



CONNECTICUT
ASSOCIATION OF SCHOOLS
SERVING SCHOOLS AND THEIR LEADERS

FALL LEADERSHIP INSTITUTE

Leading Our Schools To
Develop Resilient Learners

**FRIDAY
SEPT 21**

8:00AM - 3:30PM
THE HERITAGE HOTEL
SOUTHBURY CT

AND

**FRIDAY
SEPT 28**

8:30AM - 11:30AM
CT ASSOCIATION OF SCHOOLS
CHESHIRE CT



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MOVING FORWARD

FRIDAY SEPT 21ST

8:00 – 8:30 am

Registration and Refreshments

8:30 – 8:45 am

Welcome

Dr. Everett Lyons, Associate Executive Director, CAS
Constitution Room

8:45 – 10:45 am

**Addressing Barriers to Learning and Teaching
& Re-engaging Disconnected Students**

Jane Todey, ED.S.



The daily routine of any administrator is often filled with activities and challenges unrelated to academics. Yet, such supportive programs, policies, activities and services can make the difference between student success and failure. This presentation offers ways for administrators to organize existing activities, programs and services (beyond that of core academic instruction) into a cohesive, comprehensive continuum of supports for all students. A framework for developing a comprehensive system of learning supports will be outlined with discussion focused on what schools will need to effectively re-engage disconnected students and address barriers to learning and teaching.

Jane Todey has spent her career in education as a teacher, guidance counselor, administrator, consultant for the Iowa Department of Education and program manager for substance abuse prevention researchers at Iowa State University. Early on, she worked in impoverished schools and learned the importance of

helping students overcome barriers to learning. During her time at the Iowa DOE, she and a colleague, with assistance from Drs. Howard Adelman and Linda Taylor of UCLA, initiated a state-wide effort to build a comprehensive system of learning supports in all Iowa districts. Most recently, she helped develop substance abuse prevention training materials based on newly developed international standards that are intended for world-wide use. Jane has extensive experience working with all types of youth development programs, social/emotional learning, substance abuse prevention, community coalition development, and system change efforts in schools.

10:45 – 11:00 am

MORNING BREAK

11:00 – 12:00 pm

Breakout Session 1

12:00 – 1:00 pm

LUNCH

1:00 – 2:00 pm

Breakout Session 2

2:00 – 2:15 pm

AFTERNOON BREAK

2:15 – 3:30 pm

"Resilience" Movie Screening & Discussion



FRIDAY SEPT 28TH

8:00 – 8:30 am

Continental Breakfast

8:30 – 8:45 am

Leadership Action – Where Do We Go From Here?

Patrick Flynn
Founder and Executive Director
ReVision Learning Partnership, LLC



In 20 years of educational service, Patrick Flynn has been a teacher, teacher leader, curriculum director and executive program director in K-12 settings in ten different states. As the Executive Director of High Schools for Edison Schools and the Chief Academic Officer for Great Schools Workkshop in Sacramento, CA, Patrick worked with building and district administrators in nine states to implement systemic high school reform. Patrick founded and currently leads ReVision Learning Partnership, which provides professional development and support to districts and educational organizations in CT, NY, NJ, and LA. Patrick and his ReVision team have provided school improvement services in over 40 CT districts. ReVision Learning is highly sought out for its leadership in providing the highest quality professional learning opportunities for teachers, administrators and district personnel.

Diane Dugas, Education Consultant
Former Principal & Superintendent



Diane Dugas has served as Superintendent, Assistant Superintendent, Curriculum leader, principal and teacher. She has led schools to national recognition and developed sustainable change initiatives to meet the needs of students in urban, suburban and rural districts. In her recent role as Director of Educational Leadership with EASTCONN, her focus is building the capacity of administrators to lead transformational change. Through her connected role as former CTASCD president, and with state and local professional organizations Diane has provided professional development in a variety of school improvement initiatives including: curriculum, instruction, teacher and leader evaluation, community conversations, system thinking, strategic planning, adult learning and much more in support of a whole child focus.

BREAKOUT SESSIONS

1. A Hard SEL? Cultivating Social Emotional Learning Within, Among & Beyond

Presenters:

Gina Pin, Principal

Christopher Poulos, Instructional Leader for the Humanities & Spanish Teacher

Carolyn Huminski, Instructional Leader for the Humanities & English Teacher

Henry DelAngelo, School Counselor

Jack Powers, Special Education Teacher

Joel Barlow High School, Regional School District 9

Maybe you're a classroom teacher, coach, or team interested in applying SEL (Social Emotional Learning) directly into your classroom(s). Maybe you're a leader working toward more systemic, community-based change. Or maybe you aren't totally sold on the benefits of SEL, yet. Regardless of your vantage point, the EQ8 Team (eight educators leading a district SEL initiative) from Joel Barlow High School is eager to engage in an interactive dialogue about making school communities – selves, students, staff, and beyond – more emotionally intelligent. Having aligned their SEL work with their SLO, this team will share and guide others in reflecting, evaluating, and envisioning: PRESENT: How are you feeling? Your students? Where are you and/or your classroom/community currently in terms of SEL? PAST: What practices are you and/or your classroom/community already doing that fosters Emotional Intelligence? FUTURE: What is the "Best Self" you envision for you and/or your classroom/community? What are the next steps to get there? This workshop session will provide a chance to validate current SEL practices at your own school or district and generate next steps based on where you are and want to go. No previous knowledge of SEL required, and breakout conversations will be based on your current SEL status and emerging vision.

2. Resources for Executive Functioning Assessment and Intervention

**Presenter: Carl Gross, Director of Pupil Services
Regional School District 1**

This session will address practical applications of resources for assessment and intervention that incorporate an understanding of Executive Functioning. The resources used within RSD 1 and at Housatonic Valley Regional High School originated with teachers and with national presenters and were designed for use by teachers and interventionists working with students who struggle with: self-regulation, organization, approach to academic task and academic task "resilience".

