



# PLAY-BASED LEARNING:

## Meeting Standards Through Purposeful Play While Supporting Executive Function Skills

Research shows that young children learn best through play. When children play, they are using many executive function components that are important learning and life skills – problem solving, self-regulation, cooperation with others, cognitive flexibility, negotiation, and creativity.

School and district leaders are invited to a **free** in-person workshop on July 19 titled “Play-Based Learning: Meeting Standards Through Purposeful Play While Supporting Executive Function Skills.” During this session, presenters Karen Gray and Melanie Smith-Cervera will explore how play-based learning can help address CT Core Standards while simultaneously providing children the opportunity to work on and apply executive function skills. The workshop will be held at the CAS Central Office, 30 Realty Drive, Cheshire, CT.

# JULY 19

9:00-11:30 AM

[REGISTER](#)

### PRESENTERS:



**KAREN GRAY**



**MELANIE SMITH-CERVERA**

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