

**ALERT**

**NEW PROCEDURE FOR 2007-08 INDOOR TRACK SEASON**

Schools are **REQUIRED** to submit individual qualifying performances by Monday following the week that the standard is achieved. The site and date of the performance must also be entered. These performances will be available for viewing on the CIAC web site. **While relay teams will have to meet qualifying standards, the only entry required for the relay teams will be on the state entry form.** Relay times may be submitted without CIAC on-line eligibility center justification by the February 5 deadline. Coaches must bring their verification form to the Class championship meet.

**NOTE: No individual will be allowed entry into Class Championship competition unless the school has previously entered that individual on the qualifying list by no later than 9:00 a.m. on Tuesday, February 5, 2008.**

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**At the Open Meet:**

An awards ceremony will be conducted for each event, when the official results have been announced.

**A Reminder**

National Federation rules require that all field athletes must check in with their respective event official before attempting to enter or return from another event.

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**NOTICE:**

For the 2008-09 indoor track season, the indoor track committee is considering accepting only FAT (Fully Automatic Timing results) from approved meets only.

**Any irregularities noted on the on-line performances reported to the CIAC this season should be reported to the chair of the Indoor Track Committee, Dr. Steve Wysowski – [swysowski@rsd13.org](mailto:swysowski@rsd13.org) / Telephone (860) 349-7215**

## 2008 NFHS TRACK AND FIELD RULE REVISIONS

2-3-2 NEW, 2-3-3 DELETE: Addresses that meet results may be corrected at any time when a participant, who has been disqualified from further participation in the meet, has participated and scored points.

Article 2-3-3, regarding the opportunity to correct the score when an ineligible athlete participates, is deleted as new Rule 2-3-2 will now address.

**Rationale:** The correcting of the score due to an error of permitting a disqualified contestant to participate had not previously been addressed. This change will cover correction of the score due to use of disqualified contestant due to conduct during the meet and/or one who should not have participated in the meet at any time.

3-2-4g: Determines that the games committee now has the authority to designate specific areas where coaches may observe and confer with competitors during competition.

**Rationale:** Designating specific areas where coaches may confer with competitors will assist coaches and meet administration especially when a venue may be located away from the track.

4-3-1d(1): Specifies that a school name or insignia may be worn on an undergarment providing it is not larger than 2 1/4 square inches with no dimension more than 2 1/4 inches. Further, clarifies that if more than one visible garment is worn under a uniform top/bottom, all such garments worn under the uniform piece shall be the same, single solid color.

**Rationale:** The rule previously did not address if the school insignia could be placed on an undergarment and be considered legal. This change clarifies that school identification is permitted. The change also clarifies that multiple visible garments worn under the uniform top or bottom must be the same color under that piece of uniform.

6-5-4:Reverts back to the measurement of a standard (international) -length stop board of 4 feet, rather than converting to a shorter stop board for the 34.92-degree sector in the shot put. The NOTE has been deleted as the 4-foot length is standard for this item.

**Rationale:** Manufacturers are not making a stop board for the 34.92-degree sector. The longer stop board is consistent with the use of this same throwing sector in other rules codes as well. It is not necessary to have high schools purchase a custom stop board. This eliminates any need for change and cost to schools.

7-5-29b: Deletes that it is a foul if a competitor in the pole vault is to leave the ground without breaking the plane.

**Rationale:** Pole vaulters will be able to abort what might be a bad attempt and still have the opportunity within the prescribed time limit to execute another attempt. This change now judges all vertical jumps the same in regard to aborted attempts and trials.

### Editorial Changes

3-2-3 new g; 3-5-(2-4); 4-3-1c(2); 4-3-1; 5-7-3; 6-2-12; 6-4-6; 7-5-11; 9-6-1b; 9-6-4

**CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE**

**77th ANNUAL BOYS 2007-08 INDOOR TRACK AND FIELD MEET**

**Sponsored by State Farm**

**20th ANNUAL GIRLS 2007-08 INDOOR TRACK AND FIELD MEET**

**Sponsored by State Farm and Dove**

**Information Sheet**

(For Conference member schools only.)

