

2.0 CIAC STORY

2.1 WHOM TO SPEAK TO IN THE CENTRAL OFFICE

Financial Matters --	Dr. Lungarini, Mrs. Novicelli
CIAC, CIAC Handbook --	Dr. Lungarini, Mr. Simon, Mr. Scavone, Mr. Velardi, Mr. Rondon
Special Programs, Banquets, Conferences --	Mrs. Packtor
Tournament Forms, Deadlines --	Mrs. Sylvester
Tournament Regulations --	Mr. Simon, Mr. Scavone, Mr. Velardi, Mr. Rondon
Tickets --	Mrs. Herrmann-Brown
Rulebooks --	Mrs. Herrmann-Brown
Eligibility Questions --	Mr. Simon, Mr. Scavone, Mr. Velardi, Mr. Rondon
Transfer Notifications --	Mr. Simon
Unified Sports Questions --	Mr. Niski, Mr. Trifone, Ms. Davey
CIAC Officials' Association --	Mr. Scavone
Coaches Certification & Recertification --	Mr. Balsamo, Mrs. Herrmann-Brown
Athletic Program Evaluation --	Dr. Lungarini
Marketing and Corporate Sponsorships --	Mr. Cobb, Ms. Guarino
Media --	Mr. Holt, Ms. Kaminski, Ms. Mirabelle
Transgender Policy --	Dr. Lungarini
Technology	Ms. Mirabelle

CIAC STAFF – GENERAL COMMITTEE RESPONSIBILITIES

Gregg Simon --	Cooperative Team – Officials Committee – Sportsmanship – Eligibility Review Board – Liaison to CIAC Board of Control – CIAC Hearings – Scholar-Athlete Banquet – Hall of Honor – Will oversee all CIAC committees – Transfer Notifications – New AD Workshop – Sportsmanship Conference
Dan Scavone --	Seasons Limitations – New AD Workshop – CIAC Officials Association Advisory Board – NFHS Sanctioning
Joe Velardi --	Sportsmanship – Sports Medicine

CIAC STAFF – SPORT COMMITTEE RESPONSIBILITIES

Fall Season

Gregg Simon	-- B/G Soccer – Football
Dan Scavone	-- Field Hockey
Joe Velardi	-- G Swimming – G Volleyball, B Fall Golf
Henry Rondon	-- B/G Cross Country

Winter Season

Gregg Simon	-- B/G Basketball
Dan Scavone	-- Wrestling
Corey Plasky	-- Bowling
Henry Rondon	-- B/G Indoor Track, Ice Hockey
Joe Velardi	-- B Swimming, G Gymnastics

Spring

Gregg Simon	-- B/G Tennis
Dan Scavone	-- B/G Lacrosse
Henry Rondon	-- B/G Outdoor Track, Baseball, Softball
Joe Velardi	-- B/G Golf, B Volleyball

GIRLS 2026-2027 CIAC GAME LIMITATIONS AND PRACTICE DATES

<u>Sport</u>	<u>First Practice Date</u>	<u>Date of First Contest</u>	<u>Maximum Games Season</u>	<u>Minimum Games CIAC Tournament</u>	<u>Maximum Games Per Week</u>	<u>Last Date to Count Tournament</u>	<u>Tentative Tournament Dates</u>
Cross Country	Aug. 24	Sept. 8	14	4	2	Oct. 29	Class Oct. 31; Open Nov. 6; NE Nov. 14
Field Hockey	Aug. 24	Sept. 8	16	10	2 *	Nov. 2	Qual. Nov. 5, 7; Begin Nov. 10; Finals Nov. 21
Soccer	Aug. 24	Sept. 8	16	10	2 *	Nov. 2	Qual. Nov. 4; Begin Nov. 6; Finals Nov. 21, 22
Swimming	Aug. 24	Sept. 8	18	4	2 *	Nov. 7	Qual. Nov. 14; Class Nov. 17, 18; Open Nov. 21, 22 (tentative pending facilities)
Volleyball	Aug. 24	Sept. 8	20 **	12	3	Nov. 5	Qual. Nov. 7; Begin Nov. 9; Finals TBA Nov. 20 or 21
			(**3 of 20 may be non-counting Multi-team tournaments)				
Basketball	Nov. 30	Dec. 11	20	12	2 *	Feb. 26	Qual. Mar. 3; Begin Mar. 5; Finals Mar. 20, 21
Gymnastics	Dec. 3	Dec. 17	14	6	2	Feb. 22	Team/Ind. Feb. 27; Open Mar 6; NE Mar 13
Indoor Track	Dec. 3	Dec. 17	14	1	2	Feb. 15	Class Feb. 18, 19, 20; Open Feb. 27; NE Mar .6
Golf	Mar. 20	Mar. 29	16 ***	10	3	June 2	All classes June 7, 8, 9; Open June 11 (tentative)
Lacrosse	Mar. 20	Apr. 3	16	10	2 *	May 26	Begin May 28 or 29; Finals June 13
Softball	Mar. 20	Apr. 3 (Conditioning Mar. 13)	20	12	3	May 27	Qual. May 29; Begin June 1; Finals June 12
Tennis	Mar. 20	Apr. 3	20	10	3	May 26	Class May 28, 29, June 1, 2, 3; Ind June 6, 7, 8, 9
Track	Mar. 20	Apr. 3	16	1	2	May 26	Class May 29, 30, June 1; Open June 5; NE June 12, Heptathlon June 15, 16

Important Holidays

Labor Day – September 7, 2026 / Thanksgiving Day -- November 26, 2026
Memorial Day – May 31, 2027

WHEN PLAY DOWN GAMES ARE NECESSARY, THESE GAMES WILL BE SCHEDULED PRIOR TO THE FIRST TOURNAMENT DATE LISTED ABOVE.

* Exception: May schedule three (3) contests in a week four (4) times during the regular season.

