VOLUME III

CASC Advisors Planner

Official Newsletter of the Connecticut Association of Student Councils



Inside this Issue...

Director's Corner	1
From the Student Executive Board	2
Districts in Action	2
CT RISES	3
Tips and Tools	2
CASC Calendar	2

© 2022 Connecticut Association of Student Councils

CAS-CIAC 30 Realty Drive, Cheshire, CT 06410







Director's Corner

Thank you to the over 100 Students and advisors who were able to join us at our last event of the school year: "Adventures in Leadership." It was so nice, and normal feeling, to be able to be among each other and not on a computer screen.

And just like that, the school year is coming to a close. A school year we are all simultaneously very proud of and desperate to forget about. I want to take a moment and thank you for all that you did this year to support your student leaders and your schools.

I also want to thank you for your continued support of CASC. This year CASC saw growth in both membership and attendance at functions. What to look forward to next year from CASC?

CASC Constitutional convention::This is something that we are very excited about, please make every effort to attend. CASC is all of ours association and creating a Constitution and set of By Laws will only help the association grow. We will be convening the convention at the Old State House in Hartford on September 16th. There will be a speaker to discuss Constitutions, large and small group breakouts, as well as opportunities to discuss our own local SCG Constitutions and Bylaws. Please make every effort to have your delegation in attendance. More details will follow this summer as we put the finishing touches on the program.

Statewide Service Project:: CASC will be announcing the 2021-22 Statewide Service Project and goals for the school year in September.

Return of Regular Programming:: We look forward to you joining us next year at Presidents Symposium, Fall District Workshops, Annual Spring Convention, and Adventures in Leadership!

As you end the school year exhausted from the projects your council has run, overwhelmed with exams to grade, end of year evaluation meetings to prepare for, and graduations to participate in; it is important to stop and remember to take care of yourself. If COVID has taught us anything, it is the importance of taking time for ourselves. Please embrace what you have found to be the most helpful way to rest and get ready for the next school year.

Be safe, and as always thank you for your continued support of Student Leadership in Connecticut and remember to stay above the line.

Christopher Tomlin CASC Executive Director

Upcoming State Important Dates::

SEPTEMBER September 16:: President's Symposium and CASC Constitutional Convention, Old State House, Hartford, CT

From the Student Executive Board

State President

Hello! CASC's 70th year is off to a great start. Students across Connecticut took on an adventurous journey in Leadership at Winding Trails in Farmington, Connecticut. Numerous students attended our Adventures in Leadership event on May 23, where students participated in team building activities at the ropes course, such as raft building. We enjoyed our first in person event in a while and we look forward to more. The new CASC board will be meeting in person in June to plan events for Constitution Day, next year's convention, and much more. Stay tuned for more updates on future events!

Yasmeen Galal '24 Woodland Regional High School President, CASC

Districts in Action

Please check the district lists below as some schools were moved in the recent realignment of the state.

Northern District - CIBA

District Members:

Achievement First, Aerospace & Engineering, Avon, Berlin, Bloomfield, Bristol Central, Bristol Eastern, Bulkeley, Cheney Tech, Classical Magnet, Conard, Connecticut IB Academy, Cromwell, East Catholic, East Granby, East Hartford, East Windsor, Farmington, Glastonbury, Goodwin Tech, Granby Memorial, Hall, Hartford Magnet, Trinity College Academy, Hartford Public, Manchester, Mercy, Metropolitan Learning Center, Middletown, New Britain, Newington, Northwest Catholic, Plainville, Portland, Prince Tech, Rocky Hill, Science & Innovation, Simsbury, SMSA, South Windsor, Southington, St. Paul Catholic, University, Vinal Tech, Wethersfield, Windsor, Windsor Locks, Xavier

Eastern District - OPEN Contact Executive Director if you are interested

District Members:

Academy of the Holy Family, Bacon Academy, Bolton, Coventry, Daniel Hand, East Hampton, East Lyme, Ellington, Ellis Tech, Enfield, EO Smith, Griswold, Grosso Tech, Haddam-Killingworth, Killingly, Ledyard, Lyman Memorial, Montville, Morgan, Nathan Hale Ray, New London, NFA, Norwich Tech, Old Lyme, Old Saybrook, Parish Hill, Plainfield, Public Safety Academy, Putnam, RHAM, Robert E. Fitch, Rockville, Somers, St. Bernard, Stafford, Stonington, Suffield, Tolland, Tourtellotte Memorial, Valley Regional, Waterford, Westbrook, Wheeler,Windham, Windham Tech, Woodstock Academy

Southern District - Notre Dame High School, West Haven

District Members:

Amity, Ansonia, Branford, Bunnell, Cheshire, Coginchaug, Cooperative Arts And Humanities, Crosby, Derby, East Haven, Eli Whitney Tech, Emmet O'Brien Tech, Engineering and Science University Magnet, Foran, Guilford, Hamden, High School In The Community, Hill Regional Career Magnet, Hillhouse, Holy Cross, John F. Kennedy, Jonathan Law, Kaynor Tech, Lauralton Hall, Lyman Hall, Maloney, Mark T. Sheehan, Metropolitan Business Academy, Naugatuck, New Haven Academy Magnet, North Branford, North Haven, Notre Dame-West Haven, Orville H. Platt, Platt Tech, Riverside Academy, Sacred Heart Academy, Seymour, Shelton, Sound School, Stratford, Waterbury Career, West Haven, Wilbur Cross, Wilby, Wilcox Tech, Wolcott, Woodland Regional

Western District - Thomaston High School

District Members:

Bethel, Bridgeport Central, Brien McMahon, Brookfield, Bullard Havens Tech, Canton, Danbury, Darien, Fairfield College Preparatory School, Fairfield Ludlowe, Fairfield Warde, Gilbert, Greenwich, Henry Abbott Tech, Housatonic Regional, Immaculate, Joel Barlow, Kolbe Cathedral, Lewis Mills, Litchfield, Masuk, New Canaan, New Fairfield, New Milford, Newtown, Nonnewaug, Northwestern Regional, Norwalk, Notre Dame-Fairfield, Oxford, Pomperaug, Ridgefield, Shepaug Valley, St. Joseph's, Stamford, Staples, Terryville, Thomaston, Torrington, Trinity Catholic, Trumbull, Wamogo, Watertown, Westhill, Weston, Wilton, Wolcott Tech

CT RISES:: Ideas for June

Remember to be focusing on your **CT**(citizenship), **R**(recognition), **I**(inspiration), **S**(service), **E**(engagement), **S**(spirit). Looking for a new project to run this month in your student council/government? Think about incorporating some of these suggestions into your calendar.

Summer Meetings

Hold a meeting in August with your Executives or Leadership team to write goals for the coming year. Be sure that the goals and values are shared by the entire group. Goals should be SMART, and consider using CT RISES when it comes to planning your projects to support the goals.

• Some SCGs choose to select a quote that they will use for the year as motivation. If you choose

a quote be sure to display it in your meeting room, social media, and SWAG.

- Use this opportunity to plan any first day of school activities to welcome back the students, faculty and staff.
- You will also want to plan out your year-long activity calendar.
- Some other activities you may want to consider:: Letters to the future, thank-you notes, Achievement Performances, Vision boards.

**We are always looking for new and exciting projects or events to highlight, if your council has a project that you would like to see highlighted in a newsletter please submit it <u>here</u>.

Tips and Tools

What do Officers Do?

Continuing with our series preparing for our September CASC Constitutional Convention I wanted to share some thoughts on the roles and responsibilities of our Executive Officers.

Each Student Council/ Government (SCG) has its own system of student leadership, we have our own unique positions and corresponding responsibilities. Whether they are a leadership team, leadership committee, executive team, executive board, cabinet, or other name; they all share a common purpose in empowering students to take ownership and leadership in their SCG. Below are some of the responsibilities each officer should have.