**NOTE: THE 2007-08 INDOOR TRACK CHAMPIONSHIPS WILL BE CONDUCTED WITH FOUR DIVISIONS, LL, L, M AND S. THERE WILL NOT BE QUALIFYING MEETS. THERE WILL BE COMBINED BOY/GIRL CLASS CHAMPIONSHIPS AND A COMBINED BOY/GIRL OPEN CHAMPIONSHIP.**

**THE FOLLOWING MEET FORMAT SHOULD BE CAREFULLY NOTED:**

- A. **Combined Class LL Championships:** **Thursday, February 7, 2008**  
**Hillhouse High School, New Haven -- 4:00 p.m.**  
Meet Director - Bill Baron, 29 Apple Tree Lane, South Windsor 06074  
Home (860) 644-1264
- B. **Combined Class S Championships:** **Friday, February 8, 2008**  
**Hillhouse High School, New Haven -- 4:00 p.m.**  
Meet Director - Tom Haley, 22 Birchwood Drive, Ansonia 06401  
Home (203) 735-8444
- C. **Combined Class L Championships:** **Saturday, February 9, 2008**  
**Hillhouse High School, New Haven -- 10:00 a.m.**  
Meet Director - Bill Baron, 29 Apple Tree Lane, South Windsor 06074  
Home (860) 644-1264
- D. **Combined Class M Championships:** **Saturday, February 9, 2008**  
**Hillhouse High School, New Haven -- 4:00 p.m.**  
Meet Director - Dave Tetlow, Ledyard High, 24 Gallup Hill Rd, Ledyard 06339  
School (860) 464-9600 / Home (860) 536-3473
- E. **Combined State Open Championship:** **Saturday, February 16, 2008**  
**Hillhouse High School, New Haven -- 12:00 p.m.**  
Meet Directors - Bill Baron & Dave Tetlow
- Site Director for all meets will be Gary Moore, Hillhouse High School, 480 Sherman Parkway, New Haven School (203) 946-8462**
- F. **New England Championship:** **Friday, February 29, 2008 -- Date subject to change**  
**Reggie Lewis Center, Boston, MA -- 5:00 p.m.**

**NOTE: IT IS ANTICIPATED THAT THE CIAC CHAMPIONSHIP SERIES WILL START ON THURSDAY, FEBRUARY 7, 2008 - CONTINUE ON FRIDAY, FEBRUARY 8 AND SATURDAY, FEBRUARY 9, AND RUN THROUGH TO THE OPEN ON SATURDAY, FEBRUARY 16, 2008. THIS IS SUBJECT TO CHANGE BASED ON FACILITY AVAILABILITY.**

SECTION I. **Restrictions**

- A. Contestants at all Championship Meets must be accompanied by a coach or other school person designated by the principal in writing in order to compete.
- B. No boy/girl may be entered in more than three (3) events, including relays. Entry as a relay team member of alternate counts as one of the athlete's three (3) events. An athlete who withdraws from an individual event once the meet has started automatically withdraws from all subsequent events in that meet, including relays. This rule applies for all state meets and the New England Championship. Once an athlete has entered in three events from the class championship meets on, those events are the only events he/she can compete in through the New England's.
- C. All entrants must be able to meet the minimum standards shown in Section II. **A school may enter any number of entrants in each event if they meet the minimum standards. The wild card restrictions are eliminated.**
- D. Track coaches and all entrants who are not actually competing are to remain in the area designated for them. READ AND OBSERVE National Federation Rules.
- E. Coaches are reminded to familiarize themselves with National Federation Rules regarding Uniforms. These rules will be enforced.
- F. Use of "fly zone" in relay races is prohibited.
- G. Advancement from the CIAC Class Championship to the CIAC Open Championship is predicated on the competitor's performance in the CIAC Class Championship. Advancement to the New England Championship is predicated on the competitor's performance in the CIAC Open Championship.
- H.
  - 1) Track coaches must complete a relay declaration card listing at least four competitors and if they wish two alternates for each relay event. Relay declaration cards will be available at the seed meetings prior to the Class Championships.
  - 2) The Relay Declaration Card used in the CIAC Class Championship will determine those eligible to compete in the CIAC Open Championship and the New England Championship. As a relay team advances to the next level of competition, only those runners and alternates whose names appear on the original card will be eligible to compete in that relay event.
- I. Food / drink will be permitted only in the food concession area.

**PLEASE NOTE THAT FOR THE 2008-09 INDOOR TRACK SEASON ONLY FULLY AUTOMATIC TIMED OFFICIAL STANDARDS WILL BE ACCEPTED FROM DESIGNATED MEETS.**

**SECTION II -- Qualifying Distances and Times to Enter the Boys and Girls Class Championship Meets**

**THE QUALIFYING STANDARDS TO PARTICIPATE IN THE BOYS AND THE GIRLS CLASS CHAMPIONSHIP MEETS IN CLASS LL, L, CLASS M AND CLASS S HAVE BEEN SET AS FOLLOWS:  
*BECAUSE OF THE NEWLY IMPLEMENTED REPORTING PROCEDURE, VERIFICATION WILL BE MADE BY COMPARING POSTED ENTRIES TO MEET RESULTS***

**CLASS LL QUALIFYING STANDARDS WILL BE THE SAME AS CLASS L.**

**BOYS**

<u>Event</u>	<u>Class LL &amp; L</u>	<u>Class M</u>	<u>Class S</u>
12 lb. Shot	42'0"	41'4"	41'4"
High Jump	5'8"	5'8"	5'8"
Long Jump	18'8"	18'4"	18'4"
Pole Vault	10'0"	10'0"	10'0"

