

**REVISED -- BOYS 2015-2016 CIAC GAME LIMITATIONS AND PRACTICE DATES**

<u>Sport</u>	<u>First Practice Date</u>	<u>Date of First Contest</u>	<u>Maximum Games Season</u>	<u>Minimum Games CIAC Tournament</u>	<u>Maximum Games Per Week</u>	<u>Last Date to Count Tournament</u>	<u>Tentative Tournament Dates</u>
Cross Country	<b>Aug. 27</b>	<b>Sept. 11</b>	14	4	2	Oct. 29	Class Oct. 31; Open Nov. 7; NE Nov. 14
Football	<b>See below (Conditioning – See below)</b>	<b>Sept. 11</b>	10	8	1	Nov. 26	<b>Quarters Dec. 1; Semis Dec. 6, 7; Finals Dec. 12</b>
Soccer	<b>Aug. 27</b>	<b>Sept. 11</b>	16	10	2 *	Nov. 5	Begin Nov. 9; Finals Nov. 20, 21
Basketball	<b>Dec. 5</b>	<b>Dec. 21</b>	20	12	2 *	Mar. 1	Begin Mar. 7; Finals Mar. 19, 20
Ice Hockey	<b>Dec. 5</b>	<b>Dec. 21</b>	20	12	2 *	Mar. 3	Begin Mar. 7; Finals Mar. 18, 19
Indoor Track	<b>Dec. 5</b>	<b>Dec. 21</b>	14	1	2	Feb. 8	Class Feb. 11, 12, 13; Open Feb. 20; <b>NE Feb. 26</b>
Swimming	<b>Dec. 5</b>	<b>Dec. 21</b>	18	4	2 *	Mar. 5	Qual. Mar. 12; Class Mar. 15, 16, Open Mar. 19
Wrestling	Nov. 30	<b>Dec. 15</b>	18 **	8	2	Feb. 10	Class Feb. 19, 20; Open Feb. 26, 27; NE Mar. 4, 5 (* ** 8 of 18 may be multi-meets)
Baseball	<b>Mar. 19</b> (Conditioning Mar. 14)	<b>Apr. 4</b>	20	12	3	May 26	Begin May 31; Finals June 10, 11
Golf	<b>Mar. 19</b>	<b>Apr. 4</b>	16	10	3	June 1	All classes June 6, 7 or 8, <b>NE June 20</b>
Lacrosse	<b>Mar. 19</b>	<b>Apr. 4</b>	16	10	2 *	May 25	Begin May 31; Finals June 11
Tennis	<b>Mar. 19</b>	<b>Apr. 4</b>	20	10	3	May 26	Classes May 28, 31, June 1, 2; Open June 4, 6, 7
Track	<b>Mar. 19</b>	<b>Apr. 4</b>	16	1	2	May 25	Class May 31, June 1, 2; Open June 6; NE June 11, Decathlon June 14, 15
Volleyball	<b>Mar. 19</b>	<b>Apr. 4</b>	20**	12	3	May 26	Begin May 31; Finals June 10 (* ** 2 of 20 may be non-counting Multi-team tournaments)

Important Holidays

Labor Day – September 7, 2015 / Thanksgiving Day -- November 26, 2015 / Memorial Day – May 30, 2016

WHEN PLAY DOWN GAMES ARE NECESSARY, THESE GAMES WILL BE SCHEDULED PRIOR TO THE FIRST TOURNAMENT DATE LISTED ABOVE.

\* Exception: May schedule three (3) contests in a week four (4) times during the regular season.

Required practice days – **Team** – 14 days / **Individual** – 10 days

**Spring Football Practice** -- To start no earlier than the Friday before Memorial Day to extend for a maximum of ten (10) days.

**FOOTBALL CONDITIONING / FIRST PRACTICE DATE / SPRING FOOTBALL** (Refer to Section 4.29.D. in the CIAC handbook for the rules and regulations governing spring football, conditioning week, and the practice options.)

Conditioning week (NO spring practice) – **Mon., August 17** / First contact practice – **Sat., August 22**  
Conditioning week (HELD spring practice) – **Fri., August 21** / First contact practice – **Thurs., August 27**

**\*\*\* Sunday practices may be counted to fulfill the 14 day requirement.**

**REVISED -- GIRLS 2015-2016 CIAC GAME LIMITATIONS AND PRACTICE DATES**

<u>Sport</u>	<u>First Practice Date</u>	<u>Date of First Contest</u>	<u>Maximum Games Season</u>	<u>Minimum Games CIAC Tournament</u>	<u>Maximum Games Per Week</u>	<u>Last Date to Count Tournament</u>	<u>Tentative Tournament Dates</u>
Cross Country	<b>Aug. 27</b>	<b>Sept. 11</b>	14	4	2	Oct. 29	Class Oct. 31; Open Nov. 7; NE Nov. 14
Field Hockey	<b>Aug. 27</b>	<b>Sept. 11</b>	16	10	2 *	Nov. 5	Begin Nov. 9; Finals Nov. 21
Soccer	<b>Aug. 27</b>	<b>Sept. 11</b>	16	10	2 *	Nov. 5	Begin Nov. 9; Finals Nov. 20, 21
Swimming	<b>Aug. 27</b>	<b>Sept. 11</b>	<b>18</b>	4	2 *	Nov. 7	Qual Nov. 14; Class Nov. 17, 18; Open Nov. 21
Volleyball	<b>Aug. 27</b>	<b>Sept. 11</b>	20 ** (*2 of 20 may be non-counting Multi-team tournaments)	12	3	Nov.5	Begin Nov. 9; Finals Nov. 20, 21
Basketball	<b>Nov. 30</b>	<b>Dec. 15</b>	20	12	2 *	Feb. 23	Begin Feb. 29; Finals Mar 19, 20
Gymnastics	<b>Dec. 5</b>	<b>Dec. 21</b>	14	6	2	Feb. 22	Team/Ind. Feb. 27; Open Mar 5; NE Mar 12
Indoor Track	<b>Dec. 5</b>	<b>Dec. 21</b>	14	1	2	Feb. 8	Class Feb. 11, 12, 13; Open Feb. 20; <b>NE Feb. 26</b>
Golf	<b>Mar. 19</b>	<b>Apr. 4</b>	16	10	3	June 1	June 6, 7 or 8; <b>NE June 20</b>
Lacrosse	<b>Mar. 19</b>	<b>Apr. 4</b>	16	10	2 *	May 25	Begin May 31; Finals June 11
Softball	<b>Mar. 19</b>	<b>Apr. 4</b>	20	12	3	May 26	Begin May 31; Finals June 10, 11
Tennis	<b>Mar. 19</b>	<b>Apr. 4</b>	20	10	3	May 26	Class May 28, 31, June 1, 2; Ind June 4, 6, 7
Track	<b>Mar. 19</b>	<b>Apr. 4</b>	16	1	2	May 25	Class May 31, June 1, 2; Open June 6; NE June 11, Heptathlon June 14, 15

Important Holidays

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