

Proactive Recess Intervention



IF guidelines for individual playground activities and spaces are proactively developed, staff members are provided consistent training that supports the implementation of student-led problem solving approaches, and parents are engaged to model and support student play at recess alongside staff members, **THEN** we will empower students to advocate for their needs, solve social problems effectively and reenter class after recess available for learning.

Action Plan



Plan

Meet with building administration to review plan



Baseline Data

Surveys and focus groups with stakeholders



Training

Facilitate training session with recess staff



Recruitment

Recruit parent and community volunteers



Implementation

Communication, scheduling, recess rules, new equipment

1. *Plan*

We met with our building administrator to discuss:

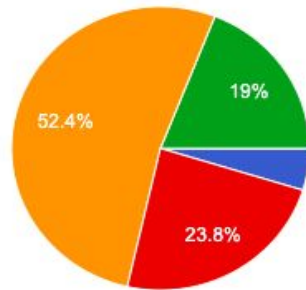
- Parent and staff surveys
- Staff training sessions
- Purchase of shed and new play equipment



2. Baseline Data- Surveys & Focus Groups

How do you feel recess is going for your class based on how your students re-enter the learning environment?

21 responses



● Very positive
 ● Somewhat positive
 ● Neutral
 ● Somewhat negative
 ● Very negative

Has your child shared any positive aspects of recess? If so, please provide examples.

50 responses

Being able to play with friends

Basketball hoops, gaga

Enjoys being with her friends at recess

Being able to get a mental break to reset and then start learning again.

My son likes playing soccer. Sometimes he plays a pretend game with other kids. My daughter hangs out on the swings with her friend group

Interaction. Exercise. Competition

She loves getting outside.

My child has mentioned that recess isn't long enough but otherwise doesn't talk about it.

Being outside, sports activities,

Recess Ideas

- 1) Corn hole
- 2) Hula hoops
- Sand pit
- 3) Fix the spiderweb - climbing area
- New balls
- New soccer nets
- 4) Fix the basketball nets
- Lacrosse sticks, wiffle ball bat / wiffle ball
- Leave the gaga pit
- Inground (all year) gaga pit
- Zipline
- Monkey bars
- Trampoline
- 5) Cover for over the picnic tables (shade)
- Play houses
- Baseball field lines

Supplies/Materials

- hoola hoops from gym
- jump ropes
- scooters
- new basketball ball nets
- soccer nets
- lines on field
- more chalk

Negative

teams are hard to make
 fighting
 kids yelling (angry)
 don't listen to aids
 people getting hurt
 bad choices and other people
 being punished a long time
 not using the field
 friend groups fighting with each other
 hard to share the blacktop
 ball hogs
 excluding
 hurt each other (telling and body)

kids talking while going to recess and everyone has wait

people get mad at those trying to help.

teachers end games when problems happen and we think we can handle them ourselves.

Good

Playground
 • Play w/ Friend

Climbing up Rock wall
 go down slides when wet

soccer, Gaga

Wants Change

red + green light
 lava monster

wants Trampoline



3. *Training*

- Playground Zones
- Recess monitor vs. play facilitator
- Conflict resolution
- Protocols:
 - Bathroom
 - Nurse
 - Large conflicts

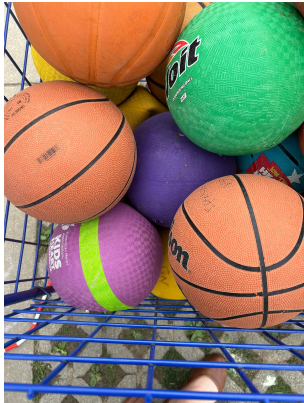
4. Recruitment



- 17 families expressed interest in volunteering on parent survey
- 1 parent has consistently volunteered and provided Yoga class for upper grade students
- We met with WHS and Mitchell College students

5. Implementation

Updated Equipment



Balls, hoola hoops, jump ropes, portable corn hole

Recess Rules

Swings

- Sit with your bottom on the swing and hold on with two hands
- Use your feet and legs to help the swing move
- Make sure the swing has stopped moving before you get off
- Swing forward and backward, not twisting or side to side
- You can swing high as long as the chains don't bounce
- Only be in the swing area if you are on a swing



Parent Volunteers