<u>Event</u>	<u>Class LL &amp; L</u>		<u>Class M</u>		<u>Class S</u>	
	<u>Hand</u>	<u>Electric</u>	<u>Hand</u>	<u>Electric</u>	<u>Hand</u>	<u>Electric</u>
55m Dash	6.80	7.00	7.00	7.20	7.00	7.20
55m Hurdles	8.50	8.70	8.70	8.90	8.70	8.90
300 Meters	40.0	40.25	41.0	41.25	41.00	41.25
600 Meters	1:32	1:33	1:34	1:35	1:34	1:35
1000 Meters	2:48	2:49	2:52	2:53	2:52	2:53
1600 Meters	4:48	4:49	4:55	4:56	4:55	4:56
3200 Meters	10:25	10:26	10:30	10:31	10:30	10:31
4 x 800 Relay	9:10		9:10		9:10	
4 x 200 Relay	1:45		1:45		1:45	
4 x 400 Relay	3:55		3:55		3:55	
Sprint Medley	4:00		4:00		4:00	

**GIRLS**

<u>Event</u>	<u>Class LL &amp; L</u>	<u>Class M</u>	<u>Class S</u>
4kg Shot	28'	28'	28'
High Jump	4'8"	4'8"	4'8"
Long Jump	14'0"	14'0"	14'0"
Pole Vault	7'6"	7'6"	7'0"

<u>Event</u>	<u>Class LL &amp; L</u>		<u>Class M</u>		<u>Class S</u>	
	<u>Hand</u>	<u>Electric</u>	<u>Hand</u>	<u>Electric</u>	<u>Hand</u>	<u>Electric</u>
55m Dash	7.8	8.0	7.9	8.10	7.9	8.10
55m Hurdles	10.00	10.25	10.20	10.45	10.20	10.45
300 Meters	47.00	47.25	47.00	47.25	47.00	47.25
600 Meters	1:49	1:50	1:49	1:50	1:49	1:50
1000 Meters	3:25	3:26	3:30	3:31	3:30	3:31
1600 Meters	5:50	5:51	5:50	5:51	5:55	5:56
3200 Meters	12:40	12:41	12:40	12:41	12:50	12:51
4 x 800 Relay	11:00		11:00		11:00	
4 x 200 Relay	2:00		2:00		2:00	
4 x 400 Relay	4:38		4:38		4:38	
Sprint Medley	4:50		4:50		4:50	

Coaches may enter only those contestants who have met the minimum standards for the 2007-08 indoor track season. Each school may enter only one (1) team per relay event.

**ELIGIBILITY TO COMPETE AT THE STATE OPEN** --- Is determined by the order of finish at the Class Championship Meets as follows:

Class LL - ALL EVENTS - Top finisher

Class L - ALL EVENTS -- Top finisher

Class M - ALL EVENTS -- Top finisher

Class S - ALL EVENTS -- Top finisher

Plus - THE NEXT BEST 14 PERFORMANCES IN ALL EVENTS. **(In the High Jump and Pole Vault misses will be used to determine places at a tied height.)**

**QUALIFYING FOR NEW ENGLAND MEET** -- The top six (6) in all events. No pole vault contested. No sprint medley contested. **Athletes must declare their intent to enter the New England Meet when receiving their state awards.** Call Dave Tetlow at 536-3473 (Home).

### **SECTION III. Entry Procedure and Information**

A school **MUST** compete in a minimum of four (4) regular season indoor track meets prior to State Competition.

A. **Entries:** All entries will be submitted via the password-protected online eligibility center -- by Tuesday, February 5, 2008 -- not later than 9:00 a.m. **ONLY PERFORMANCES PREVIOUSLY SUBMITTED VIA THE PASSWORD-PROTECTED ONLINE ELIGIBILITY CENTER WILL BE ACCEPTED. ONLY RELAYS MAY BE SUBMITTED WITHOUT CIAC ONLINE ELIGIBILITY CENTER JUSTIFICATION, BUT MUST MEET THE QUALIFYING STANDARD.**

B. **Entry Fee:** \$7 per COMPETITOR a minimum fee of \$50 per team with seven (7) or less competitors. Maximum team entry is \$180.

1. Make check payable to CIAC.
2. **Send check to Mr. Michael H. Savage, Executive Director, CIAC, 30 Realty Drive, Cheshire, CT 06410.**
3. Entrants not listed will NOT be permitted to compete.
4. **Please note for the State Open Meet: Only entrants who are listed on the previously entered class state entry list will be allowed to enter without charge. Coaches must bring their entry verification form to validate entrants so that they are not charged.**

### **SECTION IV. General**

A. Starting blocks WILL BE furnished and may be used only in the 55m Dash and 55m Hurdles.

B. Contestants at all sites must use shots approved by the CIAC.

C. **Scoring:** 10-8-6-4-2-1 in all events, including the relay. In case of a tie, points will be awarded according to the National Federation High School Rules.