MEMBERSHIP RESPONSIBILITIES

All Executive Officer candidates are responsible for:

- being invested in the Student Council/ Government (SCG) and in the betterment of WRHS.
- taking an active interest in the SCG.
- attending an interview with the SCG Advisor.
- committing the time necessary to attend all SCG meetings during the school year and to fulfill all responsibilities associated with the desired position.
- establishing and posting weekly office hours. (minimum 1 block a week spent in the SCG Office or 1 day a week on a NON-Meeting Day).
- attending two of the summer leadership meetings.
- being knowledgeable about parliamentary procedure.
- being involved (attend, pre event work, day of event work, post event work) in all SCG activities and events.
- reading the morning announcements before school each day.

Individual Officer Responsibilities and Expectations:

Student Body President

Will be responsible for:

- Represent the student body at all school and civic events and meetings,
- Conduct all SCG meetings,
- Supervise the functions of the other officers.
- Call an executive committee to create an agenda.
- Appoint chair people for committees (with help of executive committee and advisor).
- Work with administrators, advisors and executive team in preparing a workable year-long calendar and budget for the SCG.
- Take an active role in the school community by attending as many school events as you possibly can
- Emcee the school assemblies and pep rallies
- Voice student concerns to faculty and administrators.
- Keep students and staff informed on significant developments in the SCG.
- Respect all person involved in activities.
- Work on school improvement
- Work to create an accepting school climate for all.
- Be a positive role model Be proud of your school, show your school spirit, set the example for your fellow students.

Student Body Vice-President

Will be responsible for:

- Help prepare meeting agendas and facilitate meetings
- Serve as a program chair for assemblies/conferences/special meetings
- Coordinate the work of the committee leaders/chairmen
- Encourage communications throughout the school community

- Stress harmony among members
- Be an active member of all committees
- Work with the calendar committee to ensure activities have a date

Student Body Treasury Secretary

Will be Responsible for:

- Help develop a budget for the SCG and each activity;
- Keep accurate records of a financial transactions;
- Prepare oral and written reports of financial activity;
- Evaluate SCG projects by their cost and benefit to your organization;
- Assist in the collection of funds at projects/ activities – ex: – dance tickets, shirt sales;
- Help organize fundraisers for the SCG

Student Body Recording Secretary:

Will be Responsible for:

- Keep and maintain records, minutes, official documents
- Attend and participate in all meetings
- Write minutes of these meetings promptly
- Distribute copies of the minutes, reports, invitations, and other materials
- Write letters of invitation and thanks and other official business letters
- Meet with special groups and committees
- Chair the publicity committee
- Lead with quality personal behavior
- Contact members on a weekly basis provide reminders
- Help maintain the SCG files

CASC Calendar

SEPTEMBER

September 16:: President's Symposium and CASC Constitutional Convention, Old State House, Hartford We will be holding next years President's Symposium at the Old State House in Hartford where we will also be reviewing and voting on a new Constitution And Bylaws for CASC

OCTOBER/NOVEMBER

CASC District Conferences

Each of Connecticut's 4 districts holds its own conference that will allow for local students and advisors to connect, build relationships and share ideas. More details to follow.

DECEMBER

December 2-4:: NA4SA 50th Annual National Conference on Student Activities, Boston, MA.

A live conference at the Westin Waterfront Hotel in Boston on December 3-5, 2022. Check <u>https://nawd.com</u> for more details as we get closer to this event.

MARCH

Annual CASC Spring Convention - Woodland Regional HS, Beacon Falls

Hosted each year by the President's school, this year it will be held at Woodland Regional High School in Beacon Falls. More details to follow.

MAY

CASC "Adventures in Leadership," - Winding Trails, Farmington

Ropes course designed to allow your newly elected leaders an opportunity to come together and begin to work as a team, while meeting leaders from across the state. More details to follow.