**Exception: For this year only the Boys and Girls Basketball season has been altered to accommodate a scheduling conflict at Mohegan Sun Arena.

***Exception: Girls Golf may schedule "in-season tournaments" on two additional dates that will not count toward qualifying for the state tournament as a team or as individuals.

Required Practice Days – Team – 10 days / Individuals – 10 days -- Sunday practices may be counted to fulfill the 10 day requirement.

All sports teams and individual athletes must have a minimum of ten (10) physical/exertional practice days with their school before the date of the first scheduled competition.

No team/athlete shall practice/compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy.

BOYS 2026-2027 CIAC GAME LIMITATIONS AND PRACTICE DATES

<u>Sport</u>	<u>First Practice Date</u>	<u>Date of First Contest</u>	<u>Maximum Games Season</u>	<u>Minimum Games CIAC Tournament</u>	<u>Maximum Games Per Week</u>	<u>Last Date to Count Tournament</u>	<u>Tentative Tournament Dates</u>
Cross Country	Aug. 24	Sept. 8	14	4	2	Oct. 29	Class Oct. 31; Open Nov. 6; NE Nov. 14
Fall Golf	Aug. 10	Aug. 18	16 ***	10	3	Oct. 14	Divisionals Week of Oct. 19; NE Oct 25, 26
Football	See below Sept. 10 (Conditioning – See below)		10	8	1	Nov. 26	Quarters Dec. 1; Semis Dec. 6; Finals Dec. 11, 12
Soccer	Aug. 24	Sept. 8	16	10	2 *	Nov. 2	Qual. Nov. 4; Begin Nov. 7; Finals Nov. 21, 22
Basketball	Dec. 3	Dec. 15	20	12	2 *	Mar. 1	Qual. Mar. 3; Begin Mar. 5 Finals Mar. 20, 21
Ice Hockey	Nov. 30	Dec. 14	20	12	2 *	Mar. 4	Begin Mar. 8; Finals Mar. 18, 22, 23
Indoor Track	Dec. 3	Dec. 17	14	1	2	Feb. 15	Class Feb. 18, 19, 20; Open Feb. 27; NE Mar. 6
Swimming	Dec. 3	Dec. 17	18	4	2 *	Feb. 27	Qual. Mar. 6; Class Mar. 8, 9, 10; Open Mar. 13 (tentative – pending facilities)
Wrestling	Nov. 30	Dec. 14	18 **	8	2	Feb. 14	Class Feb. 19, 20; Open Feb. 26, 27; NE Mar. 6, 7
(** 8 of 18 may be multi-meets)							
Baseball	Mar. 20	Apr. 3	20	12	3	May 27	Qual. May 29; Begin June 1; Finals June 11, 12
Golf	(Conditioning Mar. 13)		16 ***	10	3	June 2	All Classes June 7, 8, 9; Open June 11 (tentative)
Lacrosse	Mar. 20	Apr. 3	16	10	2 *	May 26	Begin May 28; Finals June 12
Tennis	Mar. 20	Apr. 3	20	10	3	May 26	Classes May 28, 29, June 1, 2, 3; Open June 6, 7, 8, 9
Track	Mar. 20	Apr. 3	16	1	2	May 26	Class May 29, 30, June 1; Open June 5; NE June 12. Decathlon June 15, 16
Volleyball	Mar. 20	Apr. 3	20**	12	3	May 26	Begin June 2; Finals June 10 (tentative)
(**3 of 20 may be non-counting Multi-team tournaments)							

Important Holidays

Labor Day – September 7, 2026 / Thanksgiving Day -- November 26, 2026 / Memorial Day – May 31, 2027

WHEN PLAY DOWN GAMES ARE NECESSARY, THESE GAMES WILL BE SCHEDULED PRIOR TO THE FIRST TOURNAMENT DATE LISTED ABOVE.

* Exception: May schedule three (3) contests in a week four (4) times during the regular season.

*** Exception: Boys Golf – may schedule “In Season Tournaments” on two additional dates that will not count toward qualifying for the state tournament as a team or as individuals.

Required practice days – Team – 10 days / Individual – 10 days -- Sunday practices may be counted to fulfill the 10 day requirement.

All sports teams and individual athletes must have a minimum of ten (10) physical/exertional practice days with their school before the date of the first scheduled competition.
No team/athlete shall practice/compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy.

FOOTBALL – ORGANIZED TRAINING ACTIVITIES (OTA's) – Thursday, August 13; Friday, August 14; Saturday, August 15, 2026 (SUNDAY, AUGUST 16 IS PROHIBITED)

Conditioning Week – Monday, August 17, 2026

First Contact Practice – Saturday, August 22, 2026

SUMMER OF 2027 OUT OF SEASON COACHING OPPORTUNITIES – START JUNE 14, END AUGUST 7

Change
for 2027

THE CONNECTICUT ASSOCIATION OF SCHOOLS
The 74th Annual Meeting
June 2026

PROPOSED CHANGE TO THE CIAC BYLAWS

Article IX (Rules of Eligibility), Section I (Scholarship)
(Appendix B of the CIAC Handbook)

Explanation of Proposed Change:

The proposed revision to Article IX, Section I, has two phases. The first phase, effective July 1, 2026, modernizes and clarifies the CIAC scholarship/eligibility rule while aligning it with recent changes in Connecticut law. The proposed language replaces the outdated term "Carnegie Units" with "credits," reflecting current educational terminology. In addition, language stating that schools may establish more rigorous academic eligibility standards than the CIAC minimum standard will be removed. This change is necessary to comply with Connecticut Public Act No. 26-139, which requires that, by July 1, 2027, local and regional boards of education may not impose academic eligibility standards for interscholastic athletics that exceed those established by the CIAC.

The second phase of the proposal, effective July 1, 2027, increases the number of credits required for interscholastic athletic academic eligibility from four (4) to five (5). This adjustment aligns athletic eligibility expectations more closely with the academic requirements placed on Connecticut high school students and reinforces the importance of maintaining meaningful academic progress while participating in interscholastic athletics.