D. **Medals:** First - gold; second - silver; third, fourth, fifth and sixth - bronze will be awarded in all field and track events. The first six (6) relay teams will receive medals. In case of ties, duplicate medals will be awarded. Plaques will be awarded to the winning team and runner-up teams.

E. **Expenses:** Schools will provide for their own expenses (including transportation) while in attendance at the meets, and agree that neither the Conference nor the facilities used shall be held liable for any personal injuries which may result from participation in these events.

- F. CIAC Ticket Prices: Children five (5) and under -- Free; Senior Citizens (Age 65 and older) -- \$5.00; Students (Grades 1-12) -- \$5.00; Adults (All others not in the above categories -- \$7.00.

Pre-sale tickets will be available for events which require advanced sales for proper management of the event. All pre-sale tickets will be sold at the above prices. There will be no discounting of pre-sale tickets.

- G. **PROTESTS MUST BE SUBMITTED IN WRITING AND ACCOMPANIED BY A \$20 FEE TO BE RETURNED IF THE PROTEST IS UPHELD to the Meet Director within 30 minutes from the time the results of the event are announced.** Each Meet Director will appoint a Jury of Appeals consisting of five members or designated alternates who will hear appeals from decisions of the referee. Further appeals to the CIAC will be honored only on challenges affecting the application of due process regulations.
- H. Competitors are to appear dressed for all meets since no locker or shower facilities are available at any of the sites.
- I. Food / drink will be permitted only in the concession area.

#### SECTION V. Facilities

- A. At Hillhouse spike shoes up to 3/16" may be used, no hex attachment permitted. Teams are responsible for clean up.

#### SECTION VI. Proposed Order of Events --- Class LL, L, M and S Championship Meets and Open Meet

4 x 800R --	(Girls then boys)
55m Hurdles - Trials --	(Girls then boys)
55m Dash - Trials --	(Girls then boys)
1000 Meters -	(Girls then boys)
600 Meters --	(Girls then boys)
55m Hurdles - Finals --	(Boys then girls)
55m Dash - Finals --	(Boys then girls)
1600 Meters -	(Girls then boys)
Sprint Medley (1-1-2-4 laps) -	(Girls then boys) - <b>3 turn stagger</b>
300 Meters --	(Girls then boys)
3200 Meters -	(Girls then boys)
4 x 400R --	(Girls then boys)
4 x 200R --	(Girls then boys)

**Field Events:** Pole Vault, Shot Put, Long Jump and High Jump will be started concurrently with running events. The order is as follows:

High Jump --	(Boys then girls)
Long Jump --	(Girls then boys)
Shot Put --	(Girls then boys)
Pole Vault --	(Boys then girls)

Information packets for Class Championships will be available no sooner than 1/2 hour before the first event.

**SECTION VII. Divisions**

In order to more nearly balance the number of competitors, the divisions have been changed based on both the October 1, 2006 boy and girl enrollment as well as the actual number of participants in the 2007 state meets.

<u>Boys</u>	<u>Girls</u>
LL Division -- 608 and over	LL Division -- 572 and over
L Division -- 431 - 607	L Division -- 433 - 571
M Division -- 297 - 430	M Division -- 301 - 432
S Division -- Up to 296	S Division -- Up to 300

***In order to allow team which have boys and girls in different divisions the Committee voted to “allow teams that have boys and girls in different classes to have the option of moving from the smaller class to the larger class.” This will permit schools to keep both boys and girls in the same class. IF YOU WISH YOUR SMALLER DIVISION TEAM TO MOVE TO THE HIGHER DIVISION TO KEEP BOTH TEAMS IN THE SAME CLASS THIS MUST BE SUBMITTED BY JANUARY 25, 2008 to both the CIAC and the two meet directors involved.***

2007-08 BOYS & GIRLS INDOOR TRACK COMMITTEE

Dr. Steve Wysowski, Coginchaug Reg. High School, Durham - Chair  
 Donn Friedman, Meriden Central Office  
 John Coccia, Asst. Principal, Enfield High School  
 Bruce Barmak, Asst. Principal, Enfield High School  
 Michael Cain, Asst. Principal, Wethersfield High School

Coaches:

Ed Butler, Masuk High School, Monroe  
 Rich Kosta, Fitch High School, Groton  
 Rob Murray, Danbury High School  
 Pete Cappezzone, Old Saybrook High School  
 Richard Dupuis, Haddam-Killingworth High School, Higganum

