4. CIAC member school athletes in the sport of volleyball may not participate in any outside tournament(s) or event(s) during the CIAC season. The season begins with the first scheduled game and ends with the state championship. CIAC rules permit a student-athlete to participate in non-school volleyball activities when their regular season concludes, unless her team is in the CIAC tournament. Players restrictions end when her team is eliminated from the CIAC tournament. This includes two on two, three on three, beach volleyball or other similar events/tournaments. Participation in such events will result in loss of eligibility for the athlete and possible forfeit of games played by the school in which the athlete played after participating in an outside event. (CIAC Handbook -- Athletic Administration – 4.29.N)

5. **2010-11 NFHS Rule Book Change on Concussion** – Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health care professional.

**Connecticut Concussion Management – See Appendix G**

6. **Tournament Coaches Attire** – The following dress requirements are in effect for the 2010 CIAC volleyball tournament. NO jeans are permitted during pre-game warm-ups or while on the bench; no head wear is permitted; no shorts are to be worn and t-shirts as an outer garment are not permitted.

## 2010-11 NFHS VOLLEYBALL RULE CHANGES

- 1-3-1 Clarifies when a point is scored and when a rally has been completed.
- 2-1 New 8 Defines the specific zone for libero replacements and its physical location in the playing area.
- 2-new 5,  
9-8-1f Defines non-team members as officials, media personnel, spectators located in a playable area.
- 4-1-1,  
2, 3, & 4 Updates and clarifies the rules regarding braces, casts, padding and prostheses.
- 4-1-6 Expands the style of items that may be worn in the hair to include unadorned flat clips no longer than 2 inches.
- 4-1-New 8 Places a long-standing informal procedure within the rules for the state association and school to follow when an accommodation/modification of the rules for participation is made due to medical, special needs or religious reasons.
- 5-3-4e Changes the end-of-set protocol for the last set in a match to require the first referee, after confirming the score with the second referee, to simply release the teams from the end lines and thus permit each state association to establish its own end-of-match protocol, such as a team handshake.
- 6-New 1,  
9-1-1 Defines team members as school representatives located in the team bench area including coaches, teammates, managers, trainers and the players.
- 6-New 2 Defines teammates as all players on the same team in uniform and further defines players as those teammates on the playing court.
- 10-1-4,  
7-1-2 Once the lineup has been submitted by the required deadline and prior to play commencing, the coach may request and be granted a substitution.
- 12-2-8d  
12-2-9d It is unsporting conduct to disrespectfully address a referee and now assistant officials (line judges, scorer, libero tracker and timer) are included.
- Official  
Signal #6 Net Foul/Net Serve: The second referee is not required to touch the net or signal a net serve.

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

***47th ANNUAL CIAC GIRLS VOLLEYBALL TOURNAMENT***

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1.0 **DIVISIONS**

1.1 Only institutional members of the Conference may enter this tournament which will be in four (4) divisions. Placement of schools has been based on the 9-12 girl enrollment as shown in the 2009-10 CIAC Membership Directory.

LL - 692 and over      L - 514-691      M - 371-513      S - Up to 370

1.2 The 2010 Girls Volleyball Championships will be played using an Open Tournament format and rally scoring.

2.0 **DATES/SITES/MEET DIRECTORS**

2.1 Member schools may start practice on, but not before, Saturday, August 28, 2010.

2.2 Member schools may play the first game on, but not before, Tuesday, September 14, 2010.

2.3 The last date for games to count for the 2010 Girls Volleyball Tournament will be Thursday, November 4, 2010.

2.4 **Scheduled Playing Dates for the 2010 Girls Volleyball Tournament**

First Round	Monday, November 8, 2010
Second Round - M & S	Tuesday, November 9, 2010
Second Round - L & LL	Thursday, November 11, 2010
Quarter-Finals - M & S	Friday, November 12, 2010
Quarter Finals - L & LL	Saturday, November 13, 2010
Semi-Finals - M & S	Wednesday, November 17, 2010
Semi-Finals - L & LL	Thursday, November 18, 2010
Finals - S -- 7:00 p.m.	Friday, November 19, 2010
Finals - M-- 1:00 / L -- 4:00 / LL -- 7:00 p.m.	Saturday, November 20, 2010

Finals Site – All divisions – I rúwqpdwt { 'J k j 'Uej qqn

2.5 For first round, second round and quarter-final matches the higher ranked school will provide the site.

2.6 If the higher ranked school does not have a site which conforms to National Federation Rules the Tournament Director will decide where the match will be played, in which event match expenses and officials fees will be paid by the CIAC. All gate receipts are to be forwarded to the CIAC office.

