

# Special Olympics Connecticut school programs

Administered by

# The Connecticut Interscholastic Association



# CIAC Sports Offered

- ❑ Soccer
- ❑ Basketball
- ❑ Bowling
- ❑ Volleyball
- ❑ Track & Field
- ❑ Elementary Skill Days
- ❑ Young Athletes



# CIAC UNIFIED SPORTS® EVENTS

## • Tournaments

- Each team should schedule or host a *scrimmage* or practice game prior to tournament entry.
- Two tournament entries per school

## • Youth Leadership Summit 12/18

## • Michaels Cup Banquet 4/25

- One/Athlete One Partner per school
- Overall School Awards
- Essay scholarship winners



# Intent to Enter/Roster

- Entering a tournament on time is required in order to participate.
- Enter ALL Athletes and Partners (even if they are unable to attend this tournament).
- You will be receiving an e-mail to confirm your tournament play.
- You MUST respond with answers to all fields.
- You will be asked:
  - How many students total attending
  - What level teams attending
  - Additions to Roster can be made here with all Information.

The screenshot shows the CIAC Sports website interface. At the top, there is a navigation bar with links for Home, Schedules, About/Contact, Updates, Tickets, Merchandise, and Tournament Central. The main heading is "Unified Sports Intent To Enter Form". Below this, there are instructions: "All information below is required.", "Submit one entry per team, if more than one team submit a separate form for each team.", and "Anything over two tournaments per school will be subject to availability." A link is provided: "Click here to import school and roster information from another event".

The form fields include:

- Team Name:
- School:
- Telephone:
- Address:
- City/Town:
- Zip Code:

Event(s) you wish to enter (maximum of two per team):

- Wed., Oct. 7 @Bristol Central (HS Soccer) 3-5:30pm
- Tue., Oct. 13 @Cheshire HS (MS Soccer) 3-5:30pm
- Wed., Oct. 14 @Amity HS (HS Soccer-SCC Only) 3-5:30pm
- Wed., Oct. 14 @Bunell HS (HS Soccer-SWC Only) 3:15-5pm
- Wed., Oct. 14 @New Canaan Country Day (MS Soccer) 3-5:30pm
- Wed., Oct. 21 @Wilby HS (MS Soccer) 3-5:30pm
- Thu., Oct. 29 @Fairfield Ludlowe (HS Soccer-FCIAC Only) 3-5:30pm
- Thu., Oct. 29 @Avon Old Farms (HS Indoor Soccer) 3-5:30pm
- Fri., Oct. 30 @East Hartford (HS Indoor Soccer) 3-6pm
- Mon., Nov. 2 @Staples HS (HS Indoor Soccer) 3-5:30pm
- Thu., Nov. 5 @Conard HS (HS Soccer-CCC Only) 3-5:30pm
- Thu., Nov. 12 @Wilby HS (HS Indoor Soccer-NVL Only) 3-6pm
- Tue., Dec. 8 @Sparetime Bowling Lanes, Vernon, CT (HS Bowling) 3-5pm

Level:

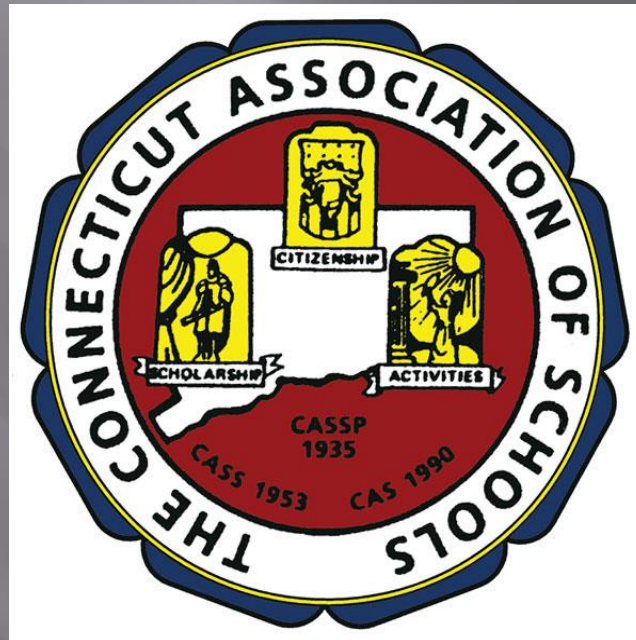
Number of Wheelchairs:

Roster: 

Name	Date of Birth	M/F	Athlete/Partner
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# CAS/CIAC Web Site Navigation

