

## J. PATRICK HOWLEY

J. Patrick Howley has devoted his professional life to supporting the developmental issues of children and adults. He has worked as both a teacher and counselor at every level of education: elementary school, middle school, high school, and both public and private colleges, such as Connecticut College, Sacred Heart University and Southern Connecticut State University.

With an advanced degree in counseling psychology, he consults with schools, fostering teamwork and child and adult development. In that capacity, he uses a wide range of tools to support individual growth and development, such as the Myers-Briggs Type Indicator and the Carol Pearson's Pearson-Marr Archetype Indicator. His recent work, using Pearson's archetypal framework, has been in developing leadership and teacher descriptions as well as two instruments for helping leaders and teachers to reflect on their archetypal energies. His recent article, *Developing Children, Developing Teachers: Twelve Archetypes for Promoting Reflection*, appeared in the Fall 2003 journal of the Connecticut Association for Supervision and Curriculum Development. Throughout his career in education, he also has maintained a private practice in counseling and consulting with individuals, and schools and business teams.

During his fifteen year tenure with the School Development Program his responsibilities included: leading the Principal's Academy each summer, directing the Teachers Helping Teachers program, and facilitating educators to reflect on their own adult development as they fostered child development in their schools. He also was the lead consultant to the Guilford County Public School System, Charlotte-Mecklenburg County Schools System, Dade County Public School System, Detroit Public School System. In addition he provided consultation to schools in South Carolina and New Jersey.

Approaching the latter part of his career, Patrick chose to return to serve to public education full time as a high school guidance counselor, applying what he had learned from his experience with Dr. Comer directly with high school students. Most recently he has made presentations to teachers and principals visiting our country from China on the topics of "What Effective Teachers Do in the Classroom" and "Archetypes of Leadership" and continues his consultation with schools and businesses.

In his extensive coaching of principals, he has integrated Eastern Philosophy with Western Psychology, the Mid-east, Europe and the United States using tools that he has learned from all over the world. Some selected principals that have guided his work include:

- "We need people who know themselves, who know their strengths and weaknesses-who don't victimize children with their own shortcomings." Dr. James P. Comer in an interview by Marla Ucelli 4/4/01
- "We need leaders who are facilitators-who facilitate a process that help people to attain their own goals. Who lay out structures then facilitate by engaging people in a process that allows others to take leadership." Dr. James P. Comer