

# CAS-CIAC Student Athletic Advisory Board's Final Presentation







# **Class Act Playbook**

# **Monthly Themes**

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# Overview

- Purpose of the Playbook
- Core Values and Goals
- Monthly Theme Overview
- September through June
- Sample Activities & Events
- Toolkits & Resources
- Documenting Impact





# Purpose of the Playbook

- Guide schools with monthly themes to strengthen school culture
- Aligns with core values: respect, teamwork, accountability, and community
- Promotes leadership and student voice



# Core Values and Goals

RESPECT

For self,  
teammates,  
coaches,  
officials

TEAMWORK

Collaboration  
on and off the  
field

ACCOUNTABILITY

Ownership of  
actions and  
roles

COMMUNITY

Giving back  
and building  
connections





# Monthly Theme Overview

September: Respect & Responsibility

October: Inclusivity in Action

November: Gratitude & Giving Back

December: Celebrating Diversity

January: Leadership & Goal Setting

February: Empathy & Kindness

March: Resilience & Perseverance

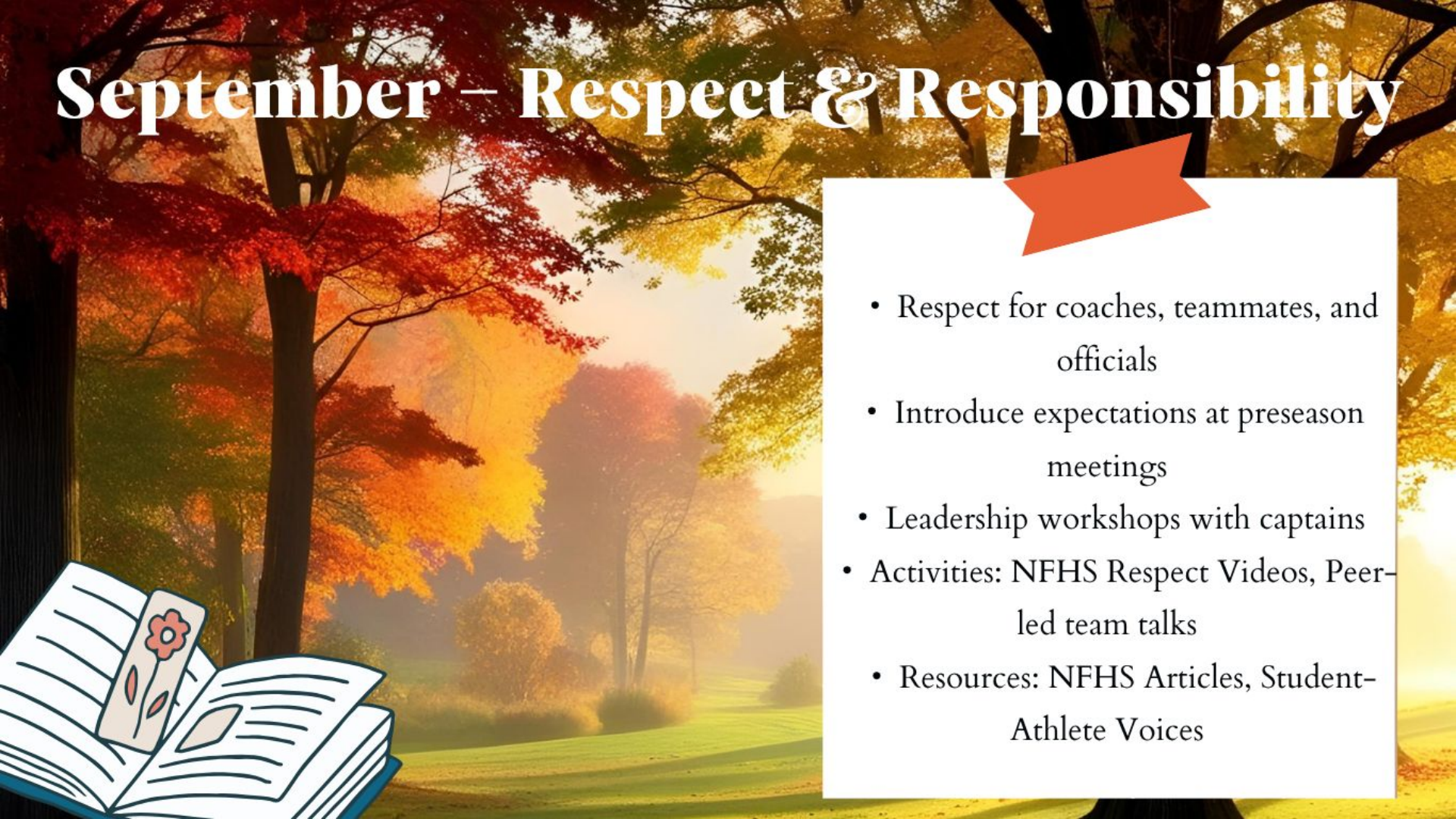

April: Community Connection

May: Celebrating Success

June: Reflection & Planning Ahead



# September – Respect & Responsibility

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- Respect for coaches, teammates, and officials
  - Introduce expectations at preseason meetings
  - Leadership workshops with captains
  - Activities: NFHS Respect Videos, Peer-led team talks
  - Resources: NFHS Articles, Student-Athlete Voices



# October – Inclusivity in Action

- Celebrate differences and promote belonging
- Unified sports spotlights
- Mix-it-up lunch days or peer-pairing
- Host inclusive team-building events





# November – Gratitude & Giving Back



- Organize service projects or donation drives
- Handwritten thank-you notes to coaches/staff
- Reflect on what you're grateful for

# December – Celebrating Diversity

- Spotlight different cultures and holidays
- Create a culture wall or diversity tree
- Invite guest speakers to share traditions





# January – Leadership & Goal Setting



- Set team and personal goals
- Start the year with a leadership summit
- NFHS Student Leadership Course



# February – Empathy & Kindness

- Kindness week or buddy days
- Random Acts of Kindness challenge
- Share peer shoutouts or compliments



# March – Resilience & Perseverance



- Highlight stories of overcoming challenges
- Teach strategies for mental toughness
- Bring in athlete speakers

# April – Community Connection

- Field days hosted by athletes
- Pen-pal or mentorship programs with younger students
- Spring clean-up projects





# May – Celebrating Success



- Year-end awards or spirit rallies
- Highlight team achievements and personal growth
- Unified and varsity senior recognitions

# June – Reflection & Planning Ahead

- Survey and journal prompts for reflection
- Start thinking about next year's themes
- Encourage summer leadership growth



# Sample Activities & Events

- Monthly assemblies and guest speakers
  - Field days led by HS athletes
  - Unified sports recognition nights
  - Team bonding workshops
- Monthly awards and challenges





# Toolkits & Resources

- NFHS Student Leadership Courses
- Team Bonding Activities (Group Dynamix)
- Collaboration in Education Examples
- Create a Captain's Council



# Documenting Impact

- Monthly reflection journals
- End-of-year student survey
- Activity log sheets
- Feedback forms for improvement



# **Let's Build Stronger School Culture Together**