3. ALIVE: Trauma-Informed Drama Therapy in the High Schools

**Presenter: Cat Davis, MA, RDT, ALIVE Director and Kat Lee, MA, RDT, ALIVE Assistant
Director of High Schools**

This session will explore the ALIVE model for trauma-informed work with individuals and groups at Wilbur Cross High School, High School in the Community and several other high schools in New Haven. The workshop will be part didactic and part experiential, so that participants can see examples of how embodied work can help spark conversations with students about their lived experiences and how to develop resiliency and strength in the face of traumatic events. The workshop will also discuss how to engage with the larger school community around opening up conversations around trauma-informed care.

4. Executive Function and Active Engagement in Learning: Approaches to Increase Self-Regulation and Outcomes for Children, Preschool – Grade 2

**Presenter: Elizabeth Aschenbrenner, Project Coordinator,
Executive Function and Purposeful Play**

Executive function (EF) skills in early childhood are a strong predictor of literacy and math skills. EF skills along with strong positive relationships are known to mitigate the impact of trauma. Unfortunately, more children enter school without the ability to regulate their behavior. School leaders will share their experiences with changed instructional formats and strategies to increase EF and 21st century skills.

5. Thinking about the Link Between Learning and Health: A Blueprint to Build Capacity for Whole Child Success

**Presenter: Sandra M. Chafouleas, Board of Trustees Distinguished Professor,
Neag School of Education and Co-Director, Collaboratory on School and Child Health,
University of Connecticut**

Growing recognition of the need to enhance school capacity in supporting the whole child is fully present in Connecticut, yet connecting service delivery across academic, social, emotional, behavioral, and physical domains can be complex. Through joint partnership between the CDC and ASCD, the Whole School, Whole Community, Whole Child (WSCC) model was recently released to facilitate school coordination of policy, process, and practice efforts – and building school leader capacity in using the model is now needed. Through a unique collaboration among UConn, New Haven Public Schools, and CSDE, a WSCC planning blueprint was developed. This presentation will review key considerations embedded in the blueprint, along with supporting materials and practical examples directed to social, emotional, and behavioral domains. Attendees will gain knowledge and skills useful for facilitating capacity of their system to result in students who are healthy, safe, supported, engaged, and challenged.

6. Year One Implementation of a District-Wide Social Emotional Learning Program: Successes and Lessons Learned

Presenters:
Bryan Luizzi, Ed.D., Superintendent
Jill Correnty, Ed.D., Assistant Superintendent of Curriculum
Darlene Pianka, M.S. Assistant Superintendent of Pupil and Family Services
Susan Bliss, Ph.D., Student Support Coordinator

New Canaan Public Schools

New Canaan Public Schools has completed the first year of implementing a district-wide social-emotional learning program (RULER) to increase Emotional Intelligence throughout our community. We have also been working on our ability to assess social-emotional skills in students through report card indicators. This workshop will describe the beginning implementation of social emotional learning in the district and our attempts to measure student growth in these areas. There will be ample time for discussion of successes and lessons learned.

REVIEWS

It gave me more grounding in a philosophical paradigm shift that I can use to lay groundwork for changes I would like to initiate in my school and district.

Can't wait to come again. Lots of great thoughts and ideas to bring back!

**EXCELLENT!
So much to value, consider, and take back!!**

Heard from a district similar to mine that had the ability to successfully implement change despite significant obstacles. I appreciated concrete examples.

The presenters were very informative and had practical advice on how to handle certain issues.

It was very helpful to reflect where our district is and where we are going.

Well organized with a ton of really good, useful information.

This was one of the most engaging and well run conferences I have ever been to!

I can easily say that this conference has contained the best, most impactful, and most useful PD I have ever had the privilege of attending, both within my district, sought out by myself, and at any retreat or conference I've been invited to attend. I don't say this lightly, today was incredible.

REGISTRATION

CONFERENCE FEE PER ATTENDEE

CAS Member Schools: \$150/pp

Non-CAS Member Schools: \$175/pp

SAVE \$25 per attendee by registering one of the following ways!!

EARLY BIRD INDIVIDUAL: Register by August 1, 2018

SCHOOL TEAM: Register a team of 3+ staff members from your school

- Register online at <http://casci.ac/3481>
- Early registration is encouraged.
- Participation is limited to 120 people and the Institute has sold out the past eight years!
- Team participation is strongly encouraged.

Direct Fall Leadership Institute content questions to:
Ev Lyons at CAS, (203) 250-1111, or elyons@casciac.org

Direct registration questions to:
Erin Guarino at CAS, (203) 651-3906 or eguarino@casciac.org

- To check school membership status, go to www.casciac.org and click on “directory”.
- Purchase orders will be accepted, but PAYMENT MUST be received prior September 1, 2018.
- Checks and purchase orders should be made payable to the Connecticut Association of Schools and mailed to:

30 Realty Drive
Cheshire, CT 06410
Attention: Erin Guarino

- Refunds will not be given due to cancellation or for non-attendance at the Fall Leadership Institute.



MOVING FORWARD

"I've been much more mindful of student behavior since the trauma training. I try to be more understanding and less judgmental. Thank you, this has helped!"

-- Teacher who received Clifford Beers trauma training

Trauma-informed schools: a practical, school-wide, and integrated approach to supporting children, empowering teachers, and improving the classroom environment

NEXT STEPS?!

- Training and consultation for
 - teachers
 - administrators
 - social support teams
- School-wide environmental assessments
- Strategies and skills to build trauma-informed classrooms

Clifford Beers · (203) 777-8648 · info@cliffordbeers.org



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