Special Olympics Connecticut school programs
Administered by
The Connecticut Interscholastic Association
CIAC Sports Offered

- Soccer
- Basketball
- Bowling
- Volleyball
- Track & Field
- Elementary Skill Days
- Young Athletes
CIAC UNIFIED SPORTS® EVENTS

- **Tournaments**
  - Each team should schedule or host a *scrimmage* or practice game prior to tournament entry.
  - Two tournament entries per school

- **Youth Leadership Summit 12/18**

- **Michaels Cup Banquet 4/25**
  - One/Athlete One Partner per school
  - Overall School Awards
  - Essay scholarship winners
Entering a tournament on time is required in order to participate.
Enter ALL Athletes and Partners (even if they are unable to attend this tournament).
You will be receiving an e-mail to confirm your tournament play.
You MUST respond with answers to all fields.
You will be asked:
• How many students total attending
• What level teams attending
• Additions to Roster can be made here with all Information.
CAS/CIAC Web Site Navigation

http://www.ciacsports.com
Unified Sports
Important Dates for
High School & Middle Schools

Intent to Enter / Roster, Soccer 9/24/2015
Youth Leadership Summit 12/18/15
Coaches Training Basketball 1/7/2016
Intent to enter / Roster, SCC New Haven 1/20/16
Intent to Enter/ Roster, Basketball 2/8/16
Coaches Training Volleyball & Track 3/30/16
Intent to Enter / Roster Track & Volleyball 4/13/16
Michaels Cup Awards Dinner 4/25/2016
Certification Responsibilities For Coaches

- Unified Sports® Training: Season Specific
- State of Connecticut Certification
- NFHS: online Unified Sports® Coaches training
- Concussion Training (on CIAC web site)
Each local or regional board of education shall implement such plan by utilizing written materials, online training or videos or in person training that address at minimum,

(1) the recognition of signs and symptoms of concussion,
(2) the means of obtaining proper medical treatment for a person suspected of sustaining a concussion,
(3) the nature and risks of a concussion, including the danger in continuing to engage in athletic activity after sustaining a concussion,
(4) the proper procedures for allowing a student who has sustained a concussion to return to athletic activity, and
(5) current best practices in the prevention and treatment of a concussion". 

Public Act No. 14-66 requires that a coach MUST

Immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who (A) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or (B) is diagnosed with a concussion, regardless of when such concussion may have occurred.

Upon removal of the athlete a qualified school employee must notify the parent or legal guardian within 24 hours that the student-athlete has exhibited the signs and symptoms of a concussion.
Emergency Contacts

- Make sure to bring emergency contact information and your school’s appropriate medical forms with you
  - Included forms for both athletes and partners
  - Include a form and emergency contacts for yourself and any other coaches/assistants
Maximum 12 players per team.

50% of the team should be non-disabled

Male and Females may play together.

No one who is playing on a Freshman, Varsity or Junior Varsity soccer team may be a partner during that specific sports season.
Players on the Field

- 2 (non-disabled) and 3 intellectually disabled players on the court at all times.

- Level 5 – 2 Special Athletes and one Partner plus any one-on-one aides as needed.

- Partners must be players without disabilities

- Goalie must be an Athlete
All Uniforms must be the same.
- Sneakers must be worn.
- NO JEANS or JEWELRY ALLOWED.
- No sponsor names may appear on uniform.
- Shirts must be numbered.
  - Athletes must wear even numbers.
  - Partners must wear odd numbers.

- School Banner
- Water Cooler
- Medical Kit
- Ice
The Game

- High School games will consist of 20 minutes (running time).
- Time may be modified based on needs of athletes at various levels.
- Three athletes and two partners must be on the field at all times.
  - Unlimited substitutions allowed.
Practice

- Consistency in practice for the development of athletic skills for the socialization and growth of Partners and Athletes is highly recommended.
Interscholastic Games

- Each team should schedule or host a scrimmage or practice game prior to a tournament entry.
- Examples of drills and practices
- A short survey will be sent out to all schools to monitor your Interscholastic Competitions.
## Unified Sports – Soccer Rules

3 Athletes/2 Partners on field • Same Uniform
Shirts Numbered (Athletes Even-Partners Odd) • Sneakers must be worn • No Jeans or Jewelry •
No Sponsor Names on Uniforms • Goalie Must Be a non-wheelchair Athlete