2.7 For Semi-finals and Final Games -- Site selection priority for semi-final matches will be at a neutral site. All division finals will announced. No consideration will be given to previous experience on the facility. Gate receipts are to be forwarded to CIAC office. The higher ranked team will be declared the home team in all situations.

3.0 **ENTRY PROCEDURE**

3.1 **GAME RESULTS** -- Must be submitted on a weekly basis (scores for all games through Saturday must be entered no later than the following Monday) via the password-protected online eligibility center.

Note: Schools may set up access codes in the eligibility center to allow coaches to submit scores via the web site without requiring the school's main eligibility center password. Game scores are the only information that may be submitted in this manner.

- 3.2 **CHANGE OF DIVISION FORM** -- Optional, if filed must be by October 1, 2010 via the password-protected online eligibility center.
- 3.3 **SITE AVAILABILITY FORM** -- Must be submitted via the password-protected online eligibility center by September 30, 2010.
- 3.4 **TOURNAMENT ROSTER** – Must be submitted via the password-protected online eligibility center by **Friday, October 29, 2010**. Any request for changes after the initial roster is submitted must be made on a “support ticket” via the online eligibility center. (Maximum number of 18)
- 3.5 **ENTRY FEE** -- There is a \$75.00 entry fee per school. Checks are to be made payable and mailed to CIAC, 30 Realty Drive, Cheshire, CT 06410. If a team does not qualify for the tournament the entry fee will be returned. If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the “Generate Tournament Invoice” link under the girls volleyball options in the password-protected online eligibility center.
- 3.6 **QUALIFYING RECORD** -- **Win 40% of games** against member schools, eligible out-of-state schools and the American School for the Deaf.
- 3.7 **LAST DATE TO COUNT** -- Regardless of regular season postponed games, the date of THURSDAY, November 4, 2010 **MUST BE THE FINAL DAY TO COUNT** for the tournament. All games played after the entry form has been submitted, must be completed, and scores reported via the password-protected online eligibility center by 10:00 p.m., Thursday, November 4, 2010. All schools are requested to report all scores regardless of qualifying for the tournament.

#### **4.0 EXPENSES/TICKETS**

- 4.1 Expenses for all FIRST ROUND AND SECOND ROUND MATCHES will be borne by the participating teams. The host team will pay all game expenses including officials and shall provide the site director who should be someone other than the coach. The visiting team will pay its own traveling expenses.
- 4.2 Expenses for quarter-final, semi-final and final matches will be paid by CIAC. CIAC will require admission to be charged at quarter-final games and gate receipts are to be forwarded to the CIAC office. CIAC tickets for the quarter-final games will be delivered to the school prior to the game by CIAC.
- 4.3 Schools will bear all traveling expenses.
- 4.4 The host school will pay all official and lines person fees for first and second round matches. CIAC will pay all official and lines person expenses for quarter-final, semi-final and final matches.
- 4.5 Charges for admission\*
 

Free	-- Children five (5) and under
(*Subject to change)	\$5.00 -- Senior citizen (age 65 and older)
	\$5.00 -- Students (grades 1-12)
	\$8.00 -- Adults (All others not in the above categories)
- 4.6 If in the first round and second round games schools wish to charge admission they should notify the Principal and Athletic Director of the visiting school in advance.

- 4.7 During the 2010 Tournament, the following passes will be honored at all games where an admission is charged.
- a. CIAC Volleyball Pass (girls varsity volleyball coaches must request from CIAC and provide a self-addressed stamped envelope)
  - b. Principal (or designee) of participating schools with CAS membership card
  - c. Press Card
  - d. CIAC Volleyball Officials' membership card
- No other complimentary admissions will be permitted.
- 4.8 Complimentary admissions will be afforded teams that qualify from the quarter-finals on. Teams must arrive as a group and the coach must present a list of players who are to gain free admission. The list is to be checked as the players enter as a group. Each school competing in the tournament will receive ten (10) complimentary tickets AT THE SITE, to be given to school personnel only - such as supervisors, bus drivers, administrators, etc.