IMPORTANT CLARIFICATION: For the 2026-2027 school year, schools may continue to utilize their current local athletic academic eligibility policies. However, if this change is approved by the membership, students will be required to earn a minimum of five (5) credits toward graduation during the 2026-2027 school year to be eligible for participation in Fall 2027.

PROPOSED ADDITIONS IN RED / PROPOSED DELETIONS IN STRIKETHROUGH

In effect beginning July 1, 2026

ARTICLE IX

I. SCHOLARSHIP

For purpose of this rule the term "credit" has the meanings prescribed in Connecticut General Statutes § 10-221a. ~~the term "unit" refers to the traditional Carnegie Unit. A Carnegie Unit is herein defined as "200 minutes of recitation during a period of five consecutive school days for an entire school year." Principals may equate any course offering with the Carnegie Unit, no matter what the scheduling pattern, by referring to the following: if a course is scheduled a minimum of 200 minutes during a period of five consecutive school days for a traditional nine-week marking period and awards at least ¼ credit for that period, including independent study, that course should be considered one-quarter of a~~

~~Carnegie Unit of work; mini-courses, tri-semester courses, alternative school programs, shared time programs, D.E., D.W.E., and other cooperative community programs must meet the minimum time and credit requirements above to be considered a quarter of a Carnegie Unit of work.~~

A. To be eligible for fall sports, a student must have received four (4) credits toward graduation at the close of the preceding school year for which the student has not previously received credit. ~~credit toward graduation at the close of the school year preceding the contest in at least four (4) Carnegie Units of work or its equivalent for which he or she has not previously received credit. "Equivalent" is any number of courses that are equal to one Carnegie Unit.~~ Credit must be earned during the same academic year.

Through the PPT process or Section 504 meeting, the principal will determine what constitutes an identified student's equivalent of ~~four (4) Carnegie Units, or~~ four (4) credits for athletic purposes. To this end, the principal shall rely on the student's most recent IEP or Section 504 Plan to make the determination. A student enrolling in ninth grade for the first time will be eligible for the first grading period regardless of their previous academic achievement. Thereafter, to be eligible, a student in grades 9-12 must meet the requirements set forth in Rule I.B.

B. A student cannot at any time represent a school unless taking at least four (4) credits - ~~Carnegie Units of work or its equivalent.~~ During the school year, a student must have received a passing mark in at least four (4) quarter credits ~~Carnegie Units of work or its equivalent at the end of the regular marking period preceding the contest.~~ Student eligibility will be determined on the date official grades are posted for all students (whole-school eligibility) or on the fourteenth calendar day following the end of the marking period, whichever comes first. The means by which official grades are distributed to all students will be determined by the school. No credit or equivalent for which the student has already received credit shall be included in those required by this rule.

C. If computer, arena, or hand scheduling assigns an athlete less than four (4) quarter credits ~~Carnegie Units~~ or equivalent of work in a marking period, that student is ineligible unless additional courses needed are added to the schedule.

D. Scholastic failures cannot be made up for eligibility purposes in any manner until the next report, except that credits earned during the summer by any regularly approved board of education procedure will be accepted for the purpose of determining the eligibility of students desiring to participate in the athletic program of the school in September. Scholastic incompletes must be made up within ten (10) school days following the date that student eligibility was determined for the respective marking period as defined above. Incomplete grades are not to be considered as passing grades.

~~It should be understood that the above regulations are minimal and do not prohibit a school from establishing more rigid eligibility standards.~~

Marking period grades (not semester grades) are to be used in determining scholastic eligibility to participate in interscholastic athletics during any given marking period.

The final academic grade average determines fall eligibility. Semester courses or mini courses completed earlier in the school year may be counted toward the four (4) ~~units~~ credits used to determine eligibility for the fall season. Year-end failures may be made up by successfully completing LEA-approved summer schoolwork in the failed courses.

In effect beginning July 1, 2027

Article IX, Section I (SCHOLARSHIP)

For purpose of this rule, the term "credit" has the meaning prescribed in Connecticut General Statutes § 10-221a.

A. To be eligible for fall sports, a student must have received five (5) ~~four (4)~~ credits toward graduation at the close of the preceding school year, for which the student has not previously received credit. Credit must be earned during the same academic year.

Through the PPT process or Section 504 meeting, the principal will decide on what constitutes an identified student's equivalent of five (5) ~~four (4)~~ credits for athletic purposes. To this end, the principal shall rely on the student's most recent IEP or Section 504 Plan to make the determination. A student enrolling in ninth grade for the first time will be eligible for the first grading period regardless of their previous academic achievement. Thereafter, to be eligible, a student in grades 9-12 must meet the requirements set forth in Rule I.B.

B. A student cannot at any time represent a school unless taking at least five (5) ~~four (4)~~ credits of work or its equivalent. During the school year, a student must have received a passing mark in at least five (5) ~~four (4)~~ quarter credits of work or its equivalent at the end of the regular marking period preceding the contest. Student eligibility will be determined on the date official grades are posted for all students (whole-school eligibility) or on the fourteenth calendar day following the end of the marking period, whichever comes first. The means by which official grades are distributed to all students will be determined by the school. No credit or equivalent for which the student has already received credit shall be included in those required by this rule.

C. If computers, arena, or hand scheduling assigns an athlete less than five (5) ~~four (4)~~ quarter credits or equivalent of work in a marking period, that student is ineligible unless additional courses needed are added to the schedule.

D. Scholastic failures cannot be made up for eligibility purposes in any manner until the next report, except that credits earned during the summer by any regularly approved board of education procedure will be accepted for the purpose of determining the eligibility of students desiring to participate in the athletic program of the school in September. Scholastic incompletes must be made up within ten (10) school days following the date that student eligibility was determined for the respective marking period as defined above. Incomplete grades are not to be considered as passing grades.

