

CIAC Boys/Girls Basketball Committee Shot Clock Proposal

Proposal

The use of a 35 second shot clock in girls and boys basketball at all playing levels beginning with the 2023-2024 season.

Rationale

The CIAC Boys/Girls Basketball Committees have endorsed a proposal for the use of a 35 second shot clock in girls and boys basketball at all playing levels beginning with the 2023-2024 season. There are several reasons why the committee is in favor of this proposal.

- Limits "stalling" as a strategy - in turn it allows teams to utilize zone defenses without the "penalty" of a team pulling the ball out forcing one away from that strategy. Also, when better, more athletic teams choose to stall it makes it almost impossible to compete.
- Teams should be rewarded for successfully defending for 35 seconds.
- For players going to the next level of play where the shot clock is used, it will help them get used to management of the shot clock.
- The pace of the game is sped up which promotes a faster style of play and more equity in possession time.
- It allows a team who is down in a close game to have a chance at comeback by getting stops as opposed to offensive team just taking the air out of the ball and holding it. (Rewards late game defense)
- It would limit excessive fouling toward the end of the game as a way for stopping the clock. These types of fouls can lead to rough play.