Consultants:

Robert Haddad, Columbia  
 Bill Baran, South Windsor  
 Doug Sharples, Groton  
 Dave Tetlow, Ledyard High School  
 Gary Moore, Hillhouse High School, New Haven  
 Betty Remigino-Knapp, West Hartford Public Schools - CAAD

**2007-08 BOYS INDOOR TRACK DIVISIONS**

**LL Division - 608 and over boy enrollment (24)**

Bridgeport Central	836
Cheshire	628
Danbury	949
East Hartford	753
Fairfield Prep.	651
Glastonbury	743
Greenwich	1099
Hamden	795
Manchester	781
Middletown - Xavier	615
Naugatuck	613
New Britain	1204
Newtown	648
Norwalk	616
Norwich Free Academy	887
Ridgefield	615
Shelton	679
Simsbury	625
South Windsor	613
Southington	830
Stamford	644
Stamford - Westhill	839
Trumbull	741
Woodbridge - Amity Reg.	608

**LL - Not sponsor an Indoor Track Team**

West Haven	628
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**L Division - 431 - 607 boy enrollment (31)**

Branford	476
Bridgeport - Bassick	541
Bridgeport - Harding	557
Bristol Central	526
East Lyme	471
Enfield - Enrico Fermi	431
Fairfield - Ludlowe	492
Farmington	536
Groton - Fitch	518
Madison - Daniel Hand	445
Meriden - Maloney	492
Middletown	445
Milford - Platt Tech.	434
Monroe - Masuk	573
New Canaan	474
New Haven - Wilbur Cross	482
New Milford	558
Newington	587
North Haven	448
Norwalk - Brien McMahon	556
Southbury - Pomperaug	522
Storrs - E.O. Smith	450
Stratford - Bunnell	537
Torrington	487
West Hartford - Conard	529
West Hartford - Wm. Hall	578
West Haven - Notre Dame	507
Westport - Staples	600
Wethersfield	437
Wilton	512
Windsor	578

**L Division -- Not Sponsoring an Indoor Track Team**

Waterbury - Crosby	492
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Please notify the CIAC Office (203) 250-1111 if you are listed and do not have a team or if you are listed as not having a team and you are sponsoring a team this year.

2007-08 Boys Indoor Track Divisions

**M Division - 297 - 430 boy enrollment (33)**

Beacon Falls - Woodland	310
Berlin	422
Bristol Eastern	409
Brookfield	371
Colchester - Bacon Academy	367
Darien	417
East Haven	398
Enfield	321
Fairfield - Warde	408
Griswold	299
Guilford	423
Hartford - Bulkeley	418
Hartford Public	377
Hartford - Weaver	385
Hebron - RHAM	401
Ledyard	390
Meriden - Platt	424
New Fairfield	341
New Haven - Hillhouse	411
Plainfield	308
Plainville	350
Redding - Joel Barlow	367
Seymour	339
Stratford	336
Tolland	319
Vernon - Rockville	403
Wallingford - Lyman Hall	423
Wallingford - Sheehan	358
Waterbury - Holy Cross	297
Waterbury - Wilby	427
Waterford	353
Windham	381
Wolcott	346
Woodstock Academy	423

**M Division - Not Sponsoring an Indoor Track Team**

Avon	382
Bethel	389
Bridgeport - Bullard Havens	306
Killingly - Ellis Tech	313
Manchester - Cheney Tech	349
Meriden - Wilcox Tech	316
Middletown - Vinal Tech	355
Milford - Foran	333
Milford - Jonathan Law	398
Torrington - Wolcott Tech	337
Waterbury - Kaynor	356
Watertown	365

**S Division - Up to 296 boy enrollment (48)**

Bloomfield	239
Bolton	95
Bristol - St. Paul	92
Burlington - Lewis Mills	272
Canton	195
Clinton - Morgan School	252
Cromwell	199
Danbury - Immaculate	170
Deep River - Valley Reg.	208
Durham - Coginchaug Reg.	209
East Granby	121
East Hampton	186
East Windsor	186
Ellington	296
Fairfield - Notre Dame Catholic	223
Granby Memorial	290
Hartford - A.I. Prince Tech	205
Hartford - Classical Magnet	71
Hartford - Sport Science	120
Higganum - Haddam-Killingworth	258
Killingly	282
Lebanon - Lyman Memorial	206
Litchfield	151
Litchfield - Wamogo	142
Manchester - East Catholic	279
Montville	290
New Haven - Career	197
New Haven - Hyde Leadership	99
New London	258
North Branford	271
Old Lyme	174
Old Saybrook	180
Portland	123
Rocky Hill	270
Stafford	187
Stamford - Trinity Catholic	174
Stonington	295
Suffield	294
Thomaston	153
Trumbull - St. Joseph	291
Uncasville - St. Bernard	148
Waterbury - Sacred Heart	156
West Hartford - N.W. Catholic	217
Weston	296
Windham Tech.	239
Windsor Locks	253
Winsted - N.W. Reg.	264
Woodbury - Nonnewaug	259

