



**SATURDAY, MARCH 4, 2023**

**BOWL-A-RAMA LANES, NEWINGTON**



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# CIAC STATE BOWLING CHAMPIONSHIPS HISTORY

The CIAC CT State Bowling Championship Tournament began in 2012 after requests from multiple member schools who had students participating in local bowling leagues throughout the state. CIAC Assistant Director, Dr. Robert Lehr enthusiastically took on the challenge and organized the first tournament. It was a resounding success! Teams from across the state came to Bradley Bowling Lanes and schools competed in a Team Format competition with Windsor Locks High School being the winner.

Over the years, the Connecticut Bowling Proprietors Association became involved as a sponsor of the event to promote bowling among the youth in our schools and a long-lasting relationship continues today. After several years, the tournament evolved to include a Singles Tournament in addition to the Team Format making for some very exciting events. Throughout the years, many different schools have participated and the championship event site was eventually moved to the middle of the state at Bowl-O-Rama in Newington to accommodate schools from all across Connecticut.

Bob Lehr and CIAC Administrative Assistant, Judy Sylvester, have worked diligently to include additional schools and players from member schools and the tournament continues to grow.

2023 marks the 10th annual tournament. During the COVID years the event was scaled back to include only the team format and there was one year that a rogue snowstorm forced the cancellation of the event. The future of the championship is looking bright as more and more schools participate in local leagues and other high school level tournaments.

The CIAC State Championship is the culminating event for high school bowlers across Connecticut.



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# **CIAC BOWLING STATE CHAMPIONSHIPS 2023 PARTICIPATING SCHOOLS**

**BRISTOL EASTERN HIGH SCHOOL**

**FAIRFIELD HIGH SCHOOL**

**FARMINGTON HIGH SCHOOL**

**GLASTONBURY HIGH SCHOOL**

**GREENWICH HIGH SCHOOL**

**KOLBE CATHEDRAL HIGH SCHOOL, BRIDGEPORT**

**MALONEY HIGH SCHOOL, MERIDEN**

**NEW MILFORD HIGH SCHOOL**

**NORWICH TECHNICAL HIGH SCHOOL**

**NOTRE DAME CATHOLIC HIGH SCHOOL, FAIRFIELD**

**ROCKVILLE HIGH SCHOOL, VERNON**

**ST. JOSEPH HIGH SCHOOL, TRUMBULL**

**ST. PAUL CATHOLIC, BRISTOL**

**STRATFORD HIGH SCHOOL**

**TOURTELLOTTE MEMORIAL HIGH, THOMPSON**

**XAVIER HIGH SCHOOL, MIDDLETOWN**

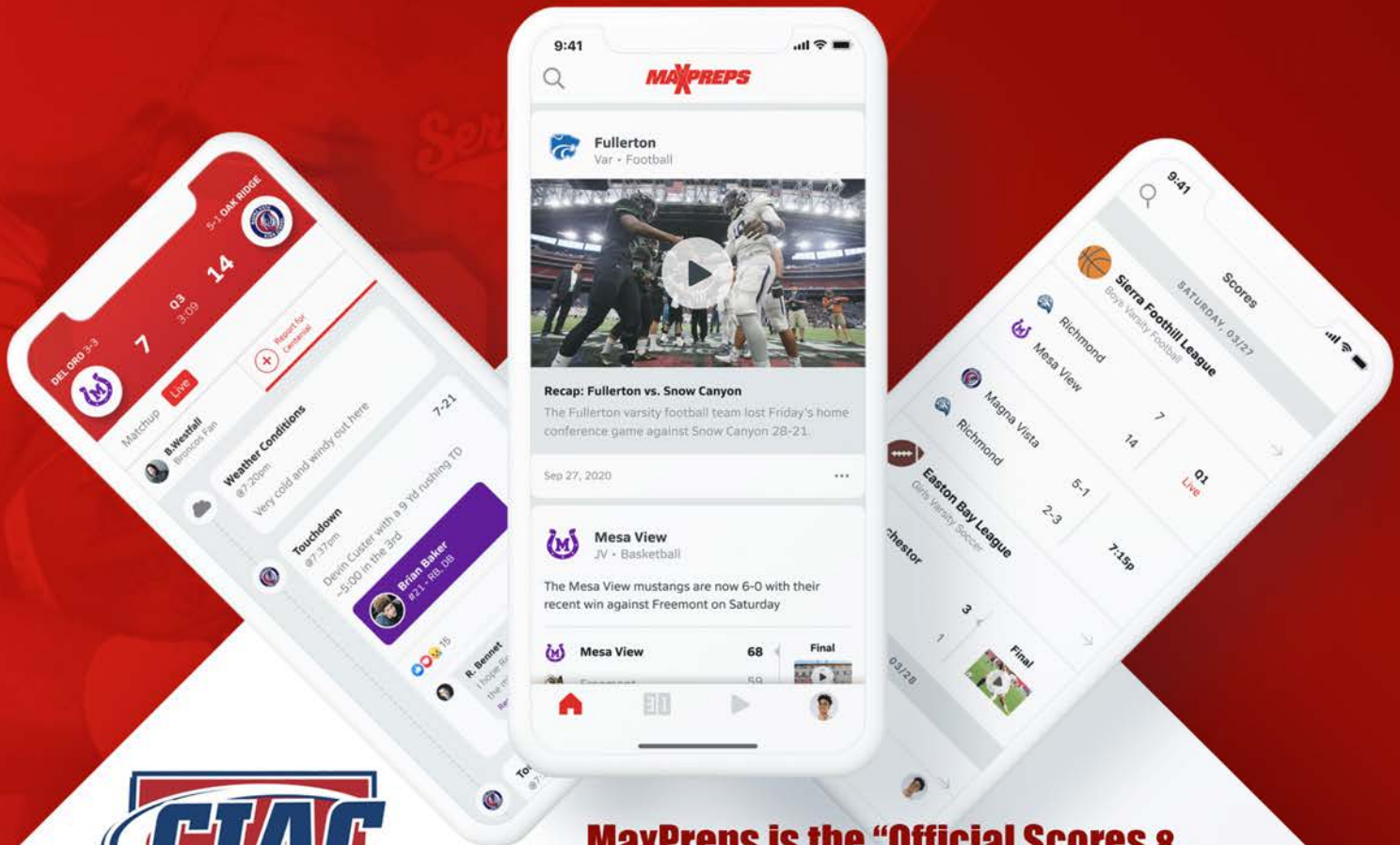
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# **BAKER FORMAT RULES**

