



PHYSICAL EDUCATION CURRICULUM FOR

Healthy & Active LIFESTYLES

Tuesday, Jun 20, 2023

9:00 AM – 3:00 PM

CAS-CIAC Office Building

Lower Level

30 Realty Drive

Cheshire, CT 06410



Physical Education should be taught as a lifetime endeavor. Participants will work to modernize their physical education curriculum so that students will be prepared to live healthy and active lives. This workshop is for K-12 physical education teachers and administrators who want to expand the power of their physical education program.

Attendees will work on a curriculum framework for their own programs. There will be demonstrations of learning activities and assessments specifically designed for student centered, active learning. We will present methods that promote intrinsic motivation toward a lifetime of activity.

CONFERENCE OBJECTIVES

- Focus Your Program Goals Toward Lifelong Activity
- Build Intrinsic Motivation In Students
- Employ Physical Activities That Teach Meaningful Content
- Incorporate Fitness Concepts, Training Principles And The Benefits Of Exercise Into Lessons
- Structure Teaching Strategies So Kids Learn Important Concepts
- Create Student Centered Learning Environments Where Kids Develop A Sense Of Autonomy
- Connect Your Curriculum To State And National Standards
- Build A Curriculum Framework For Your School

PRESENTERS:

- **Sue Catuccio**, Pomperaug Elementary School
- **Danielle McCauley**, Pomperaug High School
- **Melodie McVerry**, Long Meadow Elementary School
- **Geri-Ann Ristow**, Rochambeau Middle School
- **Joe Velardi**, Connecticut Association of Schools

REGISTRATION

Registration Fee: \$65

Deadline: June 15, 2023

Link: <https://casci.ac/9050>



> REGISTER NOW

