

## This approach is designed for:

- Leaders who intuitively know that self-knowledge is a critical component of being an effective leader
- Leaders who value exploring questions they have about themselves and their practice
- Leaders who are beginning to recognize the need for self-reflection to understand the challenges they are experiencing in their roles



## Patrick Howley

J. Patrick Howley is a CAS part-time assistant executive director. "Pat" has a rich background in education and many professional connections statewide, nationally, and even internationally. Pat brings his knowledge and skills in the area of individual growth and development to our Principals' Center programs.

Pat was a part-time implementation coordinator for the Comer School Development Program out of Yale University. A major focus of Pat's work at the SDP was helping to ensure that people develop and use effective human relationship skills.

Pat has been an educator for many years working in a variety of roles and organizations. He has been an elementary school teacher, a middle school counselor, a director of a high school gifted program, and a human resource specialist for the University of Connecticut School of Social Work. He has taught courses in human relations, teacher preparation, and counseling at Sacred Heart University, Connecticut College and Southern Connecticut State University.

Throughout his career in education, he also has maintained a private practice in counseling and consulting with individuals, schools and business teams.

Pat received a B.S. in Elementary Education from Central Connecticut State University, a M.S. in School Counseling and a C.A.G.S. in Counseling Psychology from Southern Connecticut State University.

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# Exploring Deeper Dimensions *of* Leadership

A unique  
self-directed  
leadership group  
exploring the  
inner life of  
being a leader

2014~2015

Once again CAS is offering an opportunity for principals to become a part of a dialogue group called Exploring Deeper Dimensions of Leadership.

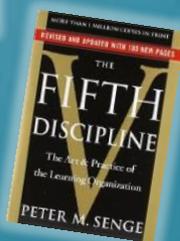
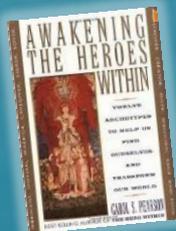
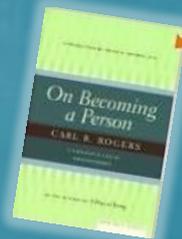
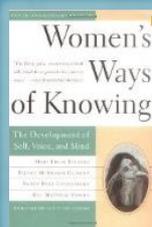
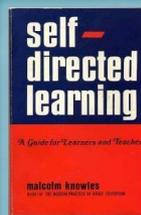
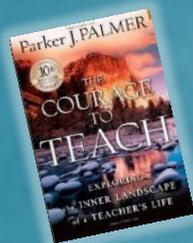
Using a person-centered approach, the meetings, which are self-directed, are based on the particular personal/professional issues initiated by the participants.

This group of school leaders will develop an open, confidential and trusting climate conducive to examining the intrapersonal and interpersonal experiences that occur in our school lives.

Our work will be based on the idea that “all things change when we do.” If change is going to occur in my school, that change must start with me as the leader.

If the titles below are intriguing to you, then this might be just the opportunity you’ve been looking for to connect with other like-minded educational leaders...

The following books, although influencing the basic tenets of this seminar, are not required reading:



## How Will I Know If This Will Be A Useful Group For Me?

- If you are looking for a community of colleagues to reflect on the issues and struggles of managing and facilitating the mission of your school
- If you want to increase your self-awareness and self-knowledge
- If you want to both balance and integrate your personal and professional life
- If you want to increase your effectiveness in interpersonal relationships and communication

Then this series of meetings might be useful to you.

Meetings take place at CAS from 4:00pm to 7:00pm on evenings most convenient to our members. Dates to be announced. A light dinner will be provided. If you are interested in attending the first meeting please email Erin Guarino at [eguarino@casciac.org](mailto:eguarino@casciac.org)

