



**We're inviting all  
CAS-CIAC Member  
High Schools  
to join us in sharing  
Feel Good Moments!**



**Here's how it works:**

- You will be given a week during the school year to highlight "Feel Good Moments" at your school on social media.
- Post one "Feel Good Moment" each day for five days.
- Tag the CIAC — we'll share your posts to help spread positivity and school spirit across Connecticut.



@ciacathletics



@ciacsports



@ciacathletics



Connecticut Interscholastic  
Athletic Conference

**From big wins to small  
gestures of kindness, from  
student accomplishments to  
community celebrations -  
"Feel Good Moments"  
are everywhere!  
Let's share them!!**

**Scan or click the  
QR code to sign up!**