**S Division - Not Sponsor an Indoor Track Team**

Ansonia	236	No. Stonington - Wheeler	78
Ansonia - O'Brien	263	Norwich Tech.	214
Bridgeport - Kolbe	79	Oxford	
Chaplin - Parish Hill	72	Putnam	136
Coventry	227	Somers	192
Danbury - Abbott	288	Stamford Academy	
Derby	170	Stamford - Wright	119
E. Haddam - Hale Ray	144	Terryville	186
Falls Vill - Housatonic	217	Thompson - Tourtellote	144
Groton - Grasso Tech.	2619	Washington - Shepaug	142
Hamden - Whitney	187	Westbrook	113
Hartford - Capital Prep.	34	Winsted - Gilbert	176
Hartford - University	123		
New Britain - Goodwin	189		
New Milford - Faith	20		

**2007-08 GIRL INDOOR TRACK DIVISIONS**

**LL Division - 572 and Over Girl Enrollment (23)**

Bridgeport Central	904
Bridgeport - Warren Harding	619
Cheshire	626
Danbury	1055
East Hartford	1001
Glastonbury	774
Greenwich	999
Hamden	792
Manchester	848
Monroe - Masuk	572
New Britain	1212
Newtown	632
Norwich Free Academy	925
Ridgefield	676
Shelton	609
South Windsor	612
Southington	836
Stamford	688
Stamford - Westhill	827
Trumbull	789
West Hartford - Wm. Hall	586
Westport - Staples	591
Woodbridge - Amity Reg.	663

**LL Division - Not Sponsoring an Indoor Track Team**

West Haven	675
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**L Division - 433 - 571 girl enrollment (34)**

Branford	441
Bristol Central	518
Bristol Eastern	440
East Lyme	505
Fairfield - Ludlowe	477
Fairfield - Warde	452
Farmington	487
Groton - Fitch	497
Guilford	458
Hartford - Bulkeley	435
Madison - Daniel Hand	452
Meriden - Maloney	473
Middletown	521
Middletown - Mercy	486
Naugatuck	524
New Haven - Wilbur Cross	497
New Milford	568
New Haven - Hillhouse	433
Newington	531
North Haven	474
Norwalk	562
Norwalk - Brien McMahon	556
Simsbury	517
Southbury - Pomperaug	484
Storrs - E.O. Smith	491
Stratford - Bunnell	529
Torrington	503
Vernon - Rockville	470
Wallingford - Lyman Hall	494
Waterbury - Wilby	447
West Hartford - Conard	517
Wethersfield	443
Windsor	479
Woodstock Academy	447

**L Division-- Not Sponsoring an Indoor Track Team**

Bridgeport - Bassick	469
Waterbury - Crosby	521
Waterbury - Kennedy	481

Please notify the CIAC Office (203) 250-1111 if you are listed and do not have a team or if you are listed as not having a team and you are sponsoring a team this year.

2007-08 Girls Indoor Track Divisions**M Division - 301 - 432 girl enrollment (34)**

Beacon Falls - Woodland	304
Berlin	397
Brookfield	363
Colchester - Bacon Academy	359
Darien	409
East Haven	407
Enfield	334
Enfield - Enrico Fermi	429
Hamden - Sacred Heart Academy	362
Hartford Public	407
Hartford - Weaver	373
Hebron - RHAM	366
Killingly	339
Ledyard	407
Meriden - Platt	403
Milford - Luralton Hall	331
Montville	305
New Canaan	427
New Fairfield	324
New Haven - Career	301
Plainville	331
Seymour	344
Stratford	309
Suffield	357
Tolland	321
Trumbull - St. Joseph	333
Wallingford - Sheehan	361
Waterford	380
Watertown	357
Windham	319
Winsted - N.W. Reg.	324
Wilton	429
Wolcott	347
Woodbury - Nonnewaug	367

**M Division - Not Sponsoring an Indoor Track Team**

Avon	342
Bethel	380
Bridgeport - Bullard Haven	334
Milford - Foran	420
Milford - Jonathan Law	381
Redding - Joel Barlow	373

