

# 3 PART SERIES



# Tapping Into the Power & Potential of the TEENAGE BRAIN

**FOR** Middle and high school administrators, teachers, school counselors, school psychologists, school social workers, and department heads/coordinators

**Strategies for Understanding, Empowering, and Engaging Middle & High School Students**

## THIS WORKSHOP SERIES IS DESIGNED TO:

- Provide educators with an understanding of important information about new neuroscience behind the complexities of the teenage brain (any students ages 10-25!)
- Explore and practice social-emotional wellness strategies and restorative practices that help teachers work with the needs of teenagers; and,
- Explore and practice instructional strategies that foster engagement and are meant to remove barriers for all types of learners with a teenage brain.



**1** Sept. 30, 2025  
Virtual  
12:30PM - 2:00PM

**2** Oct. 23, 2025  
In Person  
8:30AM - 3:00PM

**3** Nov. 20, 2025  
In Person  
8:30AM - 3:00PM



*Jennifer Otte*

Jen is an innovative educational leader with over 20 years of experience as both a teacher and an administrator in Connecticut. She is energetic and incredibly passionate about all things education, especially when it comes to educating our teens and tweens. Her mission is to empower educators through knowledge, insights, and strategies in order to truly tap into the power of the teenage brain.



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