- ▣ <http://www.ciacsports.com>



# Unified Sports Important Dates for High School & Middle Schools

Intent to Enter / Roster, Soccer 9/24/2015

Youth Leadership Summit 12/18/15

Coaches Training Basketball 1/7/2016

Intent to enter / Roster, SCC New Haven 1/20/16

Intent to Enter/ Roster, Basketball 2/8/16

Coaches Training Volleyball & Track 3/30/16

Intent to Enter / Roster Track & Volleyball 4/13/16

Michaels Cup Awards Dinner 4/25/2016

# Certification Responsibilities For Coaches

- ▣ Unified Sports® Training: Season Specific
- ▣ State of Connecticut Certification
- ▣ NFHS: online Unified Sports® Coaches training
- ▣ Concussion Training (on CIAC web site )

## **Public Act No. 14-66. That act, entitled "An Act Concerning Youth Athletics and Concussions",**

*Each local or regional board of education shall implement such plan by utilizing written materials, online training or videos or in person training that address at minimum,*

- (1) the recognition of signs and symptoms of concussion,*
- (2) the means of obtaining proper medical treatment for a person suspected of sustaining a concussion,*
- (3) the nature and risks of a concussion, including the danger in continuing to engage in athletic activity after sustaining a concussion,*
- (4) the proper procedures for allowing a student who has sustained a concussion to return to athletic activity, and (5)*

*current best practices in the prevention and treatment of a concussion".*



# *Public Act No. 14-66 requires that a coach MUST*

*Immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who (A) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or (B) is diagnosed with a concussion, regardless of when such concussion may have occurred.*

***Upon removal of the athlete a qualified school employee must notify the parent or legal guardian within 24 hours that the student-athlete has exhibited the signs and symptoms of a concussion.***

# Emergency Contacts

- ▣ Make sure to bring emergency contact information and your school's appropriate medical forms with you
  - Included forms for both athletes **and** partners
  - Include a form and emergency contacts for yourself and any other coaches/assistants

# SOCCER



# ROSTER

- ▣ Maximum 12 players per team.
- ▣ 50% of the team should be non-disabled
- ▣ Male and Females may play together.
- ▣ No one who is playing on a Freshman , Varsity or Junior Varsity soccer team may be a partner during that specific sports season

# Players on the Field

- ▣ 2 (non-disabled) and 3 intellectually disabled players on the court at all times.
- ▣ Level 5 – 2 Special Athletes and one Partner plus any one -on- one aides as needed.
- ▣ Partners must be players without disabilities
- ▣ Goalie must be an Athlete

# Uniforms/Equipment

- ▣ All Uniforms must be the same.
  - Sneakers must be worn.
  - NO JEANS or JEWELRY ALLOWED.
  - No sponsor names may appear on uniform.
  - Shirts must be numbered.
    - ▣ Athletes must wear even numbers.
    - ▣ Partners must wear odd numbers.
- ▣ School Banner
- ▣ Water Cooler
- ▣ Medical Kit
- ▣ Ice

# The Game

- ▣ High School games will consist of 20 minutes (running time).
- ▣ Time may be modified based on needs of athletes at various levels
- ▣ Three athletes and two partners must be on the field at all times
  - Unlimited substitutions allowed

# Practice

- Consistency in practice for the development of athletic skills for the socialization and growth of Partners and Athletes is highly recommended





# Interscholastic Games

- ▣ Each team should schedule or host a scrimmage or practice game prior to a tournament entry.
- ▣ Examples of drills and practices
- ▣ A short survey will be sent out to all schools to monitor your Interscholastic Competitions.





# Unified Sports – Soccer Rules



3 Athletes/2 Partners on field • Same Uniform  
 Shirts Numbered (Athletes Even-Partners Odd) • Sneakers must be worn • No Jeans or Jewelry •  
 No Sponsor Names on Uniforms • Goalie Must Be a non-wheelchair Athlete

		Rules	Skills	Scoring	Wheelchair Athletes	Medals
Competitive	Level 1	Basic Understanding of rules  Can play by high school rules	Ability to dribble and pass on the run	Both Partners & Athletes can score  Partners may not score more than half the points		Gold Silver Bronze
	Level 2					
Recreational	Level 3	Rules modified slightly as appropriate	Ability to dribble but with one dominant foot	Only Athletes May Score		Challenge
Developmental	Level 4	Limited understanding of the game Rules modified	Limited ability to dribble			
	Level 5	All rules modified for success 2 Athletes -1 Partner plus any one-to-one aides as needed At least one partner participates at all times but only to encourage athletes  No score	No or extremely limited dribbling skills	Athlete and Partner will count as one person  Ball caught under wheelchair will be a side out for team who had possession  May not be goalie		



