

HIGH SCHOOL LEADERSHIP CONFERENCE

**SOUTHERN CONNECTICUT
STATE UNIVERSITY**

DECEMBER 1, 2023



KEYNOTE SPEAKER

DR. ANNA MAHON
ASSISTANT SUPERINTENDENT
BROOKFIELD PUBLIC SCHOOLS
& U.S. TRACK AND FIELD OLYMPIAN

Dr. Anna Mahon is a U.S. Track and Field Olympian, a lifelong public educator, coach, proud parent, and engaged community member. Dr. Mahon competed in the women's hammer throw and was a member of multiple U.S. national teams between 1998-2004. She was the American Record Holder from 2002-2004, and maintained a world ranking at #7 between those same years. Her personal best is 72.01 meters (236'7"). After competing at the elite level of athletics, Dr. Mahon coached men's and women's throwing events at Yale University from 2004-2012.

Dr. Mahon currently holds the position of Assistant Superintendent of Brookfield Public Schools, and formerly held the position of principal at Amity Regional High School in Woodbridge, CT. She previously served as an English teacher, English department chairperson, and associate principal at the same school. She earned her Doctor of Education degree from the University of Bridgeport in the spring of 2022 and currently serves as an adjunct professor in the same program.

Her husband, Sean Mahon, still works at Amity Regional High School as a teacher and department chair of physical education and health. Sean was a 2 time NCAA Div II champion at SCSU in high jump and former school record holder (7'1.5"). Her daughter, Grace, is a 2023 graduate of Amity and is now a first year student athlete at the University of New Hampshire where she is in the honors college and on the swimming and diving team. Her son, Lance, is a junior at Amity and is a multi-sport athlete.