Marking period grades (not semester grades) are to be used in determining scholastic eligibility to participate in interscholastic athletics during any given marking period.

The final academic grade average determines fall eligibility. Semester courses or mini courses completed earlier in the school year may be counted toward the five (5) ~~four (4)~~ credits used to determine eligibility for the fall season. Year-end failures may be made up by successfully completing LEA-approved summer schoolwork in the failed courses.

In alignment with Public Act No. 26-139, not later than July 1, 2027, no local or regional board of education shall require students in grades nine to twelve, inclusive, who participate in any interscholastic athletics to meet or exceed academic eligibility standards that are higher than the academic eligibility standards established by the Connecticut Interscholastic Athletic Conference.

APPENDIX A
CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
2025-26 MEMBERSHIP AGREEMENT

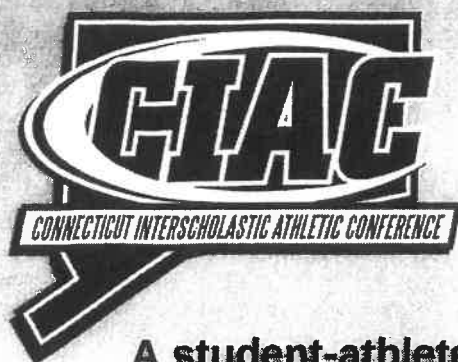
The Connecticut Interscholastic Athletic Conference (CIAC) is a private, voluntary, nonprofit subsidiary of the Connecticut Association of Schools, Inc. (CAS). The Conference is comprised of public and non-public high schools which are approved by the State Board of Education for certification and tuition purposes, whose boards of education/governing bodies have voluntarily applied for and received membership on behalf of their secondary schools. No school may be considered for membership in CIAC which has not been admitted to general membership in CAS. CIAC sponsors statewide tournaments and makes eligibility rules with respect to participation in such CIAC-sponsored tournaments in various sports. Each board of education/governing body that wishes to participate in such meets and tournaments must join the CIAC and agree to abide by and enforce the rules, regulations and qualifications concerning eligibility, game rules, and tournament policies and procedures of CIAC.

Institutional members of CAS-CIAC participating in any interscholastic activity or contest shall be subject to the rules and regulations established by the appropriate board of control for that activity or contest.

**AUTHORITY AND RESPONSIBILITY OF MEMBER SCHOOLS REGARDING
CIAC BY-LAWS AND REGULATIONS**

As the voting representative to the association and as a condition of membership, member school principals will be responsible for the following: (CIAC By-law Article III, Section B)

1. All member schools have a data privacy agreement with CAS-CIAC that continues with this agreement. Any school entering as a new CAS-CIAC member should confirm an agreement for their district is in place.
2. Knowing and adhering to the rules and regulations of CIAC
3. Requiring appropriate school personnel to attend CIAC rules and regulations workshops on an annual basis.
4. Educating athletic director, guidance faculty and other appropriate faculty and staff on the rules and regulations of CIAC.
5. Requiring mandatory meetings at the start of each season with coaches, student-athletes and their parents (guardian) to review CIAC rules and regulations.
6. Developing a written athletic handbook and contract for all student-athletes which delineates CIAC rules of eligibility and is signed by the student-athlete and parent prior to participation.
7. Requiring all members of the certified coaching staff to attend pre-season game rules interpretation meetings in their sport at the local, regional or state level.
8. Reporting all violations of CIAC rules and regulations in a timely manner.
9. Establishing a protocol for processing eligibility questions from student-athletes, parents, and coaches within their school.
10. Requiring all newly appointed athletic directors to attend the CIAC summer workshop on CIAC rules and regulations.
11. Meeting financial obligations for CIAC dues by September 15 annually.
12. Filing a signed annual membership agreement by September 15.
13. Meeting financial obligations for all CIAC tournament fees by the stated deadlines.
14. Meeting all financial obligations to game officials within thirty (30) days of the event.
15. Ensuring that its regional or local board of education is in compliance with the legislation requiring the implementation of a state-and-CIAC-approved concussion education plan. Such plan shall utilize written materials, online training videos or in-person training and shall address, minimally, the signs and symptoms of a concussion; the means of obtaining proper medical treatment for a person suspected of sustaining a concussion; the nature and risks of concussion; the danger of continuing to play after sustaining a concussion; the proper method of allowing a student-athlete who has sustained a concussion to return to play; and current best practices in the prevention and treatment of a concussion. Parents and student-athletes must also sign a unified consent form indicating that they have been made aware of and understand the material contained in such plan.
16. Member schools are required to submit concussion data as requested by CIAC. Confidentiality is covered under the data privacy agreement.



Eligibility ^{3A} *Rules*

A student-athlete can not, at any time, represent a school in interscholastic sports unless passing at least four quarter Carnegie units of work or the equivalent.

**NEVER SCHEDULE A STUDENT-ATHLETE
FOR LESS THAN 4 CREDITS!**

1

**First Quarter Grades
Determine Continuance in a Fall Sport
& Initial Eligibility for a Winter Sport**

2

**Second Quarter Grades
Determine Continuance in a Winter Sport
& Initial Eligibility for a Spring Sport**

3

**Third Quarter Grades
Determine Continuance in a Spring Sport**

4

**Year End Grades
Determine Eligibility for a Fall Sport
(A student-athlete must have earned four (4) credits towards graduation)**

**Marking Period Grades (not semester grades) are to be used in determining academic eligibility to participate in interscholastic sports.
*If you have any questions please ask your athletic director.***

APPENDIX B
RULES OF ELIGIBILITY AND CONTROL FOR BOYS AND GIRLS HIGH SCHOOL ATHLETICS
IN CONNECTICUT (Article IX – CIAC By-laws)

As adopted by
THE CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE, INC.
Effective July 1, 2026

These rules apply in every athletic contest in all CIAC-controlled sports listed in Section VIII of this code in which a member school participates, regardless of opponent. These are minimal regulations of the CIAC. All levels of play of CIAC-controlled athletic contests including varsity, junior varsity, freshman or sports clubs representing any member school in interscholastic competition shall conform to the eligibility rules of the CIAC. Athletic teams are made up entirely of boys or entirely of girls; or are as otherwise provided in Section IV, paragraph F.