## **5.0 FORFEITS**

- 5.1 Member schools will be required to submit regular season schedules for all sports controlled by CIAC in which member schools participate. Determination of forfeitures will be based on this schedule.
- A forfeit game shall count as a victory for the team declared the winner and as a loss for the team declared a loser in determining tournament qualifications and ratings. For tournament qualifications only the following reasons for a forfeit shall be accepted.
- 5.2 A team shall forfeit a game or games if through a violation it is required to do so under the CIAC Rules of Eligibility.
- 5.3 A team shall forfeit a game if the game official declares the game a forfeit as a result of a National Federation rule violation, or a team refuses to play after being instructed to do so by the game official.
- 5.4 Forfeitures will be honored by each CIAC sports committee when there is mutual agreement between the Principals of the two schools involved in the game not played. Each Principal must submit on the official CIAC Canceled Game - Forfeiture Form his/her decision and it must be received in the CIAC office within 72 hours following the time of the scheduled contest. On the eve of a tournament when there is not sufficient time for normal administrative procedures (72 hours) if a question of team forfeiture arises the Executive Director or his designee, in consultation with the Chairperson of the sports committee affected and the Principals of the two schools will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.
- 5.5 All games listed on the original schedule and submitted to the CIAC which are not played and have not been forfeited in accordance with this policy will be considered by each sport committee as No Contest and shall not count for tournament qualification and ratings unless it affects the minimum number of games required to qualify for tournament participation. In this instance the sport committee shall review the evidence submitted by the teams involved and may grant an exception from the minimum game number requirement. The minimum winning percentage as determined by the individual sports committee must be met under all circumstances.

## 6.0 OFFICIALS

- 6.1 By October 15, 2010 each varsity head coach, regardless of won or loss record is invited to submit via the password-protected online eligibility center, a list of five (5) officials who are judged to be competent to officiate tournament games. In addition two officials may be listed who you judge should not work tournament games. From the suggestions a Master List of Officials will be developed which will be used to hire available officials.
- 6.2 **The CIAC Officials Coordinator will hire game officials for tournament games starting with the quarter-final, semi-final and final matches.** Home schools will contact their assigner for first and second round games. Each school will provide one lines person for the first and second round games. The CIAC Officials Coordinator will hire lines persons for the quarter-final, semi-final and final matches.
- 6.3 Each team must bring a competent scorer and libero tracker for each match. Certified volleyball officials will be used as linesmen for all quarter-final, semi-final and final matches. The CIAC Volleyball Assistant Tournament Director for Officials is Barbara Startup -- Home telephone (860) 646-7552 / Cell (860) 331-3672 – Email – [barbarastartup@sbcglobal.net](mailto:barbarastartup@sbcglobal.net) .
- 6.4 THE CIAC VOLLEYBALL COMMITTEE RECOMMENDS THAT THE LINES JUDGES FOR FIRST AND SECOND ROUND GAMES BE QUALIFIED AND EXPERIENCED.

## 7.0 PROTESTS

- 7.1 Each sports committee will establish a protest committee whose purpose will be to adjudicate all protests relating to the operation of the tournament, including the application and administration of tournament regulations. National Federation or CIAC game rule interpretations and judgments by the game officials cannot be protested. The Protest Committee for each sport shall consist of the Assistant Executive Director for CIAC, the Chairman of the Tournament Committee, an administrator member of the sports Committee, the Tournament Director, and the Coaches' Chairman on the sport Committee. All Protest Committee decisions are appealable to the CIAC Board of Control as provided in the CIAC By-laws.
- 7.2 On the eve of a tournament when there is not sufficient time for normal administrative procedures and Board of Control hearings, if a question of interpretation of tournament regulations or the operation of the tournament arises, the Chairman of the CIAC Board of Control, the Executive Director of CIAC, and the Chairman of the Tournament Committee in question will make an appropriate ad hoc decision in consideration of the best interest of the tournament as a whole.
- 7.3 DECISIONS BY GAME OFFICIALS -- Protests arising from the decisions, interpretations and misapplication of the National Federation or CIAC game rules by officials during the contest will not be considered. The decisions and interpretations of the rules by the officials are final.