<table>
<thead>
<tr>
<th>Level</th>
<th>Rules</th>
<th>Skills</th>
<th>Scoring</th>
<th>Wheelchair Athletes</th>
<th>Medals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1</td>
<td>Basic Understanding of rules&lt;br&gt;Can play by high school rules</td>
<td>Ability to dribble and pass on the run</td>
<td>Both Partners &amp; Athletes can score&lt;br&gt;Partners may not score more than half the points</td>
<td>Gold&lt;br&gt;Silver&lt;br&gt;Bronze</td>
<td></td>
</tr>
<tr>
<td>Level 2</td>
<td>Rules modified slightly as appropriate</td>
<td>Ability to dribble but with one dominant foot</td>
<td>Only Athletes May Score</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 3</td>
<td>Limited understanding of the game&lt;br&gt;Rules modified</td>
<td>Limited ability to dribble</td>
<td>Athlete and Partner will count as one person</td>
<td>Challenge</td>
<td></td>
</tr>
<tr>
<td>Level 4</td>
<td>All rules modified for success&lt;br&gt;2 Athletes - 1 Partner plus any one-to-one aides as needed&lt;br&gt;At least one partner participates at all times but only to encourage athletes</td>
<td>No or extremely limited dribbling skills</td>
<td>Ball caught under wheelchair will be a side out for team who had possession</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 5</td>
<td>2 Athletes - 1 Partner plus any one-to-one aides as needed&lt;br&gt;At least one partner participates at all times but only to encourage athletes</td>
<td>No score</td>
<td>May not be goalie</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Basic understanding of the rules
Ability to dribble
Both partners and athletes can score
50% rule - partners may not score more than 50% of the points
Can play by high school rules
Division
Developmental
Level 3

- Slightly better ability to dribble, one dominant foot used
- Limited concept of rules
- Pass only to get rid of the ball
- One or two players scoring goals
- Limited team play
No team play concept

All players - limited ability to dribble

All players – low understanding of the game

Wheelchair allowed, athlete must have use of hands
Division
Recreational
Level 5

- Special athletes may need a one-on-one aide partner or aide
- Wheelchair allowed
- All rules are modified for success
- At least one partner participates at all times, but only to encourage the special athlete
- No score is kept
Wheelchair Athletes

- May compete on a level 4, or 5 team.
- Wheelchair and partner (if needed) will count as one person.
- A ball caught under a wheelchair will be a side out for team who had possession
- Modifications to wheelchair may be necessary
BASKETBALL
Maximum 12 players per team.

50% of the team should be non-disabled.

Male and Females may play together.

No one who is playing on a Varsity or Junior Varsity basketball team may be a partner during that specific sports season.
Players on the Court

- 2 (non-disabled) and 3 intellectually disabled players on the court at all times.
- Level 5 – 2 Special Athletes and one Partner plus any one –on- one aides as needed.
- Partners must be players without disabilities
Uniforms / Equipment

- All Uniforms must be the same.
  - Sneakers must be worn.
  - NO JEANS or JEWLERY ALLOWED.
  - No sponsor names may appear on uniform.
  - Shirts must be numbered.
  - Athletes must wear even numbers.
  - Partners must wear odd numbers.

- Basketballs are Women’s size 28.5
- School Banner
- Water Cooler
- Medical Kit and Emerg. Info
- Ice
The Game

- High School games will consist of 20 minutes for levels 1-4.
- Middle Schools will be 16 minutes.
- Level 5 will play 10 minute games with a consistent running time.
No Back Court Pressure will be allowed!
Practice

- Consistency in practice for the development of athletic skills for the socialization and growth of Partners and Athletes is highly recommended
Interscholastic Games

- Each team should schedule or host a scrimmage or practice game prior to a tournament entry.
- Examples of drills and practices
- A short survey will be sent out to all schools to monitor your Interscholastic Competitions.
Basic understanding of the rules
Ability to dribble
Both partners and athletes can score
50% rule - partners may not score more than 50% of the points
Can play by high school rules
Division Developmental Level 3

- Slightly better ability to dribble, but will see shuffles, double dribbles, etc.
- Only special athletes can score
- Score is kept
Basket is Regulation Height with modifications allowed
All players - limited ability to dribble
All players – low understanding of the game
Wheelchair allowed, athlete must have use of hands
Division Recreational Level 5

- Special athletes may need a one-on-one aide partner or aide
- Wheelchair allowed
- All rules are modified for success
- At least one partner participates at all times, but only to encourage the special athlete
- No score is kept
- No back court guarding
Wheelchair Athletes

- May compete on a level 4, or 5 team.
- Wheelchair and partner (if needed) will count as **one** person.
- A ball caught under a wheelchair will be a side out for team who had possession.
School Fundraising Opportunities

PENGUIN PLUNGE
THE PATHWAY
PRE K – GRADE 12

YOUNG ATHLETES

ELEMENTARY

MIDDLE SCHOOL

HIGH SCHOOL

AND

BEYOND…