I. SCHOLARSHIP

For purpose of this rule the term “credit” has the meanings prescribed in Connecticut General Statutes § 10-221a

A. To be eligible for fall sports, a student must have received four (4) credits toward graduation at the close of the preceding school year for which the student has not previously received credit. Credit must be earned during the same academic year.

Through the PPT process or Section 504 meeting, the principal will determine what constitutes an identified student’s equivalent of four (4) credits for athletic purposes. To this end, the principal shall rely on the student’s most recent IEP or Section 504 Plan to make the determination. A student enrolling in ninth grade for the first time will be eligible for the first grading period regardless of their previous academic achievement. Thereafter, to be eligible, a student in grades 9-12 must meet the requirements set forth in Rule I.B.

B. A student cannot at any time represent a school unless taking at least four (4) credits of work or its equivalent. During the school year, a student must have received a passing mark in at least four (4) quarter credits of work or its equivalent at the end of the regular marking period preceding the contest. Student eligibility will be determined on the date that official grades are posted for all students (whole-school eligibility) or on the fourteenth calendar day following the end of the marking period, whichever comes first. The means by which official grades are distributed to all students will be determined by the school. No credit or equivalent for which the student has already received credit shall be included in those required by this rule.

C. If computer, arena, or hand scheduling assigns an athlete less than four quarter credits or equivalent of work in a marking period, that student is ineligible unless additional courses needed are added to the schedule.

D. Scholastic failures cannot be made up for eligibility purposes in any manner until the next report, except that credits earned during the summer by any regularly approved board of education procedure will be accepted for the purpose of determining the eligibility of students desiring to participate in the athletic program of

the school in September. Scholastic incompletes must be made up within ten (10) school days following the date that student eligibility was determined for the respective marking period as defined above. Incomplete grades are not to be considered as passing grades.

Marking period grades (not semester grades) are to be used in determining scholastic eligibility to participate in interscholastic athletics during any given marking period.

The final academic grade average determines fall eligibility. Semester courses or mini courses completed earlier in the school year may be counted toward the four (4) credits used to determine eligibility for the fall season. Year-end failures may be made up by successfully completing LEA-approved summer schoolwork in the failed courses.

II. STUDENT ELIGIBILITY

A. The student shall be a member of that school in grades 9, 10, 11 or 12 and is only eligible to participate in the athletic program associated with that school. A graduate or a student who has completed all necessary course work from any secondary school is ineligible. In local public school districts where grade 10-12 high school exist, 9th grade students in a public JH/MS school, with local public school district approval, may participate at the local public school, where grades 10-12 exist. No student below grade 9 is allowed to practice or participate in any CIAC controlled sport or any CIAC activity. All situations which are not covered by this rule are to be referred in writing to the CIAC Board of Control prior to participation. **HOME SCHOOLED STUDENTS:** Eligibility to participate in interscholastic athletics is not to be extended to any student whose program is not under the direct supervision of a CIAC member school. This prohibition includes any recognition by member schools of home schooling as school district sponsored “alternative programs.” Alternative programs, for the purposes of interscholastic athletics, are only to be recognized if they are developed by and function under the direct control of the local school system to serve the educational needs of a targeted group of students. Such programming generally relates to modifications in existing

courses or placement in an alternative school which a district may sponsor and is available to all eligible students. Student-athlete participate at any state authorized public school of choice or any state authorized CHARTER, MAGNET, REGIONAL COOPERATIVE, INTER-DISTRICT SATELLITE SCHOOL STUDENTS: Eligibility to participate in interscholastic athletics at the sending school or school from which he/she would normally matriculate is extended to any student when the school does not offer any interscholastic athletic program. (1) The above listed alternative schools must be state authorized. (2) The above listed alternative schools need not be members of CIAC in order for their athletes to be allowed to play for the sending (home) school. (3) A student who chooses to attend any authorized public school of choice or any state authorized CHARTER, MAGNET, REGIONAL COOPERATIVE, INTER-DISTRICT SATELLITE SCHOOL and upon entering ninth grade has the choice of designated schools as defined by the student's home district will be permitted to participate in athletics at one of the designated schools. Once the choice of school has been made, the student will only be permitted to participate in athletics at that school for his/her entire high school tenure. (4) The principal of the CIAC member school at which the athlete would normally matriculate has the right to make the decision on the acceptance of these students in his/her athletic programs. The CIAC will allow such participation. However, the CIAC member school must approve of such participation before an alternative school athlete can participate. (5) The CIAC member school which accepts students from state approved alternative schools will be fully responsible for determining their eligibility status. An ineligible player from an alternative school will have the same impact on the status of the team from which he/she plays as all other athletes. (6) The CIAC will evaluate the eligibility of an alternative school athlete in the same manner that it now handles all other athletes. Student-athletes from the alternative school shall comply with all eligibility requirements of the sending school. Eligibility to participate in interscholastic athletics at the sending school or school from which he/she would normally matriculate is NOT extended to any student when the receiving school does provide an interscholastic athletic program regardless of its offerings. However, choice programs housed in a member high school where academic programs and services are shared between the choice program and the member school, and the students who attend said programs receive their diploma from the host member high school, may participate in athletics in the high school in which their choice program is located.

The student must have been in membership at a secondary school for at least twelve (12) school weeks immediately preceding the time of participation, or regularly admitted from an elementary, middle, or junior high school within ten (10) school days from the opening

of the succeeding school term. The time of summer vacation spent in summer school or private tutoring shall not be counted in the required twelve (12) weeks of school membership.