The record of the official scorekeeper at the conclusion of the contest is final unless an error is discovered. Such error shall be corrected as covered by specific contest rules.

Any team leaving the contest area before the conclusion of the contest because of dissatisfaction with the officiating will render the school liable to disciplinary action by the Conference.

## 8.0 QUALIFYING

- 8.1 To be eligible for consideration in the tournament, a team must play a minimum of twelve (12) matches AGAINST VARSITY OPPONENTS and have **won 40%** of its approved scheduled games played. Only the first two games played with any single opponent will count for tournament purposes.

- 8.2 Only matches played with Conference member schools, American School for the Deaf, or Region I out-of-state schools who are members of their state athletic association shall be considered.
- 8.3 Matches played with non-member Connecticut secondary schools shall not be considered in the rating of teams.

**9.0 RANKING/SEEDING**

- 9.1 a. The rating of teams shall be determined by the percentage method: The number of matches won divided by the number of matches played.
- b. Ties will be resolved in the following order:
- 1) Record in head-to-head competition.
  - 2) Total matches played.
  - 3) By lot.
- 9.2 When more than one team is undefeated, the team with the most wins WILL be ranked first.
- 9.3 A TEAM MAINTAINS ITS INITIAL PERCENTAGE RANKING THROUGHOUT THE TOURNAMENT.
- 9.4 Pairings will be made as follows:

<u>First Round</u>	<u>Second Round</u>	<u>Quarter-finals</u>	<u>Semi-finals</u>	<u>Finals</u>
1 vs 32				
16 vs 17	1 vs 16			
8 vs 25		1 vs 8		
9 vs 24	8 vs 9		1 vs 4	
4 vs 29				
13 vs 20	4 vs 13			
5 vs 28		4 vs 5		
12 vs 21	5 vs 12			1 vs 2
2 vs 31				
15 vs 18	2 vs 15			
7 vs 26		2 vs 7		
10 vs 23	7 vs 10			
3 vs 30			2 vs 3	
14 vs 19	3 vs 14			
6 vs 27				
11 vs 22	6 vs 11			

If more than 32 teams qualify, the following qualifying pairings shall be as follows. These pairings will be in effect for the 2009 tournament.

If 33 teams	If 34 teams	If 35 teams	If 36 teams
32 vs 33	32 vs 33	32 vs 33	32 vs 33
	31 vs 34	31 vs 34	31 vs 34
		30 vs 35	30 vs 35
			29 vs 36

If fewer than 32 teams qualify, the higher ranked teams will draw byes for the first round.

- 9.5 ***Ranking and Pairing information will be posted on the CIAC web site on Friday, November 5, 2010 -- casciac.org***

## 10.0 SUPERVISION/SPORTSMANSHIP

- 10.1 In the interest of crowd control and proper supervision the CIAC Board of Control has approved the tournament regulation requiring the principal of the participating schools or his/her designee to attend all tournament matches. The school administrator or designee should identify him/herself to the site director.
- 10.2 When a member school's coach is ejected from a game for an infraction as prescribed by the rules, the game may not continue until the member school replaces the ejected coach with a certified coach. If this cannot be accomplished within 15 minutes after the ejection, the official in charge will declare a forfeit win for the opposing team.
- 10.3 Use of tobacco products or possession of alcoholic beverages of any kind, including champagne, are not permitted in any of the sites. The principal or his/her designee at the match shall see that this rule is enforced and adhered to by the teams.
- 10.4 Bench Conduct
- Personnel -- Only coaches, players, other team members, statisticians, managers and trainers will be allowed in the bench area.
- Bench conduct will follow Rule 12, Article 6: "Non-playing team members will remain seated during the game."
- Conduct -- The above identified personnel shall not be outside the vicinity of the designated bench area.
- 10.5 Team members in uniform as well as sub varsity members identified by the coach, coaches, managers and cheerleaders accompanying the team will be admitted free of charge to each game. Bands and other musical groups, noisemakers that might interfere with the performance of the match, and banners or streamers are prohibited and each school principal is responsible for compliance with this regulation.