**S Division - Up to 300 girl enrollment (44)**

Bloomfield	225
Bolton	118
Bristol - St. Paul	88
Burlington - Lewis Mills	282
Canton	188
Clinton - Morgan School	250
Cromwell	213
Danbury - Immaculate	133
Deep River - Valley Reg.	234
Derby	160
Durham - Coginchaug	206
East Hampton	234
East Windsor	185
Ellington	248
Fairfield - Notre Dame Catholic	207
Griswold	268
Hartford - Capital Prep.	49
Hartford - Classical Prep.	107
Hartford - A.I. Prince Tech	213
Hartford - Sport & Medical Science	172
Higganum - Haddam Killingworth	258
Lebanon - Lyman Memorial	231
Litchfield	176
Litchfield - Wamogo	155
Manchester - East Catholic	270
Milford - Platt Tech.	179
New Haven - Hyde Leadership	38
New London	236
North Branford	261
Old Lyme	191
Old Saybrook	159
Plainfield	292
Portland	139
Rocky Hill	281
Stafford	206
Stonington	284
Thomaston	119
Uncasville - St. Bernard	130
Waterbury - Holy Cross	290
Waterbury - Sacred Heart	199
West Hartford - N.W. Catholic	247
Weston	280
Windham Tech.	104
Windsor Locks	236

**S Division - Not Sponsoring an Indoor Track Team**

Ansonia	241	New Milford - Faith Prep	33
Ansonia - O'Brien	118	N. Stonington - Wheeler	96
Bridgeport - Kolbe	157	Norwich Tech.	90
Chaplin - Parish Hill	78	Oxford	
Coventry	219	Putnam	169
Danbury - Abbott	105	Somers	226
East Granby	123	Sprague - Holy Family	34
E. Haddam-Hale Ray	139	Stamford Academy	
Falls Vill-Housatonic	213	Stamford - Trinity Cath.	250
Granby Memorial	230	Stamford - Wright Tech	66
Groton - Gasso	198	Terryville	201
Hamden - Whitney	201	Thompson - Tourtellotte	149
Hamden - Whitney	179	Torrington - Wolcott Tech	169
Hartford - University	70	Washington - Shepaug Val	157
Killingly - Ellis	107	Waterbury - Kaynor	192
Manchester - Cheney	68	Westbrook	116
Meriden - Wilcox	148	Winsted - Gilbert	170
Middletown - Vinal	103		
New Britain - Goodwin	161		

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE  
2008 BOYS / GIRLS INDOOR TRACK AND FIELD MEETS

**PROTEST REPORT**

Coach's Name \_\_\_\_\_ School \_\_\_\_\_

Name of Meet \_\_\_\_\_ (State Open, Class, Sectional)

Date \_\_\_\_\_

Meet Director \_\_\_\_\_ Place \_\_\_\_\_

Event \_\_\_\_\_ Athlete's Name \_\_\_\_\_

Reason for Protest: \_\_\_\_\_

\_\_\_\_\_

Rule/Procedure in Question. (Cite Federation Rule Book) \_\_\_\_\_

\_\_\_\_\_

Coach's Desired Outcome: \_\_\_\_\_

\_\_\_\_\_

Signature of Meet Director \_\_\_\_\_

Signature of Chairman of Jury of Appeals \_\_\_\_\_

Decision of the Jury of Appeals: (If any)

\_\_\_\_\_

**NOTE: A \$20 FEE MUST ACCOMPANY ANY PROTEST. THIS FEE WILL BE RETURNED ONLY IF THE PROTEST IS UPHELD.**

**DISQUALIFICATION REPORT**

Meet \_\_\_\_\_ Location \_\_\_\_\_

Date \_\_\_\_\_ Event \_\_\_\_\_ Heat Number \_\_\_\_\_

Name of Participant \_\_\_\_\_ Number \_\_\_\_\_

Color of Shirt \_\_\_\_\_ Lane \_\_\_\_\_

Infraction \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature of Reporting Official \_\_\_\_\_

Referee's Decision \_\_\_\_\_

\_\_\_\_\_

Signature of Referee \_\_\_\_\_

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

CIAC OFFICIAL 2008 INDOOR TRACK POLE VAULT WEIGHT CERTIFICATION FORM

\_\_\_\_ Boys      \_\_\_\_ Girls

School \_\_\_\_\_ Town \_\_\_\_\_

<u>Vaulter's Name</u>	<u>Certified Weight</u>	<u>Date</u>
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____

WEIGHT CERTIFICATION SHOULD NOT OCCUR PRIOR TO JANUARY 7

Name of School Medical Official \_\_\_\_\_ Date \_\_\_\_\_

Name of Coach \_\_\_\_\_ Date \_\_\_\_\_

Name of Principal \_\_\_\_\_ Date \_\_\_\_\_

The principal certifies that the information contained on this form is accurate.

NOTE: A COPY OF THIS FORM MUST BE GIVEN TO THE POLE VAULT OFFICIAL AT THE START OF THE CLASS, OPEN.

DUE TO FACILITY LIMITATIONS, A POLE VAULT COACHING BOX WILL NOT BE PROVIDED.

