CAS-CIAC is excited to announce the second year of the Student Athletic Advisory Board. An offshoot of the successful “Class Act Schools” initiative, the statewide advisory board empowers students to promote good sportsmanship within their leagues and to address other issues regarding athletics.

In addition, students will be able to share their respective experiences and highlights so that they can learn from each other and take great ideas back to their own leagues. Students will now have a voice to promote and improve respect, teamwork, and character in all of our Class Act schools and beyond.

Selections should be made athletic directors, principals, and league commissioners, then sent to Cherese Miller at cmiller@casciac.org by October 4, 2019.

Purpose

• Educate students, staff, parents and spectators on what the expectations are for a Class Act School
• Voice all concerns dealing with athletics within the different schools
• Have dialogues about the positive aspects of athletics and brainstorm ways to make it even better
• Develop and implement ideas for promoting good sportsmanship statewide

Students

• The SAAB will consist of 4 students from each league
  • 4 students with each student representing a different school within the league
• Student requirements
  • Complete an application provided by CAS-CIAC
  • Write a letter of interest
  • Submit a recommendation letter from a teacher, coach, or any staff member

Meetings

• Four meetings a year typically take place at the CAS-CIAC central office in Cheshire in October, January, March and June. We may have an off-site meeting, as well.
• Transportation must be provided by parents or guardians. Mileage reimbursement is an option to help with the travel costs.
Berkshire League
The Gilbert School, Winsted
Housatonic Valley Reg. High School, Falls Village
Nonnewaug High School, Woodbury
Northwestern Regional High School, Winsted
Shepaug Valley High School, Washington

Capital Region Athletic League
Academy of Aerospace & Engineering (AAE), Windsor
Academy of Science & Innovation, New Britain
Achievement First Charter High School
Metropolitan Learning Center (MLC), Bloomfield
Civic Leadership, Enfield
Parish Hill High School, Chaplin
University High School of Science and Engineering

Central Connecticut Conference
Avon High School
Berlin High School
Bloomfield High School
Bristol Central High School
East Catholic High School, Manchester
Enfield High School
Glastonbury High School
Lewis Mills High School, Burlington
Manchester High School
Middletown High School
Newington High School
Plainville High School
Rocky Hill High School
Simsbury High School
Southington High School
Tolland High School

Connecticut Technical Conference
Henry Abbott Tech. High School, Danbury
Harvard Ellis Tech. High School, Danielson
E.C. Goodwin Tech. High School, New Britain
Ella Grasso Southeastern Tech. High School, Groton
W.F. Kaynor Tech. High School, Waterbury
Norwich Tech. High School
Emmett O’Brien Tech. High School, Ansonia
H.C. Wilcox Technical High School, Meriden
Howell Cheney Technical High School, Manchester
Platt Tech. High School, Milford
Vinal Technical High School, Middletown
Windham Tech. High School
Oliver Wolcott Tech. High School, Torrington
J.M. Wright Technical High School, Stamford

Eastern Connecticut Conference
Bacon Academy, Colchester
East Lyme High School
Robert E. Fitch High School, Groton
Griswold High School
Killingly High School
Ledyard High School
Lyman Memorial High School, Lebanon
New London High School
Norwich Free Academy
Putnam High School
Saint Bernard School, Uncasville
Stonington High School
Tourtellotte Memorial High School, No. Grosvenordale
Waterford High School
Wheeler High School, North Stonington
Windham High School
Woodstock Academy

Fairfield County Interscholastic Athletic Conference
Brien McMahon High School, Norwalk
Norwalk High School
St. Joseph High School, Trumbull
Stamford High School
Staples High School, Westport
Westhill High School, Stamford
Wilton High School

Naugatuck Valley Conference
Derby High School
Holy Cross High School, Waterbury
Sacred Heart High School, Waterbury
Seymour High School
St. Paul Catholic High School, Bristol
Torrington High School
Wolcott High School
Woodland Regional High School, Beacon Falls
North Central Connecticut Conference
Canton High School
Coventry High School
East Windsor High School
Granby Memorial High School
Stafford High School
Suffield High School

Shoreline Conference
Coginchaug Reg. High School, Durham
Cromwell High School
Haddam-Killingworth High School, Higganum
Nathan Hale Ray High School, E. Haddam
The Morgan School, Clinton
North Branford High School
Old Lyme High School
Old Saybrook High School
Portland High School
Valley Reg. High School, Deep River
Westbrook High School

South Western Conference
Bethel High School
Brookfield High School
Bunnell High School, Stratford
Immaculate High School, Danbury
Joel Barlow High School, Redding
Kolbe-Cathedral High School, Bridgeport
Masuk High School, Monroe
New Fairfield High School
New Milford High School
Newtown High School
Notre Dame Catholic High School, Fairfield
Pomperaug High School, Southbury
Stratford High School
Weston High School

Southern Connecticut Conference
Amity Reg. High School, Woodbridge
Branford High School
Cheshire High School
Daniel Hand High School, Madison
East Haven High School
Joseph Foran High School, Milford
Jonathan Law High School, Milford
Academy of Our Lady of Mercy - Lauralton Hall, Milford
North Haven High School
Sheehan High School, Wallingford
Shelton High School
West Haven High School