## 11.0 TIME OF GAMES

- 11.1 All tournament match starting times will be determined by the tournament director – exceptions made by tournament director only. The starting times for final matches will be announced. The time of the matches scheduled on Saturday or a holiday will be at the discretion of the Tournament Director.

## 12.0 TOURNAMENT RULES / PROCEDURES

- 12.1 Any team using a libero player must bring a libero tracker to all games as an assistant scorer at the scorer's table.
- 12.2 All contests shall be governed by the 2010-11 National Federation Volleyball Rules. All matches will be the best three-out-of-five in duration -- **WINNERS ADVANCE BUT HOME TEAM CALLS IN SCORES**
- 12.3 Each team qualifying for the tournament will be required to furnish a **Spalding TF5000** leather game ball. No other ball may be used for tournament play.
- 12.4 The decisions of the Volleyball Committee relative to the operation of the tournament shall be final.
- 12.5 Padding, as specified in the National Federation Rules, must be on standards, wall cables and referee's platform.

- 12.6 Teams in the tournament may tape or film matches in which they participate. No other teams may tape matches for scouting purposes.
- 12.7 Signs and Noisemakers -- The use of banners, placards, streamers, bugles, drums, whistles, etc., will not be allowed at tournament games.

12.8 **CIAC Late Entry Policy**

- **No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.**
- Corrections requested by a school to an entry form that was submitted by the established deadline, but prior to seeding/pairing data being published on the web site, will be assessed a fee of \$50 dollars per correction to a maximum of \$250 dollars.
- All requests for corrections must be submitted on a support ticket via the online eligibility center. **No phone requests will be considered.**

**Tournament Regulations Violations**

If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committee, central office staff, or the CIAC Board of Control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of \$500 may be imposed upon the school before entry into the tournament will be allowed.

12.9 **A WHITE BALL WILL BE USED FOR ALL SEMI-FINAL AND FINAL GAMES.**

- 13.0 **COACHES ATTIRE** – The following dress requirements are in effect for the 2010 CIAC volleyball tournament. NO jeans are permitted during pre-game warm-ups or while on the bench; no head wear is permitted; no shorts are to be worn and t-shirts as an outer garment are not permitted.

APPENDIX A

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE  
30 Realty Drive, Cheshire, Connecticut 06410

2010 VOLLEYBALL TOURNAMENT DIVISIONS

Placement of schools has been based on the 9-12 girl enrollment as shown in the 2009-10 Membership Directory. If your school is not listed and you have a volleyball team, or if your team is listed and you have dropped volleyball, please call the CIAC office.

LL Division -- 692 and over (35)

Bridgeport Central	1102
Bridgeport - Warren Harding	792
Cheshire	746
Danbury	1411
East Hartford	937
Fairfield Ludlowe	762
Glastonbury	1030
Greenwich	1277
Hamden	941
Hartford Public	786
Manchester	998
Middletown - Mercy	692
Naugatuck	710
New Britain	1308
New Haven - Wilbur Cross	747
New Milford	781
Newington	704
Newtown	868
Norwalk	768
Norwalk - Brien McMahon	880
Norwich Free Academy	1271
Ridgefield	870
Shelton	799
Simsbury	755
South Windsor	736
Southington	1018
Stamford	853
Stamford - Westhill	1108
Trumbull	1152
Waterbury - Kennedy	696
West Hartford - Conard	772
West Hartford - Wm. Hall	769
West Haven	809
Westport - Staples	889
Woodbridge - Amity Reg.	787

L Division -- 514-691 (35)