FOREIGN STUDENTS: A foreign exchange student who is placed in a CIAC member school by an exchange program approved by the Council on Standards for International Educational Travel (CSIET) is eligible to participate in CIAC-sponsored sports providing (1) the student is not considered a high school graduate or its equivalent; and (2) the student meets CIAC age requirements.

A foreign exchange student not in an approved CSIET program or an F-1 Visa student will be eligible providing (1) the student is living with a parent or legal guardian (as determined by Probate Court); (2) the student is not considered a high school graduate or its equivalent; and (3) the student meets all other CIAC eligibility requirements – age, academic standards, number of seasons played (eight consecutive semester rule), etc. Students attending a CIAC member school while on an F-1 Visa are ineligible for participation in varsity athletics for 365 days upon enrollment and may only participate in varsity athletics for two years. If any F-1 Visa student transfers into a CIAC member school the 365 days of ineligibility in varsity athletics will restart to coincide with the date of transfer.

Member schools who choose to play an F-1 Visa student in varsity athletics prior to the 365 days of enrollment must opt out of the state tournament. (See Section 6.8 of the CIAC Handbook for explanation of opt-out procedures and conditions.)

B. The student shall not have reached his or her twentieth (20th) birthday. A student-athlete will not be allowed to start a season or compete during a season in which his/her twentieth (20th) birthday falls.

A student has eight (8) consecutive semesters or four (4) consecutive years of eligibility from the date of entry into ninth grade to be eligible for interscholastic competition. **No student-athlete shall participate in the same branch of athletics more than four (4) seasons in grades 9-12 at any school.** Date of entry is defined as the first date of enrollment as a grade 9 student taking four (4) or more high school subjects. (1) Students who are not eligible or elect to not participate do not preserve additional semesters for use at a later time. That is, there is no fifth year of eligibility per se. (2) Once a student has attended 15 days or more, may apply through the member school for consideration of a hardship waiver.

Hardship waiver requests will be considered for unforeseen, unavoidable or unusual circumstances that were beyond the control of the student and resulted in the student being unable to complete their academic requirements in four (4) years or eight (8) consecutive semesters. Waivers of this rule are never granted where it

would allow a student to participate in more than four seasons in any one sport, or where a student has repeated an academic semester or year of secondary school for academic reasons, or where a student repeats a grade that the student has demonstrated proof of passing grades and earned enough credits to advance to the next academic grade level. All such requests must be well documented. Waivers for serious medical situations that are well documented will also be considered when it is demonstrated the student was unable to complete any significant school work due to his/her medical condition and it is verified the school made every effort to provide an appropriate alternative program to the student. Injuries sustained in playing a CIAC-sponsored sport will not constitute grounds for a medical waiver for an additional semester/year of play in the sport in which the injury occurred. A waiver will be granted for a student who has been absent one or more semesters because of required military service. If a waiver is granted in any situation, the semester granted must be the same as the semester waived – fall for fall, spring for spring. A waiver of the eight consecutive semester/four consecutive year rule will be granted only once to any athlete. (3) The fact that a student has not participated for four seasons will not justify allowing such student to participate in interscholastic sports beyond the eighth semester after his or her entrance into the ninth grade. (4) This is an eight semester attendance rule, i.e., eight semesters of time not eight semesters of participation or competition rule. (5) **Exception:** A student who interrupts his/her school career in order to participate in a CSIET approved foreign study program may have his/her eligibility extended for up to two semesters, provided the student does not participate out of country in sports he/she wishes to play upon his/her return, subject to approval by the CIAC.

The implementation date was July 2006, affecting all students entering 9th grade in September 2006 and after.

C. A student who transfers from an in-state school or out-of-state school to a CIAC member school during grade 10-11, or 12 without at the same time changing legal residence to another school district or school service area, or satisfying at least one of the following requirements must complete at least one year (365 days) of approved membership before being eligible for interscholastic competition in the same sport in which he or she was a participant in the present or preceding season during grades 10, 11 or 12 on the junior varsity or varsity team. (Legal residence is defined as location of legal guardian.) (1) A student who transfers after not less than a 90 calendar day membership from a non-state association member school to a member school and resides with a parent or legal guardian and satisfies Rule II.A. (2) A student who is a ward of the court or state and is placed in another school district or school service area by court order. Guardianship other than court

administered does not fulfill this requirement. (3) A foreign exchange student who is placed in a member school by an exchange program approved by CSIET. Also, a student not in an approved CSIET exchange program who has NOT participated in an organized sports program, equivalent to or on a higher level than CIAC high school programs. (4) A student who marries and establishes a new residence in another school district or school service area. (5) A student who transfers to another school because his or her school ceases to operate or the school is no longer a CIAC member school. (6) A student who transfers to another school as the result of a reorganization, consolidation or annexation of his/her school in the district where he/she resides. In school districts without a high school that tuitions out their students, when a new option becomes available to all students in the district, in the first year only of the new option a student can transfer without loss of eligibility providing the transfer occurs at the start of the school year. Transfers during the school year will be subject to the transfer rule. (7) A student ordered transferred within a school system, for other than athletic purposes, by a board of education or the governing body of a private or parochial school system. Transfer must take place within the same school system. (8) A student who, because of the divorce or separation of his/her parents or because of the death of a parent or legal guardian, moves into another school district or school service area or retains the same residence with one of the aforementioned parents and a parent(s) certifies the reason for the move as it relates to the divorce/separated parents or because of the death. For purposes of eligibility, transfer is permitted once per twelve month period which commences on the date of said transfer and must be approved by the CIAC Eligibility Committee before the student competes in interscholastic athletic competition. (9) A student eighteen (18) years or older who moves from one school district or school service area to another without being with a parent or parents and resides within the school district or school service area and complies with local board of education residency requirements will be eligible for participation. The transfer will be permitted once per twelve month period which commences on the date of said transfer and must be approved by the CIAC Eligibility Committee. (10) A student who completes the last grade available in the school system previously attended. (11) A student entering into a board of education approved exchange program between CIAC member schools for less than a full academic school year will retain interscholastic athletic eligibility with the sending school. (12) A student who transfers because the sending school discontinues a sport maintains athletic eligibility in any sport discontinued by the sending school, but is subject to the transfer rule in all sports not discontinued by the sending school. Such transfer will be permitted once per twelve month period commencing on the date of transfer

and must be approved by the CIAC Eligibility Committee.