Teams will bowl ten games in an all Baker Format where the number one bowler will bowl frames one and six, bowler two will bowl frames two and seven, bowler three will bowl frames three and eight, bowler four will bowl frames four and nine. Bowler five will bowl frames five and ten, including another delivery if he or she bowled a spare in the tenth frame or two more deliveries if he or she bowled a strike in the tenth frame. The three teams with the highest pinfall will then bowl each other with the third place team bowling against the second place team and the winner of that match bowling against the first place team for the title.

Trophies will be awarded to the State Championship Team and the Runner-up team.

Medals will be awarded to team members from the championship (1st), runner-up (2nd), and 3rd place teams.

## **CIAC STATE BOWLING CHAMPIONSHIP COMMITTEE**

**Dr. Robert Lehr**  
**Tournament Commissioner Emeritus**

**John Niski**  
**CIAC Tournament Director**

**Judy Sylvester**  
**CIAC Administrative Superstar**

**Carl "Butch" Paternostro**  
**Tournament Administrator**

**Megan Ahern**  
**Tournament Scorekeeper**

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REMEMBER WHERE YOU'VE BEEN



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# CIAC STATE BOWLING CHAMPIONSHIPS

## PAST CHAMPIONS

2012	Windsor Locks
2013	St. Joseph, Trumbull
2014	St. Joseph, Trumbull
2015	New Milford
2016	Fairfield Co-op
2017	Fairfield
2018	Newington
2019	New Milford
2020	Farmington
2021	No Tournament
2022	Farmington



**2022 CIAC  
BOWLING CHAMPION**

**FARMINGTON  
HIGH SCHOOL**



You have the right to  
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## WE BELIEVE YOU.

Sexual contact without your consent is wrong and it's a crime. Sexual violence can include the use of coercion, manipulation, threats, intimidation, force, or abuse of power.

**No matter what the circumstances were, help is available.**

All services provided by The Alliance's sexual assault crisis programs are **free and confidential**. These services include:

- certified sexual assault victim advocates
- 24/7 hotline services in English and Spanish
- short-term counseling for individuals
- information and referrals to other social and legal services
- accompaniment and support in hospitals, police departments and courts

## WE CAN HELP.

Call the 24/7 free and confidential statewide hotline.

*English:*

**1-888-999-5545**

*Español:*

**1-888-568-8332**

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The CIAC is proud to continue its partnership with the Connecticut Department of Transportation's Highway Safety Office.

The goal of the Highway Safety Office is to prevent roadway crashes and fatalities as a result of driver behavior.

The CIAC will feature safe driving messages at state tournament games to encourage all athletes, families, fans and the entire community to drive safely and responsibly.

**CLICK ON THIS PAGE TO VISIT  
THIS CIAC PARTNER WEBSITE**

[ct.gov/dot](http://ct.gov/dot)