Avon	533
Berlin	515
Branford	588
Bridgeport - Bassick	522
Bristol Central	672
Bristol Eastern	640
Colchester - Bacon Academy	514
Darien	643
East Lyme	612
Enfield - Enrico Fermi	596
Fairfield Warde	664
Farmington	653
Groton - Fitch	680
Guilford	574
Hartford - Bulkeley	616
Madison - Daniel Hand	630
Meriden - Maloney	616
Meriden - Platt	574
Middletown	657
Milford - Foran	533
Monroe - Masuk	637
New Canaan	659
North Haven	659
Southbury - Pomperaug	690
Storrs - E.O. Smith	622
Stratford - Bunnell	625
Torrington	567
Vernon - Rockville	593
Wallingford - Lyman Hall	640
Waterbury - Crosby	633
Waterbury - Wilby	581
Wethersfield	588
Wilton	632
Windsor	665
Woodstock Academy	610

M Division -- 371-513 (38)

Ansonia	383
Beacon Falls - Woodland	381
Bethel	507
Bridgeport - Bullard Havens	459
Brookfield	508
Burlington - Lewis Mills	381
East Haven	503
Ellington	397
Enfield	396
Griswold	371
Hamden - Sacred Heart Academy	494
Hartford - A.I. Prince	373
Hartford - Weaver	385
Hebron - RHAM	504
Killingly	420
Ledyard	499
Milford - Lauralton Hall	431
Milford - Jonathan Law	487
Montville	381
New Haven - Career	457
New Haven - Hillhouse	452
New Fairfield	502
New London	415
Plainfield	432
Plainville	447
Redding - Joel Barlow	495
Rocky Hill	383
Stratford	510
Tolland	450
Trumbull - St. Joseph	415
Wallingford - Sheehan	496
Waterford	477
Watertown	504
Weston	427
Windham	396
Winsted - N.W. Reg.	417
Wolcott	413
Woodbury - Nonnewaug	459

S Division -- Up to 370 (46)

Ansonia - Emmett O'Brien	152
Bloomfield	293
Bolton	165
Bridgeport - Kolbe-Cathedral	166
Bristol - St. Paul Catholic	155
Clinton - Morgan School	284
Coventry	279
Cromwell	297
Danbury - Abbott Tech	206
Deep River - Valley Reg.	306
Durham - Coginchaug	298
East Haddam - Hale Ray	224
East Hampton	288
Fairfield - Notre Dame Catholic	250
Falls Village - Housatonic Valley	251
Granby Memorial	359
Groton - Grasso Tech	252
Hamden - Eli Whitney	247

Hartford - Classical	216
Hartford - Sport & Medical Science	234
Higganum - Haddam Killingworth	330
Killingly - Ellis Tech	147
Lebanon - Lyman Memorial	317
Manchester - Cheney Tech	110
Manchester - East Catholic	370
Meriden - Wilcox Tech.	298
Middletown - Vinal Tech.	175
Milford - Platt Tech.	290
New Britain - Goodwin Tech	204
New Haven - Hyde Leadership	43
New Haven - Amistad	96
North Branford	351
No. Stonington - Wheeler	103
Norwich Tech	174
Old Lyme	224
Oxford	268
Putnam	152
Seymour	367
Stamford - Trinity Catholic	237
Terryville	256
Torrington - Wolcott Tech	250
Waterbury - Holy Cross	355
Waterbury - Kaynor Tech	306
W. Hartford - N.W. Catholic	338
Windham Tech	201
Winsted - Gilbert School	211

No Team

If your school now has or no longer has a girls volleyball team, please notify the CIAC office.

Baltic - Ac. of Holy Family	60
Canton	252
Chaplin - Parish Hill	74
Danbury - Immaculate	155
Derby	187
East Granby	127
East Windsor	180
Hartford - Capital Prep	80
Hartford - University	141
Litchfield	199
Litchfield - Wamogo	221
Old Saybrook	275
Portland	174
Somers	281
Stafford	269
Stamford Academy	60
Stonington	378
Suffield	448
Thomaston	183
Thompson - Tourtellotte	195
Uncasville - St. Bernard	158
Washington - Shepaug Valley	142
Waterbury - Sacred Heart	187
Westbrook	133
Windsor Locks	268

## **GIRLS VOLLEYBALL GAME RESULTS**

Game results must be submitted on a weekly basis via the password-protected online eligibility center. Regardless of regular season postponed games, the date of Thursday, November 4, 2010, must be the final day to count for the tournament. **Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC Board of Control. Cancellation of any regular season contest / make-up to play in a league tournament will not be allowed.**

CIAC member school athletes in the sport of volleyball may not participate in any outside tournament or event during the CIAC season. This includes two on two, three on three, beach volleyball or other similar events/tournaments. Participation in such events will result in loss of eligibility for the athlete and possible forfeit of games played by the school in which the athlete played after participating in an outside event.