(13) A special needs student, as identified by an IEP or 504 Plan, may transfer without loss of eligibility if the principal of the sending school attests in writing that the school is unable to provide the support services necessary for the student's academic success. Such transfer will be permitted once per high school career and must be approved by the CIAC Eligibility Committee. (14) When for educational reasons and awaiting occupancy of a new residence a student enrolls at a new school at the beginning of a new year or semester, eligibility will begin on the date the family actually transfers residence. Approval must be granted by the CIAC Eligibility Committee and can occur not more than once during each school year. (15) When for educational reasons a parent or legal guardian moves to a new school district, the student, to gain eligibility at the new school without establishing a 365 day period of attendance, must transfer his/her enrollment simultaneously with the transfer of residence of parent or legal guardian, or no later than the beginning of the next school year. (16) A member school student returning from any foreign exchange program may resume interscholastic competition at the point of re-entry without receiving credits towards graduation provided the student meets all other requirements relative to age, years of eligibility, etc. (17) A student whose parents move out of the district any time after he or she becomes a grade 10 student may continue to be eligible in the same school provided enrollment is continuous (unbroken) in the same school. (18) **Hardship** – Eligibility may be granted to a transfer student who does not meet the CIAC transfer standard when sufficient evidence, as determined by the CIAC Eligibility Committee, is provided to show that it was necessary for the student to transfer because of unforeseen, unavoidable, or unusual circumstances including, but not limited to, broken home conditions, terminal or serious illness of parent or sibling, death of a parent or guardian, abandonment, loss of school accreditation, bankruptcy and/or loss of principal income of legal guardian(s), and provided the transfer was not for athletic reasons and there was no undue influence. Hardship is defined as an unforeseeable act, condition or event which may not reasonably and/or practically be avoided or corrected and which causes the imposition of a severe burden upon the student or his/her family. A hardship may be a situation which is unique to the student or his/her family which could not have been predicted, which does not apply to others in a similar setting, and over which the family has no control. (19) A student in grades 10, 11, or 12 who does not qualify for the transfer rule requirements 1 through 18 will be granted eligibility by application to the CIAC Eligibility Committee if the following are satisfactorily completed. After a period of time equal to at least 50% of the school's varsity schedule following date of enrollment (first day of attending classes) in the receiving school for the first affected sport

played at the previous school, or from the date of the first school contest after the date of enrollment, if entry is after the first allowable play date, eligibility will be granted to a student who has participated (i.e., actually played in a CIAC-approved contest) at the JV or varsity level of play at any time during the present or preceding year at the sending school, who does not otherwise qualify for any of the above exceptions and when both the sending and receiving school principals sign a CIAC transfer waiver form certifying to the best of their knowledge that the student has not transferred for athletic reasons.* If the season ends** before the athlete sits a period of time equal to at least 50% of the varsity schedule has been completed, any remaining days of ineligibility shall be satisfied from the first allowable play date of the present school's regular season in that sport during the next school year unless he/she is a multi-sport athlete. In these cases, the remaining portion of the games will be served successively in the next sport affected by the transfer rule.

To qualify for the provisions of this section, a student must be a member of the team during the season in which the 50% wait period is applied.

*See page 138 if the sending principal indicates that the transfer was for athletic reasons.

A transfer for athletic reasons is defined as but not limited to:

- a. Seeking a change to a new school due to inducement or recruitment to play a sport.
- b. Seeking a superior athletic team.
- c. Seeking relief due to a conflict with the philosophy or action of an administrator, teacher or coach relating to sports.
- d. Seeking a team consistent with the student's athletic abilities.
- e. Seeking a means to nullify punitive action by the sending school for athletic reasons.
- f. Seeking to escape academic or other ineligibility at the sending school due to the school's academic standards.

**Season ends on the last date to count for tournament play. Tournament play does not count toward the completion of 50% of the schedule.

RESIDENCY AS IT PERTAINS TO THE

TRANSFER RULE – The fact the guardianship papers have been issued, placing a student under the control of a person or persons other than his/her parent(s), does not establish eligibility in the district of the guardian unless such papers are issued through a probate court judge. Residence with and support by any individual or individuals for a period of one calendar year does establish the residence of that individual or individuals as the residence of the student for athletic purposes.

D. A student shall not participate in or represent his or her school in more than one sport in a given sport season, nor may that student represent more than one school during a season unless the student satisfies the conditions of Eligibility Rule II.C.

E. The CIAC season is defined as the period between the date officially designated by the CIAC as the beginning of the season for that sport and the close of the post season CIAC tournaments, except for those teams and/or athletes qualifying for the New England Tournaments. The conclusion of the New England tournaments will be the end of the season for these teams and/or athletes. In the case of a sport in which the CIAC does not sponsor a tournament, the three (3) sports seasons shall be defined as follows: Fall – the Monday of the week immediately preceding Labor Day to December 2, inclusive; Winter – November 1 to April 1; Spring – March 15 to the end of the school year.