## **BOYS/GIRLS INDOOR TRACK TOURNAMENT FORMS LISTING**

All tournament forms must be submitted via the online eligibility center section of the CIAC website located at <http://www.casciac.org/elig/eligibility.cgi>. This area of the site requires the school's username and password for entry.

Worksheets for collecting the information needed to submit the online forms can be found on the following pages. These worksheets are intended for giving to coaches to provide information for submission to the school officials who will be filing the information online. Under no circumstances will printed forms be accepted in lieu of submissions via the eligibility center.

The following forms must be submitted for the sport of indoor track:

1. Change of Division (optional)
2. Participant List\*
3. Qualifiers on a Weekly Basis
4. Event Entries/Qualifying Marks \*

\* For these forms, you may find it easier to print out a copy of the actual web form, instead of using the worksheet, since the web form will be filled in with your eligible players and/or game schedule. Any form in the online eligibility center can be printed without being submitted.

**Important:** The participant list and the qualifying marks/event entries are two separate forms. The participant list must be submitted first, because only athletes entered on the participant list will be available to enter in events on the qualifying marks form.

Changes may be made to the qualifying marks form through the password-protected eligibility center as necessary/desired up to the entry deadline. After that time no changes will be allowed or accepted.

# CIAC ONLINE ELIGIBILITY CENTER WORKSHEET

**FORM:** Indoor Track Entry List

**MENU:** Boys Indoor Track → Submit Entry List / Girls Indoor Track → Submit Entry List

The entry list form must be submitted before the qualifying mark form. Only athletes listed on the entry list form will be available to enter in events on the qualifying mark form. Both forms must be completed. No additions or changes will be accepted following that deadline.

## INFORMATION REQUIRED:

1. Names of all athletes who will participate in any event (including relay team alternates):

Name of Athlete	Name of Athlete
1.	16.
2.	17.
3.	18.
4.	19.
5.	20.
6.	21.
7.	22.
8.	23.
9.	24.
10.	25.
11.	26.
12.	27.
13.	28.
14.	29.
15.	30.

**Principals Name:**

**Athletic Directors Name:**

**Head Coaches Name:**

**Head Coaches School Phone:**

**Head Coaches Home Phone:**

**Head Coaches E-Mail:**

This worksheet is intended only for collecting information to be submitted via the password protected online eligibility center. Under no circumstances will printed forms be accepted in lieu of online submissions.

## CIAC ONLINE ELIGIBILITY CENTER WORKSHEET

**FORM:** Indoor Track Qualifying Marks

**MENU:** Boys Indoor Track → Submit Qualifying Marks / Girls Indoor Track → Submit Qualifying Marks

**Notes:** The entry list form must be submitted before the qualifying mark form. Only athletes listed on the entry list form will be available to enter in events on the qualifying mark form.

Each athlete may be entered in up to three events. If an athlete is going to be a member of a relay team (regular or alternate) that must be listed as an event and counts as one of the three.

A team relay mark must be listed and 4-6 team members must be listed for each relay. For each non-relay event being entered, a qualifying mark and the date and meet name where it was attained must be listed.

Changes to event entries may be made in the online eligibility center prior to the entry deadline, at which time entries will be closed and no further changes will be allowed. Teams must bring a printed out copy of their event entries with them to their meet. After the marks are submitted the form can be printed from the password-protected eligibility center by selecting the “View Entry List/Qualifying Marks” option from the Boys Indoor Track or Girls Indoor Track pulldown menu.

**This worksheet is intended only for collecting information to be submitted via the password protected online eligibility center. Under no circumstances will printed forms be accepted in lieu of online submissions.**

# CIAC ONLINE ELIGIBILITY CENTER WORKSHEET

## INFORMATION REQUIRED FOR EACH ATHLETE:

Name	Event #1	Event #2	Event #3
1.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
2.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
3.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
4.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
5.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
6.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
7.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
8.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
9.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
10.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
11.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
12.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
13.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
14.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:
15.	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:	Event: Mark: Date/Meet Attained:

This worksheet is intended only for collecting information to be submitted via the password protected online eligibility center.  
Under no circumstances will printed forms be accepted in lieu of online submissions.

## CIAC ONLINE ELIGIBILITY CENTER WORKSHEET

### QUALIFYING MARKS ATTAINED:

The following information must be submitted on a weekly basis listing all athletes that attain or better a qualifying mark during that week. This info may be submitted either with a coach's access code via the submit results area or via the eligibility center under the boys or girls indoor track options.

Name of Athlete	Event	Meet Name/Date	Mark
1.			
2.			
3.			
4.			
5.			
6.			
7.			
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10.			
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35.			

**This worksheet is intended only for collecting information to be submitted via the password protected online eligibility center.  
Under no circumstances will printed forms be accepted in lieu of online submissions.**