



# PLAY-BASED LEARNING:

## Meeting Standards Through Purposeful Play While Supporting Executive Function Skills

Research shows that young children learn best through play. When children play, they are using many executive function components that are important learning and life skills – problem solving, self-regulation, cooperation, cognitive flexibility, negotiation, and creativity.

Superintendents, assistant superintendents and building principals are invited to a **free** in-person workshop on October 24. During this session, presenters Karen Gray and Melanie Smith-Cervera will explore how play-based learning can help address CT Core Standards while simultaneously providing children the opportunity to work on and apply executive function skills. The workshop will be held at the CAS Office, 30 Realty Drive, Cheshire, CT.

*This workshop is intended to be a catalyst for the implementation of purposeful play in the 23-24 school year as budgeting is being considered.*

**OCTOBER 24**  
9:00-11:30 AM

**REGISTER**

### PRESENTERS:



**KAREN GRAY**



**MELANIE SMITH-CERVERA**

[CLICK HERE FOR PRESENTER BIOS](#)