F. A student who is a member of a school team after the first scheduled tournament, meet or game in any season shall not practice or compete with an outside team, or participate as an individual in non-CIAC tournaments, meets, tryouts*, skills assessment*, showcases or games in the same branch of athletics. (*Please see exceptions-3.0 - Article XII. 1.1 in Handbook.) After the first tournament, meet or game of the CIAC seasons a student competing or practicing with a non-CIAC team or as an individual in non-team sports is not eligible to become a member of the CIAC team or squad in the same branch of athletics. Exceptions to Rule II.F. are: (1) Participation in parent/child tournaments and caddy tournaments. (2) Swimming, tennis, gymnastics, golf, indoor and outdoor track – a student may practice but not compete with a non-CIAC team or as an individual during the season as long as such practices do not interfere with or replace member school practices.

G. A student shall not participate as a member of a team or as an individual in competition from which he or she receives personal economic gains because of his or her athletic skill. (See updated Amateur Guidelines – pg. (90))

A student shall always participate under his or her OWN NAME.

H. A student shall not participate in a post-season contest as a representative of his or her school except as provided in Article VII, Section A, of the CIAC by-laws.

I. Requests for exceptions to the eligibility rules (including the transfer rule) and related appeals to the Eligibility Review Board may be considered only after the actual transfer to the new school has taken place.

III. PENALTIES

Violations of any sections of Rule II (Student Eligibility) shall mean that the student is suspended from all interscholastic athletics until he or she shall have been reinstated by the Board of Control of the CIAC.

A student of any member school of the CIAC may be barred from participation in athletic contests for violation of the CIAC by-laws. A student against whom a charge or protest has been filed shall have the privilege of having his or her case presented by his or her principal at the next scheduled meeting of the Board of Control.

IV. GENERAL PROCEDURES

A. If a team uses an ineligible player, the game, whether won or lost, shall be counted, at the discretion of the CIAC Board of Control, as a defeat for the team on which the ineligible player played. For the opposing team such a game shall be counted as a victory. All such games shall be counted on the schedule of both teams as games played.

B. No member of the administration or teaching staff of a member school shall engage in or cooperate in negotiations to induce a potentially eligible student to engage in professional sports, or to sign a contract before graduation or before leaving school. In case of violation the school will be issued a warning in writing for the first offense and be subject to suspension for the second offense.

C.1. A member school or any affiliated person or organization of that school may not recruit a student for athletic purposes. **C.2.** Recruiting is the use of undue influence and/or special inducement by anyone associated with a school in an attempt to encourage a prospective student to attend or remain at that school for the purpose of participating in interscholastic athletics. Refer to CIAC bylaw Art. X, Recruitment.

D. Within two (2) school days after the first game of each sport, an eligibility list must be submitted via the CIAC web site in each sport. An alphabetical list of pupils by name, date of birth, grade, school last attended (if a transfer student as defined under II.C.) certifying that these pupils are eligible for that season. As changes occur in eligibility (additions/deletions) they must be submitted, via the web site within two (2) school days to the CIAC. Failure to comply with this rule may be cause for probation. ALL questions of eligibility verification must be referred to the Executive Director.

E. The headmaster or principal of each member school agrees that the interpretation of these eligibility rules made by the Committee on Eligibility Rules of the Connecticut Interscholastic Athletic Conference shall be final, subject only to review by the Board of Control of the Conference.

F. Students will be eligible to participate in athletics when they and their parent(s) have signed the informed consent form provided by the school indicating that they know and understand all of the best practices of dealing with a concussion and that they can recognize the signs and symptoms of such injuries and know and understand the return-to-play requirements.

G. Students will be eligible to participate in athletics when they and their parent(s) have signed the informed consent form provided by the school indicating that they know and understand all of the best practices of dealing with sudden cardiac arrest and that they can recognize the signs and symptoms of such an event.

H. Girls may participate on boys' teams. Girls may participate on either a girls team or a boys team in the same sport, but not both, within a time period of one school year. However, a member school has discretion to exclude girls from boys teams when it can demonstrate that its overall sports program does not limit athletic opportunities for girls.

Girls who participate on boys' teams, because the school does not offer a girls program in that sport, may enter either the boys or the girls tournament, but not both. Girls who choose to participate on a boy's teams when the school offers a girls' team in that sport, may only enter the boys' tournament. Boys may not participate on girls teams.

I. On the eve of or during a tournament event, when there is not sufficient time to follow normal administrative procedures regarding student or team ineligibility, or when any other issue arises that will interrupt normal tournament procedures, the executive director of CIAC (or his/her designee) in consultation with the CIAC chairperson, eligibility committee chairperson, and the chairperson of the tournament committee in question will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.

V. SANCTIONS

For these rules of eligibility and control the following definitions shall be used by the CIAC Board of Control:

PROBATION – A period of trial during which the school is monitored to determine compliance with the requirements of CIAC regulations.

PROHIBITION – The school cannot participate in any CIAC-sponsored meets or tournaments.

SUSPENSION – A school is removed from the CIAC and has the status of a non-member in all activities.

FINE – Punitive monetary fines not to exceed \$10,000 may be imposed.

VI. EXCEPTIONS

Requests for exceptions to the eligibility rules must be made according to Article VIII, Section B, 4, of the CIAC bylaws.

VII. APPEALS

Any appeals from the decisions of the Eligibility Committee must be made according to Article VIII, Section B, 6, of the CIAC bylaws.

VIII. LIST OF CIAC-CONTROLLED ATHLETIC ACTIVITIES

GIRLS ACTIVITIES

<u>Fall</u>	<u>Winter</u>	<u>Spring</u>
Cross Country	Basketball	Golf
Field Hockey	Gymnastics	Lacrosse
Soccer	Indoor Track	Outdoor Track
Swimming		Softball
Volleyball		Tennis

BOYS ACTIVITIES

Cross Country	Basketball	Baseball
Football	Ice Hockey	Golf
Golf	Indoor Track	Lacrosse
Soccer	Swimming	Outdoor Track
	Wrestling	Tennis
		Volleyball

IX. EFFECTIVE DATE

These rules shall be in effect on, and after July 1, 2026.

X. For the rule interpretations, Sunday is considered the first day of a calendar week.