# Division Competitive Level 1 & 2

- ▣ Basic understanding of the rules
- ▣ Ability to dribble
- ▣ Both partners and athletes can score
- ▣ 50% rule - partners may not score more than 50% of the points
- ▣ Can play by high school rules



# Division Developmental Level 3

- ▣ Slightly better ability to dribble, one dominant foot used
- ▣ Limited concept of rules
- ▣ Pass only to get rid of the ball
- ▣ One or two players scoring goals
- ▣ Limited team play



# Division Recreational Level 4

- ▣ No team play concept
- ▣ All players - limited ability to dribble
- ▣ All players - low understanding of the game
- ▣ Wheelchair allowed, athlete must have use of hands



# Division Recreational Level 5

- ▣ Special athletes may need a one-on-one aide partner or aide
- ▣ Wheelchair allowed
- ▣ All rules are modified for success
- ▣ At least one partner participates at all times, but only to encourage the special athlete
- ▣ No score is kept



# Wheelchair Athletes

- ▣ May compete on a level 4, or 5 team.
- ▣ Wheelchair and partner (if needed) will count as one person.
- ▣ A ball caught under a wheelchair will be a side out for team who had possession
- ▣ Modifications to wheelchair may be necessary



# BASKETBALL





# ROSTER

- ▣ Maximum 12 players per team.
- ▣ 50% of the team should be non-disabled
- ▣ Male and Females may play together.
- ▣ No one who is playing on a Varsity or Junior Varsity basketball team may be a partner during that specific sports season

# Players on the Court

- ▣ 2 (non-disabled) and 3 intellectually disabled players on the court at all times.
- ▣ Level 5 – 2 Special Athletes and one Partner plus any one –on- one aides as needed.
- ▣ Partners must be players without disabilities



# Uniforms/Equipment

- ▣ All Uniforms must be the same.
  - Sneakers must be worn.
  - NO JEANS or JEWELRY ALLOWED.
  - No sponsor names may appear on uniform.
  - Shirts must be numbered.
  - Athletes must wear even numbers.
  - Partners must wear odd numbers.
- ▣ Basketballs are Women's size 28.5
- ▣ School Banner
- ▣ Water Cooler
- ▣ Medical Kit and Emerg. Info
- ▣ Ice



# The Game

- ▣ High School games will consist of 20 minutes for levels 1-4.
- ▣ Middle Schools will be 16 minute
- ▣ Level 5 will play 10 minute games with a consistent running time.



*No Back Court  
Pressure will be  
allowed!*

# Practice

- Consistency in practice for the development of athletic skills for the socialization and growth of Partners and Athletes is highly recommended



# Interscholastic Games

- ▣ Each team should schedule or host a scrimmage or practice game prior to a tournament entry.
- ▣ Examples of drills and practices
- ▣ A short survey will be sent out to all schools to monitor your Interscholastic Competitions.



# Division Competitive Level 1 & 2

- ▣ Basic understanding of the rules
- ▣ Ability to dribble
- ▣ Both partners and athletes can score
- ▣ 50% rule - partners may not score more than 50% of the points
- ▣ Can play by high school rules





# Division Developmental Level 3

- ▣ Slightly better ability to dribble, but will see shuffles, double dribbles, etc.
- ▣ Only special athletes can score
- ▣ Score is kept



# Division Recreational Level 4



- ▣ Basket is Regulation Height with modifications allowed
- ▣ All players - limited ability to dribble
- ▣ All players - low understanding of the game
- ▣ Wheelchair allowed, athlete must have use of hands

# Division Recreational Level 5

- ▣ Special athletes may need a one-on-one aide partner or aide
- ▣ Wheelchair allowed
- ▣ All rules are modified for success
- ▣ At least one partner participates at all times, but only to encourage the special athlete
- ▣ No score is kept
- ▣ No back court guarding



# Wheelchair Athletes

- ▣ May compete on a level 4, or 5 team.
- ▣ Wheelchair and partner (if needed) will count as one person.
- ▣ A ball caught under a wheelchair will be a side out for team who had possession



# School Fundraising Opportunities



# THE PATHWAY PRE K - GRADE 12

YOUNG ATHLETES

ELEMENTARY

MIDDLE SCHOOL

HIGH SCHOOL

AND

BEYOND...

