



THE GREAT PUMPKIN PUSH-UP CHALLENGE

**GOAL: EVERY TIME A TEAM MEETS
EACH STUDENT WILL COMPLETE AT
LEAST 7 PUSH-UPS**



**COACHES WILL DETERMINE NUMBER
OF STUDENTS ON THE TEAM AND
THE NUMBER OF TIMES THEY WILL
MEET DURING SEPT. 14TH - NOV. 6TH
TO DETERMINE THEIR
CHALLENGE GOAL.**

**EXAMPLE: 10 STUDENTS ON THE
TEAM X 7 PUSH-UPS = 70 PUSH-UPS
X 5 MEETINGS = 350 PUSH-UPS
AS A TEAM**

CHALLENGE GOAL IS 350 PUSH-UPS