## **GIRLS VOLLEYBALL SITE FORM**

Site form must be submitted via the password-protected online eligibility center by September 30, 2010

## **GIRLS VOLLEYBALL OFFICIALS FORM**

Schools may recommend five (5) officials from the Board(s) which services homes games who you would judge to be tournament calibre. You may also recommend two (2) officials who you would prefer NOT to work your tournament games.

This form must be submitted via the password-protected online eligibility center by October 15, 2010.

## **GIRLS VOLLEYBALL REQUEST FOR DIVISION CHANGE**

The 2010 Girls Volleyball Tournament will be operated in four divisions. Placement of schools has been based on the girl enrollment as shown in the 2009-10 Membership Directory. Any principal desiring a change to a higher division must make a request to the Volleyball Committee not later than October 1, 2010. Requests for a change in division should be submitted via the password-protected online eligibility center.

Schools electing to move up a division must remain in that division for a period of THREE (3) YEARS. The Volleyball Committee has the authority to approve or deny all requests.

## **GIRLS VOLLEYBALL TOURNAMENT ROSTER**

Tournament rosters (maximum of 18) must be submitted via the password-protected online eligibility center -- by October 29, 2010. Any request for changes after the initial roster is submitted must be made on a "support ticket" via the online eligibility center. Any changes made must be done before the team's first tournament game. Entry fee of \$75 must be mailed to the CIAC office, 30 Realty Drive, Cheshire, CT 06410.

Report all matches won or lost with member schools by 10:00 p.m., Thursday, November 4, 2010. Date of last match to count is Thursday, November 4, 2010. Matches not reported will NOT be considered for tournament qualification. All matches canceled should be reported on tournament entry form in place of score. A canceled match shall not count for tournament qualification or rating unless a canceled game form is filed.

Failure to submit schedule of games may result in disqualification from tournament.

**CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE  
CONCUSSION MANAGEMENT AND RETURN TO PLAY REQUIREMENTS**

**“WHEN IN DOUBT – SIT IT OUT”**

*A concussion is a type of traumatic brain injury or (TBI), “that changes how the cells in the brain normally work. A concussion is caused by a blow to the head or body that causes the brain to move rapidly inside the skull. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious. Concussions can also result from a fall or from players colliding with each other or with obstacles, such as a goalpost” (Centers for Disease Control and Prevention, 2009).*

**PART I -- SIGNS AND SYMPTOMS OF A CONCUSSION**

**– A concussion should be suspected if any one or more of the following signs or symptoms are present, or if the coach/evaluator is unsure.**

**1. Signs of a concussion may include (what the athlete looks like):**

- Confusion / disorientation / irritability
- Trouble resting / getting comfortable
- Lack of concentration
- Slow response / drowsiness
- Incoherent / slurred speech
- Slow / clumsy movements
- Loss of consciousness
- Amnesia / memory problems
- Act silly / combative / aggressive
- Repeatedly ask same questions
- Dazed appearance
- Restless / irritable
- Constant attempts to return to play
- Constant motion
- Disproportionate / inappropriate reactions
- Balance problems

**2. Symptoms of a concussion may include (what the athlete reports):**

- Headache or dizziness
- Nausea or vomiting
- Blurred or double vision
- Over sensitivity to sound / light / touch
- Ringing in ears
- Feeling foggy or groggy

**Note: Public Act No. 10-62 requires that a coach MUST immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who (A) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or (B) is diagnosed with a concussion, regardless of when such concussion or head injury may have occurred.**

**PART II – RETURN TO PARTICIPATION (RTP)**

**– Currently, it is impossible to accurately predict how long concussions will last. There must be full recovery before someone is allowed to return to participation. Connecticut Law now requires that no athlete may resume participation until they have received written medical clearance from a licensed health care professional (Physician, Physician Assistant, Advanced practice Registered Nurse, Athletic Trainer) trained in the evaluation and management of concussions.**

