

CONNECTICUT ADMINISTRATORS LEADERSHIP RETREAT

MARCH 17

THE SPA AT NORWICH INN

KEYNOTE
BRANDI LUST



BREAKOUT SESSIONS - ALL

SETTING BOUNDARIES: A TOOL FOR SUSTAINABILITY AND ENGAGEMENT

BRANDI LUST - TEACHER, WRITER, AND SPEAKER

Description: As those who serve communities, boundaries are necessary; when we don't honor them, our resources are quickly worn away by the words, actions, and circumstances of others. We are less engaged. We are prone to burnout. However, honoring the space we need for ourselves enhances rejuvenation; we are engaged for the work that matters to us. In this session, learn healthy boundary-setting tools that you can implement in your professional and personal life immediately.

BEST PRACTICES FOR IMPLEMENTING THE REIMAGINED EDUCATOR EVALUATION SYSTEM

JONATHAN P. COSTA, SR. - ASSISTANT EXECUTIVE DIRECTOR, EDADVANCE

Description: Jonathan Costa will facilitate a discussion regarding the implications and likely best practices that will emerge from an application of the newly developed guidelines for educator and administrator evaluation. These new frameworks will shift the focus of educator and administrator supervision to growth-oriented mindsets and emphasize timely and effective feedback as the primary tool for improving teaching and leadership practice. Jonathan will share best practice models and answer questions regarding the roll-out of the new educator and administrator guidelines.

WELL-BEING IN SCHOOLS: SYSTEMS AND INDIVIDUAL APPROACHES

LISA M. HAGERMOSER SANETTI, PHD - PROFESSOR, DEPARTMENT OF EDUCATIONAL PSYCHOLOGY NEAG SCHOOL OF EDUCATION, UNIVERSITY OF CONNECTICUT

Description: Attendees of this session will learn about two distinct, but complimentary, approaches to addressing well-being in schools. The first approach is a participatory, systems-level, quality improvement-focused approach to identifying and mitigating systems-level factors that detract from well-being. The second approach is an individual-level approach to navigating stressful or otherwise challenging thoughts, feelings, and situations while maintaining well-being.

WHEN SELF-CARE ISN'T ENOUGH, TRY COMMUNITY CARE

ANNE KUBITSKY - WRITER, ARTIST & FOUNDER LOOK FOR THE GOOD PROJECT

Description: This session will introduce you to the concept of community care and teach you how to uplift your school community with a simple art project. Keynote: Through her deceptively simple cartoon characters, Anne Kubitsky will teach you about stress, the nervous system, and how to recognize signs of burnout and community trauma. Anne has been running community care initiatives through the Look for the Good Project for the last 11 years, with her school-wide Gratitude Campaign program reaching 300,000 students in 35 states. She is formally trained in biology and art and was recognized by former President George HW Bush for her efforts to heal communities. Participants will practice kid-friendly nervous system-reset activities they can bring back to their school community.

USING THE TECH IN YOUR POCKET

LAUREN BASSELLINI, EDUCATION LEADERSHIP EXECUTIVE, APPLE

Description: Leaders are faced with many challenges today, and technology can be an important part of the solutions. So many leaders use an iPhone every day. What if they learned to leverage the built in power of the device to help them enhance their leadership skills? In this session, leaders will learn how to amplify walkthrough experiences, capture and promote success stories, inspire faculty, and focus on self-care all with built in features of the iPhone. Leaders will walk away with practical strategies they can immediately implement into their daily leadership practices.

THE ART OF HOLDING SPACE: LISTENING AS A KEY TO BALANCED LEADERSHIP

BRANDI LUST - TEACHER, WRITER, AND SPEAKER

Description: We spend 70-80% of our waking time communicating, and listening is the communication skill we use the most. Leaders, especially, are often key communicators responsible for maintaining understanding between students, teachers, parents, and school district leadership. However, there are myths that keep us from hearing others, and therefore understanding what's really needed in a situation. Learn about the crucial skill of listening, and how to apply it to leadership.

CREATING A COMMUNITY OF CARE THROUGH INTERSCHOOL STUDENT ATHLETE COLLABORATION

EASTERN CT CONFERENCE STUDENT LEADERS, ATHLETIC DIRECTORS, TEACHERS AND ADMINISTRATORS

Description: In this breakout session, attendees will learn how the Eastern Connecticut Conference (ECC) brought student-athletes from multiple schools together to develop expectations and actions that have enhanced inclusion throughout the conference. ECC student leaders, athletic directors, teachers and administrators will provide attendees with actionable steps that promote equity, diversity, and inclusion across multiple school communities.

TOP 10 STRATEGIES TO ADDRESS YOUR STRESS

LISA M. HAGERMOSER SANETTI, PHD - PROFESSOR, DEPARTMENT OF EDUCATIONAL PSYCHOLOGY NEAG SCHOOL OF EDUCATION, UNIVERSITY OF CONNECTICUT

Description: Attendees of this session will learn the three major sources of workplace stress that lead to burnout, multiple strategies to address each, and a process for putting these strategies into action. Resources to assist school leaders in enacting these strategies for themselves, and ideas for how to use them with their staff will be provided.

TECH + SEL = ENGAGED & INNOVATIVE LEARNERS

JENNIFER WARGIN, TEACHER & JEANA LIETZ, PRINCIPAL - OAK LAWN COMMUNITY HIGH SCHOOL, OAK LAWN, IL CONNECTICUT APPLE DISTINGUISHED EDUCATOR, JOAN MCGETTIGAN, DARIEN PUBLIC SCHOOLS

Description: Teaching social and emotional learning and encouraging students to be technically innovative do not have to be mutually exclusive. Building leaders will talk about how a focus on SEL has made their staff and students MORE innovative and connected to their learning. Learn how to engage your students by amping up the social and emotional learning in your classroom using both the CASEL and ISTE standards. We will share examples of successful lesson and unit plans and provide the tools to help you create your own, while focusing your building on growing their SEL capacity. We will also share how a Wellness Center can support your school's focus on SEL, how to use tech to connect more and how to inspire students to express themselves through creativity.

