



Updated: 1/21/2026

THE CONNECTICUT ASSOCIATION OF SCHOOLS
30 Realty Drive, Cheshire, CT 06410
Telephone (203) 250-1111

Connecticut Student Activities

MEMBER SCHOOLS ARE REMINDED THAT ALL STUDENT ACTIVITIES IN CONNECTICUT OF A NON-ATHLETIC NATURE WHERE MORE THAN TWO SCHOOL DISTRICTS ARE INVOLVED REQUIRE THE APPROVAL OF THE CONNECTICUT STUDENT ACTIVITIES CONFERENCE.

IF YOU HAVE ANY QUESTIONS ABOUT ACTIVITIES, PLEASE CALL CHERESE ODUKWE AT CAS (203-250-1111) OR PLEASE CIRCULATE AND/OR POST THIS NOTICE.

NOTE: Local competitions will need to use music that meets the new music guidelines, based on U.S. copyright laws.
Please visit: <http://usacheer.net>

CHEERLEADING COMPETITIONS

2026 CAS-CIAC Cheerleading Championship / Newtown High School / March 7, 2026
Contact: Sherrie Zembrzuski / Email: missz14@sbcglobal.net

Wildcat Open-Bring it on for Nina / Seymour Middle School / January 24, 2026
Contact: Amanda Ruchin / Telephone: 203-668-6280 / Email: seymourvarsitycheer@gmail.com

Rally in the Valley / Naugatuck High School / February 7, 2026
Contact: Sadie Larocque / Telephone: 203-627-1751 / Email: sade.larocque@naugatuck.k12.ct.us

2026 CT Cheerleading Classic / Wolcott High School / January 31, 2026
Contact: Anna Bartoli / Telephone: 203-206-5078 / Email: abartoli@wolcottps.org

Cheer Fest Competition / Watertown High School / January 10, 2026
Contact: Jamie Britto / Telephone: 203-695-5798 / Email: brittoja@watertownps.org

State Bound Spirit Showcase / Newtown High School / March 1, 2026
Contact: Susan Bridges / Telephone: 203-470-5498 / Email: shebridge@aol.com

NECA Open Cheer and Dance Championship / East Haven High School / February 28, 2026
Contact: Tanya Corey / Telephone: 860-630-0577 / Email: necastaff@gmail.com

Spirit Spectacular / Oxford High School / January 17, 2026

Contact: Sammie Barker / Telephone: 203-751-7549 / Email: Oxfordvarsitycheerct@gmail.com

SCSU Game Day Showdown / Southern Connecticut State University / October 14, 2025

Contact: Angie Alston / Telephone: 203-957-1439 / Email: scsucheercoach916@gmail.com

SCC Championships / North Haven High School / February 7, 2026

Contact: Anthony Verderame / Telephone: 203-468-3353 / Email: averderame@east-haven.k12.ct.us

SWC Cheer Competition / Newtown High School / February 6, 2026

Contact: Sherrie Zembrzusi / Telephone: 203-233-0881 / Email: missz14@sbcglobal.net

Killin' It Classic / Killingly High School / January 24, 2026

Contact: Tanya Corey / Telephone: 860-630-0577 / Email: websterthistory@gmail.com

Annual Cheer and Dance Challenge / QU Wellness Center Gymnasium & Rec Center / January 24, 2026

Contact: Marie Kashuba / Telephone: 203-997-1341 / Email: kashuba1@comcast.net

Hatterfest / Danbury High School / February 14, 2026

Contact: Joann Tatarzycki / Telephone: 203-830-6563 / Email: tatarj@danbury.k12.ct.us

7th Annual Ludlowe Cheer Open / Fairfield Ludlowe High School / January 31, 2026

Contact: Morgan Carolan and Nicholas Cairo-Devlin / Telephone: 203-545-1833 /

Email: mcarolan@fairfieldschools.org

Gael Nation Showdown / Shelton High School / February 14, 2026

Contact: Christine Manion / Telephone: 203-231-8398 / Email: sheltonvarsitycheerleading1@gmail.com

Wolverines Pride / Griswold High School / February 7, 2026

Contact: Shannon Withey / Telephone: 860-383-9922 / Email: Swithey@griswoldpublicschools.org

Middle School Mania / Oxford High School / March 13, 2026

Contact: Maiyah Jarrin / Telephone: 203-526-0680 / Email: oxfordmscheer@gmail.com

The Cardinal Cheer Classic / Greenwich High School / February 21, 2026

Contact: Julia Vyskocil / Telephone: 914-409-2517 / Email: julia_vyskocil@greenwich.k12.ct.us

Wolverines Pride / Griswold High School / February 7, 2026

Contact: Shannon Withey / Telephone: 860-383-9922 / Email: Swithey@griswoldpublicschools.org

Battle at Viking Valley / East Lyme High School / February 28, 2026

Contact: Hannah Taylor / Telephone: 860-460-0719 / Email: eastlymecheerleading@gmail.com

Berkshire Cheerleading Invitational / Northwestern High School / February 19, 2026

Contact: Shea Moriarty / Telephone: 860-967-5944 / Email: Mrs.jbrown625@gmail.com

CCC Championships / Manchester High School / February 14, 2026

Contact: Ali Cormier/Kayleigh LaCava / Telephone: 860-202-2496/860-543-2822 /

Email: Acormier@wethersfield.me or

klacava@mpspride.org

DANCE COMPETITIONS

2026 CAS-CIAC Dance State Championship / Farmington High School / February 28, 2026
Contact: Kathy Swillinger / Email: kscoach32@gmail.com

NECA Open Cheer and Dance Championship / East Haven High School / February 28, 2026
Contact: Tanya Corey / Telephone: 860-630-0577 / Email: necastaff@gmail.com

Dancin' in the Woods / Woodland Regional High School / January 10, 2026
Contact: Kimberly Bandanza / Telephone: 203-233-9536 / Email: wrhsdance@gmail.com

Wildcat Dance Off / Norwich Free Academy / February 21, 2026
Contact: Ashley Caldeira / Telephone: 860-425-5516 / Email: caldeiraa@nfaschool.org

Cheer Fest Competition / Watertown High School / January 10, 2026
Contact: Jamie Britto / Telephone: 203-695-5798 / Email: brittoja@watertownps.org

Annual Cheer and Dance Challenge / QU Wellness Center Gymnasium & Rec Center / January 24, 2026
Contact: Marie Kashuba / Telephone: 203-997-1341 / Email: kashubal@comcast.net

Warde Dance Jam / Fairfield Warde High School / February 7, 2026
Contact: Megan DiBlasio / Telephone: 203-859-1689 / Email: mdiblasio@fairfieldschools.org

OTHER ACTIVITIES