**Concussion management requirements:**

1. No athlete SHALL return to participation (RTP) on the same day of concussion.
2. Any loss of consciousness, vomiting or seizures the athlete MUST be immediately transported to the hospital.
3. Close observation of an athlete MUST continue following a concussion. This should be monitored for an appropriate amount of time following the injury to ensure that there is no escalation of symptoms.
4. Any athlete with signs or symptoms related to a concussion MUST be evaluated from a licensed health care professional (Physician, Physicians Assistant, Advanced Practice Registered Nurse, Athletic Trainer) trained in the evaluation and management of concussions.

5. The athlete **MUST** obtain written clearance from one of the licensed health care professionals mentioned above directing them into a well defined RTP stepped protocol similar to one outlined below. If at any time signs or symptoms should return during the RTP progression the athlete should cease activity\*.
6. After the RTP protocol has been successfully administered (no longer exhibits any signs or symptoms or behaviors consistent with concussions), final written medical clearance is required by one of the licensed health care professionals mentioned above for them to fully return to unrestricted participation in practices and competitions.

**Medical Clearance RTP Protocol (Recommended one full day between steps)**

<b>Rehabilitation stage</b>	<b>Functional exercise at each stage of rehabilitation</b>	<b>Objective of each stage</b>
1. No activity	Complete physical and cognitive rest until asymptomatic. School may need to be modified.	Recovery
2. Light aerobic activity	Walking, swimming or stationary cycling keeping intensity, <70% of maximal exertion; no resistance training	Increase Heart Rate
3. Sport Specific Exercise	Skating drills in ice hockey, running drills in soccer; no head impact activities	Add Movement
4. Non-contact training drills	Progression to more complex training drills, i.e., passing drills in football and ice hockey; may start progressive resistance training	Exercise, coordination and cognitive load
5. Full Contact Practice	Following medical clearance, participate in normal training activities	Restore confidence and assess functional skills by coaching staff

\* If at any time symptoms should return during the RTP progression the athlete should stop activity that day. If the athlete’s symptoms are gone the next day, s/he may resume the RTP progression at the last step completed in which no symptoms were present. If symptoms return and don’t resolve, the athlete should be referred back to their medical provider.

References:

1. NFHS. Concussions. 2008 NFHS Sports Medicine Handbook (Third Edition). 2008: 77-82.  
<http://www.nfhs.org>
2. McCrory, Paul MBBS, PhD; Meeuwisse, Willem MD, PhD; Johnston, Karen MD, PhD; Dvorak, Jiri MD; Aubry, Mark MD; Molloy, Mick MB; Cantu, Robert MA, MD. Consensus Statement on Concussion in Sport 3rd International Conference on Concussion in Sport Held in Zurich, November 2008. Clinical Journal of Sport Medicine: May 2009 - Volume 19 - issue 3 - pp 185-200  
[http://journals.www.com/cjsportsmed/Fulltext/2009/05000/Consensus\\_Statement\\_on\\_Concussion\\_in\\_Sport\\_3rd.1.aspx](http://journals.www.com/cjsportsmed/Fulltext/2009/05000/Consensus_Statement_on_Concussion_in_Sport_3rd.1.aspx)
3. Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports*.  
[http://www.cdc.gov/NCIPC/tbi/Coaches\\_Tool\\_Kit.htm](http://www.cdc.gov/NCIPC/tbi/Coaches_Tool_Kit.htm)
4. U.S. Department of Health and Human Services Centers for Disease Control and Prevention. *A Fact Sheet for Coaches*. (2009). Retrieved on June 16, 2010. [Http://www.cdc.gov/concussion/pdf/coaches\\_Engl.pdf](http://www.cdc.gov/concussion/pdf/coaches_Engl.pdf)

Resources:

- Centers for Disease Control and Prevention. *Injury Prevention & Control: Traumatic Brain Injury*. Retrieved on June 16, 2010.  
<http://www.cdc.gov/TraumaticBrainInjury/index.html>
- Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports Guide for Coaches*. Retrieved on June 16, 2010.