



Students in CCSU's Physical Education for Teacher Certification Program will become qualified physical educators for elementary and secondary schools in Connecticut. Students are provided with a variety of classroom learning experiences as well as experiential learning opportunities with partner school districts. Candidates learn up-to-date teaching techniques and apply them in authentic school environments. Emphasis is placed on integration of cross-curricular teaching, technology, and teaching strategies to improve physical literacy.

“ I chose the undergrad PE program at CCSU because I felt like I was in control of my education. I really appreciate how the professors see me as a whole student and mold me to be the best version of myself. I love coming to class every day and knowing that I'm learning alongside of people who will be life-long colleagues and friends. — Belle Magna '24 ”



The physical education teacher preparation program is nationally accredited by the Council for the Accreditation of Educator Preparation (CAEP).

Program Features

- Students have the option of cross endorsement in Health Education
- Courses taught by highly qualified and skilled faculty with PK-12 teaching experience
- Hands-on learning through field experiences in courses throughout the program
- Dynamic faculty who are directly involved and serve with state, regional and national organizations
- Community engagement and service-learning opportunities
- Student involvement in professional organizations and research
- Experience working with students with disabilities in physical education and movement settings
- Individualized attention from course instructors through small class sizes



PROGRAM WEBSITE



PHYSICAL EDUCATION

Bachelor of Science

Career Preparation

Graduates are prepared for highly rewarding careers such as:

- Certified Health and Physical Educator (PK-12)
- Adapted Physical Educator (PK-12)
- Parks and Recreation, YMCA, youth athletics, and summer camps



Physical Education & Health Fitness Club at CCSU

The purpose of the Physical Education Club is to provide our members with professional development opportunities to learn best teaching practices based on national and state physical education standards.



Awards & Accolades

Numerous Faculty and Student Awards State and Nationwide

- SHAPE America Helen Heitmann Young Scholar Award
- North American Society of Health, Physical Education, Recreation, Sport and Dance Professional Fellow
- CTAHPERD and SHAPE America Elementary Teacher of the Year
- CTAHPERD Outstanding Service Award
- EDA and AHPERD Honor Award
- NAKHE Leadership Mentor Program Award
- Community Partner Award from CCARC
- CCSU Excellence in Teaching Award
- SHAPE America Major of the Year Award
- CTAHPERD College Bowl Winner
- CTAHPERD Outstanding Future Professional Award
- CTAHPERD Gibson-Laemel Scholarship
- CCSU University Research & Creative Achievement Day (URCAD) Award



My experiences in this program helped me become a better leader and gave me so much passion for teaching.

— JT Martin '23



DID YOU KNOW?

The physical education teacher preparation program reflects the School of Education and Professional Studies conceptual framework as well as the SHAPE America National Standards for Initial Physical Education Teacher Education.



ABOUT CCSU:

Central Connecticut State University is the largest university within the Connecticut State Colleges and Universities system. Founded in 1849, CCSU is also the state's oldest publicly funded university. Our campus is located in New Britain, Connecticut. CCSU is accredited by the New England Commission of Higher Education (NECHE).

