

Student Athlete Advisory Board



The Student Athlete Advisory Board empowers students from across the state to advocate for good sportsmanship in their leagues and tackle various athletic-related issues.



Respect – Teamwork - Character

In addition, students will have the opportunity to share their unique experiences and highlights, allowing them to learn from one another and bring valuable ideas back to their own leagues. This platform will empower students to advocate for and enhance respect, teamwork, and character in all of our Class Act schools and beyond.

Purpose

- Educate students, staff, parents and spectators on what the expectations are for a Class Act School
- Voice all concerns dealing with athletics within the different schools
- Have dialogues about the positive aspects of athletics and brainstorm ways to make it even better
- Develop and implement ideas for promoting good sportsmanship state wide

Students

- The SAAB will consist of 6 students from each league
 - 6 students with each student representing a different school within the league
- Student requirements
 - Complete an application provided by CAS-CIAC
 - Write a letter of interest
 - Submit a recommendation letter from a teacher, coach, or any staff member

Meetings

- Meetings will be in-person at CAS Headquarters, 30 Realty Drive, Cheshire, CT.
- Meeting dates are: August 20, 2025, CAS-CIAC Student Board Orientation; Sept. 30, 2025, Dec. 2, 2025; Feb. 3, 2026; April TBD, and May 19, 2026.